



Message to Capilano Families

May 7, 2023

As we head into the last two months of the school year, our students are being offered a variety of fun learning opportunities. For instance, Grade 6 Dragon's Den was a hit again this year, Track & Field practices have started with many learners involved, we have Fun Day coming up soon, and we are welcoming next year's Kindergarteners to their first Orientation event at the school soon. We are also reminding folks about other upcoming school and community events, such as Outdoor Safety and Emergency Preparedness Open House at Argyle on May 13th (flyer attached at the end with more information) Grade 7 Car Wash at Capilano on May 13th (see PAC emails), and more!

As the weather warms up (hopefully soon! ☺), we encourage all learners to dress for the weather, including bringing water bottles to school. As well, while we gear up for fun learning opportunities, we encourage our learning community to be reminded of Capilano's Code of Conduct. We have spent the past few months reviewing the aspects of it and would like to remind everyone that it does apply to all students and adults. A gentle reminder has been discussed by all our students and staff this past week on how we can be kind and stay safe when we are interacting with each other.

Accordingly, this newsletter includes the last monthly Capilano R.O.C.K.S. Report which we are requesting family's complete and return. In addition to the learning happening at school, we hope that this will encourage conversations at home about social-emotional learning and sense of belonging. A copy of this month's report focused on being "Safe" came home recently and can be returned to a bin in the library until the end of the month. Please read more below.

As well, this is the time of the school year that we slowly begin to prepare for our next school year 2023-2024. Please keep an eye out for communications later this month around school supplies, agendas, and a form to help families share any important information about your child(ren) for next year. We appreciate your cooperation with our school preparation steps as we begin our processes from mid-May onwards.

Shared in our monthly newsletter are important dates, updates, and a celebration of learning happening at our school. Also, please continue to check our website for up-to-date information: [Capilano Elementary](https://www.capilano.ca)

We look forward to seeing many of you during our many fun learning opportunities! Thank you for your cooperation!

Jeeniece Chand Alaina Denny
Principal Vice-Principal

Important Dates

- **Monday, May 8:** NVTA Professional Development Day (No School)
- **Tuesday, May 9:** PAC Meeting (at 7:00pm in Library)
- **Monday, May 22:** Victoria Day (Stat – No School)
- **Friday, May 26:** Kindergarten Orientation for incoming kindergarten students (invitations sent home)



Capilano News & Updates

PAC Fundraising Gala: Back to the gos!

We appreciate the PAC's leadership, time, and energy in the organization of the PAC Fundraising Gala: Back to the gos! Thank you so much to the parent community for participating in this fundraising event. We are sure everyone had lots of fun and are grateful for everyone's support.

Track and Field

Many of our intermediate students have been engaging in practices for Track and Field events. Information about upcoming qualification meets will be shared by the coaches. We wish all our athletes well at the upcoming events!

Self-Assessment of the Approaches to Learning

Since 2017, the British Columbia Ministry of Education has included the Core Competencies of Thinking, Communication and Personal and Social Responsibility into the curriculum. These three broad-based Core Competencies are sets of proficiencies that all students need to develop in order to engage in deep and lifelong learning (MOE, 2017). As part of these changes, the Provincial Student Progress Report Order was amended to include the requirement of an annual summative self-assessment of student growth in the three Core Competencies. Further information can be found at <https://curriculum.gov.bc.ca/>.

The proficiencies identified as Core Competencies in the BC curriculum align with the International Baccalaureate (IB) Approaches to Learning skills. Students attending the IB schools in North Vancouver will be reflecting on, and assessing their learning, using the language of the IB Approaches to Learning skills as they relate to the Core Competencies. Attached to this newsletter, you will find more information about the Self-Assessment of the Approaches to Learning, including the alignment between the IB Approaches to Learning skills and the BC Ministry of Education Core Competencies.

The annual summative self-assessment is not teacher-evaluated or graded, but rather based upon each student's reflections and what they choose to share about their learning journey. The self-assessment is a strength-based reflection connected to curriculum. Students reflect, describing what they are most proud of, using specific evidence to support their statements.

In June, we will be sending home instructions on how to access your child's completed self-assessment on Managebac. We encourage parents/guardians to engage in a conversation with your child about "why" and "how" they generated their conclusions and how the evidence they chose supports their reflections. If you have any questions, please do not hesitate to contact your child's classroom teacher.

