



## *Message to Capilano Families*

*January 10, 2022*

As we fully return back to school, we are very happy to see our school being full of learners. As per my update on Friday, January 7<sup>th</sup>, we have worked hard over the past week to put measures in place that align with the enhanced health and safety guidelines shared at provincial and local levels, and to plan for continuity of learning.

While we do our part at Capilano, we encourage everyone to continue to do their part in our community. It is important to recognize that we all have a role to play in abiding by health and safety measures shared at the provincial and local levels, so that the focus can remain on in-person instruction for our learners. We value the importance of our learners well-being so that they are able to focus on their learning journey and find success.

Please see my email to the Capilano community containing the Summary of Enhanced Health and Safety Guidelines on Friday, January 7, 2022. Below you will only find a few of the highlights relevant to families. These highlights include reminders for families to complete the Daily Health Check, discuss the importance of hand hygiene, model appropriate mask wearing, and more. A reminder that there are no visitors at our school at this time, unless they are deemed as essential. **Please follow the protocols for late drop-offs and early pick-ups as per the email on January 7<sup>th</sup> and in the highlights included below.**

With awareness that parents/guardians have been or will be making choices for their family over the next while, please see below for links to federal guidelines for **Travelling Outside of BC**. We encourage families to follow the federal guidelines to support the learning community in staying safe and being able to focus on in-person instruction. Additionally, information for families from BC Ministry of Health and BC Centre for Disease Control to make informed choices about Covid-19 vaccines was also provided in the Superintendent's Update. A reminder that at the school, the status of children's and staff members' vaccination statuses remain private and confidential.

Shared in our monthly newsletter are important dates, updates, and a celebration of learning happening at our school. Also, please continue to check our website for up-to-date information: [Capilano Elementary](#)

Thank you to the Capilano learning community for all that you do!

Jeeniece Chand  
Principal

Alaina Denny  
Vice-Principal

### **Important Dates**

- **Tuesday, January 18:** PAC Meeting at 7pm
- **Friday, January 14:** PAC Hot Lunch starts on Fridays!
- **Friday, February 4:** District-wide Professional Day (No School)



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## Capilano News & Updates

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### Staffing Updates

We welcome Ms. Jasmine Taylor to Division E15 Grade 01 as Ms. Jackie Lim begins her maternity leave slightly sooner than originally planned. The learners had an opportunity to meet Ms. Taylor prior to the break, and Ms. Lim and Ms. Taylor have been working over the winter break to ensure a smooth transition.

As mentioned before the break, we also welcome Ms. Alaina Denny as our Vice-Principal and teacher with Mr. Kaboli and Ms. Crouch. Ms. Denny will also be supporting some of our learners with English Language and Learning Services.

### Band and Strings for 2022-2023 – Registration Opens January 10<sup>th</sup>

Is your child interested in Band and Strings? Registration for the 2022/23 Elementary Band and Strings program will open on Monday, January 10<sup>th</sup>. The NVSD public webpage for [Band and Strings](#) contains the information for the 2022/23 school year. Early registration is between January 10<sup>th</sup> – March 4<sup>th</sup>, click on the link and find out more! If your child is interested in the Band and String program and your family is wondering about the bursary application to help support their participation, please email Ms. Chand. Thank you! \*See more below about the Band and Strings!

### Code of Conduct and Second Step

We have been supporting our learners' social-emotional, mental, and physical health through various strategies. This has included the school-wide review of our Code of Conduct and implementation of the Second Step program school-wide. We hope that you will be able to use the language we share in our monthly newsletters to support this learning at home. This month, we ask you to review the importance of being Open-Minded.

**Capilano ROCKS (Respectful, Open-Minded, Cooperative, Kind, Safe):** As part of our Code of Conduct, we are Open-Minded. Be Open-Minded by welcoming new ideas and new friendships. You can also be Open-Minded by accepting the feelings, opinions, ideas, and abilities of all and remembering not everybody is the same. Remember to be open-minded Capilano!

**Second Step Message:** As part of our Code of Conduct, we Care for our Environment. Part of doing that is by being responsible. Being responsible helps make our school a place where everyone can learn. When we're responsible, we can be trusted to do the right thing. We help others. We clean up our messes. We admit when we make mistakes or do the wrong thing. We focus on our schoolwork. We are careful when playing outdoors and being respectful of our environment around us. This month, think about how you can be responsible and do the right thing in class and out at recess.

### Health and Safety Reminders

As we all have a role to play in keeping our community safe, we request that folks continue to complete a Daily Health Check. If you or a member of your family is feeling ill or you think you may have been exposed to COVID-19, please stay home and follow the directions of a healthcare provider. On our end, we will continue to reinforce and model the enhanced measures that have been implemented at Capilano.

