

PALS Weekly Newsletter

Larson/North Vancouver Recreation & Culture After School Program

Tuesdays 3:00-5:00pm January 31st – March 7th

Active and fun!

Kids will be walked from school to Delbrook. Pick up location is Delbrook.

Register online at www.nvrc.ca Course ID: 195024

Spring Break Basketball Camps

Camps for girls and boys K-12.

March 13th-17th and March 20th-24th Location: various local schools

A fun and inclusive environment to learn and develop basketball skills and get fit.

Register online at North Shore Basketball Academy

Friday Treats

Grade 7 fundraiser

Every Friday after school

Bring \$2



Two Rivers Meat Fundraiser

Back by popular demand!

Raise funds for Larson by stocking your freezer! 15% of sales go to Larson PALS.

Meats are free of antibiotics, hormones, and chemical feed additives.

Pass this on to friends and family. Anyone can order.

Order now through Friday, Feb 24th

Click here: [Two Rivers Fundraiser](#)

Pick up: Week of Monday March 13th at Two Rivers (180 Donaghy Ave in N. Van)

Ongoing Fundraisers

- **Well Fed** – Local company, home delivery, frozen meals
- **Flip Give** – online shopping site with hundreds of merchants
- **Cobs Bread** – simply mention Larson every time you purchase
- **Indigo E-Gift Cards** – Great B Day presents - 20% goes to Larson
- **Stong's Online** – Online grocery shopping – Home delivery/pick up
- **Mabel's Labels** – For kids clothing and much more. 20% goes to Larson
- **Max Fruit** – 100% Real Fruit popsicles
- **Tru Earth** – eco-friendly household products. 20% goes to Larson

Click here for details and links: [Larson PALS - Ongoing Fundraisers](#)



NVRC / LARSON AFTER SCHOOL PROGRAM- FOR STUDENTS GR 1-7

Join us for some after school fun!

Active fun as well as homework time, quiet reading and downtime activities are planned for each day. Please bring a peanut free snack, and refillable water bottle to each session. Children will be walked to Delbrook Centre (pick up location).



REGISTRATION IS OPEN!

COURSE	DAYS	DATES	COURSE ID	PRICING
The Fun Lab: Kids just wanna have fun! Jump into the fun zone where we'll make up silly games and enjoy creative activities.	Tuesdays 3:00-5:00pm (at Delbrook)	January 31- March 7	195024	\$132

**March 7 Early Dismissal- program begins at 2pm. Classes are not offered on Holidays/ Pro-D days*

Register online at www.nvrc.ca or by phone at 987-7529 and refer to Course ID #s above.
For more information, please call Delbrook Front Office at 604.983.6531

If you have any questions, please contact PALS
at larsompals1@gmail.com or follow us on Facebook [Larson PALS](#).