

**This is an important notice.
Please have it translated.**

Handsworth Secondary School Secondary Extra-Curricular Athletics SEASONAL SPORTS/ATHLETIC EVENTS Informed Consent

For: **GRADE 8 INTRAMURAL ACTIVITIES**

October 14, 2020

Dear Parents/Guardians:

The written, informed consent of parents/guardians is required for participation of students in all extra-curricular seasonal sport, athletic events and activities in North Vancouver School District No. 44. The purpose of the Informed Consent document is to provide students and parents/guardians with information that is related specifically to each extra-curricular seasonal sport. The information contained herein applies to the entire season of the specific extra-curricular sport and/or athletic event(s) and also extends to pre-season and post-season activities i.e., exhibition games, training camps, league playoffs, District/Zone playoffs, Regional and/or Provincial Finals. The parent/guardian consenting signatures on this document indicate acknowledgement and acceptance of the information contained herein inclusive of risks and potential consequences.

The scheduling of any extra-curricular seasonal sport and/or athletic event(s) involving a multiple-day and/or out-of-province excursion is governed under the provisions of School District *Policy 207: Field Trips* and parents/guardians will be informed separately and accordingly.

Within this package, you will find information relating to:

- Purpose(s) of the extra-curricular athletic program
- Notification of student/parent pre-season meeting required for: football, rugby, alpine skiing, snowboarding, gymnastics, diving, wrestling, and mountain biking.
- Itinerary consisting of schedule, date(s), and times
- Transportation arrangements
- Description of supervisors: teachers, employees of the Board and other adult volunteers, along with contact information
- Description of direct and indirect supervision
- Description of all activities and the inherent risks and potential consequences
- Assessment of student skills and abilities as pertaining to the extra-curricular sport/athletic activity
- Behavioral expectations of students plus safety rules and regulations
- Emergency Plan: cell phone, first-aid provision(s), injury/incident reporting
- Description of budget consisting of revenue (cost to student) and expenditures (cost of trip)
- Notice regarding cancellation and deposits
- Parental responsibility to arrange student accident or liability insurance
- Parental responsibility to determine whether the student may participate in the sport
- *Student Awareness of Risk and Responsibility Form* completed by student

ATHLETICS OBJECTIVES:

The objective of athletics is to foster a healthy appreciation of competition in the context of individual and team sports. Specifically, our program aims for the pursuit of excellence in the areas of commitment, competition, skill development, enjoyment, cooperation, and participation by students.

Students on an athletic team learn to be ambassadors for their school, their community and even their country. They learn the responsibilities and independence of self-governance, the communication skills and leadership skills necessary for teamwork, and the social skills necessary for a variety of circumstances.

GRADE 8 INTRAMURAL ACTIVITIES (SEASON 1)

All participants must always wear a mask when participating in grade 8 intramural activities. Additionally, all participants will wash their hands before and after each activity.

All sports/activities have been modified to ensure distancing between players. Pertinent modifications include:

1. Kickball:
 - a. Grade 8 leaders will serve as pitcher, catcher, and sanitization individual.
 - b. Outfielders cannot tag runners with ball – must throw opposing team runners out.
 - c. No infielders (aside from base-defenders) are allowed.
 - d. A 1-metre perimeter will surround bases where runners can be safe. Defenders must stand opposite to where the runner is positioned.
 - e. Bases will be spread out to accommodate larger base size
 - f. A 1-metre perimeter will surround the pitching mound and catcher. Only grade 8 leaders are permitted in this area.
 - g. At the conclusion of a play, the ball will be returned to the sanitization individual (grade 8 leader) who will sanitize the ball and place it in a clean bin.
2. Table Tennis
 - a. Two sets of table tennis balls will be used – one for each team.
 - b. Upon the completion of a point, the ball will be deposited in a bin and sanitized by a grade 8 leader. The ball will then be placed in the appropriate teams' bin.
 - c. A buffer zone of 2 meters will be established around each table.
 - d. Players will not be permitted inside a restricted zone (approximately 1 m from the net on either side of the table).
 - e. Players will be permitted to use their own personal paddles.
 - f. All school paddles will be sanitized following each use.

LEVELS OF SUPERVISION:

The level of supervision is divided into direct and indirect. Direct supervision is the time students spend with a supervisor, which is directly related to the intramural sport and/or event. Indirect supervision is the time students may spend as “unstructured time” outside of activities that are directly supervised. Under indirect supervision, the students may not necessarily be in the company of a supervisor. It is expected that students, while under indirect supervision, will act with common sense in accordance with school and school district behavior expectations. Supervisors will determine the parameters of “unstructured time” and clearly articulate them to students. Students, when under indirect supervision, will be informed of how to reach a supervisor in the case of an emergency.

ITINERARY:

Season league play will commence with kickball on Wednesday, October 21st and will conclude in the spring of 2021.

