

Capilano Elementary

Weekly Reminders – April 13, 2023



ATTENDANCE

Attendance – Is your student leaving early, arriving late, or going to be absent? There are 3 ways to let the office know...

1. Email capilano@sd44.ca
2. Use the [SafeArrival](#) system, or
3. Call (604) 903-3370, press '2' at any time to reach the absent line ***leaving a message is the preferred method when calling, the office is extra busy in the mornings during attendance.**

Please provide the first and last name of your student, grade, and division, if known. It is always a good idea to let your student's classroom teacher know, however the office enters excused absences.

HEALTH INFORMATION



Is your child feeling unwell? Reminder to keep your child at home if they are feeling unwell. Please refer to the NVSD website below for Personal Practices and Health Awareness information.

[Personal Practices and Health Awareness - North Vancouver School District \(sd44.ca\)](#)

Another Helpful Resource: [Home | Sneezes + Diseases](#)

Please see pages 4 & 5 below for the latest health updates from Vancouver Coastal Health on...

- Parent information sheet... 'When to keep Sick Kids at Home' (page 4)
- New COVID/Flu prevention posters... 'Feeling Sick?' (page 5)

SCHOOL CALENDAR



You can now subscribe to the Capilano School Calendar!

Get information alerts on your device. [Calendar - Calendar - Capilano Elementary \(sd44.ca\)](#)

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PAC INFORMATION

Parents Advisory Council

HOT LUNCH ORDERING (last hot lunch day is June 23rd) to order [Capilano \(munchalunch.com\)](http://Capilano (munchalunch.com))

Contact capilanofood@gmail.com for hot lunch inquiries & if your student is away on a day they ordered hot lunch.

****Please remember to send utensils – the office does NOT have single use cutlery!!**

GRADE 7 FUNDRAISING - to order Booster Juice & Popcorn [Capilano \(munchalunch.com\)](http://Capilano (munchalunch.com))

April 25: Booster Juice

Contact capilanograds@gmail.com for questions about ordering Booster Juice, Popcorn & if your student is away on a day they ordered these items

PAC COMMUNICATIONS

Don't miss important updates and deadlines from the Capilano PAC, click here to sign up for FRESH SCHOOLS if you haven't already [PAC - Capilano Elementary \(sd44.ca\)](http://PAC - Capilano Elementary (sd44.ca))

PAC SPRING FUNDRAISING GALA Save the Date!! **April 22**

Ticket sales end Friday April 14th – don't miss out. Click here to purchase \$75 MunchaLunch | School Lunch Ordering and Fundraising Online

NEXT PAC Meeting is May 9th

IMPORTANT DATES

APRIL

APR 25 Saleema Noon (Parent Session) – See April Newsletter for Zoom link
APR 27 & 28 Saleema Noon (Student Sessions)

MAY

MAY 8 Pro D Day (District) – **NO SCHOOL**
MAY 9 PAC Meeting
MAY 13 Outdoor Safety & Emergency Preparedness Open House (Argyle)
MAY 22 Victoria Day (STAT) – **SCHOOL is CLOSED**

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GRADE 6 PRESENTS: CAPILANO DRAGON'S DEN

Hello Parents,

A quick message from Grade 6 classes. It's that time of year again where we do our Dragon's Den. If you are not familiar with this event, here is a brief description:

Students of Grade 6 are dipping their toes into the world of entrepreneurship. Students have come up with a product or service that will be sold at the school. It is a chance for them to develop a business plan, market to their fellow students, sell their product or service, and make some hard-earned money.

On April 21st, there will be a marketplace where students will set up a booth to entice potential customers. This marketplace will be for Grade 3 to 7 students. At this marketplace, students will peruse the different booths and if there is something that they want to purchase, they will fill out an order form. **STUDENTS DO NOT NEED TO BRING CASH ON APRIL 21st.** Grade 3 and 4 students will bring their order forms home and they will require a parent signature along with money enclosed in a sealable bag or envelope. Grade 5 through 7 do not require a parent signature (though you may want to check-in with your child the evening of the market). **EXACT CHANGE IS MANDATORY FOR EACH COMPANY.**

All cash and order forms will need to be brought back to your child's classroom where their teacher will have a collection bucket. Cash and order forms will be due no later than April 26th. Your child's order will be "shipped and delivered" on May 9th - best part is that shipping is free!

One change from previous years is that the students are supporting an NGO and some of the proceeds of the Dragon's Den will be going to [Save the Children](#). We will have a booth if any students want to donate as well.

Please remember that EXACT change and a separate envelope is required for EACH company. There will be no change given back.

If you have further questions, you can contact your classroom teacher or a Grade 6 teacher.

Arash Kaboli, Alaina Denny, & Belinda Harnden
Grade 6 Teaching Team



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WHEN SHOULD I KEEP MY SICK CHILD HOME FROM SCHOOL?

Things to consider if your child feels unwell:

1. The wellbeing of your child. Without proper rest, a child may have a hard time fighting an illness or be at risk for other illnesses.
2. The ability of your child to actively take part and learn at school.
3. The school staff cannot care for a sick child and give them the support that they may need.
4. The protection of other children.

Please keep your child home if they:

- Have a fever.
- Are too sick to take part in all normal school activities.
- Have a suspected or known communicable disease (i.e. strep throat, chicken pox, measles).
- Is vomiting or has diarrhea. It is recommended that students be symptom free at least 24 hours before returning to school.

Keep your child home until they are able to participate fully in normal school activities or as told by a health care provider.

Please let the school know your child's symptoms, as per the school's call back procedures.

If the school finds it necessary to send your child home because of illness, please make sure you have arranged an emergency contact if you are not available. Inform your school of these arrangements.

Where can I find more information?

- Health Link BC – By calling 8-1-1, you can speak to a health service navigator, who can help you find information and services, or connect you with a health professional. You can also find information online at <https://www.healthlinkbc.ca>
- Sneezes and Diseases – online at <https://sneezesdiseases.com/>
- BCCDC – online at [Schools \(bccdc.ca\)](https://schools.bccdc.ca)
- VCH – online at [Children, youth & schools - Vancouver Coastal Health \(vch.ca\)](https://children.youthandschools.vch.ca)

Feeling sick? Stop the spread

Lots of people are getting sick this season. It could be a cold, the flu, or COVID-19. If you're not feeling well – no matter what virus you have – help stop the spread.



Illustration: Shoshannah Greene

Keep up to date with your vaccines.

Check with your healthcare provider for more information.

