

Announcements for Wed. Apr. 7th, 2021

Did you know that one person dies in Canada every five minutes from heart conditions or stroke? That means one Canadian will have died once these announcements are finished. Luckily, 80% of these deaths are preventable – healthy living plays a vital role in cardiovascular health, particularly regular physical activity.

Join the 2021 BC Bolt, a local endurance event and fundraiser – Help us reach our goal of 21,000km and \$10,000 for the Heart and Stroke Foundation of Canada. Follow us on Instagram or Facebook @the2021bcbolt for a chance to win great prizes from our sponsors, like a \$100 sportchek gift card!

Find out more on the posters around the school, or at www.bcbolt.org

The first Grade 8 football practice is today. This practice will be on the Fenn Burdett turf at Mahon Park at 3:20. See you there!

There will be a meeting for any students interested in joining the golf team at lunch on Friday April 9 in the Woodshop room.

Hey Carson! Don't forget to meet the RC Club in front of the office Thursday after school"

Submit your best spring photos to the yearbook team for a chance to have your winning photo featured on a double page spread in the book. You will also win a free 2021 yearbook. The deadline for the yearbook contest is April 10th.

Don't forget to buy your yearbook on school cash online. If you have any questions, please see Ms. Bowcott.

Hey Carson! A reminder that the Carson Interact Club is hosting their Food Drive until April 20th for the North Shore Women's Center. Please bring in any non-perishable food items to school. Some items that are most needed are: Canned Tuna, Peanut Butter, Pasta and Tomato Sauce, and Cooking Oil. Any non-perishable food donations would be greatly appreciated!