### Highlights from the Summary of Enhanced Health and Safety Guidelines

Please see my email to the Capilano community containing the Summary of Enhanced Health and Safety Guidelines on Friday, January 7, 2022. Below you only find a few of the highlights relative to families.

- All students and staff are reminded to practice appropriate hand hygiene on a regular basis, wear masks appropriately, respect personal space, and stay home when unwell.



- **ACTION: We kindly request that families consider sending extra masks for their child to keep in their classroom and/or backpack.** We find that learners sometimes lose/drop/damage their masks over the course of the day, so having extra masks easily available to them is helpful. Similar to needing an extra change of clothes when wet at school or bringing their water bottle every day, these measures are beneficial to our learning community. We will have masks provided by the school district in the office should a student or staff member require it.
- **IMPORTANT:** If your child is late to school, we ask that you please drop them off at the front door. **For the next while, we are requesting that parents/guardians please do not enter the school.** There will be a staff member there to walk your child to the office and/or your child's class. If the door is closed and a staff member is not present, please call the office.
- **IMPORTANT:** If your child is needing to be picked-up early from school, we ask that you please wait at the front door and call the office. If you are able to, please provide advanced notice of an early pick-up time via email to [capilano@sd44.ca](mailto:capilano@sd44.ca) and your child's classroom teacher. Please Note: as part of ensuring safety for your child, we check to see that the appropriate adult is waiting at the door for early pick-up. However, we cannot support walking a child to the car as this removes staff from the building for longer periods of time and therefore prevents the office team from being able to support others. Thank you for your cooperation!
- **IMPORTANT:** If your child is unwell, a gentle reminder to please let your child's classroom teacher and the school know via [capilano@sd44.ca](mailto:capilano@sd44.ca) and/or [SafeArrivals](#).
- As per the Superintendent's Update, the North Vancouver School District will "look to use functional closures as a last resort; instead, school and school district leadership would work together to address emerging issues to minimize disruption to in-class learning and transition to online learning, if necessary. It is also important to know that a functional closure would not necessarily impact the entire school (i.e. it may only impact a single class). You can expect us to be in close contact with students, families, and staff and to support those who are impacted by any type of school closure."
- **With awareness that the focus for continuity of learning for the remainder of this school year is still in-person instruction,** if a functional closure were to occur, we would be using Microsoft Teams (MS Teams) to communicate with our learners during that time. As part of the contingency planning for continuity of learning, classes have been created on MS Teams already to help us transition smoothly should the need arise. Your child should have their MS Teams username and password accessible already as they were used for Student-Family-Teacher Conferences earlier this year.
- **ACTION:** As part of our efforts to plan for all possibilities regarding the continuity of students' learning, **we are considering options to support families who may have limited / no access to technology for their child at home.** If this applies to your family, please complete this survey: [Technology Survey 2022 - Planning for Continuity of Learning \(Capilano\)](#). The information you provide will help ensure we are prepared to pivot as efficiently as possible should your child's class have to transition to online learning for an amount of time during a functional closure.
- Please help us by avoiding crowding on our school grounds during school hours.

#### Daily Health Check

- All students and staff are reminded of their responsibility to complete a Daily Health Check prior to entering the building. Helpful Resource: [K-12 Health Check App](#)
- All students, staff, and other adults (i.e. visitors) are **MUST** stay home when ill or when required by public health to self-isolate. Helpful resources: BCCDC's [When to get tested for COVID-19](#) and BCCDC online [Self-Assessment Tool](#) call 8-1-1 or their health care provider.
- As a reminder, students, staff, or other adults must stay home when ill or when required by public health to self-isolate, including when waiting for test results.



## Travelling Outside of BC? - From Superintendent's Report (November 25, 2021)

If you travelled over the Winter Break or plan to travel, please take the time to carefully read these Government of Canada resources. The federal government continues to outline requirements for people travelling internationally, including to the United States and Mexico:

- Students, staff and other adults who are **not fully vaccinated** and have travelled outside of Canada **cannot** attend school until a minimum 14 days after arrival, as part of [federal requirements](#).
- **Fully vaccinated** students, staff and other adults who have travelled outside of Canada may qualify for the [fully vaccinated traveler exemption](#). Individuals qualified as fully vaccinated travelers are exempt from quarantine and from Day-8 testing.
- Specific information is also available on the [COVID-19 requirements for fully vaccinated travelers and unvaccinated children less than 12 years of age](#) web page.

## Capilano School Plan

As part of our School Plan, we continue to work on our school goal which is alignment with our [NVSD Strategic Plan](#).

