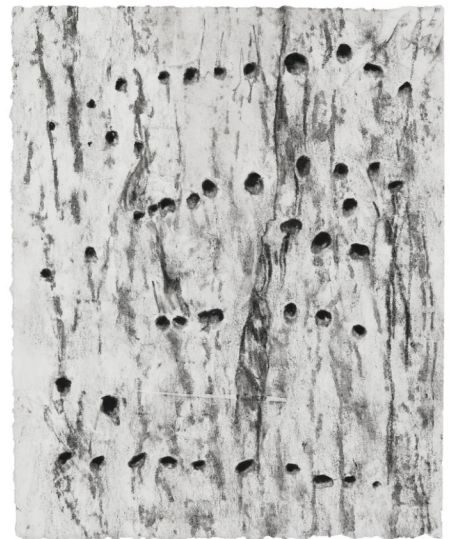


# LESSONS FROM ART CAMP

**Artists  
For  
Kids** 



Sara-Jeanne Bourget / Woodpecker Holes / 2021  
Charcoal Monotype

Lessons developed for the Paradise Valley Summer School of the Visual Arts  
with artist **Sara-Jeanne Bourget**, July 7 - 11, 2025

# Ceramics

## Clay Tile Imprints

Use the harp tool to cut a slab off the short side of the clay box



cut the slab in half with a knife or pin tool

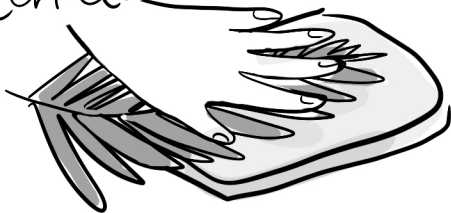
(one half per student)



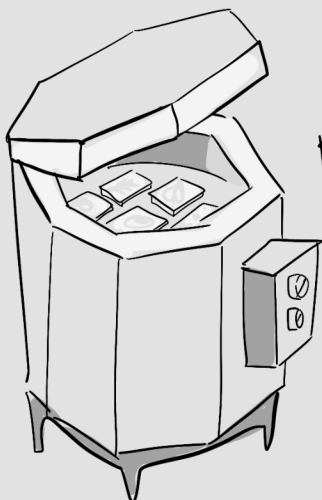
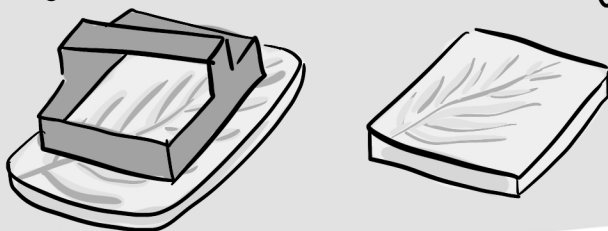
Gather Natural Materials



Gently imprint the natural materials into the clay



Use the tile cutter to get a square



Bisque fire tiles



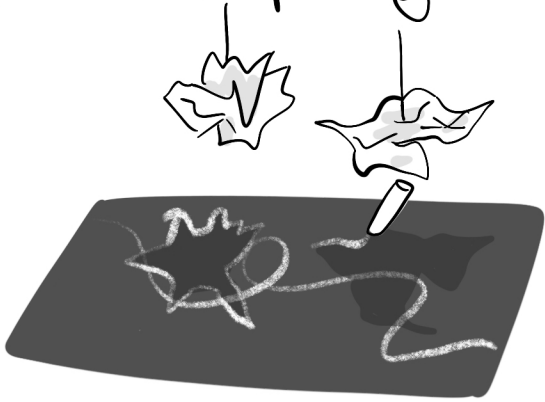
paint with watercolour and wipe off excess with a sponge or rag (or glaze!)

