

Royals News

The Handsworth community developed empowered, innovative and compassionate learners who serve and lead with curiosity and integrity.



Art work by Drawing & Painting 10 students

February Events

Parent Teacher Interviews - February 11th, 2016

Parent Teacher Interviews - Online Booking Starts Monday February 1st 8pm - Thursday, February 4th @ 12pm. On Thursday, February 4th @ 8pm a second booking window will be open. Parents may add up to 7 more interviews per child (if needed and still available). There may be limited availability at this time. The second window will close on Monday, February 8th at 11:55pm. NO appointments will be accepted after this second window closes on Monday, February 8th. Please see visit the Handsworth Home Page for more information.

Handsworth Course Programming

Course Programming for the 2016-2017 school year has begun. Parents are encouraged to attend a special programming presentation:

- *Grade 8 into 9 - Monday, February 1st @ 7:00pm in the Cafeteria
- *Grade 9 into 10 - Monday, February 1st @ 7:00pm in the Library
- *Grade 10 into 11 - Wednesday, February 3rd @ 7:00pm in the Library
- *Grade 11 into 12 - Wednesday, February 3rd @ 7:00pm in the Cafeteria



Senior Winter Formal

Formal was a night for grade elevens, twelves and staff to eat, dance and enjoy each other's company. Everyone was dressed to the nines. The food was delicious with a special tiramisu for dessert. There was a photo booth where students could wear funny costumes and take pictures with their friends. The best part was the dance floor, DJ Hotwax lit up the ballroom with music and lights. All in all it was a night to remember.



Top Ranked Junior Boys basketball team

Our Junior Boys basketball team entered the Cowichan Thunderbird Basketball Tournament ranked #3 in the Province, The Royals reached the finals for the 4th consecutive week, defeating #7 ranked Saint Georges, and played the #1 ranked WJ Mouat in the Finals. Our boys defeated the Hawks 57-48. Way to go Royals.

Grad Write-Ups

Hey Grads! It's time to submit your grad write ups for the yearbook! Your grad write up should be no more than 440 characters-including letters, numbers and spaces-so make sure to count them before submitting! Symbols, acronyms, languages other than English, inappropriate language, euphemisms or write ups done in poor taste will not be accepted. The best write up is something clean and simple, something your grandmother would be proud you wrote. Please submit your write up by Friday, Feb. 26th to hsswriteups2016@gmail.com Any grad who does not submit a write up will have a "snazzy" quote chosen for them by the super-cool yearbook staff.

Handsworth PAC Meeting - Monday, February 15th @ 7:00pm

On January 18th, the Handsworth PAC was pleased to welcome Dr. Mark Lysyshyn, North Shore Medical Health Officer at our January meeting. About 60 parents attended the meeting and heard Dr. Lysyshyn discuss past and current trends in adolescent physical and mental health on the North Shore. He also answered questions and gave parents some tips on how they can help their teens achieve positive health outcomes.

Please join us for the next Handsworth PAC meeting on **Monday, February 15th** at 7pm in the school library. This meeting will feature senior students who will talk about their enriched learning experiences in various programs and clubs at Handsworth. This is always an inspiring and informative evening, especially for parents with children in Grades 8-10. Hope to see you there!

Environmental Club Film Screening

The Environmental Club will be hosting a special screening of STAND on February 24th at 2pm in the small gym. Showcasing the west coast of BC and what's at stake with the proposed Enbridge Northern Gateway pipeline - tanker route. Taking place in Haida Gwaii, Great Bear Rainforest, Bella Bella and Vancouver Island; STAND takes the viewers on a journey through the coast showcasing the rich First Nations culture and the incredible terrestrial and oceanic environments of the coast. STAND was named Best Film at the Vancouver Festival of Ocean Films, and Best Culture and Environment Film at the New Zealand Mountain Film Festival. Students and guests will have the opportunity to meet the film makers and participate in a discussion about the film. For more information about the film please visit www.standfilm.com.

