

# **ANNOUNCEMENTS FOR**

## **Mon. Apr. 8th, 2024**

Reminder to all students on the Belize trip. There is a pizza lunch today in Ms. Johnston's room B207

Are you interested in joining Dance Company next year? Auditions are happening this week. The Hip Hop dance audition is happening Wednesday, April 10th, and the Contemporary audition is happening Thursday, April 11th, after school in the dance studio. Please reach out to Ms. Hives for more info.

Hey Carson Graham, INTRAMURALS ARE BACK! Starting April 16, come on out with a co-ed team of 8-10 people to play VOLLEYBALL! Games will be at lunch on Tuesdays or Wednesdays in the large gym. More information and the link to sign up is on MS Teams. Registration is open until Friday (April 12).

Congratulations to the Junior Rugby team for a dominating 55-7 win over West Van on Friday. There were many outstanding performances including Most Valuable Player to Cieran Cuning and hardest worker Telmo Diez Aguire. Notable mentions to Henry Ryan, Ryland Jones and Anderson Plant. Our next game is tomorrow against Argyle at Lucas.

Good morning Carson, hope everyone had a great first week back, to start the week off strong and who's ready for the return of athlete of the week. This week we have two incredible athletes from Carson's Girls Rugby Team, who just came back from their New Zealand Tour. We've got Avery Plant and Makella Smortchevsky. Makella's coaches say she demonstrates excellent skill, dedication, and leadership on and off the field for the girl's rugby team. Her passion for the sport is evident in every match, and she is a role model and leads by example for the younger players. Her field awareness and insight of the game is incredible for a high school level. Next up is Avery whose coach say she is a hard-working, dedicated senior member of the team. Her growth in her 4 years of rugby is astounding, as she has developed into a strong player and leader. Avery consistently works to improve her game, taking opportunities at all levels to learn more.

She has become a technically sound front-rower who is always willing to share her knowledge to the younger players. Them and the rest of the team hope to get the victory this Wednesday when they play against Maple Ridge at 3:30 in Maple Ridge.