



**CARSON GRAHAM
SECONDARY**

Carson Graham Newsletter

February 13, 2026

Today's newsletter features:

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2. Information
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 - Save the date – Celebration of IB
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Upcoming Dates

February

Monday, Feb. 16	Family Day – school closed
Wednesday, Feb. 18	Advisory schedule PAC meeting – 7pm – Carson library
Tuesday, Feb. 24	Green Thumb Theatre – <u>Caged</u> performance – grades 8 & 9
Wednesday, Feb. 25	Late start – classes start at 9:50am due to staff collaboration Pink Shirt Day
Friday, Feb. 27	Review & Completion Day Term 2 ends





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Information

2026-2027 Course Programming Update

Thank you to all families for your support with course programming for 2026-27. Course selection sheets were due to the office yesterday, and we appreciate everyone who has already submitted them.

If you happen to find a course programming sheet at home, please ask your child to enter their selected courses into MyEd and bring the completed sheet to the office on Tuesday.

Punctuality reminder

We've noticed an increase in students arriving late to class, particularly for first block. A reminder that **classes begin promptly at 9:10am**, and students should plan to arrive at school by 9:00am to allow time to connect with peers, organize materials, and be ready to learn. Tutorial runs from 8:30am to 9:10am and breakfast is available in the Eagle's Nest until 9:05am.

Thank you for your support in reinforcing the importance of regular attendance and punctuality. Starting the day on time helps set a positive tone for learning and success.

Term 2 ends February 27

As we approach the end of Term 2, we encourage families to take some time to check in with their child about their progress. This is a great opportunity for students to reflect on their learning, celebrate successes, and identify any areas where they may need additional support.

Students are encouraged to attend tutorials if they require extra help or need to complete outstanding work.

Please note that our **Term 2 Review & Completion Day will take place on Friday, February 27.**

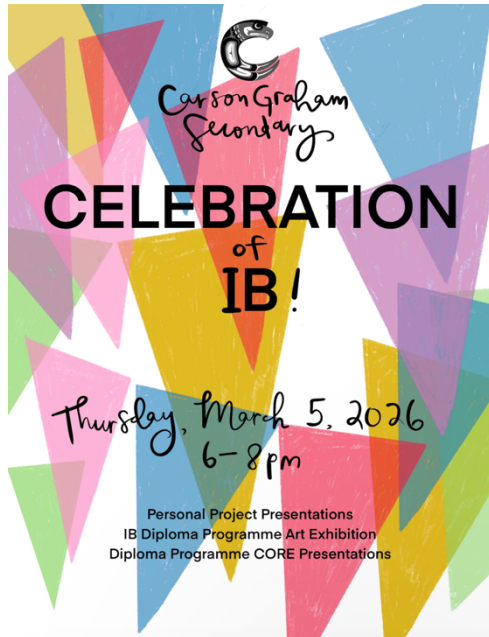
Term 2 learning updates will be published on Tuesday, March 10th to the MyEd portal.





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Save the Date – Celebration of IB – March 5



Families are invited to Carson's Celebration of IB on Thursday, March 5th from 6pm to 8pm featuring:

- Grade 10 Personal Projects
- IB Diploma Art Exhibition
- IB Diploma Capstone presentations

Green Thumb Theatre – Tuesday, February 24

- Grade 8s – block 1
- Grade 9s – block 3

Caged is a powerful and age-appropriate production that explores the difference between healthy and unhealthy relationships, the role of friendship, and how to recognize warning signs or “red flags.” The play is designed to encourage thoughtful reflection and open conversation among youth.

Following each performance, students will participate in a facilitated Q&A session with the performers, providing an opportunity to ask questions and further explore the themes presented in the play.

<https://www.greenthumb.bc.ca/season/caged>

Black History Month

Throughout February, students will engage in learning connected to Black History Month across their classes. Teachers have designed lessons tailored to each subject area, providing meaningful opportunities to explore the contributions, histories, and experiences of Black individuals and communities in ways that connect directly to course content.





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In addition, our daily PA announcements are highlighting Black Canadian Olympians, and students will notice Black History Month displays in the Agora that further celebrate and recognize the achievements and impact of Black Canadians.

Pink Shirt Day – Wednesday, February 25

Students are encouraged to wear a pink shirt on February 25 in recognition of Pink Shirt Day.

Observed on the last Wednesday of February, Pink Shirt Day began in 2007 in Nova Scotia when students wore pink to support a peer who was being bullied. Today, it is an international movement that promotes kindness, inclusion, and standing up against bullying and discrimination.



Winter Athletics at Carson

Winter athletics is wrapping up with an exciting season to celebrate! Several teams competed at the North Shore Championships, with our Junior Girls capturing the Division 1 title. The Grade 9 Boys and Grade 10 Boys both earned impressive second-place finishes, and our Senior Boys battled hard, narrowly losing by just one point in a semifinal nail-biter.

In wrestling, many of our athletes are heading to Provincials next week at the PNE Forum, and our gymnastics team is off to Provincials in Burnaby. We wish all of our athletes the very best of luck!

A heartfelt thank you to all our dedicated coaches and staff sponsors who make athletics possible, and to our Athletic Director, Ms. Klaver. We truly appreciate everything you do to support Carson athletics!