Handsworth Fine Arts Events

There are some amazing Fine Arts events coming up this month; on Tuesday, February 2nd the Handsworth Music Program Presents Just Jazz concert @ 7:30pm in the Handsworth Small Gym.

The Handsworth Drama program presents the Grade 10-11 Theatre Monologue Night on Thursday, February 4th in the Drama Room. There are 2 shows at 5:45pm and 8:00pm. Tickets are available at the door and are \$5 each.

Drama students will be participating in the North Shore High School Drama Festival on Monday, February 22nd at the Presentation House Theatre at 333 Chesterfield Ave. Tickets are \$5 and the show starts at 7:00pm.

International Playwright visits Handsworth



Alison Kelly an internationally acclaimed playwright, actor, and teacher was warmly welcomed as a guest speaker by Mrs. Richardson's English 12 classes on January 18th. Along with five co-writer/actors, Alison is well known for the ground breaking play, "Mom's the Word" which has been produced and performed in several countries throughout the world including Australia, New Zealand, the U.K., Israel, Denmark and more. Alison currently has two new plays in development with the Arts Club Theatre, including Mom's The Word 3: Nest 1/2 Empty and The Day before Christmas. Alison shared insights into the benefits of incorporating an arts focus into any field of endeavor and related how acting training can add value to individuals in many diverse fields. Touching upon points of her own experience, Alison advised students to be active participants in following their passions in life and to respect and develop their inner muse. Alison's presentation adds a layer of enriching texture as the Grade 12 students start to explore their paths forward in the world.

Daily Physical Activity

Is your child meeting their Daily Physical Activity (DPA) requirements?

We know that active, healthy students are happier and learn better. They also develop good habits that can contribute to longer, healthier lives. To help students achieve their best, the Ministry of Education implemented Daily Physical Activity, for all schools and students in B.C. The British Columbia Ministry of Education (MOE) requires students in grades 8 through 12 to complete 150 minutes per week of physical activity, at a moderate to vigorous intensity.

The requirement to report Daily Physical Activity is meant to help promote a healthy and active lifestyle.

What Students need to know about the Daily Physical Requirement:

- Students' DPA achievement is reported on the school report cards during the school year (stating that a student is "meeting" or "not meeting" the DPA requirement set by the MOE).
- Those students who are active in a school PE or dance class receive their DPA comments in these courses.
- Students not registered in a Handsworth PE or dance class must submit a DPA form (found under forms on the HSS website) to the school office signed by their parent/guardian. This DPA form acknowledges that the parent/guardian and the student are taking the responsibility to log the DPA hours at home. Only one DPA form needs to be submitted per year. This form acknowledges that "DPA requirements are being met" for all 3 reporting terms.
- Distributed Learning PE students, Sports Academy students, and Peak Performance students not registered in an enrolling PE or dance at Handsworth are required to complete this DPA form.
- Grade 12 students will report DPA by submitting the DPA form to their Planning 12 teacher

Guiding Principles:

- This is a socially responsible program, shared by the school, family and community, aimed at student health and learning
- Schools will encourage and offer a variety of opportunities for students to meet the DPA requirement, but opportunities and responsibilities for many other activities reside with the family and community
- Participation in PE Classes is one way to meet the required minutes, but it is still recommended for students to engage in DPA on non PE days.

Some Suggestions to Assist Your Child in Meeting the DPA Requirement:

- If you need to complete the DPA form, it is highly recommended that the student creates and keeps a daily log of activity. Logs help increase personal accountability.
- Discuss with your child why he/she is completing and documenting DPA activities.
- Reinforce the importance of physical activity through discussion and example
- Consider the time your child spends with technology including: TV, computers, electronic devices and video games
- Encourage him or her to be physically active
- Take advantage of opportunities for DPA available at the school outside of PE students can participate in extracurricular teams and clubs and intramural sports.
- Develop a plan to increase your child's activity, including such things as school and community facilities, walking or cycling to and from school, individual or family recreational pursuits, dance, household chores requiring physical activity (mowing, shovelling snow, etc.) structured and unstructured sports and activities, etc.

