

Grade 9 - 10

Course Programming February 3rd 2026

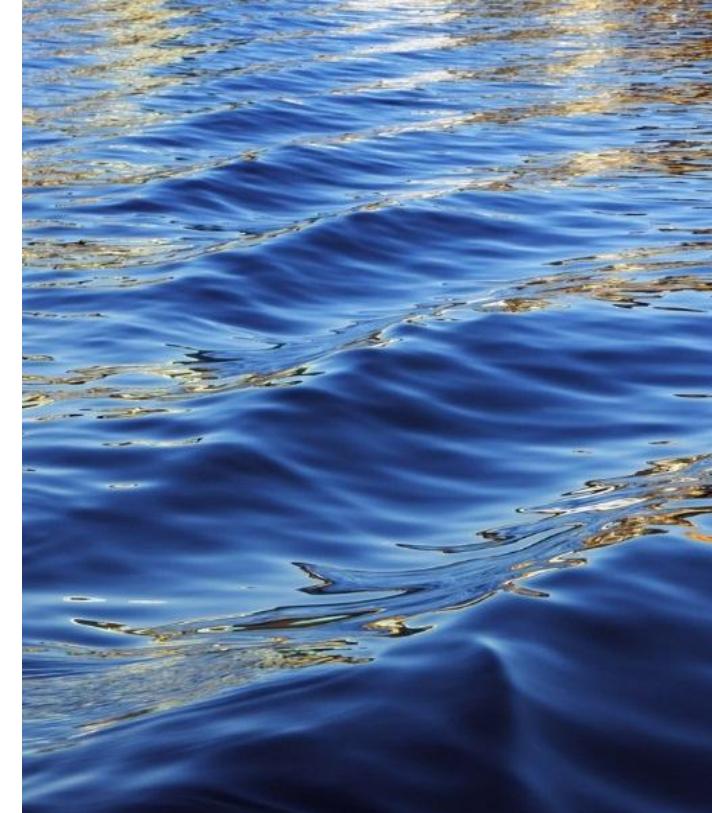
SCHOOL VALUE STATEMENTS

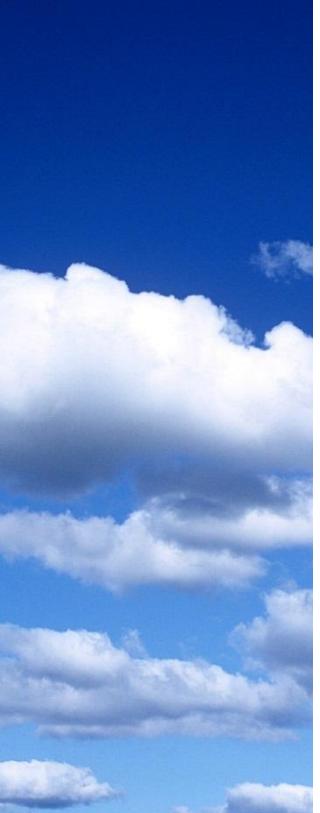
As a Community, Handsworth is committed to the following values:

We are INCLUSIVE.

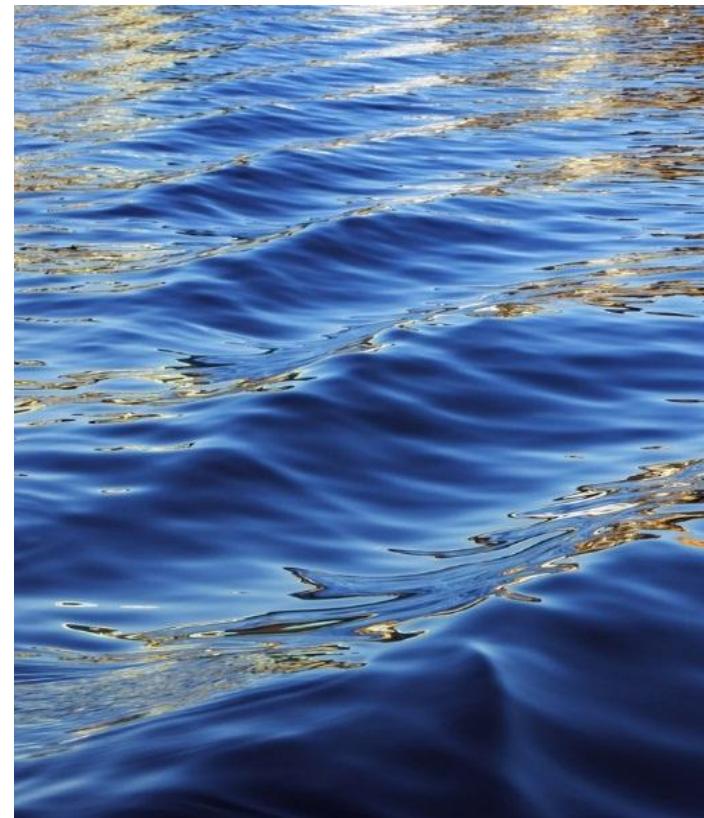
We are RESILIENT.

We BELONG.