RISKS AND CONSEQUENCES:

There is a degree of risk in all daily activities. It is impossible to itemize every possible element of risk associated with intramural activities. Generally speaking, this event may include, but not be limited to the following inherent risks and all risks associated with:

A. Active participation in the sport and/or athletic event

Grade 8 intramural activities will include a variety of different sports and games. There will always be a level of inherent risk and potential consequences, which may include, but is not limited to bodily injury ranging from incidental to potentially fatal.

Students have been briefed on the risks involved in playing intramural activities and on the appropriate precautions to be taken. Students are required to complete and sign the *Student Awareness of Risk and Responsibility Form* in order to demonstrate full understanding of the expectations, risks, safety precautions and responsibilities associated with grade 8 intramurals before being permitted to participate.

BEHAVIORAL EXPECTATIONS, SAFETY RULES AND REGULATIONS:

While participating in high school intramurals and/or athletic events, it is important that students are aware that behavioral expectations are governed under the School Code of Conduct and the School District Student Conduct Policy.

The overarching principle of all school-related activities is always to ensure the safety of the individual and group. Students must always be concerned about their own safety and the safety of others.

- All school rules, the School Code of Conduct and the School District Student Conduct Policy are in effect.
- Participants must stay in the area where the intramural activity is scheduled.

EMERGENCY PLANNING:

At least one supervising adult will have access to a cell phone and first aid kit. Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).

In the event of student injury, parents/guardians will be notified. In addition, supervising school personnel are required to record the details of any serious injury that may occur during athletic events and activities and, as soon as practicable, complete an on-line *Incident Report* submission.

PARENT AND STUDENT RESPONSIBILITY:

Parents/guardians have the responsibility to determine whether the student may participate in grade 8 intramural activities as demonstrated by the completion and signing of an *Informed Consent* form.

Students must complete the appropriate *Student Awareness of Risk and Responsibility* form.

Parents/guardians have the responsibility to arrange extra accident or liability insurance.

Sincerely,



Steven Pače – Grade 8 Intramural Coordinator

Return the following completed forms to School

**SECONDARY EXTRA-CURRICULAR ATHLETICS
SEASONAL SPORTS/ATHLETIC EVENTS
INFORMED CONSENT APPROVAL**

For: **Grade 8 Intramural Activities**

PARENT/GUARDIAN PERMISSION

A student **must** have parent/guardian written and signed permission in order to participate in grade 8 intramural activities. Without this signed consent, students will not be able to participate in extra-curricular high school sports in North Vancouver School District No. 44.

PARENT/GUARDIAN CONSENT

I, _____, have read the full Informed Consent document that pertains to my
Print Parent/Guardian's Name
son/daughter _____'s participation in this extra-curricular sport and/or athletic event. I am
Print Child's name
aware of the inherent risks and potential consequences that may occur as a result of participation in this extra-curricular sport and/or athletic event. My signature here indicates that my child has my informed consent to participate in the stated extra-curricular seasonal sport and/or athletic event.

Signed _____

Dated: _____



HANDSWORTH STUDENT GRADE 8 INTRAMURAL CODE OF CONDUCT

The Handsworth Athletic Department would like to thank all athletes for committing to our athletics program. Whereas staff and administration appreciate students' interest in intramural activities, students must also display acceptable conduct to successfully participate in these opportunities.

Each student representing Handsworth through intramural activities is required to follow the *Handsworth Code of Student Conduct and Social Responsibility* (published on our website and in the Student Agenda Book) at all times during any school-sponsored event such as games, practices, tournaments and special events (banquets, fundraisers, etc.), wherever and whenever held.

Students who do not abide by this code may face a range of disciplinary actions from the school.

Additionally, Handsworth students involved in grade 8 intramural activities must agree to the following:

1. An athlete must make every attempt to follow the instructions and rules for all grade 8 intramural activities. Athletes should make strong attempts to be spirited and play sports in a complete, but respectful manner.
2. A student must attend all scheduled cohort activities but is not required to play or participate in intramural sports. If a student is going to miss a scheduled activity, they should attempt to contact their grade 8 leader ahead of time.
3. Intramural events are designed to keep students, leaders, and staff safe. Failure to follow any safety protocols will lead to disciplinary action.
4. Grade 8 intramural activities are meant to serve as a constructive adjunct to classroom studies. Families are therefore reminded that commitment to grade 8 intramural activities brings an additional time investment that needs to be managed effectively along with other school and personal demands. Students are required to:
 - a. Attend all classes on time.
 - b. Maintain the best academic standing as possible.
 - c. Adhere to the *Handsworth Code of Conduct and Social Responsibility*

I have read and understand this document. Further, I accept that my eligibility may be reviewed if I am unable to meet any of the above expectations.

I have read and understand this document. Further, I accept that my eligibility may be reviewed if I am unable to meet any of the above expectations.

