



Message to Capilano Families



September 11, 2022

Welcome to the 2022-2023 school year! It has been wonderful to welcome the smiling faces back to Capilano this week. As we settle into new classes, our staff is looking forward to offering fun and engaging learning opportunities, while we continue to follow health and safety guidelines that keep us all safe. While following these updated measures, we are very excited to offer opportunities for our community to re-connect this school year. Please see below information about upcoming events that we hope will reinforce our collaborative home-school partnership so we can support the learning community in having a happy, safe, and successful 2022-2023 school year!

At the end of the first week of every month, we will share a Capilano Newsletter that captures important dates, news, updates, and celebrates learning happening at our school. Please look out for the monthly Cap News email and remember to check our website for up-to-date information: [Capilano Elementary](https://www.capilanoelementary.ca)

Good wishes to all students, staff, and families for a safe and engaging 2022-2023 school year!

Jeeniece Chand Alaina Denny
Principal Vice Principal

Important Dates

- **Tuesday, September 20:** Curriculum Night & PAC Welcome Back Event (See below for more info!)
- **Mon Sept 19 – Fri Sep 23:** Terry Fox and Nancy Leith Collection of Toonies! (Run on Friday, Sept 23)
- **Thursday, September 22:** Photo Day
- **Mon Sept 26 – Fri Sep 30:** Truth and Reconciliation Week
- **Thursday, September 29:** Orange Shirt Day recognized at Capilano (Wear Orange Shirt)
- **Friday, September 30:** National Day for Truth & Reconciliation (No School)



Capilano News & Updates

Staffing Updates

Information about staffing updates has been shared in the first few communications to families. Please check out the Capilano website to see the most up-to-date information: [Teaching and Support Staff - Capilano Elementary \(sd44.ca\)](https://www.sd44.ca)

Capilano Parent Advisory Committee (CPAC)

We are very grateful to the CPAC's positive support and contribution to our learning community at Capilano. The CPAC does many amazing things at Capilano, including thoughtful kindness shared with staff, to innovative fundraising events, to a variety of opportunity for families to connect with the school. We thank the CPAC Chairs & Vice-Chair (Ms. Alicia Savin, Ms. Kathryn Innbjor, Ms. Charity Meister, and Ms. Niki Cuthbert) for all that they will be doing this school year to support the Capilano community. The home-school collaboration truly benefits all our learners, families, and staff. We hope that many of you will join us at the Capilano Elementary Curriculum Night & PAC Welcome Back Event so you can find ways to be involved as a volunteer.

Capilano Elementary Curriculum Night & PAC Welcome Back Event – September 20, 2022

Interested in meeting your child's classroom teacher? Want to learn more about the PAC? Excited to visit your child's classroom? Join us for our Curriculum Night on Tuesday, September 20th! The following sessions will be available:

- 4:30 - 5:45pm **PAC Welcome Back Event** (time to socialize over snacks outside of the school)
 - 5:30 – 6:00pm **Kindergarten Session**
- 5:45 - 6:00pm **Gym Doors Open for Curriculum Night**
- 6:00 - 6:15pm **Welcome Back Session in the Gym**
 - *Welcome Back session starts promptly at 6:00pm*
- 6:15 - 6:20 *Parents/Guardians to move to their first rotation from the gym*
- 6:20 - 6:40pm **Rotation 01 (Grade 1 – 7)**
- 6:40 - 6:45pm *Move to next rotation*
- 6:45 - 7:05pm **Rotation 02 (Grade 1 – 7)**

Terry Fox and Nancy Leith Run – September 23rd

We will be doing our annual Terry Fox and Nancy Leith Run on September 23, 2022. **We will be collecting toonies starting Monday, September 19!**

School District Permission Forms

By now you should have received a personalized email for each child from the North Vancouver School District that provide you with instructions on how to access and complete the following four forms online using School Cash Online: Impromptu Walking Field Trip Informed Consent, Personal Information Consent, Student Acceptable Use of Technology Agreement, and IB Primary Years Program Consent. Please ensure you have completed these forms ASAP.

Schedule for 2022-2023 School Year

08:45 Entrance
08:50 First Instructional Period
10:30 Recess
10:50 Second Instructional Period
12:10 Lunch Play / Eat (12:35)
13:00 Third Instructional Period (12:54 on Wed)
15:00 Classes Dismissed (14:40 on Wed) **Early Dismissal on Wednesdays*



1230 20th St W, North Vancouver, B.C. V7P 2B9
Phone: 604.903.3370 Email: capilano@sd44.ca
Website: [Capilano Elementary School](https://www.capilanoelementaryschool.ca)

Late Students - If your child is late or coming in after 9:00am, please use the Front Door (closest to the music room) since all other doors around the school will be locked for safety purposes. Thank you!