North Vancouver School District – Summer Learning

North Vancouver Summer Learning offers a variety of opportunities for students in the month of July. Families with children in grade 7 may wish to inquire into options available: Grade 7/8 Transition, Grade 7/8 English Language Learners (ELL) Transition, Grade 7/8 International Baccalaureate (IB-MYP) Transition, Grade 7/8 French Immersion Transition, and Grade 7/8 Music Transition. Registration opened on May 1st, so please click the link to find out more if your family is interested: [Registration - Summer Learning \(sd44.ca\)](#)

Code of Conduct and Second Step – May's Focus: Safe

We have been supporting our learners' social-emotional, mental, and physical health through various strategies. This has included the school-wide review of our Code of Conduct and implementation of the Second Step program school-wide. We hope that you will use the language we share in our monthly newsletters to support this learning at home.



We had about half the students and families participate in the challenge this past month, excerpts from some of those who returned their homework have been included below and shared during announcements. We look forward to even more students participating this month! **Ms. Chand and Mrs. Farrell launched May's focus: Safety through LIVE with Mrs. Farrell this week and the homework should have come home already!** Thanks to all those who have been partaking in these important discussions at home! ☺ While hard copies should have come home in the past while, please find a digital copy of this month's homework also attached to the end of this newsletter.

Second Step Message: As part of our Code of Conduct at Capilano – we are Safe. We are continuing to explore safety through various avenues this month. We will be exploring how we can be safe when interact with others. This includes making safe choices, using equipment/tools safely, and being safe with our bodies.

Health and Safety Reminders

A reminder that the Medical Health Officer on the North Shore has encouraged the following:

- Prevention is key! Please continue to handwash, use coughing etiquette, and stay home if unwell.
- Please follow the [Health Awareness](#) guidelines, some of the highlights can be found below.
- Here is a helpful resource: Sneezes and Diseases: <https://sneezesdiseases.com/>

Please remember to keep your children at home when they are unwell as this helps us continue to function as a learning community in a healthy manner. Having been through this journey together in the past few years, we are so excited to be able to bring in the community again to our school as per the current Health & Safety Guidelines. Therefore, the reminder to stay home when sick also applies to all our visitors and volunteers. We appreciate your cooperation in helping us ensure that we can continue to do such community events in a safe and healthy manner.

- Please **practice health awareness** by checking for symptoms of illness and staying home if sick.
- **Wearing a mask or face covering is a personal choice.** Let's continue to be supportive and kind.
- **Practice hand hygiene often.**
- **Practice respiratory etiquette.**
- Avoid sharing items that come into contact with the mouth (e.g. food, drinks, utensils, etc.)
- **To help us prevent crowding, we kindly request that parents and guardians are mindful of not gathering on school grounds or inside of the school during the school day.**
- Also, a friendly reminder to please **supervise any children** you may be responsible for before school (during drop-off) and after school (during pick-up) while on school grounds. Dogs are not permitted on school grounds.
- **If adults must enter the building, we request that you go directly to the office to sign-in.**
- We will continue to have a Drop Table at the front of the office as well.
- **Staff, children, or other persons in the school setting who test positive for COVID-19 should follow the guidance on the BCCDC website as to how long they should self-isolate.** They can return to school when they no longer need to self-isolate, as long as symptoms have improved, and they are well enough to participate in regular activities.

Capilano School Plan

As part of our School Plan, we continue to work on our school goal which is alignment with our [NVSD Strategic Plan](#).

Goal: Enhancing our Sense of Community through Compassionate Integrity – By supporting our community's social and emotional well-being and our sense of belonging at Capilano, through mindfulness of:

- Approaches to Teaching and Learning
- Diversity of Students, Families, and Staff
- Community Connections

We are also very grateful to the parent/guardian reps that attended our School Planning event as the thoughts and ideas shared by the student, staff, and parent/guardian reps influence the work we do at our school.



Capilano Learners Take Action

Beautification Project

In alignment with our NVSD Strategic Plan and School Plan driven through student-led action, we are raising awareness about being environmental stewards. As part of the Beautification Project, classes have the responsibility to help raise awareness and take action (both inside and outside) as environmental stewards. This has already extended into students taking action by using their leadership skills to organize opportunities to take care of the environment. These opportunities were provided during the Climate Action and Sustainability Week.

Highlights from Capilano R.O.C.K.S. Report – April's Focus: Kind

As we had many students and families who participated by completing the Capilano R.O.C.K.S. Report, we have selected a few excerpts for this month and will continue to select a few every month to include in the newsletter so that most of the students/families can have a turn being highlighted. These have also been read during morning announcements. Please read below to find out how students shared that they can be **kind**.