We would like to thank the Coast Salish people, specifically the Skwxwú7mesh Nation and Tsleil-Waututh Nation, upon whose unceded traditional territory the North Vancouver School District resides.



Grade Contacts

Counsellor

Cristina Higgins

• chiggins@sd44.ca



Grade Administrator

Jeff Aw-Yong

• jawyong@sd44.ca



Ducks vs Turtles





Grad 2029

Graduation program now starts

- 52 required credits
- 28+ elective Credits

English Program

Required Courses:

1. English Language Arts 10
2. Math 10
3. Science 10
4. Socials 10
5. Career-Life Education 10
6. Physical and Health Education 10

Electives:

- 7.
- 8.

ÉCOLE SECONDAIRE HANDSWORTH SECONDARY SCHOOL

www.sd44.ca/school/handsworth

(604) 903-3600



2026-2027 Grade 10 Course Programming - English Program

Last Name: _____ First Name: _____
MyEd Student #: _____ Student Email: _____
Parent/Guardian Phone # _____ Parent/Guardian Email: _____

| Course Request | Planning for Graduation | |
|---|---|-------------|
| Required courses | Required courses | Credits |
| 1. English Language Arts 10 = Literary Studies + <input type="checkbox"/> Composition or <input type="checkbox"/> Creative Writing | a Language Arts 10 a Language Arts 11 | 4 4 |
| 2. <input type="checkbox"/> Foundations of Mathematics & Pre- Calculus 10 <input type="checkbox"/> Workplace Mathematics 10 | a Language Arts 12 a Mathematics 10 | 4 4 |
| 3. Science 10 | a Mathematics 11 or 12 | 4 |
| 4. Social Studies 10 | Science 10 | 4 |
| 5. Career-Life Education 10 | a Science 11 or 12 | 4 |
| 6. Physical and Health Education 10: <input type="checkbox"/> PHE 10 <input type="checkbox"/> Mindful Fitness <input type="checkbox"/> Dance <input type="checkbox"/> Strength and Conditioning | Social Studies 10 a Social Studies 11 or 12 Physical and Health Education 10 | 4 4 4 |
| Electives (in priority order, #9 = outside the timetable) | Career-Life Education 10 | 4 |
| 7. | Career-Life Connections | 4 |
| 8. | an ADST or Fine Arts course | 4 |
| 9. | Electives | 28 |
| Alternate courses (in priority order) | Students must complete a minimum of 80 credits between the Grade 10, 11 and 12 levels, with at least 16 of those at the Grade 12 level. At least one Grade 11 or 12 course is required to have an Indigenous focus. | |

If you will you be attending an Academy/Enhanced Program, which one? _____

Are you applying for a modified timetable through the Peak Performance criteria? _____

* Application and criteria can be found on school website, please note that time given for Peak Performance is taken off-site
* Peak Performance applications are due to the main office by Friday, May 30th, 2025

If you are planning to complete a Summer Learning course, which one? _____

If you will be enrolling in an Online Learning course, which one? _____

For Grade 10, students must take a minimum of 8 courses. Course requests are not guaranteed.

Handsworth Course Programming Guide available at: www.sd44.ca/school/handsworth under "Courses & Programs"

| | |
|--|--------------------------------------|
| STUDENT _____ (Signature) | PARENT/GUARDIAN _____ (Signature) |
| PLEASE RETURN THIS COMPLETED FORM TO THE MAIN OFFICE BY February 23rd, 2026 | |

French Program

Required Courses:

1. English Language Arts 10
2. Math 10
3. **Français langue 10**
4. **Sciences humaines 10**
5. **Sciences naturelles 10**
6. Physical and Health Education 10
7. **Education au choix de carrière et de vie 10**

Electives:

- 8.

ÉCOLE SECONDAIRE HANDSWORTH SECONDARY SCHOOL

www.sd44.ca/school/handsworth

(604) 903-3600



2026-2027 Grade 10 Course Programming - French Program

Last Name: _____

First Name: _____

MyEd Student #: _____

Student Email: _____

Parent/Guardian Phone # _____

Parent/Guardian Email: _____

| Course Request | Planning for Graduation | |
|---|---|-------------|
| Required courses | Required courses | Credits |
| 1. English Language Arts 10 = Literary Studies + <input type="checkbox"/> Composition or <input type="checkbox"/> Creative Writing | a Language Arts 10 a Language Arts 11 | 4 4 |
| 2. Foundations of Mathematics & Pre- Calculus 10 <input type="checkbox"/> Workplace Mathematics 10 | | |
| 3. Français langue 10 | a Language Arts 12 | 4 |
| 4. Sciences humaines 10 | a Mathematics 10 | 4 |
| 5. Sciences naturelles 10 | a Mathematics 11 or 12 | 4 |
| 6. Physical and Health Education 10: <input type="checkbox"/> PHE 10 <input type="checkbox"/> Mindful Fitness <input type="checkbox"/> Dance <input type="checkbox"/> Strength and Conditioning | Social Studies 10 a Social Studies 11 or 12 Physical and Health Education 10 | 4 4 4 |
| 7. Éducation au choix de carrière et de vie 10 | Career-Life Education 10 Career-Life Connections | 4 4 |
| Electives (in priority order, #9 = outside the timetable) | an ADST or Fine Arts course | 4 |
| 8. | Electives | 28 |
| 9. | Students must complete a minimum of 80 credits between the Grade 10, 11 and 12 levels, with at least 16 of those at the Grade 12 level. At least one Grade 11 or 12 course is required to have an Indigenous focus. | |
| Alternate courses (in priority order): | | |

