

# What's On @ Cove Cliff Oct. 20<sup>th</sup> – 24<sup>th</sup>



MONDAY OCT 20	TUESDAY OCT 21	WEDNESDAY OCT 22	THURSDAY OCT 23	FRIDAY OCT 24
<b>Hot Lunch – Subway</b>  <b>3:10 – 3:40 pm</b> <b>Cross Country</b> <b>(back Field)</b>  <b>3:30 pm – Gr. 7 Boys</b> <b>Team #1 Basketball</b> <b>game @ Ridgeway</b>  <b>3:30 pm – Gr. 7 Boys</b> <b>Team #2 Basketball</b> <b>game @ Cove Cliff</b>	<b>Gr. 6</b> <b>Immunizations</b>  <b>Seymour Art</b> <b>Gallery Visits</b> <b>Divisions 3,4,7,9</b>  <b>3:45 pm</b> <b>Cross Country</b> <b>Meet @ Loutet</b> <b>for Gr. 4 &amp; 6</b>	<b>8:00-8:40 a.m.</b> <b>Beginning band</b>  <b>8:40-9:20 a.m.</b> <b>Continuing Band</b>  <b>Seymour Art Gallery</b> <b>Visits</b>  <b>Divisions 5,6,8,12</b>  <b>12:00 Gr. 7 Boys'</b> <b>Basketball Practice</b>  <b>3:45 pm</b> <b>Cross Country Meet</b> <b>@ Loutet for Gr. 5 &amp; 7</b>	<b>8:00 – 8:30 am</b> <b>Cross Country</b> <b>(back Field)</b>  <b>Seymour Art Gallery</b> <b>Visits</b> <b>Divisions 1,2,10,11</b>	<b>Province wide</b> <b>Professional day</b> <b>– School not in</b> <b>session</b>

Always check our [online calendar](#) for upcoming events. Upcoming Events Highlights:

Schedule Changes	Events
Oct 29 – Staff Collaboration Day - Early Dismissal 2pm	Oct 28 – Gr. 6 Field Trip Oct 28 – Gr. 5 Field Trip

We're excited to share that each class will visit the Seymour Art Gallery to support Charles van Sandwyk's exhibit, *Unfinished Tales*. During the visit, students will also watch a video of Charles responding to questions they've generated themselves. We're deeply grateful to Charles and the Seymour Art Gallery for generously providing a guided tour for each class!



### Conscious Community Corner:

Monday October 20<sup>th</sup>, 2025

Diwali or Deepavali is a grand festival that is an integral part of the India's vast cultural milieu. As with all Indian festivals, Diwali also has a spiritual significance. Known as the "festival of lights", it is common to celebrate Diwali by lighting lamps and bursting crackers. There are many stories around Diwali in the popular culture but many may not be aware of the Yogic significance of this night and how it can also become a potent possibility for the spiritual aspirant.



### Halloween at Cove Cliff

Spooktober has arrived, bringing with it the thrill of Halloween. Halloween offers a chance to showcase creativity while also serving as a vital opportunity to discuss cultural appropriation, equity, and respect. We eagerly anticipate celebrating on the 31st and invite parents and guardians to observe the parade (9:05ish) from the basketball court near the intermediate playground.

As your children plan what to be this year, please take a moment to review the following **costume guidelines** to ensure everyone can participate, and **keep in mind that faces must be visible (NO masks of any kind)**, and if using body paint, no blood or gore for school. If your child is wearing an inflatable costume, we must be able to see your their whole face. Thanks for helping us celebrate in a safe and respectful way!

**It's important to remember that the following are NOT Costumes:**

- RACE (blackface/brownface)
- CULTURE (Indigenous regalia/dreadlocks)
- RELIGIOUS FAITH (religious figures/gods/saints/gurus/hijab)
- GENDER (gender-switching for humor or mockery)
- TRAUMA (hangman's noose/weapons)