



CARSON GRAHAM SECONDARY

Friday, November 14, 2025

Hello Carson Graham Families,

The past two weeks have been busy and meaningful, highlighted by Halloween events, grade 9 Take Our Kids to Work Day, learning conferences, our Remembrance Day & Indigenous Veterans Day assembly, November's advisory, and the transition from fall to winter athletics.

As we look ahead, today's newsletter features:

1. Upcoming dates
2. Reminders
 - Attendance & punctuality
 - Review and completion day
 - MyEd parent portal
 - Bus safety
3. Information
 - Winter clothing & donation drive
 - Fundraisers
 - i. Sr Boys Rugby Meridian Markets
 - ii. Sr Girls Rugby Winter Plants
 - Connect with the Carson PAC
4. Parent Info
 - NVSD & Foundry - Online safety session at Sutherland Secondary
 - Cap U Open House
 - Education & Career Fair at PNE fairgrounds
 - Mental health supports in multiple languages
5. Carson Graham Quick Reference

Sincerely,

Kim Jonat, Principal (gr. 12)

Tuzar Irani, Vice Principal (gr. 9 & 11)

Stephanie Strandt, Vice Principal (gr. 8 & 10)





**CARSON GRAHAM
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Upcoming Dates

November 17 to December 5

November 17 to 23	Graduation Photos – Sign up online
November 19 to 21	Loon Lake Music Trip
Thursday, Nov. 27	Grade 8 elective rotation one ends
Friday, Nov. 28	Review and completion day
Monday, Dec. 1	Grade 8 elective rotation two begins (“T2” on schedule)
Wednesday, Dec. 3	Late start due to staff collaboration (first block starts at 9:50am) Jazz music night in the agora, 7pm
Friday, Dec. 5	Curriculum Implementation Day (no classes)

Reminders

Attendance & Punctuality – First block

First block is when we see the most late arrivals. Consistent attendance and punctuality are key to academic success and building positive routines. Students are expected to be in class, ready to learn with their materials out at 9:10am

Here are some tips to help your teen arrive on time:

- **Set a consistent bedtime and morning routine** to ensure enough sleep and a smooth start.
- **Prepare the night before**—pack backpacks, lay out clothes, and plan lunches.
- **Use alarms strategically**—consider setting multiple alarms and placing an alarm across the room so it requires getting out of bed.
- **Plan for travel time**—account for traffic, bus schedules, or walking distances.
- **Encourage accountability**—check in with your teen about their schedule (check attendance on MyEd) and **celebrate punctuality improvements and successes**.
- Encourage students to come during tutorial and grab breakfast from the Eagle’s Nest! Tutorial is from 8:30am to 9:10am daily.

Consistent punctuality helps students start class calm, focused, and ready to learn. Even small adjustments can make a big difference.

To report student absences or lates please email carson_attendance@sd44.ca.





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Review and Completion – Friday, Nov. 28

On Friday, November 28 regular classes are not in session. This marks the end of the first trimester of the school year. This day is an opportunity for students to see teachers to review and complete any missing work or work that needs to be redone. Students who are fully caught up and who do not have work to complete do not need to attend.

The fall learning update will be published to the MyEd portal on Tuesday, December 9.

MyEd Parent Portal

The [MyEd parent portal](#) is open. If you forgot your password, please click on the “I forgot my password” link on the MyEd portal login page. MyEd is where students and parents can view schedules, see attendance, and it is where learning updates (report cards) will be posted in December.

Bus Safety

Recently, we’ve noticed some pushing and crowding as students board the city bus after school. We have worked with students to have them line up along the fence. To help keep everyone safe, please remind your child to line up **along the fence** and board the bus **calmly and in a single-file line**.

Your partnership in reinforcing these expectations helps us maintain a positive, respectful, and safe environment for all students. Thank you for your support!





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Information

Clothing and donation drive for North Shore Crisis Services Society November 17 to December 12

NORTH SHORE CRISIS SERVICES SOCIETY

WINTER CLOTHING & DONATION *Drive*

Hey Carson Graham Community,

It's that time of the year again when we're looking for donations of gently used (or new) winter coats, scarves, gloves and boots. This year, we can also accept monetary donations via the QR code below.

This season, let's help the NSCSS support women and children leaving situations of domestic abuse and violence on the North Shore.

Look for the donation boxes in front of the school office or counsellors' offices.
November 17th to December 12th, 2025.

**SCARVES | GLOVES | BOOTS | COATS
OR
MONETARY DONATIONS
VIA NSCSS QR CODE**



For More Information about the North Shore Crisis Services Society
www.nscss.net

Monetary donations via QR code will receive a charitable tax receipt via email.





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Fundraisers

Girls Rugby Fundraiser

The girls rugby team is once again doing a **winter plant fundraiser** this year. Poinsettias, wreaths, and other holiday plants! They even have a cute set of plushies this year.

Order online and pay by credit card or order from a girls rugby player and pay by cash/cheque.