French Immersion Dual Dogwood Requirements can be found here:
[https://www.sd44.ca/ProgramsServices/FrenchImmersion/Pages/Secondary-French-Immersion.aspx#=%](https://www.sd44.ca/ProgramsServices/FrenchImmersion/Pages/Secondary-French-Immersion.aspx#=)

If you will you be applying for an Academy/Enhanced Program, which one? _____

Are you applying for a modified timetable through the Peak Performance criteria? _____

* Application and criteria can be found on school website, please note that time given for Peak Performance is taken off-site

* Peak Performance applications are due to the main office by May 1, 2026

If you are planning to complete a Summer Learning course, which one? _____

If you will be enrolling in an Online Learning course, which one? _____

For Grade 10, students must take a minimum of 8 courses. Course requests are not guaranteed.

Handsworth Course Programming Guide available at: www.sd44.ca/school/handsworth under "Programs & Services"

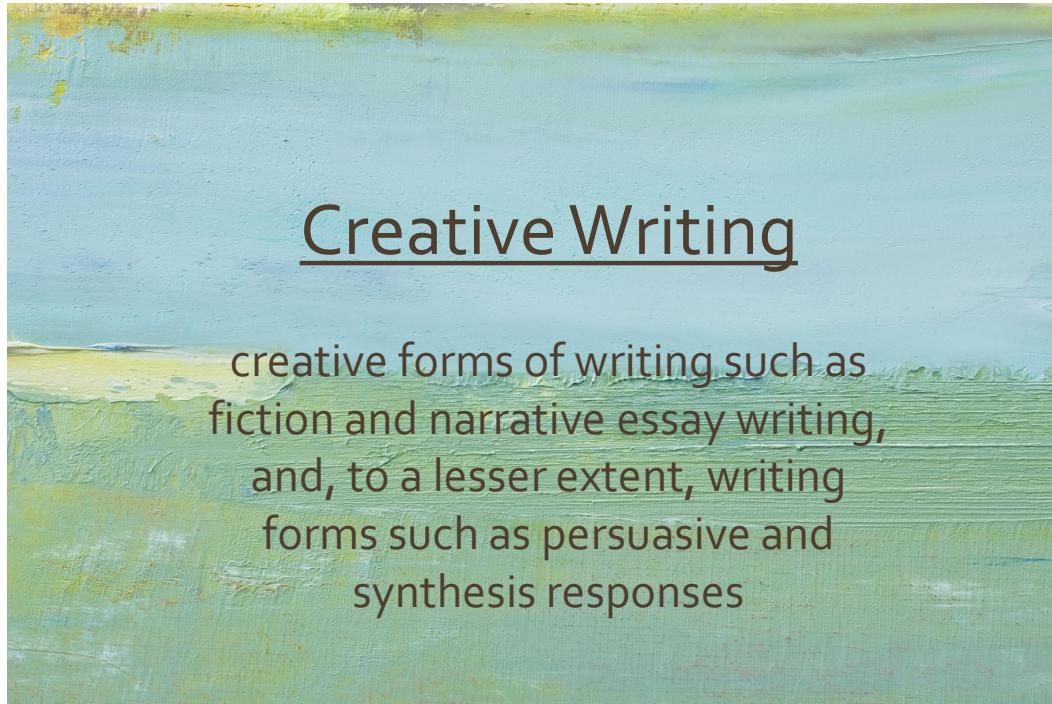
FRENCH IMMERSION PROGRAM PLANNING TOOL

| Blocks | Grade 8 | Grade 9 | Grade 10 | Grade 11 | Grade 12 |
|--------|-------------------------------|-------------------------------|--|--------------------|---|
| 1 | Français langue 8 | Français langue 9 | Français langue 10 | Français langue 11 | Français langue 12 |
| 2 | Sciences humaines 8 | Sciences humaines 9 | Sciences humaines 10 | Histoire 12 | Elective |
| 3 | Sciences naturelles 8 | Sciences Naturelles 9 | Sciences naturelles 10 | Science 11 | Elective |
| 4 | Éducation physique et santé 8 | PHE 9 | PHE 10 | Elective | Elective |
| 5 | English Language Arts 8 | English Language Arts 9 | English Language Arts 10 | English 11 | English 12 |
| 6 | Math 8 | Math 9 | Math 10 | Math 11 | Elective |
| 7 | ADST Rotation | Elective | Elective | Elective | Elective |
| 8 | Elective | Elective | Education au Choix de Carrières et de vie 10 | Elective | Elective |
| (9) | | Careers 9 (outside timetable) | | | *Indigenous Focussed Course * CLC 12 |

English Choices

English Language Arts 10
Literary Studies

+



Creative Writing

creative forms of writing such as
fiction and narrative essay writing,
and, to a lesser extent, writing
forms such as persuasive and
synthesis responses

