

Capilano News

JUNE 2026



Happy Summer, Capilano Families!

Reflecting on the past year, we are really proud of all the things we accomplished as a school community. As always, it has been a busy one, but some particular highlights include the work we have done around our school plan, our student leadership team, track and field, many field trips and many Celebrations of Learning.

Thank you to the PAC for sponsoring our new logo this year and helping us to get new jerseys, and a new school banner to help us show our Capilano Cougar pride.

At this time every year, we say goodbye to our Grade 7s as they transition to secondary school. We are so proud of all of you and the people you are becoming. We look forward to hearing about all the great things you do and hope that you always remember Capilano fondly.

Next year holds a lot of changes for Capilano. Our staff is going through a lot of big life changes. Between pregnancies, retirements, moving to new cities and provinces, and taking on new opportunities, there are a lot of staff changes happening. Many people are leaving us, some are returning, some are shifting roles within the school, and we will also be welcoming many new staff members in September.

As many of you know, Ms. Hughes has retired.

Ms. Anderson, Ms. Gowan and Ms. Jmaeff are also leaving us. They were all filling in for other teachers on a temporary basis and their time at Capilano has ended.

Ms. Mulvihill is moving to another school district. Ms. Cheng is moving to Revelstoke, and Ms. Lee is moving to Ontario.

Ms. Lamb will be joining Ms. Vo on Maternity Leave.

Ms. Pulice is moving on to a new opportunity at the new Cloverly Elementary School.

Ms. Nasim, Ms. Tina S, Ms. Sheena and Ms. Rey are moving on to new opportunities at other schools. Ms. Rai will be changing her role in the school and is our new Youth Engagement Worker.

Ms. Brandy is moving into a District EA Leadership role.

Ms. Logan is also moving into a District position.

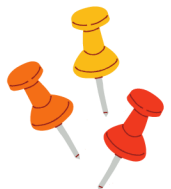
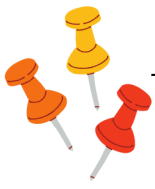
Ms. Dara is leaving our office and Ms. Bel will be changing her role in the office.

Ms. Lia Marining is returning in September after her Maternity Leave.

We are welcoming the following new teachers - Carrie Stepney, Sarah Bishop, Lolly Kruger, Gabby Lefroy, Tara Ward and Sofia Thicke.

See you on September 8th for the first day of school!

MRS CLARK AND MS DENNY



Track and Field

Track and Field was another great success this year for our Capilano athletes in Grades 4-7. Thanks to all the teachers who volunteered to be coaches and to support at the mini meets and Swangard. We had about 60 athletes participate at Swangard this year and they were proud to represent Capilano in our new jerseys and to walk behind our new banner.

A special thank you to Mme. Todd who coordinated everything for our school this year.



Grade 7 Exhibition

NSRJ

In Grade 7, students presented their IB Exhibition projects on June 8, 9, and 10th. In the theme of Sharing the Planet, students explored topics that are important to us all, and particularly to them, as they learn about the world they are growing into. They explored topics like nuclear energy, light pollution, and microplastics, among other relevant and interesting themes.

They have spent the last several weeks becoming experts in their area, and have designed learning experiences and artifacts that show their thinking and their perspectives, and many of them have implemented actions based on their new learning.

They have reached conclusions, with evidence, and written academic essays. This group has done extensive research and should be proud of their learning and all the hard work they put into it. Well done, Division 1 and 2!

Throughout the school year, the Grade 6 and 7 students participated in weekly restorative justice circles with the North Shore Restorative Justice program. Every week, students gathered together to build community, develop communication skills, and explore ways of understanding both themselves and others. Through discussion, reflection, and shared experiences, students practiced listening respectfully, speaking honestly, and considering different perspectives.

We are looking forward to expanding this program next year with all of our Grades 4-7 classes, and are thankful to the Capilano PAC for sponsoring this for us for next year.



Indigenous People's Day

Rainbow Club

On June 19th, Capilano celebrated Indigenous People's Day with an assembly filled with learning and student presentations.

Students from Ms. Haney's class shared a story, Ms. Ewing's class shared a poem and students from Ms. Mulvihill's and Mme. Todd's classes presented a pow wow dance for us all.

Important learning about the Indigenous people of Canada - the Inuit, Métis and First Nations people - happened in classes during the week leading up to the assembly as well.