- In Kindergarten, Ava shares I am kind when I clean up the community.
- In Grade 2, Valerie shares I am kind when I listen to my friends when they suggest what to play. I feel happy.
- In Grade 4, Arash shares I am kind when I help my mom cook when she wants help. It feels kind.
- In Grade 6, Serena shares I am kind to others in the community when I use my manners in stores.
- In Grade 2, Logan shares I am kind when I help my little sister find her toys. It feels good.
- In Grade 3, Karleigh shares I am kind by helping and including others.
- In Grade 4, Tiffany shares I am kind when if someone dropped something I would help them get it.
- In Kindergarten, Savaya shares I am kind when I help people when they get hurt. I give them a hug.
- In Grade 2, Sienna shares I am kind whenever my job is chair stacker and when no one is looking I stack their chair.
- In Grade 4, Henrique shares I am kind to others in the community by saying "Hi", "Bye" and making a big smile.
- In Grade 2, Samuel shares I am kind by saying thank you.
- In Grade 3, Danielle shares I am kind when I support my family by helping them.
- In Grade 4, Dina shares I am kind by sharing my supplies, helping with work, and being open-minded to others.
- In Grade 6, Janie shares I am kind when I compliment my family and the amazing food they put on the table for me.

Celebrating Capilano

In every month's newsletter, we hope to celebrate the learning happening at Capilano by featuring a grade group. This month, we share learning activities in Grade 6. The grade 6s have had fun while engaging in a variety of learning opportunities, especially Dragon's Den. If your child is in grade 6, a few pictures are included below, for more photos please check in with your child's grade 6 classroom teacher.



May 2022

Dear Parents/Guardians:

Re: *Self-Assessment of the Approaches to Learning*:

In 2017, to complement Provincial curriculum changes, the BC Ministry of Education introduced the *Core Competencies of Thinking, Communication and Personal/Social Responsibility*. One of the requirements with the new BC Curriculum is that at the end of each school year, students identify, reflect on, and “self-assess” their areas of strength and areas for growth in relation to the *Core Competencies*. The proficiencies identified as *Core Competencies* in the BC curriculum align with the International Baccalaureate (IB) *Approaches to Learning* skills. Students attending the IB schools in North Vancouver will be reflecting on, and assessing their learning, using the language of the IB *Approaches to Learning* skills as they relate to the *Core Competencies*. Included with this letter is a chart that demonstrates the alignment between the IB *Approaches to Learning* skills and the BC Ministry of Education *Core Competencies*.

In the IB Primary Years Programme, the *Approaches to Learning* are a main focus in the IB units of inquiry and subject-specific learning. They are skills that are integral to learning and they help students identify how they learn and how they can enhance their learning. Throughout the year students regularly identify and assess their areas of strength and areas for growth, with respect to the *Approaches to Learning*, and establish goals to support their progress. At the end of the school year, students also complete an annual summative self-assessment, through which they reflect on their strengths and areas of growth in their learning over the course of the year. The focus of this year-end self-assessment is on their learning journey – identifying what they are most proud of in their learning and areas for future growth.

Students at Capilano will be completing their year-end reflection and self-assessment in the coming weeks, and teachers will be uploading the students’ reflections into our secure on-line IB PYP student information system, called *Managebac*, which is the same system parents/guardians used to access the student-teacher-family conference summary forms in the fall.

Increasingly, students are becoming more involved in the assessment process, providing them with greater understanding of themselves as learners. We hope this additional means of communicating student learning results in valuable conversations between parents/guardians and their children. If you have any questions, please do not hesitate to contact your classroom teacher.

Sincerely,

Jeeniece Chand
Principal, Capilano Elementary, IB World School



Alignment chart demonstrating alignment of IB PYP *Approaches to Learning* to BC Ministry of Education *Core Competencies*:

<p style="text-align: center;">Communication Core Competencies</p>	<p style="text-align: center;">PYP Approaches to Learning</p>
<p>Communication Competency</p> <ul style="list-style-type: none"> • connect and engage with others (to share and develop ideas) • acquire, interpret, and present information (includes inquiries) • collaborate to plan, carry out, and review constructions and activities • explain/recount and reflect on experiences and accomplishments <p>Colaboration Competency</p> <ul style="list-style-type: none"> • Working collectively • Supporting group interactions • Determining common purposes 	<p>Communication Skills</p> <ul style="list-style-type: none"> • listening, speaking, reading, writing, viewing, presenting, non-verbal communication <p>Research Skills</p> <ul style="list-style-type: none"> • formulating questions, observing, planning, collecting data, recording data, organizing data, interpreting data, presenting research findings <p>Social Skills</p> <ul style="list-style-type: none"> • accepting responsibility, respecting others, cooperating, resolving conflict, group-decision making, adopting a variety of roles <p>Thinking Skills</p> <ul style="list-style-type: none"> • acquisition of knowledge, comprehension, application, analysis, synthesis, evaluation, dialectical thought, metacognition <p>Self-Management Skills</p> <ul style="list-style-type: none"> • codes of behaviour, organization, time management