OR



Composition

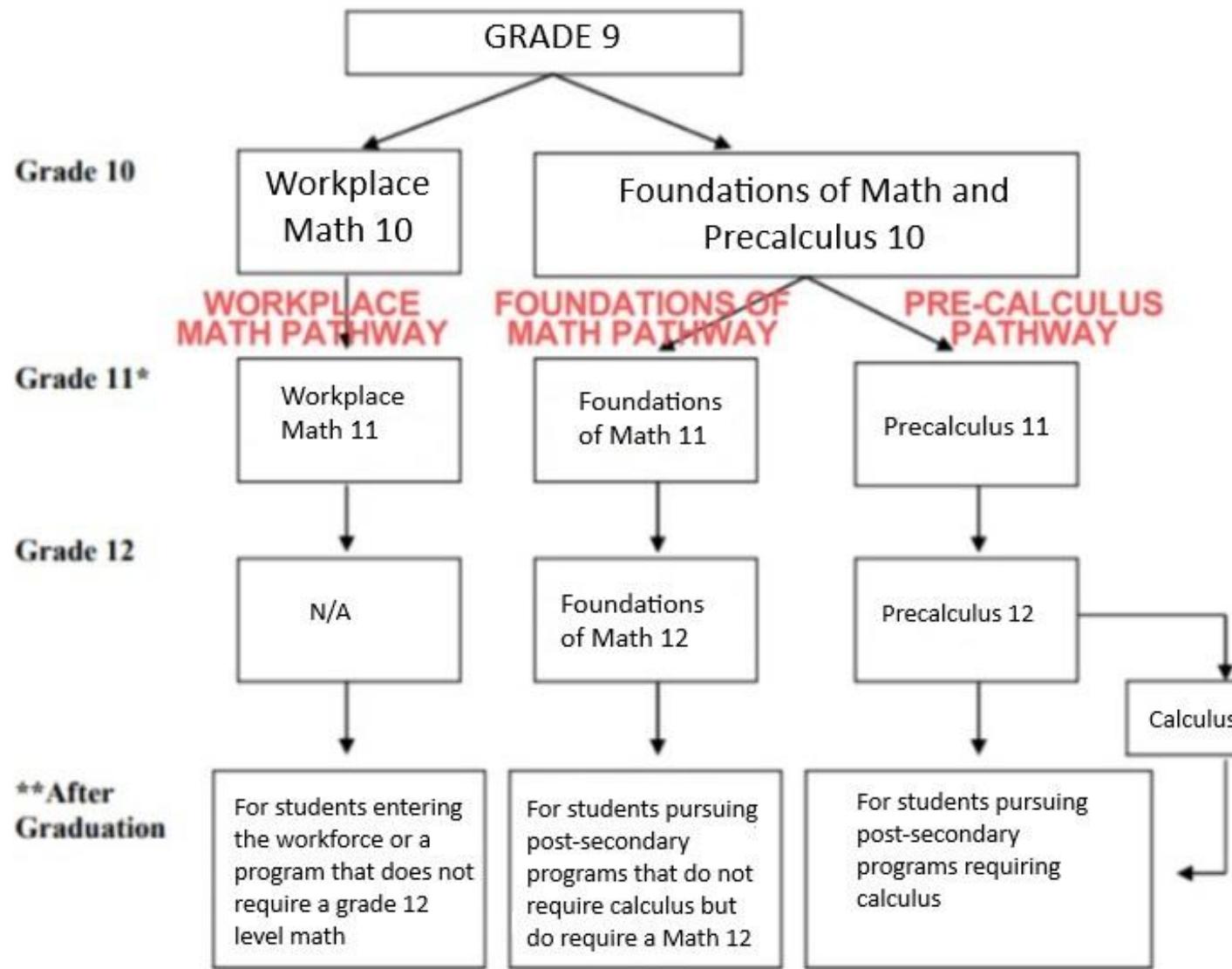
-varied structures, forms, and
styles of compositions
-develop their craft through
processes of drafting, reflecting,
and revising.

MATH CHOICES

WORKPLACE MATH 10

OR

FOUNDATIONS OF MATH AND
PRECALCULUS 10



Suggested Math Pathways after Grade 9 Math Results

| Result | Recommendation | Grade 11 | Grade 12 |
|---------------|-------------------------------------|--|---|
| Emerging | Workplace Math 10 | Workplace Math 11 | N/A |
| Developing * | Workplace Math 10 | Workplace Math 11 OR Foundations of Math and Pre Calc 10 | N/A OR Foundations of Math 11 |
| Developing ** | Foundations of Math and Pre Calc 10 | Foundations of Math 11 | N/A OR Foundations of Math 12 |
| Proficient | Foundations of Math and Pre Calc 10 | Foundations of Math 11 OR Precalculus 11 | N/A OR Foundations of Math 12 OR Precalculus 12 |
| Extending | Foundations of Math and Pre Calc 10 | Precalculus 11 | N/A OR Precalculus 12 Calculus 12 |

* The student demonstrates a dedicated work ethic; however, they continue to navigate significant foundational gaps in mathematics.

