

## Announcements for Jan. 21<sup>st</sup>, 2019

All students on the ski and snowboard team need to come to a brief meeting at lunch TODAY in room D308 or you WILL NOT be able to go to Whistler.

Carson Graham is committed to addressing health concerns arising from exposure to scented products and promotes a scent-safe environment for everyone. All staff and students are expected to refrain from using or wearing scented products.

Environmental chemical sensitivity (ECS) is the condition that adversely affects a person's health when they are exposed to scented products. In sufficient concentrations scented products may trigger allergic responses or asthmatic reactions, as well as other conditions. Reported symptoms may include headaches, nausea, dizziness, fatigue, anxiety, respiratory symptoms, skin irritation, loss of appetite and difficulty with concentration. The severity of these symptoms can vary. Some may only experience mild irritation while others can be incapacitated. Let's be mindful of this!

Attention all grade 11 and 12 boys who are interested in playing rugby this year. There is a very important meeting in the large gym today at lunch. Sizes will be taken down so make sure you attend.

Reminder to all grade 10's interested in attending DP for a Day they need to pick up a permission form from the IB office in the A-wing, get it signed by their parent and teachers and return it by Friday.

All wrestlers must be at the 330 practise this afternoon in the small gym. There is no evening practise.

Do you have an interest in Public Relations, gaining leadership skills, and having an awesome experience on your resume, all while having fun??! The Port of Vancouver Leadership Program might be for you! A speaker will be coming to our school on Tuesday at 1-1:30pm over lunch to talk to us about this incredible opportunity. Anyone in Grade 10, 11, or 12 is welcome to attend. Meeting will be held in the boardroom across from the Library. Any questions? Come see Ms. Castle in the Careers office

Those students that are interested in participating in Waterloo Math Contests for Grade 9-11 on Tuesday, Feb 26, 2019, please come to E306 to ask Ms. Dai for the registration form. The registration form for the contests on Feb 26 has to be completed before Thursday, Feb 7, 2019. The math department is encouraging more students to try different math contests.