## **Brooksbank Track & Field Practice Schedule 2018-2019**

	Grade 4/5		Grade 6/7	
	Coach/Sponsor	Practice Days & Time	Coach/Sponsor	Practice Days & Time
Long Jump (& Triple Jump 6/7)	Ally Monahan	12:15 Tuesday & Thursday Meet at the long jump pit	Jane Beleski	12:15 Monday & Wednesday Meet at the long jump pit
High Jump	Dave Earland	12:15 Wednesday & Friday Meet in the gym	Angela McKay Sarah Dolan	12:15 Tuesday & Thursday Meet in the gym
Shot Put	Devon Boyd Dave Karr	8:00 – 8:30 Tuesday Meet on the gravel field at the backstop nearest the parking lot	Dave Karr	8:00 – 8:30 Wednesday Meet on the gravel field at the backstop closest to the parking lot
Long Distance	Nikki Knapp Cynthia Batista	Monday 3:15 – 4:00 Meet near the front entrance	Nikki Knapp Cynthia Batista	Wednesday 2:15 – 3:00  Meet near the front entrance
Relays	Glenda Robertson	Mondays 3:15 – 4:00 Meet in the gym	Glenda Robertson	Tuesdays 3:15 – 4:00 Meet in the gym
Sprints	Laurie Reichert Wendy Tozer	8:10 Tuesday Meet on the field	Laurie Reichert Wendy Tozer	8:10 Monday Meet on the field

Continuing Band Tues/Thurs Beginning Band Mon/Wed

<sup>\*</sup> Band students, please talk with your coaches regarding the practices you will have to miss for Band. We have tried to ensure Band students can attend at least one practice a week. \*