** The student demonstrates the aptitude; however; a shift in work habits will be required to find success in FPC Math 10. Consistent study habits and seeking additional support, such as tutoring, will be essential alongside a foundational review of Math 8 & 9 concepts.

Physical and Health Education 10 (PHE 10)

| PHE 10 | Strength and Conditioning | Mindful Fitness | Dance | Academy |
|------------------------|---------------------------|---|---|--|
| - Traditional PE Class | - Fitness based | - Yoga, meditation and other mindful movement | -Crew -Just dance -Squad -Studio | Field Hockey Basketball Rowing Hockey Soccer Volleyball |

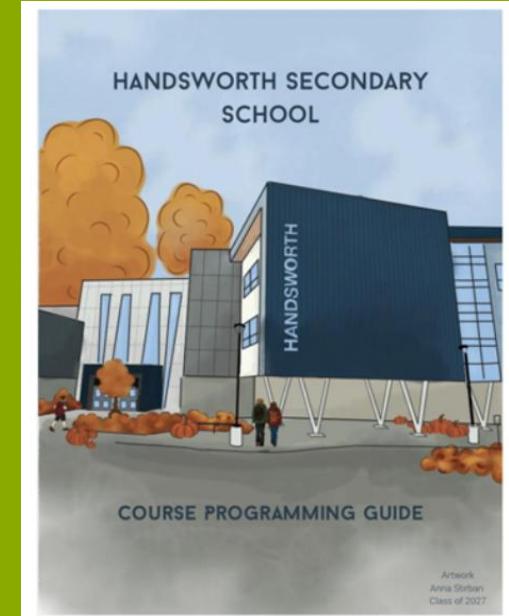
NOTE: PE 10 is required to graduate.

| | |
|--|---|
| Applied Design Skills and Technology | Arts Education: Performing Arts |
| ADST - Computer Studies 10 | Arts Education - Drama 10 Theatre Company |
| ADST - Drafting 10 | Arts Education - Drama 10 Musical Theatre |
| ADST - Entrepreneurship & Marketing 10 | Arts Education - Drama 10 Improvisation |
| ADST - Food Studies 10 | Arts Education - Drama 10 Theatre Production 10 (Tech) |
| ADST - Power Technology 10 | Arts Education - Instrumental Music - Band 10 |
| ADST - Textiles 10 | Arts Education - Instrumental Music - Jazz Band 10 |
| ADST - Web Development 10 | Arts Education - Instrumental Music - Strings 10 |
| ADST - Woodwork 10 | Arts Education - Choral Music 10 (Choir) |
| Arts Education - Dance | Arts Education: Visual Arts |
| Arts Education - Dance Foundations 10 | Arts Education - Photography 10 |
| Arts Education - Dance Foundations 10 - Crew | Arts Education - Visual Arts: Art Studio |
| Arts Education - Dance Foundations 10 - Squad | Arts Education - Studio Arts 3D 10 (Ceramics & Sculpture) |
| Arts Education - Dance Foundations 10 - Studio | Arts Education - Studio Arts 2D 10 (Drawing & Painting) |
| Physical & Health Education | Art Education - Digital Media Development 12 (Yearbook) |
| Physical & Health Education 10 - Dance - Crew | Modern Languages |
| Physical & Health Education 10 - Dance - Just Dance | French 10 |
| Physical & Health Education 10 - Dance - Squad | Spanish 10 |
| Physical & Health Education 10 - Dance - Studio | Beginning Spanish 11 |
| Physical & Health Education 10 - Fitness & Conditioning | |
| Physical & Health Education 10 - Mindful Fitness | Sciences |
| Physical & Health Education 10 | Science 10 |
| English Language Learners | Social Studies |
| ELL Beginner or Intermediate (English Language Learners) | Social Studies 10 |
| Language Strategies 10 (English Language Learners) | English Language Arts |
| ELL Seminar (English Language Learners) | English Composition 10 + Lit Studies 10 |
| Mathematics | English Creative Writing 10 + Lit Studies 10 |
| Foundations of Mathematics and Pre-Calculus 10 | Career Education |
| Workplace Mathematics 10 | Career Life Education 10 |

English
Program
2 electives

French
Program
1 elective

EVERYBODY takes Careers
10 – it is a grad requirement



[HSS 2026-2027](#)
[Course Programming](#)
[Guide.pdf](#)

ADST Electives

Applied Design Skills and Technology

ADST - Computer Studies 10 (Coding – centric Course)

ADST - Drafting 10

ADST - Entrepreneurship & Marketing 10

ADST - Food Studies 10

ADST - Power Technology 10

ADST - Textiles 10

ADST - Web Development 10 (Explores the internet from the perspective of an everyday user)

ADST - Woodwork 10

Drama/Music Electives

Arts Education: Performing Arts

Arts Education - Drama 10 Theatre Company

Arts Education - Drama 10 Musical Theatre

Arts Education - Drama 10 Improvisation

Arts Education - Drama 10 Theatre Production 10 (Tech)

