



# CAPILANO ELEMENTARY WEEKLY REMINDERS

February 20, 2026



## Important Dates:

- February 24, 7-7:45PM: Zoom Presentation for Parents, Caregivers and Staff: *Fostering an Anti-Racist School Community*
- February 25: Pink Shirt Day
- March 9-11: Grade 4 Visit to Cheakamus Centre
- March 13: Pyjama Day
- March 16-27: SPRING BREAK (NO SCHOOL)

## PAC REMINDERS

### PEDAL HEADS 25/25 Give Back Program

Do you plan on signing up for a Spring Break Camp at Pedal Heads? Use promo code: CAPILANO26 to get \$25 off! Every time the code gets used, the PAC will get \$25 donated to our fundraising initiatives! Win-Win for everyone!

### Do You Have a School Jersey Hiding?

Urgent call for missing Capilano Jerseys!

If your child has ever used a Capilano jersey for track and field, triple ball, basketball etc., please check the back of closets and the depths of your dressers! If found, please kindly return to the office so students can use them for current and upcoming sporting activities.

We are in the process of getting new ones in the fall but need current ones for the remainder of the school year! Thank you in advance!

### The Grade 7 Samosa Fundraiser is LIVE, orders close March 1st –don't wait!

Order here: <https://samosafundraiser.com/capilano26/>

**Pick-up: Monday, March 9th after school**

**(3:00–4:30 pm)** Thanks so much for supporting Grade 7 Grads—your taste buds (and kids!) will thank you!



As you may have seen, we are looking for feedback on how the school and PAC communicates with families. Please take a few minutes to provide input on this survey: [Communication at Capilano – Fill out form](#)

## FOSTERING AN ANTI-RACIST AND ANTI-DISCRIMINATION SCHOOL

### ZOOM PRESENTATION

Last year we had an incredibly successful and well attended Zoom presentation on how to address racism and discrimination with our children- thank you to all who attended! We are offering the same presentation again, to any new parents and caregivers, or to anyone who was unable to attend last year.

Along with being a parent to two children at Capilano, I am a teacher in the school district and work with other schools and workplaces on how to cultivate inclusivity and how to address racism and discrimination.

Join me, other Capilano parents and caregivers, teachers, EA's and school admin, over Zoom, while I share how to be effectively Anti-Racist and Anti-Discrimination, like the caring and supportive community that we are. I will offer you some useful talking points when you're addressing this at home or at school, and will answer any questions you may have on how we can support a more inclusive school community. In the meantime, please fill out this anonymous [questionnaire](#) to help me understand some of your experiences or questions about how to talk about this important issue.

Lastly, if this feels uncomfortable, you're not wrong – it is. It's difficult to face the reality that racial slurs and harmful language are being used in and around our school. But please don't let that stop you from joining us on the 24th. There's no pressure to speak – just come to listen, learn, and explore how we can build a more anti-racist and anti-discriminatory school community. The more we talk about it, the less power the discomfort holds.

Follow the Zoom link [here](#).

-Chantelle Nascimento