# Collaborative Scroll

layout a long roll of black paper - give students white chalk

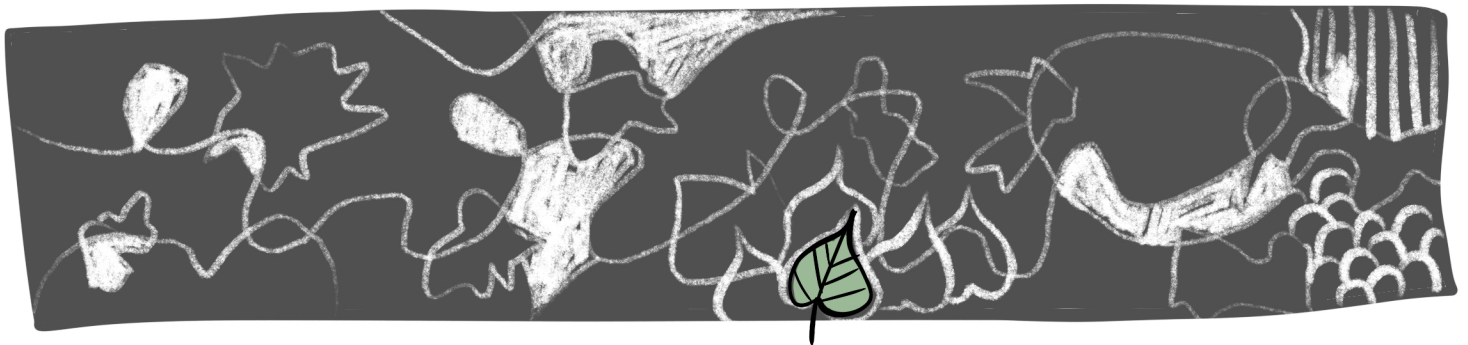


PROMPT 1: Drape string across the paper and draw the lines



PROMPT 2: Crumble paper and hang it over the paper to create shadows, trace the shadows

PROMPT 3: fill in some negative spaces with white



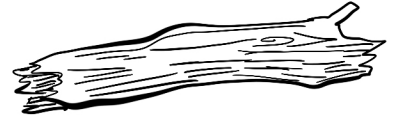
PROMPT 4: Create repeat patterns by collecting objects and tracing the outlines

PROMPT 5: Draw negative shapes from the environment



# Sculpture

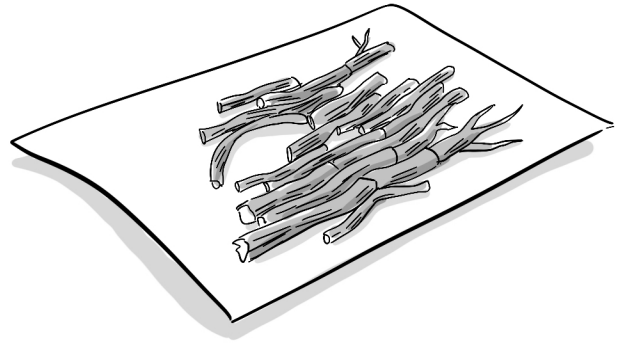
## Abstract Wall Sculpture



Sara - Jeanne Bourget / Peeking Away / 2022  
Handmade charcoal on laser cut wood panel