Arts Education - Instrumental Music - Band 10

Arts Education - Instrumental Music - Jazz Band 10

Arts Education - Instrumental Music - Strings 10

Arts Education - Choral Music 10 (Choir)

Visual Arts Electives

Arts Education: Visual Arts

Arts Education - Photography 10

Arts Education - Visual Arts: Art Studio

Arts Education - Studio Arts 3D 10 (Ceramics & Sculpture)

Arts Education - Studio Arts 2D 10 (Drawing & Painting)

Art Education - Digital Media Development 12 (Yearbook)

Languages

Modern Languages

French 10

Spanish 10

Beginning Spanish 11

English Language Learners

English Language Learners

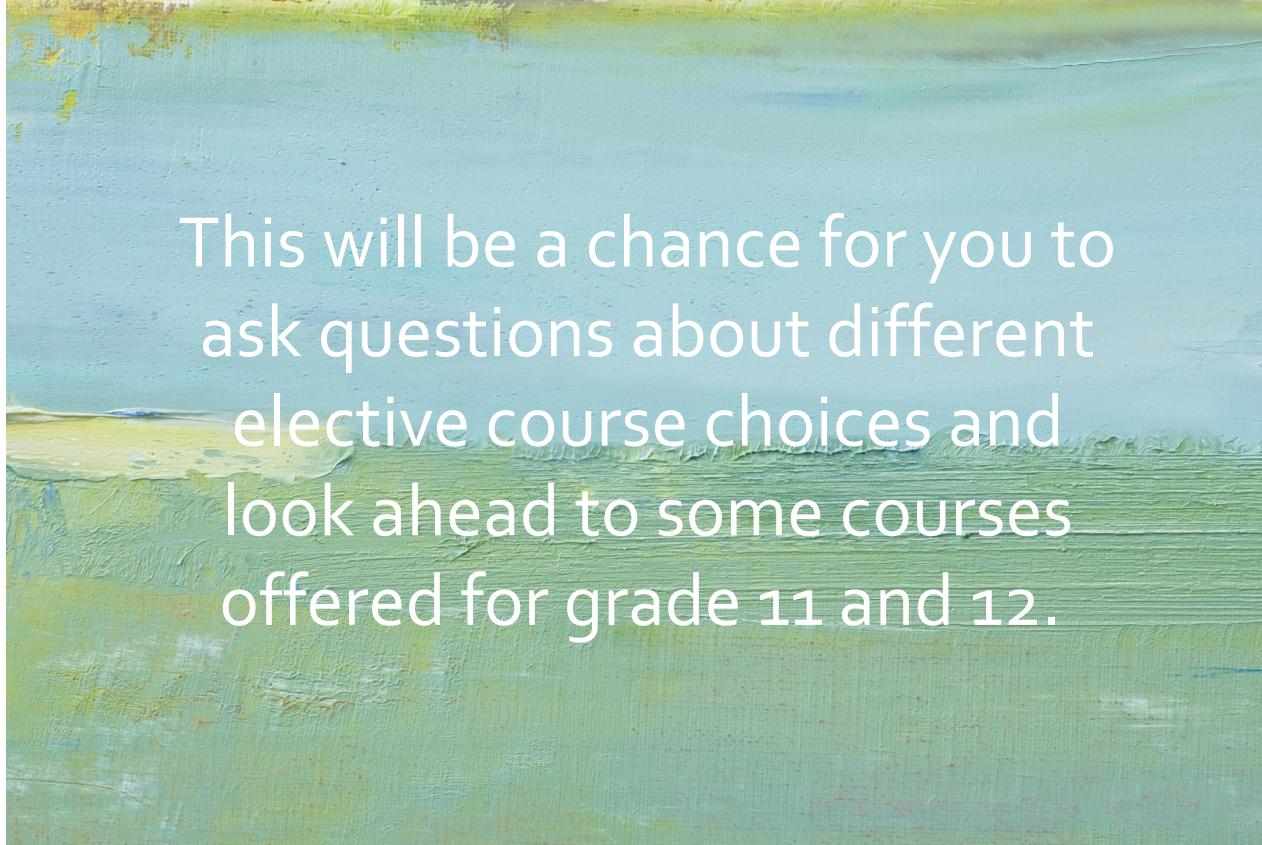
ELL Beginner or Intermediate (English Language Learners)

Language Strategies 10 (English Language Learners)

ELL Seminar (English Language Learners)