**Goal: Enhancing our Sense of Community through Compassionate Integrity** – By supporting our community's social and emotional well-being and our sense of belonging at Capilano, through mindfulness of:

- Approaches to Teaching and Learning
- Diversity of Students, Families, and Staff
- Community Connections

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## Celebrating Capilano

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In every month's newsletter, we hope to celebrate the learning happening at Capilano by featuring a grade group. This month, celebrate learning in Grade 3.

Here is a little peak into what the kids have been up to in grade 3. Through various community decision-making activities - drama, building with blocks, making a mural, creating a board game, and putting together a puzzle - students practised communication, cooperation, and collaboration skills to accomplish group goals. Students took away learning about how to participate in community decision-making processes through the variety of experiences. They particularly enjoyed creating, performing, and/or viewing drama. Please see photos below!



Also, thank you to Eli and his father for helping shovel snow on Thursday this past week! Mr. and Mrs. Langston also came out to shovel snow and help us out. We appreciate the help from PAC to encourage parents to help our school team and to those that were able to help us out!





# Elementary Band & Strings Program



After 60 years, the North Vancouver School District's unique instrumental music program continues to offer students a wonderful opportunity to receive instrumental instruction in a supportive group setting.

Elementary Band and Strings, which complements the Ministry of Education's Arts Education curriculum, is open to students in Grades 5 - 7 for Band and Grades 4 - 7 for Strings.

Involvement in a music program can benefit children's academic and social emotional development, and provides an opportunity to develop a child's musicianship, teamwork and creativity skills (Hallam, S., 2016).

## Key Dates

Registration for the 2022-2023 school year runs from **January 10** to **March 4, 2022**.

## Program Fees

This program, providing enrichment to the Arts Education curriculum, is funded directly by registration fees.

Payment can be made either as a one-time payment or payment-by-instalment through [School Cash Online](#).

- Registration fees from January 10 to March 4, 2022: \$495 . A payment-by-instalment option is available.
- Late Registration\* fees from March 11 to September 30, 2022: \$545. The payment-by-instalment option is **not** available.

The earlier instalment payments begin, the lower the monthly fees. E.g., if you register in January, payments will be approximately \$62 per month (8 instalments). The final instalment date is September 1, 2022.

\*Enrolment during Late Registration is subject to program availability and will depend on sufficient registrations received by March 4, 2022.



TO LEARN MORE: [www.sd44.ca](http://www.sd44.ca)

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# Program Information 2022-2023

The Elementary Band and Strings program offers students a wonderful opportunity to receive instrumental instruction within an ensemble, and represents the start of an exciting musical journey that they can follow through to the end of their secondary school years.

Classes are scheduled twice a week before or during school time and a preliminary schedule will be available in early June 2022. Students should be prepared to commit to attending all classes, rehearsals and concerts.

This program has been made possible through the direct support of a large number of dedicated parents/guardians, staff and administrators, and specifically, the NVSD Band and Strings Parent Association.

## About the Band Program

**Beginning Band** is available to students in Grades 5 through 7 who are new to the Band Program.

**Continuing Band** is offered to students in Grade 6 through 7 who have played their instrument for at least one year.

Band programs will be offered at many of our schools\*. Programs offered at each school will only run if there is sufficient enrolment received by March 4, 2022. If you have registered your child for a program that is unable to run due to low enrolment, you will receive a full refund.

\*The following schools will not be offering registration for a band program for the 2022-2023 school year: Larson, Montroyal and Norgate.

## About the Strings Program

**Beginning Strings** is available to students in Grades 4 to 7 who are new to the Strings Program.

**Continuing Strings** is available to students in Grades 5 to 7 who have played their instrument for at least one year.

The NVSD will be offering a strings program at Braemar, Canyon Heights, Cleveland, Dorothy Lynas, Highlands, Larson, Montroyal and Ross Road.

## Instruments

Students will need to rent (or purchase) an instrument and purchase a method book. A limited number of instruments are available through the school district's instrument rental program (user fee of \$100 or \$150, plus \$100 deposit). You may also choose to rent or purchase from local music stores. Information will be provided by the school's Band or Strings teacher.

## Registration (Key Dates)

### January 10 to March 4

- Fee: \$495
- Payment options: a one-time payment or payment-by-installment through [School Cash Online](#).

### March 11 to September 30 (Late registration\*)

- Fee: \$545
- Payment option: a one-time payment through [School Cash Online](#) (no payment-by-installment)

\*Enrolment during Late Registration is subject to program availability and will depend on sufficient registrations received by March 4, 2022.

## Withdrawals & Refunds

All requests for refunds must be made in writing by completing a withdrawal form and submitting it to your child's school office. **Full refunds will be processed until June 15, 2022.** After June 15, a \$75 non-refundable processing fee will be charged. No refunds will be issued after September 30, 2022.

TO LEARN MORE: [www.sd44.ca](http://www.sd44.ca)

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