<p style="text-align: center;">Thinking Core Competencies</p>	<p style="text-align: center;">PYP Approaches to Learning</p>
<p>Creative Thinking</p> <ul style="list-style-type: none"> • Creating and innovating • Generating and incubating • Evaluating and developing <p>Critical and Reflective Thinking</p> <ul style="list-style-type: none"> • analyze and critique • question and investigate • develop and design • Reflecting and assessing 	<p>Thinking Skills</p> <ul style="list-style-type: none"> • acquisition of knowledge, comprehension, application, analysis, synthesis, evaluation, dialectical thought, metacognition <p>Research Skills</p> <ul style="list-style-type: none"> • formulating questions, planning <p>Social Skills</p> <ul style="list-style-type: none"> • cooperating, group-decision making, adopting a variety of group roles <p>Self-Management Skills</p> <ul style="list-style-type: none"> • organization, time management, informed choices

Personal and Social Core Competencies	PYP Approaches to Learning
<p>Positive Personal and Cultural Identity</p> <ul style="list-style-type: none"> relationships and cultural contexts personal values and choices personal strengths and abilities <p>Personal Awareness and Responsibility</p> <ul style="list-style-type: none"> self-determination self-regulation well-being <p>Social Responsibility</p> <ul style="list-style-type: none"> contributing to community and caring for the environment solving problems in peaceful ways valuing diversity building relationships 	<p>Self-Management Skills</p> <ul style="list-style-type: none"> gross motor skills, fine motor skills, spatial awareness, organization, time management, safety, healthy lifestyle, codes of behaviour, informed choices <p>Social Skills</p> <ul style="list-style-type: none"> accepting responsibility, respecting others, cooperating, resolving conflict, group decision-making, adopting a variety of group roles <p>Thinking Skills</p> <ul style="list-style-type: none"> analysis, evaluation, dialectical thought, metacognition <p>Communication Skills</p> <ul style="list-style-type: none"> nonverbal communication

Capilano R.O.C.K.S. Report


Name: _____ Grade: ____ Teacher: _____ Date: _____

Capilano Code of Conduct: Respectful, Open-Minded, Cooperative, Kind, Safe

As part of Capilano's School Plan, we are focusing on enhancing our sense of community through compassionate integrity by supporting our community's social and emotional well-being and our sense of belonging at Capilano. To support this goal, we are hoping to collaborate using our home-school partnership to discuss different important topics in a mindful manner. Over the next few months, we will focus on one aspect of the Code of Conduct monthly; the month's focus will be launched by Ms. Chand and Mrs. Farrell during LIVE with Mrs. Farrell. We are hoping that the completion of the Capilano R.O.C.K.S. Report will encourage these important conversations at home, thereby reinforcing the learning taking place at school. A few selected excerpts from the homework returned will be read at the following month's LIVE with Mrs. Farrell and included in the monthly Capilano Newsletter. The completed homework is due to the Principal's Office by the end of the month! A bin will be kept in the library to collect all completed Capilano R.O.C.K.S. Reports. Good luck!

May's Focus: Safe

1. How are you SAFE at home? What does this look like, feel like, and sound like?

 Draw

2. How are you SAFE at school? What does this look like, feel like, and sound like?

 Draw

3. How are you SAFE in the community? (This includes the virtual community)

 Draw

I give permission for excerpts of my child's responses to be included in the Monthly Newsletter with their first name. Parent Signature: _____

Outdoor Safety & Emergency Preparedness Open House

Saturday, May 13, 2023

11 am - 2 pm | Argyle Secondary School

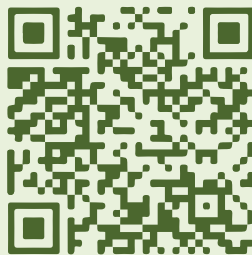
Join us for a FREE family-friendly community event that showcases the expertise of local emergency management bodies and first responders and aims to build your awareness and resilience around outdoor safety and emergency preparedness.

The event consists of an outdoor trade show and workshops hosted by participating organizations. Speak with the experts and get up close to emergency vehicles used in real-life rescues.

Workshops by North Shore Rescue, BC AdventureSmart and more!

- exhibition and demos
- workshops
- emergency vehicles
- rescue equipment
- food trucks
- bike valet

Visit our website for more information



LEARN MORE: www.sd44.ca Phone: 604-903-3444

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