1. Collect natural materials with similar size & shape (twigs, sticks, rocks, bark, leaves)

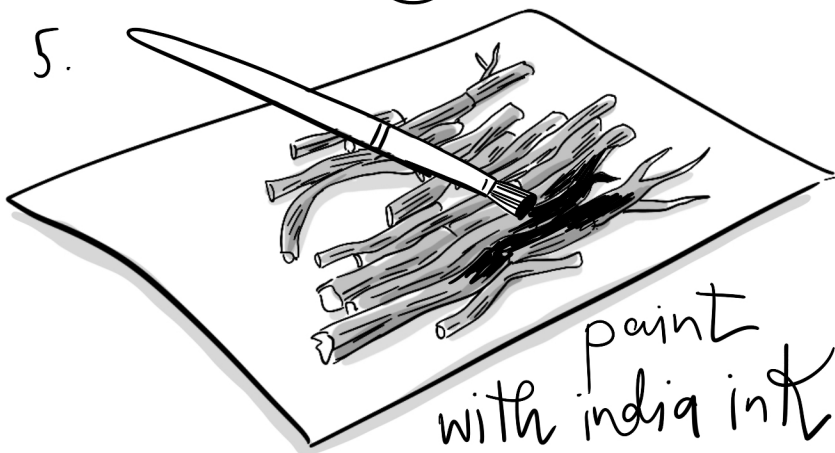
2. On a piece of wax paper arrange materials into an organic form



3. Glue the pieces together from the sides and back

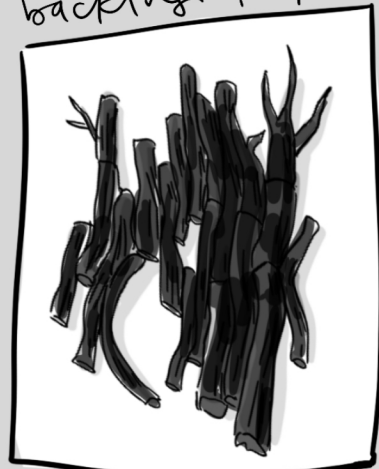
4. Let glue dry fully

5.



paint  
with india ink

6. Remove Wax paper and place on clean backing paper



hang vertically



# Collage

## Nature Pattern Cut outs

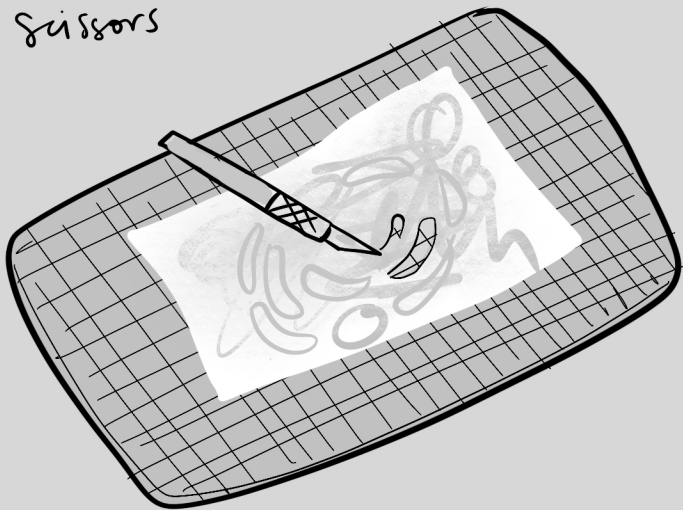
1. Select or create an abstract charcoal or chalk pastel drawing

2. Observe and record patterns in nature in a sketchbook  
(leaves, bark, water, rocks)



3. Select a pattern and simplify the shape so that it can be easily cut out

4. Carefully cut out the pattern from the drawing using an exacto knife or scissors



Try to keep the paper intact



Sara-Jeanne Bourget / Fall / 2024  
charcoal and pastel monoprint on stonehenge, relief ink

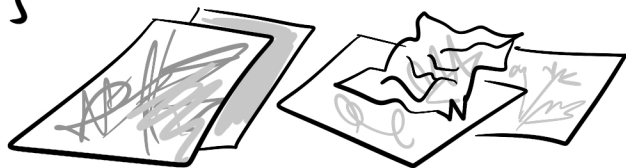
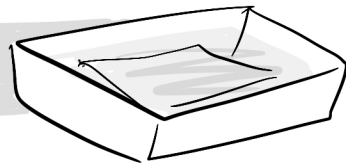
5. Glue cut paper onto black backing paper



