Daily Physical Activity – Confirmation of Student Achievement Form

Student Information

Family Name: ___________________________ Student email: ___________________________

Given Name: ___________________________ Grade: ___________________________

Date of Birth (MM/DD/YYYY): ___________________________ Student #: ___________________________

Daily Physical Activity Requirement

The British Columbia Ministry of Education (MOE) requires students in grades 8 through 12 to complete 150 minutes per week of physical activity, at a moderate to vigorous intensity. In grade 10, 11, and 12 DPA is considered part of a students’ Graduation Transitions Program.

Reporting

Students are responsible for tracking and recording their daily physical activity. To assist students in documentation, a log form is available on the Handsworth website. Students’ DPA achievement will be reported on report cards during the school year and will simply state that a student is “meeting” or “not-meeting” the DPA requirement set by the MOE. The following courses are responsible for reporting DPA achievement on the report card:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-11</td>
<td>All Physical Education 8-11 classes or Dance/Choreography 8-11 classes</td>
</tr>
<tr>
<td>12</td>
<td>Transition Planning 12 – Using this form</td>
</tr>
</tbody>
</table>

Grade 8-11 students taking PE or Dance currently do not need to complete this form. Grade 8-11 students not enrolled in PE or Dance should return this form to the office. All grade 12 students must return this form to their Transition Planning 12 teacher.

Please check all the terms this form applies to: (only one form is required for the year if all 3 boxes are checked)

☐ Term One  ☐ Term Two  ☐ Term Three

Please check to verify how you are achieving your DPA hours:

☐ My DPA hours are achieved through my current PE (or Dance) class at Handsworth  Course: ___________________________

☐ My DPA hours are logged independently outside of my courses at Handsworth. I acknowledge my responsibility to document my daily physical activity and have the support of my family to ensure the completion of this Ministry of Education Graduation Requirement.

By signing below, I am verifying that the requirement described above has been met.

Student Signature: ___________________________ Date: ___________________________

Parent/Guardian Signature: ___________________________ Date: ___________________________

Parent/Guardian Name: ___________________________

Parent/Guardian Phone#: ___________________________

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Revised August 2016