Doors to Consider Using:

Kindergarten; Grade 5; Grade 6 – First Back Door A (closest to the parking lot on the gravel field)
Grade 2 – Second Back Door B (closest to the ball bin)
Grade 3 – Third Back Door C (closest to the middle foyer)
Grade 1; Grade 4 – Fourth Back Door D (closest to the playground stairs at the back of the school)
Grade 7 – Front Door (closest to the music room)

To help with dismissal at the end of the day, it might be helpful to consider safe meeting locations outdoors. Please remind your child that if their parent/guardian is not there to pick-up on time, they should return to the main office using the Front Door (closest to the music room) so we can help make phone calls home.

Safe and Active Travel

Back to school is a great time for families to practice and make a plan for students to get to and from school in safe and active ways. If driving your child to or from school, please remember you are in a school zone where small children move quickly and sometimes unpredictably, so drive with utmost caution. We ask that you respect all traffic laws and signs, and follow our student and parent volunteers' signals and instructions when dropping children off at the school. Please do not drive through or park in the school parking lot. As well, please take the time to explain and model street and traffic safety procedures to your children, and consider parking a block or two away and walking with your children to school. Check out [NVSD's Safe and Active Travel](#) webpage for more information, including a new video featuring members of the school district community.

Approved School Calendar for 2022-2023 School Year

The approved and updated Capilano School Calendar for the 2022-2023 school year can be found on our school website. The calendar includes early dismissal days for conferencing. However, it does NOT include any other operational dates such as Outdoor School, family evenings or athletics. These events will be added to the school monthly calendar on our school website when confirmed. Click on the following link to access the monthly calendar ([Capilano Monthly Calendar](#)) and here for the [2022-2023 School Calendar & Bell Schedule](#).

EARLY DISMISSAL DATES FOR CONFERENCES DURING 2022-2023 SCHOOL YEAR

- **Student-Family-Teacher Conferences:** Thursday, November 17; Friday, November 18; Monday, November 21; and Tuesday, November 22
- **Student-Led Conferences:** Monday, April 3 and Tuesday, April 4

Health and Safety Reminders

North Vancouver School District will be following the updated Health and Safety guidelines shared by the Ministry of Education on August 25th, 2022. The detailed information can be found here: [COVID-19 safe schools - Province of British Columbia \(gov.bc.ca\)](#) It is quite similar to the manner in which we ended the school year in June of 2022. North Vancouver School District will continue to diligently monitor and accordingly adapt the Health and Safety guidelines over the school year. Thank you for helping our community stay safe by working together!

A few helpful reminders:

- Please **practice health awareness** by checking for symptoms of illness and staying home if sick.
- **Wearing a mask or face covering is a personal choice.** Let's all continue to be supportive and kind to one another.
- **Practice hand hygiene often.**
- **Practice respiratory etiquette.**



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- To help us prevent crowding, we kindly request that parents and guardians are mindful of not gathering on school grounds or inside of the school during the school day.
- Also, a friendly reminder to please **supervise any children** you may be responsible for before school (during drop-off) and after school (during pick-up) while on school grounds.
- **If adults must enter the building, we request that you go directly to the office to sign-in.** This is for the safety of our learning community.
- We will continue to have a Drop Table at the front of the office as well.
- **Staff, children, or other persons in the school setting who test positive for COVID-19 should follow the guidance on the BCCDC website as to how long they should self-isolate.** They can return to school when they no longer need to self-isolate, as long as symptoms have improved, and they are well enough to participate in regular activities.

Capilano School Plan – School Planning Sessions Coming Soon!

As part of our School Plan, we will be working on our school goal which is alignment with our [NVSD Strategic Plan](#).

Goal: Enhancing our Sense of Community through Compassionate Integrity – By supporting our community’s social and emotional well-being and our sense of belonging at Capilano, through mindfulness of:

- Approaches to Teaching and Learning
- Diversity of Students, Families, and Staff
- Community Connections

Parents interested in being a member of the School Planning Committee, please email jchand@sd44.ca Thank you!

Celebrating Capilano

In every month’s newsletter, we hope to celebrate the learning happening at Capilano by featuring a grade group. This month, we would like to feature kindergarten. We welcome our young learners as they begin their learning journey at Capilano. Our wonderful kindergarten team has created a variety of fun activities to welcome students in a manner that helps set up these young minds for success in a calm, engaging, and gradual manner. Welcome to Kindergarten!

