

Capilano Bell Schedule 2026/2027

8 : 45	First Bell
8 :48; 8:50 on Wednesdays	First Instructional Period
10:30	Recess Break
10:50 – 12:10	Second Instructional Period
12 :10 – 1:00	Lunch Break
1:00 – 3:00	Third Instructional Period (Monday, Tuesday, Thursday, Friday)
2:29	**Dismissal on Wednesdays***