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Spring Athletics at Carson

Here is a list of the spring sports available to play at Carson. If your child has any questions about the sport they are interested in, please have them contact the staff sponsor that is listed:

SPORT	GRADE	STAFF SPONSOR
Girls Rugby	Gr. 8-12	Nicola Klaver Carli Coventry Liz Thornhill
Junior Boys Rugby	Gr. 9-10	Paul Shtenko
Senior Boys Rugby	Gr. 11-12	Ryan Botteselle
Girls Soccer	Gr. 8-12	Sebastian Cabrera
Badminton	Gr. 8-12	Lu Li
Track and Field	Gr. 8-12	Michael Schafer
Golf	Gr. 8-12	Ted Everton Bob Miraftab
Mountain Biking	Gr. 8-12	Alan Wood
Gr. 8 Football	Gr. 8	Larry Donohoe
Ice Hockey	Gr. 8-12	Ted Everton Trevor Chong

Badminton Coach Needed

We are preparing for the spring season and looking for a badminton coach to work alongside one of our teachers. Practices are before or after school and games are after school. If interested, please contact Carson’s athletic director, Nicola Klaver, at nklaver@sd44.ca. Thank you!

Grad Reminder

Grade 12 students should login to the [StudentTranscripts Service](#) website to make post-secondary institution selections. When students select an institution, they are authorizing their transcript to be sent directly to that post-secondary institution. With term 2 coming to a close at the end of February it is important that grads complete or update their selections now.





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Community Initiatives (CI) Sleep Out Event



We are so proud to share a quick update from last night's event where CI students slept outside to raise funds for Covenant House and raise awareness about youth homelessness.

We were honoured to welcome several distinguished guests who spoke with the group, including DNV Councillor Herman Mah, Mike Fox (CAO of the District of North Vancouver), Dr. Alexandra Choi (Medical Health Officer at VCH), and Mark Savard (Director of Covenant House).

Together, we raised \$8,750 in support of Covenant House's work addressing youth homelessness. Our [fundraising link](#) will remain open until early next week as we aim to reach \$9,000.

While students may be feeling a little tired today, the experience was meaningful and deepened their understanding of the challenges facing youth in our community.





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Career Exploration Opportunities:

Culinary Arts Program at Carson

Starting September 2026, ignite your culinary future with Vancouver Community College's Professional Cook 1 Program at Carson Graham! Develop real-world skills in cooking, baking, butchery, and kitchen operations while earning 30 VCC credits, 20 high-school credits, and Level 1 Red Seal Certification. Train in a fast-paced, hands-on environment and kick-start your path to a culinary career. See your counsellor or Work Experience Teacher for application.

Application deadline: March 13, 2026. Open to current Grade 10 & 11 students. The program runs on day 1s from 7:45am to 3pm and is inclusive of professional days.

For more information visit:

<https://www.sd44.ca/sites/careerpathways/Programs/YTIT/Chef/Pages/default.aspx#/=>



Exploring Careers in the Arts

When: Monday, March 9

Time: 6:00 PM - 7:30 PM

Location: Gordon Smith Art Gallery, North Vancouver (2121 Lonsdale Ave.)

Explore diverse visual, music, dance and theatre career opportunities through a "gallery walkabout" event.

Engage with local businesses and cultural icons like the Polygon, Vancouver Opera, Urban Ink and Emily Carr University of Art and Design

Speak with post-secondary exhibitors including La Salle, Cap U, SFU, and Vancouver Film School





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Building Tomorrow Youth Trades Fair 2026

Date: Tuesday, March 10

Time: 4:00 PM - 7:30 PM

Location: Italian Cultural Center, 3075 Slocan St, Vancouver

The Building Tomorrow Youth Trades Fair is designed to connect youth with the wide range of career opportunities available within the trades sectors. Representatives from leading trades schools, companies, and institutions will be present to provide information about education pathways, job opportunities, industry trends, and more. [Registration Link](#)

Parent & Guardian Online Workshops

BLOCK TALK SERIES




NAVIGATING ONLINE RISKS: YOUTH SAFETY AND SEXTORTION

Enhance your and others' personal safety through awareness

Date: Thursday, February 26, 2026
Time: 6:00 pm to 7:00 pm
Location: Virtually via Zoom



RSVP to crimeprevention@burnaby.ca
by February 25th to receive the Zoom link.



IN COLLABORATION WITH  [This presentation is open to the public]





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Understanding & Preventing Addictions: Raising Connected Kids

In a world of constant stimulation, from screens to substances, many families are experiencing growing disconnection and unhealthy coping. This Conscious Parenting webinar explores the emotional roots of addiction and reframes prevention.

Open to parents and caregivers of children of all ages, we will cover practical, embodied tools to build emotional safety, resilience, and healthy coping for both parents and children.



Arleen Tyndall

Dr. Shefali trained Conscious Parenting & Life Coach
25+ yrs Clinical Pharmacist
Author/Speaker
Somatic Alignment Facilitator

What You'll Learn:

- ✓ Understand emotional & nervous system roots of addictive patterns
- ✓ Learn how connection reduces long-term risk
- ✓ Identify stress & trigger patterns
- ✓ Practice simple tools for co-regulation
- ✓ Build emotional safety & resilience at every stage of parenting
- ✓ Shift from control-based strategies to connection-based prevention

 www.ArleenTyndall.com/events

FREE Online Webinar

 Tues February 24th

 7:00 to 8:00 PM

FREE REGISTRATION



Register for the Meeting
Link & Recording Adobe A





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Carson Graham Quick Reference

Attendance carson_attendance@sd44.ca

Carson Graham **604-903-3555**

[Website](#)

[Calendar](#)

[Staff Emails](#)

[Daily Announcements](#)

[School Cash Online](#)