External Links:

- **Ministry of Education DPA Website:**
<http://www.bced.gov.bc.ca/dpa/>
- **DPA Program Guide:**
https://www.bced.gov.bc.ca/irp/pdfs/daily_physical_activity/program_guide.pdf

Program Spotlight: Handsworth Visual Arts: Diversity and Exploration

We are very lucky at Handsworth to work and live in an inspiring and natural environment. Visual arts students are able to look out the window and explore the school grounds to brainstorm, collaborate, and experience a unique landscape filled with textures, smells, and visual wonder.

Our programs offer a wide-reaching range of material, intellectual, and applicable skills for students to learn and thrive in the the visual arts. We are able to work together to create applied design projects, ensemble sculpture, personalize journals, and everything in between.



Art work by AP Studio Art 12 students

Boasting the most comprehensive visual arts program in the district, we are lucky to offer students experiences with visiting artists like George Rammell and Amy Huestis, prominent community members, and speakers who expose our students to the wide-reaching world of art, design, and media.

Courses like Graphic Design & Printmaking 11/12 give students both hands-on approaches to image development, and digital exploration of the world of contemporary design. Likewise, Ceramics & Sculpture allow students to use their special skills to manipulate materials and create objects and experiences that occupy the third dimension.

Drawing & Painting 10/11/12 bring students together to create striking compositions, learn to manipulate materials, and produce two-dimensional artwork that speaks about our relationship with the world and that of the artists who inspire us. Handsworth also offers a comprehensive Media Arts 10/11/12 program that immerses students in the world of photography. We are very lucky to have a functional darkroom where students learn the art of photography from the ground up, as well as a digital computer lab and many professional-quality DSLR cameras to shoot and edit digital photographs.

We heartily encourage students to work together to learn and create works together that allow for students to learn from each other and from our visual arts educators - who have a combined 20-plus years of art education and training.

We engage students in real-world applications like designing for the school play (posters, t-shirts), creating logos, building props, and exploring issues in social justice and visual problem solving. Students also have the

opportunity to explore life drawing with live models after school hours to develop drawing skills, materials exploration, and build solid, professional art and design portfolios.



Art work by Drawing & Painting 10 students

It is a pleasure to teach in such a diverse and rewarding field. We are fiercely proud of the artwork that our students are producing through experimentation and exploration of our resources here at Handsworth.

Submitted by: Kory Bogen, Teresa Anton, and Kristy Wensveen

Handsworth offers Advanced Placement art courses in 2-Dimensional Design, 3-Dimensional Design, and Drawing. These courses are for our artists who take their visual studies seriously and develop a thematic body of work over the course of the year that is evaluated externally by the Advanced Placement board. Handsworth is the only school in North Vancouver that offers Advanced Placement courses in visual arts.

The Handsworth PAC has generously donated funds to allow us to grow our fantastic programs this year, allowing our students more opportunity with materials and equipment.



Photo work by Photography students

NEW COURSE AT HANDSWORTH FOR 2016-2017

Handsworth is extremely excited to be offering a new course for the 2016-2017 school year. For more information on courses offered at Handsworth please visit our school website.

Choir 8-12

This choir course encompasses a wide range of repertoire from the Renaissance to contemporary, African, spirituals, and popular music. A major force in the class will be on developing indolence in part singing (singing harmonies). There will be some opportunities for students to perform solos. Students will learn vocal technique, music theory, and reading and they will need to take part in live performance including choral festival and evening concerts. This course will be scheduled off the timetable. An uniform is required.

**For Update Information On Events And News About Handsworth,
Visit Our Website [www.Sd44.Ca/School/Handsworth/Pages/
Default.aspx](http://www.sd44.ca/School/Handsworth/Pages/Default.aspx) Or Follow Us On Twitter @HandsworthHSS**