



## *Message to Capilano Families*

November 6, 2022

We have had a wonderful start to the school year which has included many community building events and fabulous learning opportunities. We were able to have our first Community Lunch within Multi-Age groups to provide connection and share stories of gratitude while eating lunch. Students have been in activities related to literacy, numeracy, and their Unit of Inquiry. This has included all types of topics from skip counting outdoors to learning about roles & responsibilities to learning poetry in nature to creating artwork and more. Field trips, athletics, and clubs are gradually up and running again. As well, we have had Parent Volunteers in the school for all types of learning activities, including pumpkin carving, knitting, and more! It was wonderful to watch the learners engage in the Halloween parade again! We are looking forward to sharing the teaching and learning happening for your child during the Student-Family-Teacher Conferences later this month. Please see some learning captured below!

Staff have also been engaged in learning. We have been exploring Universal Design for Learning to address our School Plan goal focused upon meeting the diverse needs of students, staff, and community members. We will continue to share updates in our monthly newsletter are important dates, news, updates, and a celebration of learning happening at our school. Also, please remember to continue to check our website for up-to-date information: [Capilano Elementary](#)

Thank you to the Capilano learning community for your collaborative partnership!

Jeeniece Chand  
Principal

Alaina Denny  
Vice Principal

### Important Dates

- **November 7 – 10:** Grade 6 Outdoor School
- **November 8:** Indigenous Veterans' Day
- **Thursday, November 10:** Remembrance Day Assembly (Poppy Fund Donations being collected)
- **Friday, November 11:** Remembrance Day (Stat - No School)
- **November 17 / 18 / 21 / 22:** Student-Family-Teacher Conferences (See below for more info!)
  - **Please note these are Early Dismissal days at 2:00pm**
- **November 21 to November 25:** Virtual Scholastic Book Fair at Capilano (See below for more info!)
- **November 28:** School-Based Professional Development Day (No School)

### Time Change

A reminder that Daylight Savings Time ended on Saturday, November 5<sup>th</sup> at 2:00am. Accordingly, clocks were turned backward 1 hour.



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## Capilano News & Updates

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### PAC Fundraise - Card Project

The children made amazing art for this exciting fundraiser. Priority orders are due this **Sunday, November 6** for delivery November 21-25 You can order cards, notebooks, mugs, tea towels, canvas tote bags, mouse pads, art prints or canvasses made with your child's art. These beautiful products make very special gifts. Go to <https://www.thecardproject.ca/>

Our school Access Code is **CP85**

For more information or if you have any questions, please contact Marcelle at 604-924-2660 or at [Marcelle@TheCardProject.ca](mailto:Marcelle@TheCardProject.ca)

### Winter Weather and Capilano Snow Volunteers

As we head into the cold and winter months, we highly recommend that learners dress for the weather and keep an extra set of clothes at the school. Since we learn in North Vancouver, we go out on most days, so it is important to ensure we are ready for rain and/or snow.

With snow in the forecast, please take a few moments to read our [winter weather procedures](#). Weather-related updates will be posted to the school district website. Families: [sign up to receive text message alerts](#) regarding severe weather, power outages and other emergencies.

Please email [jchand@sd44.ca](mailto:jchand@sd44.ca) if you might be available and willing to help us shovel around the school in the morning on days it has snowed, it would be incredibly appreciated. We will send a quick email to provide a heads-up if there is snow in the forecast. As many hands make light work, the admin team would be so grateful for the help! Thank you! ☺

### Halloween Clean-Up

We would like to extend a sincere and heartfelt message of gratitude to the group of parents and the PAC Chairs for helping us clean-up the day after Halloween. Together we collected quite a few bags full of fireworks and other items that were left on our school grounds. The damage to the window is being repaired and the PAC has a plan in place to support the school during the evening hours of Halloween. Thank you so much for your time and help!

### Student-Family-Teacher Conferences (In-Person) – Nov 17, Nov 18, Nov 21, Nov 22 at 2:00PM

Dates: **Thursday, November 17; Friday, November 18; Monday, November 21; and Tuesday, November 22**  
Early Dismissal at 2:00PM

Student-Family- Teacher Conferences will be back to in-person this school year! This is a wonderful opportunity for families to connect with the classroom teacher with their child present. The focus will be on collaborative discussing areas to celebrate, areas to grow, and co-creating goals to support areas to grow this school year.

Teachers' will be sending information on how to sign-up for your child's SFT Conferences by Tuesday, November 8<sup>th</sup>. To accommodate varying needs for families, teachers will share information about the format of the meetings specific to their class. After collecting information from families so a SFT Conference schedule can be created, the confirmed SFT meeting times and more information should be shared by teachers by 5pm on Tuesday, November 15<sup>th</sup>.

### Other reminders:

- **Please be mindful that SFT Conferences are only 15 minutes**
- We appreciate your time, support, and collaboration during the Student Family Teacher Conferences!



1230 20<sup>th</sup> St W, North Vancouver, B.C. V7P 2B9  
Phone: 604.903.3370 Email: [capilano@sd44.ca](mailto:capilano@sd44.ca)  
Website: [Capilano Elementary School](#)

## Scholastic Book Fair – Save the Dates!

Mark your calendars! The fun and excitement of a Scholastic Book Fair is coming to our school!

**Date:** Monday, November 21st to Friday, November 25th

**Time:** Before school Tuesday to Friday & After school Monday to Friday

### Mark your calendar:

- **Wednesday, Nov. 23** from 7:45-8:45am **Family Event - Cozy Up & Read**
- **Wednesday, Nov. 23** from 6:00-8:00pm **Parent Only Night**

### Volunteers Needed

Love books and want to help support the fair? Sign up once or multiple times!