[Carson Graham Secondary Girls Rugby
\(growingmilesfundraising.com\)](http://growingmilesfundraising.com)

ORDER DEADLINE: Mon, Nov 24th

DELIVERY DATE: Tues, Dec 9th



Senior Boys Rugby Fundraiser

Our Fundraising efforts have begun for Tour March 2027 to Spain.

Meridian Markets and the Carson Senior Boys rugby are offering Gift Cards.

1. Free grocery delivery to North Shore over \$125
2. Online groceries only – click the link to purchase cards

<https://meridianfarmmarket.ca/cgssseniorrugby>

Meridian
FARM MARKET



LOCAL FAMILY
BUSINESS
SINCE 1989





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Carson Graham
Parent Advisory Council

Connect with the Carson Graham PAC

The PAC is eager to connect with all parents and guardians this year! Stay informed and involved through our online channels:



Did you know we have a website?

Stay up to date on meetings, events, and order Carson swag: www.carsongrahampac.ca



Join our Facebook group!

Connect with other parents, get reminders, and share ideas: [Carson Graham PAC Facebook Group](#)



Stay in the loop!

Sign up for our newsletters to get the latest PAC updates straight to your inbox: [Sign up here](#)



Fundraising happening?

If your school group or team has a fundraiser you'd like to share with the Carson community, let us help spread the word! Email us at: communications@carsongrahampac.ca

Let's make this a great year together — connected, informed, and full of school spirit!!

The CGPAC Exec Team





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Parent/Guardian Info:

1. Foundry North Shore & NVSD: Keeping Kids Safe Online

- 7pm to 8:30pm, Dec. 3 at Sutherland Secondary
- Register using the QR code on the poster.


Foundry North Shore & North Vancouver School District
Presents

KEEPING KIDS SAFE ONLINE

Foundry North Shore & North Vancouver
School District
Welcome Keynote Speaker
Tatyana Davies, Program Facilitator,
PLEA | Children of the Street Program
As she guides us through
'Keeping Kids Safe Online'

Part 1: Overview – discusses and defines
different forms of online sexual exploitation,
Part 2: App Literacy – a review of today's
most popular apps used by children and
youth.
Part 3: Practical Conversations - how to talk
children and youth about online safety

Wednesday Dec 3, 2025
7:00 - 8:30 pm
Location: Sutherland Secondary
Theatre
Please register



FOUNDRY North Vancouver
School District
the natural place to learn





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2. New! Mental health resources for families

New videos and information are available by mental health experts at BC Children's Hospital who share your culture and language.

- Resources are available in many languages to support diverse families, including Arabic, Cantonese, English, Mandarin, Punjabi, Spanish, Tagalog, Tamil, Ukrainian, and for Black communities.
- Topics include anxiety, substance use, family transitions, and more.

When it comes to your child's mental health, you are not alone. Check out these multi-language mental health resources [here](#). New content will roll out until late Fall 2025.

This campaign is a partnership between BC Children's Health Bridge, BC Children's Kelty Mental Health Resource Centre, and Our Kids' Health.

BC Children's Hospital
Provincial Health Services Authority

Health Bridge
Transforming Health Through Knowledge

Kelty Mental Health Resource Centre

OUR KIDS' HEALTH

NEW! MENTAL HEALTH RESOURCES FOR FAMILIES

Topics include:

- Anxiety
- Substance Use
- OCD
- Eating Disorders
- Grief and Loss
- Navigating Family Transitions
- Self-Harm
- Suicide Prevention

Videos and information available for the following languages and cultural groups:

Black, English, Українською, 廣東話, العربية, 普通话, ਪੰਜਾਬੀ, தமிழ், Hispano, Filipino

Find resources at keltymentalhealth.ca/multilanguage



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3. CAP U Open House – Saturday, Nov. 29th 10:30am to 2:30am



Explore CapU Open House

Take the next step toward your future.

- Discover dozens of programs
- Explore our beautiful North Vancouver campus
- Visit our labs, studios and learning facilities
- Learn about financial aid and entrance awards
- Connect with faculty, staff, students and future classmates
- Explore the world of film and animation at the Bosa Centre
- Get a first look at our new on-campus residence

Saturday, November 29, 2025

10:30 am–2:30 pm

Capilano University
2055 Purcell Way, North Vancouver, B.C.



RSVP at
[CapilanoU.ca/
explore](https://CapilanoU.ca/explore)





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4. The Education & Career Fair (ECF)

The ECF is B.C.'s Largest Career Development Fair, with a mission to support the career pursuits of B.C. residents "starting from square one." This includes secondary students planning for higher education and exploring career options; young adults looking to transfer their work experience & skills to a different industry; and new immigrants seeking employment and further training to settle in Canada.

Date: November 25, 2025

Time: 9 a.m. - 1 p.m.

Location: Pacific National Exhibition (PNE), 2901 E Hastings St. Vancouver, BC

Carson Graham Quick Reference

Carson Graham Attendance carson_attendance@sd44.ca

Carson Graham Office **604-903-3555**

Carson Graham [Website](#)

[Calendar](#)

[Staff Emails](#)

[Daily Announcements](#)

[School Cash Online](#)

