

Handsworth Secondary School  
**Physical Education Policies**

### **Gym Strip**

1. You must have a COMPLETE change of clothes (shorts/shirt/shoes).
2. Be prepared with warm clothes as we could be outside on cold and rainy days.
3. You must have running shoes (NO FLIP FLOPS).
4. Failure to bring strip will result in up to a 15% deduction from your PSR (Personal Social Responsibility) mark. Many units are 100% PSR and you may still be required to participate in the daily activity.
5. You MUST come in wearing proper strip every single class, even if you are sick or injured.

### **Bags/Lockers**

1. You may use the lockers in the change rooms for class time ONLY.
2. Make sure you lock all your belongings up or they will go missing.
3. We do not accept any responsibility for lost or stolen articles.
4. Changing areas, gyms, and outside spaces are not secure and bags do go missing.

### **Policies**

#### **A) Attendance:** will be taken every class

##### i. Short-Term Absences (1-3 days)

- A VALID EXCUSE IS REQUIRED for all out of school absences and must be submitted within a week of the absence.
- Failure to be excused from an absence will result in a lower PSR mark in a given unit (considered a skip). This may lead to a failing grade for the unit.
- Students may be required to make up missed class time or do a written assignment.

##### ii. Long-Term Absences (more than 3 days)

- Doctors note may be requested
- An alternative assignment may be required

#### **B) Late**

- i. Up to 10% will be deducted from your PSR mark (many units are 100% PSR).
- ii. A note is required if you have been detained by another teacher for any other reasons.

#### **C) During Classes**

- i. Entrance/Exit: There is to be NO students in the hallways during class time. If your class is outside, you MAY NOT walk past the office, you are to exit and enter through the door by the small gym.

- ii. Language: This is a classroom setting and therefore, inappropriate language is not acceptable. There will be consequences for students who speak in this manner.
- iii. Behaviour: It is expected that all students will conduct themselves in a manner that is appropriate to a school setting. If a student has been told to leave the class, they will receive a '0' for that day, and up to 100% may be deducted from their PSR mark for that unit.
- iv. Food/Drinks: There is to be no food or drinks (with the exception of water) in the PE areas.
- v. Cell Phones/I-Pods: Cell phones and I-Pods are not permitted in class and will be taken away for the rest of the day if they are seen. The most common exception is during the HAT run.

#### D) HAT Run

- i. All students will participate in a 12-min/6 lap run/walk, twice during the school year. The first one will take place in Unit 2, the second in Unit 12.
- ii. This component will count for 10% of the Term 1 and Term 3 mark

#### Marks

- |  |                          |
|--|--------------------------|
| 1. PSR (Personal and Social Responsibility)                      | <b>50 - 100% of mark</b> |
| - preparation, behaviour, participation, attendance, cooperation |                          |
| 2. Skills  | <b>0 - 50% of mark</b>   |
| - knowledge of rules, skills, performance                        |                          |

→ any student who fails a unit will receive an interim report

#### STUDENTS

I have read the above course expectations and understand that, in order to be successful in PE, I need to come to class, on time, and prepared. I must also ensure that I am treating the equipment, my teachers, and my fellow students, in a fair and respectful manner. Failure to do this will result in a lowered or failing grade.

Student Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_

#### PARENTS

I have read the above policies and understand the expectations which will be placed on my son/daughter this year in PE.

Parent Signature: \_\_\_\_\_