- **Friday, Nov. 18th** after school for set up
- **Monday-Friday** before school (7:45-8:55am)
- **Monday, Nov. 21 & Tuesday, Nov. 22** after school (1:50-4pm)
- **Wednesday, Nov. 23** after school (2:30-4pm)
- **Wednesday, Nov. 23** parent night (6-8pm)
- **Thursday, Nov. 24 & Friday, Nov. 25** after school (2:50-4:30pm)



If you are able to volunteer, email [sfarrell@sd44.ca](mailto:sfarrell@sd44.ca) by **Thursday, Nov. 10 @ 9am**.

Questions? Contact Ms. Farrell ([sfarrell@sd44.ca](mailto:sfarrell@sd44.ca)) in the library.

## Band Concert

The Band Concert for the fall/winter season will be on Wednesday, December 7<sup>th</sup>, 2022 at 7:00pm in the gym at Capilano Elementary. Band students will be asked to arrive at 6:40pm and the performance will start at 7:00pm. If you have any additional questions, please email Mr. Solomakha at [asolomakha@sd44.ca](mailto:asolomakha@sd44.ca).

## Primary Winter Concert: Winter Holiday Memories!

Save the date! The Primary Winter Concert will be on Wednesday, December 14<sup>th</sup>, 2022. Primary students and their families (maximum 2 per family due to gym capacity limits) will arrive at around 6:00pm. The performance will start at 6:15pm in the gym at Capilano Elementary. More details will be shared in the near future by Mr. Kostamo.

## Code of Conduct and Second Step

We have been supporting our learners social-emotional, mental, and physical health through various strategies. This has included the school-wide review of our Code of Conduct and implementation of the school-wide Second Step program. We hope that you will be able to use the language we share in our monthly newsletters to support this learning at home. This month, we ask you to review the importance of being safe when we are playing outside

As part of our Code of Conduct - Capilano ROCKS (**Respectful, Open-Minded, Cooperative, Kind, Safe**). As part of our Code of Conduct, we are Safe. Safe actions keep everyone's bodies from being hurt. When we act in safe ways, we keep our hands to ourselves and don't use them to touch others in hurtful ways. When we use safe words, we make sure nobody's feelings are hurt. Safe words are kind and respectful. This month, think about how you can act and speak in safe ways in the classroom, hallway, and lunchroom and out at recess.

Second Step Message: At our school, we want everyone to feel welcome and that they belong. We know we're welcome when people smile at us and greet us with friendly words. We know we belong when we're included and invited to play at recess. We know we belong when we notice the ways we're all the same and accept the ways we're different. This month, take time to greet others with a smile and invite them to play.



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## Health and Safety Reminders

- Please **practice health awareness** by checking for symptoms of illness and staying home if sick.
- **Wearing a mask or face covering is a personal choice.** Let's continue to be supportive and kind.
- **Practice hand hygiene often.**
- **Practice respiratory etiquette.**
- **To help us prevent crowding, we kindly request that parents and guardians are mindful of not gathering on school grounds or inside of the school during the school day.**
- Also, a friendly reminder to please **supervise any children** you may be responsible for before school (during drop-off) and after school (during pick-up) while on school grounds. Dogs are not permitted on school grounds.
- **If adults must enter the building, we request that you go directly to the office to sign-in.**
- We will continue to have a Drop Table at the front of the office as well.
- **Staff, children, or other persons in the school setting who test positive for COVID-19 should follow the guidance on the BCCDC website as to how long they should self-isolate.** They can return to school when they no longer need to self-isolate, as long as symptoms have improved, and they are well enough to participate in regular activities.

## Capilano School Plan

As part of our School Plan, we continue to work on our school goal which is alignment with our [NVSD Strategic Plan](#).

**Goal: Enhancing our Sense of Community through Compassionate Integrity** – By supporting our community's social and emotional well-being and our sense of belonging at Capilano, through mindfulness of:

- Approaches to Teaching and Learning
- Diversity of Students, Families, and Staff
- Community Connections

We are grateful to the students, parents, educational assistants, and teachers who attended our school planning meeting. We had wonderful conversations that aligned with our goal and were excited to have student and parent voices at the table. Thank you to all those who joined our School Planning Meeting!

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## Celebrating Capilano

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In every month's newsletter, we hope to celebrate the learning happening at Capilano by featuring a grade group. This month, we would like to feature grade 01 and grade 02.

As part of the Grade 1 How We Organize Ourselves Unit of Inquiry, parent volunteers having been coming into the class to teach about skills, roles, responsibilities, and teamwork required in their professions. The central idea for the unit was: Teamwork and cooperation strengthen a community. They had a variety of parent speakers come in to teach the students, including a Paralympic/ParaPanAm long jump athlete, lawyers, an emergency doctor, a naturopathic doctor, a social enterprise owner. The parents prepared really engaging lessons, slides and brought tools. Grade ones also had volunteers help with pumpkin carving and our Halloween craft. A great way to learn about cooperation and teamwork!

In Grade 2 students have been identifying signs of autumn and brainstorming what reminds us of autumn. They had fun doing some splatter painting outdoors! As well, skip counting is being explored in fun ways and a pumpkin investigation also took place. Please see some photos below!

As well, a giant thank you to the parent volunteers who are helping with Traffic Safety! Thank you for helping keep our learning community safe during drop-off. 😊









