






Capilano Elementary

Weekly Reminders – March 7th, 2025

Important Calendar Dates

Mar 8	International Women's Day
Mar 9	Daylight Savings Begins. Clocks go forward one hour. 
Mar 10	Grade 3's to Skw'one-was Program at Cheakamus Centre for the day
Mar 12	Written Learning Updates Published by End of Day
Mar 14	Last day of classes before Spring Break & Pajama Day
Mar 17-28	 Spring Break 
Mar 31	Schools reopen after spring break

Attendance

Attendance – Leaving Early for Spring Break? A reminder to families who might be leaving for spring break slightly earlier due to planned vacations to please let the classroom teacher AND Capilano Office know of your child's absence by using one of the following methods:

- 1.) Using the [SafeArrival](#) system
- 2.) Calling (604) 903-3370, press '2' at any time to reach the absent line ***leaving a message is the preferred method when calling, as the office is extra busy in the mornings during attendance.**

Please provide the first and last name of your student, grade, and division, if known. **It is important to let both the office (using 2 methods above) and the classroom teacher know (by email) of any absences, late arrivals, or early departures.** Our school website (staff top tab) is updated with all of the current divisions and classroom teacher emails.

We ask that ALL visitors and parents come to the OFFICE to check-in regarding your visit to the school. For students' safety all other doors are locked before, during and after school.

STUDENTS ARRIVING LATE – If your student is late, please have them come to the office and sign in.

STUDENTS LEAVING EARLY – If you need to pick your child up early, please come to the office to sign your student out, and the office will call the classroom so the student can come down.

*Students must be picked up by individuals on their safe pick-up list (you provided this information on the Student Information Verification Form in the September Package), and cannot leave the school grounds by themselves between the hours of 8:45am – 3pm.

Message from the Library

Library Announcement - The Anxious Generation

Mrs. Farrell has purchased two copies of The Anxious Generation by Jonathan Haidt for families to sign out from our library. If you are interested in borrowing a copy, please email Mrs. Farrell at sfarrell@sd44.ca

Here is a link to a goodreads write-up about the book: [The Anxious Generation: How the Great Rewiring of Childhood Caused an Epidemic of Mental Illness by Jonathan Haidt | Goodreads](#)



Dressing for the Weather

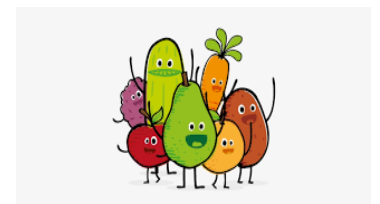
Please make sure your child/children are dressed appropriately for outside play. Students will be outside at lunch and recess **rain** or shine. It is helpful for them to have an extra set of clothes at the school.

Extra Snacks and Water

We've noticed many students are coming to the office asking for extra snacks because they're still hungry after eating their lunches. To help make sure everyone stays full and happy, please pack extra snacks in your child's lunch kit.

Also, on Fridays (hot lunch days), we've seen some children coming to school without snacks and getting very hungry by recess at 10:30 AM.

Please remember to pack a snack, a water bottle, and any utensils your child may need.



Thank you for your help in keeping our students fueled and ready to learn!

If your child won't be at school on a day that you've ordered hot lunch, please email capilanofood@gmail.com by 10:30 am if you'd like to pick up or pass on their lunch to anyone else. Pick ups will be placed on the drop table in front of the office at 12:15pm. In the email, please indicate your child's name, teacher and division number.

Homestay Families Needed

Each year, the North Vancouver School District welcomes students from around the world to live and study in our vibrant community. We strive to place secondary school international students with families who live close to their school to support each student's integration into the school and wider community.

There are secondary school international students in need of a homestay placement for the school term beginning September 2025. If you are interested in hosting an international student, please reach out to our International Education program office at international@sd44.ca. More information about the homestay program is available on the [International Education](#) section of the school district website.



Weekly Reminders –March 7th, 2025

Term 2 After School Programs are coming to an end. The last day for Sports Explorers and YoHo Explorer Youth Academy was this week (March 5). BrainStem Academy, Lights Up Musical Theatre, Paper Crow Creative, Tiger's Eye Karate, and Method of Modern Movement all wrap up next week.

Here are some important PAC reminders for next few weeks:

Important Dates:

- **March 11:** Capilano PAC Meeting – 7:00 – 8:00 pm – Capilano School Library
- **March 12:** Term 2 Written Learning Updates Published
- **March 14:** Pajama Day!
- **March 17 to March 28:** Spring Break!

For any further information or inquiries, reach out to our dedicated team or visit [Capilano PAC's website](#), or follow us on [Facebook](#).