_____/_____/_____
(Student signature) (Parent signature) (Date)

STUDENT MEDICAL FORM

Name of Student: [Click or tap here to enter text.](#)

Grade: [Click or tap here to enter text.](#)

Male Female

School: [Handsworth Secondary School](#)

Care Card Personal Health No.: [Click or tap here to enter text.](#)

Birth Day (dd/mm/yy): [Click or tap here to enter text.](#)

Family Doctor: [Click or tap here to enter text.](#)

Dr. Phone: [Click or tap here to enter text.](#)

Name of Parent/Guardian: [Click or tap here to enter text.](#)

Address: [Click or tap here to enter text.](#)

Postal Code: [Click or tap here to enter text.](#)

Phone (Home): [Click or tap here to enter text.](#) (Work): [Click or tap here to enter text.](#) (Cell): [Click or tap here to enter text.](#)

Please note any health condition, physical handicap, emotional difficulty, behavioural problem, or other factors that may limit full participation in this program.

[Click or tap here to enter text.](#)

Has the student had a previous injury that would require special first aid treatment should another injury occur?

[Click or tap here to enter text.](#)

The student has received the regular immunization program administered in BC for: Diphtheria; Pertussis & Tetanus (DPT); Tetanus and Diphtheria (TD); Polio; Measles, Mumps and Rubella (MMR)

Yes No If no, please explain: [Click or tap here to enter text.](#)

Does the student wear Contact Lenses: Yes No

Student is subject to:

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Eye Infections | <input type="checkbox"/> Motion Sickness | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Fainting | <input type="checkbox"/> Muscle Pulls | <input type="checkbox"/> Sleep Walking |
| <input type="checkbox"/> Dislocations | <input type="checkbox"/> Frequent Colds | <input type="checkbox"/> Nose Bleeds | <input type="checkbox"/> Sprains |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Headaches | <input type="checkbox"/> Seizures | <input type="checkbox"/> Tonsillitis |
| <input type="checkbox"/> Ear Ache | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Sensitive Skin | |
| <input type="checkbox"/> Enuresis (Bed Wetting) | <input type="checkbox"/> Kidney Problems | <input type="checkbox"/> Severe Allergies/Anaphylaxis
(Provide Details Below) | |

Other conditions and/or further detail (describe below):

[Click or tap here to enter text.](#)

Alternate Emergency Contacts

Name: [Click or tap here to enter text.](#)

Phone: [Click or tap here to enter text.](#)

Name: [Click or tap here to enter text.](#)

Phone: [Click or tap here to enter text.](#)

In case of emergency, I hereby give permission to the physician selected by the supervisor(s) to provide necessary treatment for my child.

Parent/Guardian Signature: _____

Date: _____



CONCUSSION AWARENESS SIGNOFF SHEET

The following signatures certify that the player/participant and their parent or guardian (if applicable) have reviewed and understand the information in the [Concussion Guide for Parents and Caregivers/Guardians](#). The document can be accessed through the provided link:

<https://www.sd44.ca/school/handsworth/ProgramsServices/Sports/generalregistrationforms/Documents/Concussion-Parents-Caregivers.pdf>

Name of Player/Participant (Please Print)	Signature	Date (dd/mm/yy)
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Name of Parent/Guardian (Please Print)	Signature	Date (dd/mm/yy)
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For more information on concussion awareness, please visit: <http://www.parachutecanada.org/injury-topics/item/concussion>

Student Awareness of Risk and Responsibility Form

Handsworth Secondary School, is arranging
Name of School

Inter-mural Activities for
Description of Activity

Grade 8 Students on Oct. 2020 – May 2021
Name of Class/Group *Date(s)*

I, Click or tap here to enter text., understand that activities of this type may expose me to
Name of student
elements of risk. I have been briefed on the possible risks involved and the precautions that are to be taken.

The risks and precautions were explained to me by Mr. Paće

Please comment:

- Expectations for my behavior: I will behave responsibly and according to the Handsworth Athlete Code of Conduct.
- My individual and group responsibilities: I will be a cooperative, collaborative, supportive teammate and team member.
- My level of skills and abilities: I will play within my levels and not take any unnecessary risks.
- My understanding of the destination area and boundaries: I understand the destination(s) and boundaries.
- I understand the possible risks and consequences (i.e., injury or death): I understand that all sports have a risk of injury. Playing/participating/travel can result in injury.
- My right to be excused from an activity if I feel my safety to be at risk: If I feel unsafe at any time, I can excuse myself with no penalty.
- Safety precautions: I will wear appropriate safety attire and take all necessary precautions to be safe.
- Safety equipment: I will wear appropriate safety attire and take all necessary precautions to be safe.

I have been made aware of the possible risks and consequences (i.e. injury or death) related to the identified activity and freely agree to participate in the training and competition and to act in a safe and responsible manner according to *School District Policy 302: Student Conduct* and the *School Code of Conduct*.

Signature of Student _____ Date _____

Printed Name of Student _____ Teacher's Initials S.P.

Note: In addition to the Student Awareness of Risk and Responsibility Form, a written informed consent signed by the parent/guardian is required for student participation in this activity.