

## Boundary PAC is holding a FOOD DRIVE benefiting the Harvest Project

Harvest Project is a grassroots, North Shore-based charity that "extends a hand up, not a hand-out" to individuals and families, challenged by family breakdown, illness, job loss, and poverty, in our community.

This year, close to 1000 resident-families will benefit from Harvest Project's lifechanging programs

Collection starts Dec 6<sup>th</sup> and runs through December 15<sup>th</sup>

Please bring your donations to the **School Foyer** 

If you would prefer to make a *monetary donation*, please log on www.harvestproject.org and click the Donate now button.

## **MOST NEEDED ITEMS:**

Canned Baked beans

Canned Meat

Canned soups: 10 oz. and 14 oz.

Canned tomatoes – diced, whole

Pasta sauce – tomato or cream

Granola Bars

Coffee - 1 lb pack ground

Oil, Vinegar 500 ML BTLS max

Canned Fruit and fruit cups

Canned Fish

Canned Vegetables small sizes

Peanut Butter and Spreads

Cookies and Crackers

Rice 1 LB PACKS

Flour, Sugar, Salt (All 1-2 lbs packs max)

Toothbrushes individually packed

**Toilet Paper** 

**Grocery Gift Cards** 

Diapers, Size 4, 5 & 6

Men/women new socks and underwear

Toothpaste (small and medium size)

Soap, Shampoo, Conditioner

Please contact Gillian Paton if you need more information - Chair@boundarypac.