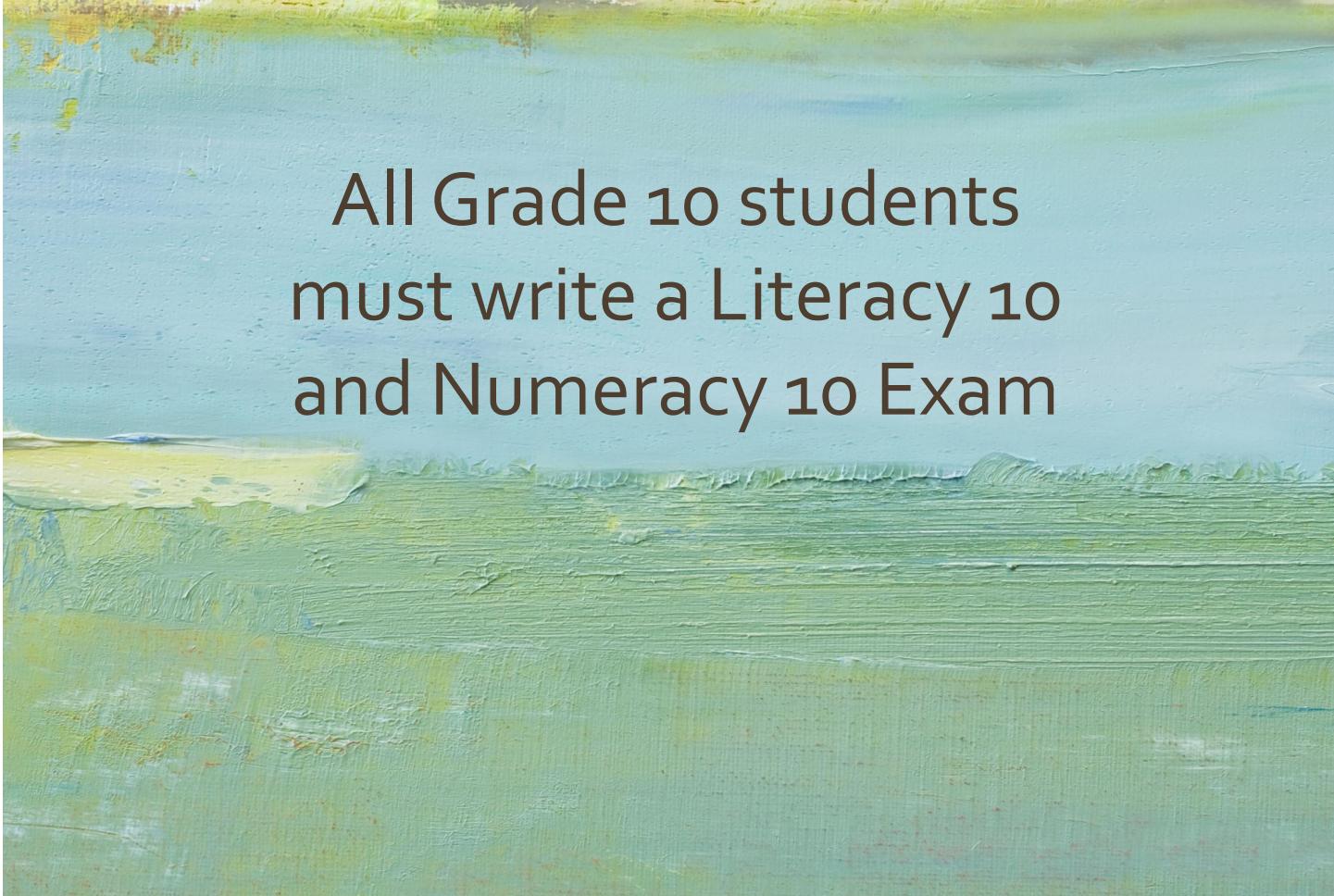
Course Info Fair

Thursday February 12th – Grand Commons at Lunch



This will be a chance for you to ask questions about different elective course choices and look ahead to some courses offered for grade 11 and 12.

Note: Graduation Assessments



All Grade 10 students
must write a Literacy 10
and Numeracy 10 Exam

Other Enrichment Opportunities

Grade 10

| <u>Summer Learning</u> | <u>Online Learning</u> | <u>Counsellor in Training</u> | <u>Academies</u> |
|--------------------------|---|--|--|
| Registration Opens May 1 | <ul style="list-style-type: none">• Does not run over the summer• Courses need to be completed by the end of May | Train to be a student counsellor at outdoor school | Field Hockey Basketball Rowing Hockey Soccer Volleyball Artists for Kids Digital Media Lite |

Looking Ahead to Grade 11/12

| <u>IB Program</u> | <u>Career Pathways</u> | <u>WEX</u> | <u>YELL</u> |
|--|--------------------------------|-----------------------------|---|
| Info session after this ends – in library. (at Carson) | Dual Credit programs in trades | Credits for Work Experience | For Grade 11/12s with an interest in business |

Summer Learning Details



| Programs | Foundations Courses (Gr 7-9) | Full Credit (Gr. 10-12) Academic Courses |
|----------|---|---|
| | ELL Language Building Literacy Numeracy 7/8 Transition | Gr. 10 - 12 Full Courses Required for Graduation |
| Location | Argyle Secondary | Argyle Secondary |
| Dates | July 6 – July 22, 2026 | July 2 – July 31, 2026 |
| Times | 8:30am – 12:00pm | 8:30am - 12:30pm |

Visit the website for more info: <https://www.sd44.ca/school/summer>

Gr. 10-12 Full Credit Course Offerings

(Subject to enrollment and staffing)



| Grade 10 | Grade 11 | Grade 12 |
|---------------------------------------|------------------------|--------------------------|
| Social Studies 10 | Chemistry 11 | Anatomy & Physiology 12 |
| Physical & Health Education 10 | Foundations of Math 11 | BC First Peoples 12 |
| Science 10 | Life Sciences 11 | Chemistry 12 |
| English Composition & Spoken Word 10 | Literary Studies 11 | English Studies 12 |
| | Physics 11 | English First Peoples 12 |
| Foundations of Math & Pre-Calculus 10 | Pre-Calculus 11 | Physics 12 |
| | | Pre-Calculus 12 |

Please Note – these are INTENSIVE courses as students are completing an entire course in one month (80+ hours). In addition to the 4 hours of morning class, students can expect to be doing work outside of class time.

