

Carisbrooke Elementary School
510 Carisbrooke Rd E, North Vancouver, B.C., V7N 1N5
Ph: 604-903-3380, Fax: 604-903-3381
www.sd44.ca

Elementary Extra-Curricular Athletics Informed Consent

For: **CROSS COUNTRY RUNNING**

Dear Parents/Guardians:

The written, informed consent of parents/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program. The schedule of events is attached/will be published when finalized.

EXTRA-CURRICULAR ATHLETICS PURPOSE(S):

The purpose of this activity is to provide an opportunity to develop skills in a sport to a higher degree than may be possible in the curricular physical education program, to increase school spirit, to encourage team play and to foster good sportsmanship.

ATHLETIC SEASON:

The **Cross Country** season extends from **late September through October**. Meets take place on Wednesdays after school. A schedule of specific dates and locations on the North Shore will be published when it is finalized and will also be posted on the Carisbrooke website.

COACHES, SPONSORS(S) AND CHAPERONE(S):

<u>Name</u>	<u>M/F</u>	<u>Position</u>	<u>Phone Number(s)</u>	<u>Email address</u>
Mr. Pat Rickard	M	Teacher	604-903-3380	prickard@sd44.ca
Ms. Cheryl Toms	F	Teacher	604-903-3380	ctoms@sd44.ca
Mrs. Deb Anderson	F	Teacher	604-903-3380	danderson@sd44.ca
Mrs. Janice Mitchell	F	Teacher	604-903-3380	jmitchell@sd44.ca
Mrs. Helen Carmichael	F	Teacher	604-903-3380	hcarmichael@sd44.ca

PRACTICES:

Practices will take place on Tuesday and Thursday afternoons from 3:15 – 3:45 pm. Students need to meet outside the gym before practices. There will be no practice on Thursday, October 4th due to our Staff Meeting.

SUPERVISION:

All supervision of students in this program is direct supervision. Direct supervision is defined as the time students spend with the sponsors, coaches and volunteers involved in the program, including during transportation and coaching.

TRANSPORTATION:

Parents are responsible for finding transportation to and from meets for their child and assisting with supervision. Students will let their coaches know who is driving them to and from events. **Students MUST inform their coach when they leave the meet.** It is important to have a water bottle and dress in layers for practices and meets.

RISKS AND CONSEQUENCES:

There is a degree of risk in all sports activities. The risk is increased to varying degrees when students are away from the safety of the school setting. It is impossible to itemize every possible element of risk associated with a sporting activity. This sporting activity may include, but not be limited to the following inherent risks, and all risks associated with:

- Travel to and from the event venue(s)
- the nature of sport (i.e., rolled ankles, joint / head injuries, loosened teeth, bruises and abrasions, fractures, and other bodily injuries)

EMERGENCY PLANNING:

Students have been briefed on the risks involved in this activity and on appropriate precautions to be taken. Students will be required to sign a *Student Awareness of Risk and Responsibility Form* in order to indicate a full understanding of the expectations, risks, safety precautions and responsibilities associated with this activity before being permitted to participate.

Other safety precautions:

- A cell phone will accompany the coach/sponsor, whenever an event takes place at a venue other than a school.
- A basic first aid kit will accompany the coach/sponsor, whenever an event takes place at a venue other than a school.
- The coach/sponsor will have immediate access to the student medical forms completed by the parent/guardian.
- Student Emergency Procedure Plans/medical supplies will be brought for students with life-threatening medical conditions (e.g., anaphylaxis).

In the event of student injury, parents/guardians will be notified. For all incidents involving injury, supervising school personnel will record details of the incident and, as soon as is practicable, complete an *Incident Report* submission.

ACCIDENT/LIABILITY INSURANCE:

Parents/guardians are responsible for the provision of individual student Accident Insurance for their child if desired. Individual student Accident Insurance can be obtained from companies such as www.iapkidsplus.com.

Sincerely,

The Cross Country Staff sponsors

INSERT NAME OF SCHOOL BOARD EMPLOYEE

Return this Informed Consent Approval to School

ELEMENTARY EXTRA-CURRICULAR ATHLETICS
INFORMED CONSENT APPROVAL

PARENT/GUARDIAN PERMISSION

The written, informed consent of parents/guardians is required for participation in all elementary school extra-curricular athletic programs. The intent here is to provide for the safety of participants and to inform students and parents/guardians of the inherent risks of the program. Without this signed consent, students will not participate in this program.

PARENT/GUARDIAN CONSENT

I, _____ (parent/guardian) of _____, have read the
Print Parent/Guardian's Name Print Student's Name

Informed Consent information that pertains to my child's participation in **CROSS COUNTRY RUNNING**. I am aware of the risks inherent in this athletic program and my signature indicates that my child has my informed consent to participate. I have completed and submitted a medical form for my child.

Parent/Guardian Signature

Date

Printed Name of Parent/Guardian

Elementary Athletics Programs Student Awareness of Risk and Responsibility Form

Carisbrooke Elementary School has arranged an after-school Cross Country program for students in grades 4 to 7.

I understand that programs of this type may expose me to elements of risk. The risks and responsibilities, as outlined below, have been fully explained to me by a School Board employee, INSERT NAME OF SCHOOL BOARD EMPLOYEE.

Risks:

- Accidents may occur when traveling to and from venues in private vehicles.
- Physical injury (e.g. rolled ankles, joint/head injuries, loosened teeth, bruises and abrasions, fractures, and other bodily injuries) may occur when participating in an athletic program.

Responsibilities:

- My behavior will be consistent with the Carisbrooke Elementary School Code of Conduct.
- My behavior will be consistent with the NVEAA Fair Play Code.
- I accept full responsibility for my actions which will be thoughtful and reflect common sense, during transportation and at all venues, before, during and after events.
- I will attend practices and events as outlined by my coach.
- When traveling to and from venues I will conduct myself in a polite and quiet manner and keep my seatbelt on and buckled up.
- I will stay on the site at which the event takes place and will follow specified dismissal procedures.
- I will follow the safety precautions specific to the activity as outlined by my coach.

I have been made aware of the possible risks and consequences related to this athletic program. I freely agree to participate in the program and act in a safe and responsible manner according to School District *Policy 302: Student Conduct*, my school's Code of Conduct and the NVEAA Fair Play Code.

Signature of Student

Date

Printed Name of Student

School Board Employee Signature

Note: In addition to the Student Awareness of Risk and Responsibility Form, a written informed consent signed by the parent/guardian is required for student participation in this activity