Since Spring Break, students at Capilano have been meeting weekly as part of the school's first-ever Rainbow Club. Throughout the term, students have built connections, and celebrated diversity and inclusion within our school community.

The club has been participating in a district-wide art project, creating paintings that will be displayed at a school district event at the end of June. Students also planned a Rainbow Dance Party to celebrate Pride and promote a welcoming, inclusive environment for all. The enthusiasm, creativity, and leadership demonstrated by club members have made the inaugural year of Rainbow Club a great success.



Important Information for September 2026

September Calendar Dates

September 8th - School Starts. Students in attendance from 8:50 - 10:50 only.

September 10th - Kindergarten Gradual Entry starts

September 22 - Welcome Back Open House

September 25th - Terry Fox Run

September 29- Orange Shirt Day at School

September 30 - National Day for Truth and Reconciliation (No School)



Agendas

Agenda books will be available for purchase in September. The cost will be \$7.35 and will be purchased through School Cash Online, should you wish to purchase one.

School Supplies

Families, you can now purchase school supply kits directly from School Start. The supply list for each grade is now available on our school website. You may also utilize the same list to purchase your supplies locally.

With School Start's online ordering option you can purchase parts of the additional section if your child already has supplies that are in good order from a previous year - please save money and the environment.

If you order early, you will be entered in one or more contests! To order, families can go directly to: <https://schoolstart.ca/>, and click on the following:

- Parents Shop Here
- Purchase School Supply Kits
- Select Province, then City, then School
- Click "Here to Purchase"
- Lastly, click on your child's grade and proceed from there

If you need any assistance, please contact School Start at 1-800-580-1868 or via email at info@schoolstart.ca.

We are excited to be able to offer this convenient option to you this year.

If you're not returning...

The office closes on July 3rd. If you are not returning to Capilano, please email capilano@sd44.ca over the summer. Please note that this email will not be checked until the end of August.

We Are Capilano

WE ARE CAPILANO




WE..

- MAKE A POSITIVE DIFFERENCE IN THE LIVES OF OTHERS.
- TAKE CARE OF OURSELVES AND OTHERS.
- ARE KIND AND POLITE.
- THINK ABOUT HOW OTHERS FEEL.
- KEEP YOUR BODIES TO OURSELVES.
- TAKE CARE OF OUR SCHOOL AND ITS RESOURCES.
- WELCOME INCLUDE EVERYONE.
- ENCOURAGE AND SUPPORT OTHERS.

WE ARE CAPILANO




WE..

- ARE OPEN TO NEW IDEAS AND WAYS OF THINKING.
- THINK ABOUT HOW OTHERS FEEL.
- RESPECT OTHER PEOPLE AND THEIR PERSPECTIVES.
- TRY NEW THINGS.
- LISTEN TO DIFFERENT IDEAS.
- LET OTHERS BE THEMSELVES.
- HELP OTHERS AND FORGIVE MISTAKES.
- SHARE OUR THOUGHTS AND LISTEN TO OTHERS.
- LEARN AND GROW TOGETHER.



PRINCIPLED CARING

We are Capilano

REFLECTIVE OPEN-MINDED

WE ARE CAPILANO




WE..

- DO THE RIGHT THING, EVEN IF NO ONE IS WATCHING.
- TELL THE TRUTH.
- THINK ABOUT HOW WE MAKE OTHERS FEEL.
- TAKE CARE OF SCHOOL THINGS AND SPACES.
- TAKE RESPONSIBILITY FOR OUR ACTIONS.
- MAKE AMENDS WHEN WE MAKE A MISTAKE
- GIVE PEOPLE SPACE WHEN THEY NEED IT.
- USE TECHNOLOGY APPROPRIATELY.
- LISTEN TO OTHERS.
- MAKE SAFE CHOICES.

WE ARE CAPILANO




WE..

- THINK ABOUT WHAT WE SAID AND DID.
- MAKE THINGS RIGHT IF WE MAKE A MISTAKE.
- LEARN AND GROW FROM OUR MISTAKES.
- THINK ABOUT HOW OTHERS FEEL.
- TAKE RESPONSIBILITY FOR OUR ACTIONS AND CHOICES.
- UNDERSTAND HOW OUR ACTIONS AFFECT OTHERS.