ACADEMIES

- Field Hockey
- Basketball
- Hockey Skills
- Rowing
- Soccer
- Volleyball
- Digital Media Lite
- Artists for Kids
(back this year!)

MARCH 6 DEADLINE TO APPLY

PEAK PERFORMANCE Alternate Timetable Requests

More information and the application can be found on the Handsworth and NVSD websites

- The deadline for priority applications is on or before, May 15th. Late applications will not be accepted after June 1st.

* Please note that the criteria has changed this year



Enhanced Programs

International Baccalaureate Diploma Programme

If you are interested in the IB Diploma Programme, our presentation will begin at

6:30

In the Library



Carson Graham Secondary
School



MyEd Course Entry

Feb 6 to Feb 20

- Must be using **STUDENT** login**
- Student login:**
 - pupil number followed by nv**
 - Eg. 123456nv**
- Password: reset link or go to the library**

MyEducation BC Prod

MyEducation BC Login ID

[Request an account](#)

MyEducation BC Password

[Login Information](#)

[I forgot my password](#)

 **Log On**

Login using BC Services Card below

Enterprise

BCSC Production SSO

BC Services Card

Important Dates and Reminders

| | |
|-----------------------------|---|
| Wednesday Feb 4 | Parent Presentation |
| Friday Feb 6 | MyEd Portal Opens |
| Mon Feb 9 and Tues Feb 10 | Classroom Visits from Ms. Higgins |
| Friday Feb 20 th | MyEd Portal Closes |
| Monday Feb 23rd | Course Request Sheets Due to the Office |
| March 6th | Academy Applications Due |
| March 13th | District Transfer Request Deadline |
| April 10 | Course Change Request Deadline (via course verification sheets) |
| May 15 | Peak Application Deadline |

Entering courses in MyEd

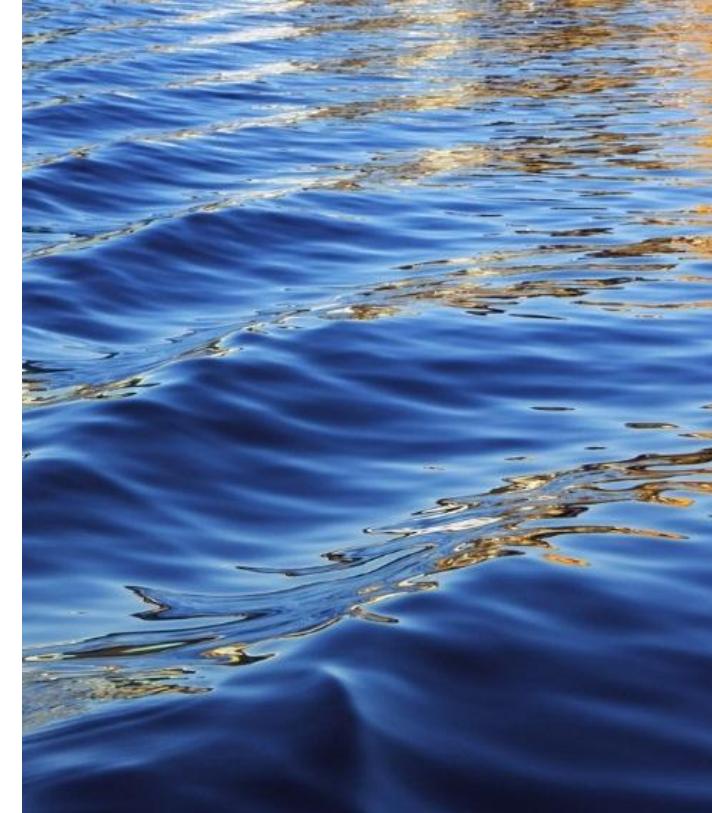
- Students can enter their course selection starting Friday February 6th
- This must be done through STUDENT MyEd accounts
- Forgotten logins and passwords can be reset through the library
- Choose English or French Program options first
- Use the arrows to navigate through the pages and see all selections available
- Note: It is your responsibility to make sure your courses have been entered correctly when you receive the COURSE VERIFICATION sheet

Our timetable is developed based on student course requests. This means that we staff the school and create course sections based on the information we receive from students in late February - early March. This process allows us to create a schedule that suits the needs of the vast majority of our students, but it does not allow for any significant changes once the timetable is set. **Please do not expect to be able to make a change to a schedule after the timetable is built in June.** We are unable to guarantee that each course described in the booklet will be offered. Offering a course is dependent on enrollment and a student may need to take an alternate course to meet their program requirements.



Questions?

Chiggins@sd44.ca



- Field Hockey