# Printmaking

## Crumpled Drawing Prints

1. Soak paper



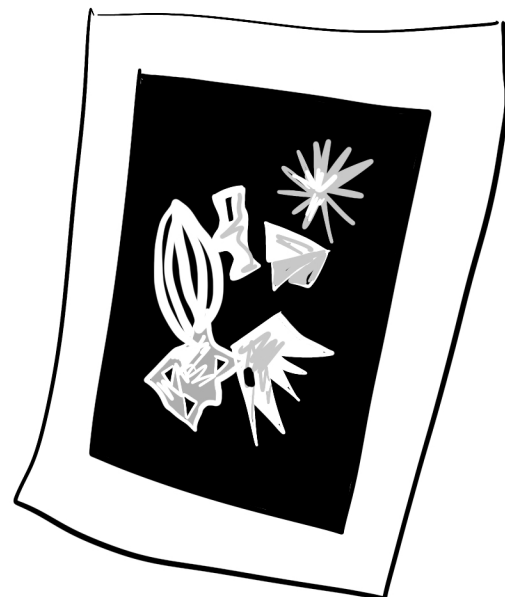
2. Collect or create charcoal or chalk pastel drawings

3. Experiment with folding, crumpling, ripping or cutting drawings

4. Print



Sara Fenne Bourget / Ripple / 2024  
Charcoal and pastel monoprint  
+ collage, relief ink

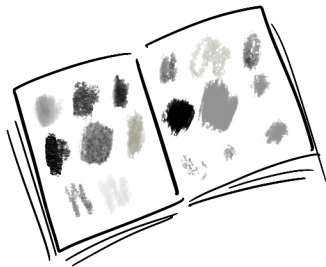




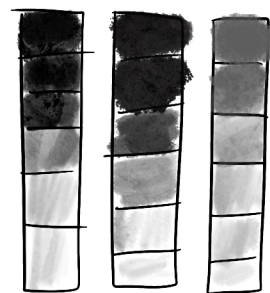
# Drawing

## Handmade Charcoal Drawing

3. make test swatches of the types of charcoal on index cards or in a sketchbook



4. Select 2-3 pieces of charcoal for your drawing and make a Value scale for each



5. Find an interesting rock, stump, tree or plant and create an observational drawing using handmade charcoal



Sara-Feanne Bourget / STANDING DUST / 2018  
charcoal on paper

1. Fill a metal tin with dry de-barked sticks



\*with vent hole

2. Place in a campfire and cook a few hours





# India Ink

## Nature Paintbrushes

1. Gather sticks, leaves, weeds, pinecones, flowers

2. Attach to sticks with elastic bands

3. make sample cards on index cards or in a sketchbook



4. Select your favourite for shading and a plain stick



5. Find a natural location to create a plein air drawing using india ink, a stick and your homemade brush!



Sara-Jeanne Bourget / THE MAD GARDENER PLANTED A FOREST OF DUST  
Alder charcoal on paper

# Gelli Plates

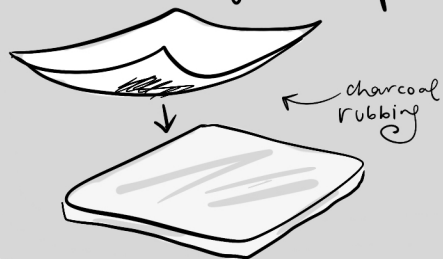
## Charcoal Rubbings (or drawings)

1. Collect rubbings from trees, leaves and other natural materials



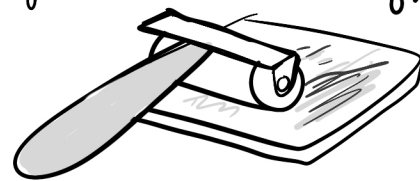
Sara-Jeanne Bourget / Woodpecker Holes / 2021  
Charcoal Monotype

2. Press the rubbing face down on the gelli plate

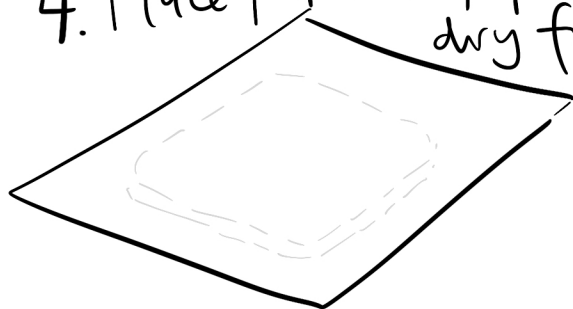


Remove rubbing & set aside

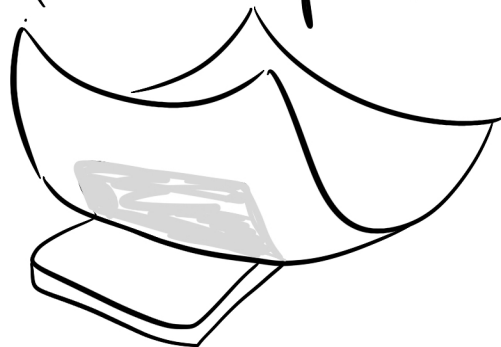
3. Using a brayer, roll a thin layer of clear acrylic medium on the gelli plate



4. Place paper on top and let dry for 5 minutes



5. Peel & reveal print!



\* technique can be used with any charcoal or chalk pastel drawing!



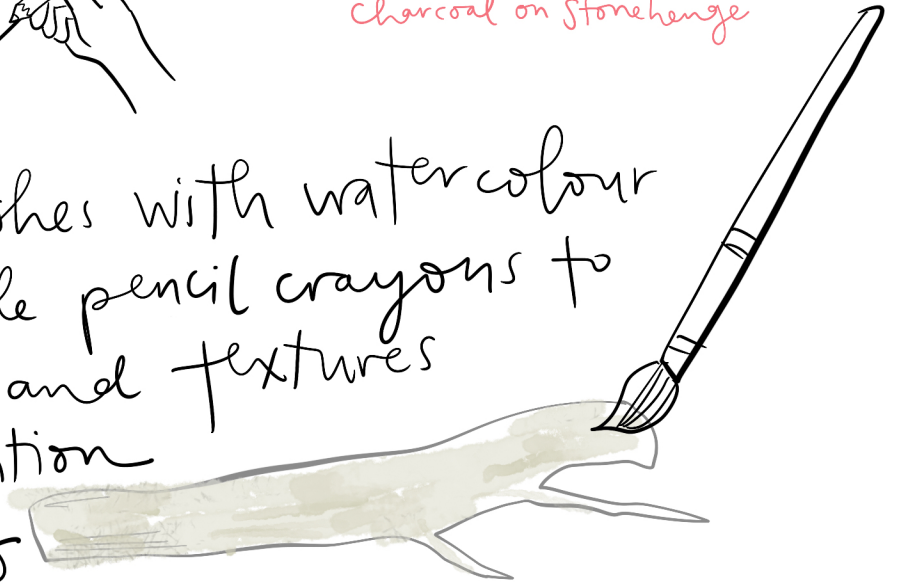
# Watermedia

## Stick Portraits

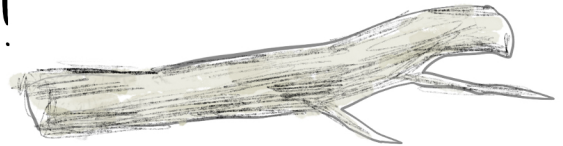
1. Collect interesting sticks or leaves and arrange on a sheet of watercolour
2. Draw or trace the collection outlines first, in pencil



3. Add light washes with watercolour or water-soluble pencil crayons to add values and textures paying close attention to colour mixing



4. Go back in with pencil or charcoal to add final details!



Sara-Jeanne Bourget / charcoal studies / 2021  
Charcoal on Stonehenge