Welcome to Argyle Secondary School!

Bienvenue à l'École Secondaire Argyle!

Graduating Class of 2024
Les finissants de 2024

Evening Overview

1. School Tour (6:15pm- 7pm)
2. Presentation (7pm-8pm)
3. Questions & Discussion

Ms. Shawn White

Grade 7/8 Transition
Counsellor for 2018-2019

swhite@sd44.ca

Grade 8 Counsellor

2019-2020 TBD

SHAWN WHITE

Introductions

Grade 8 Counsellor: Ms. Shawn White

Principal: Ms. Kim Jonat

Vice-principal: Caren Hall (Grade 8's & 10's)

Vice-principal: John Crowley (Grade 9's & 11's)

Librarians

Students

Counsellors

Teachers

Parents

Office Staff

Neighbours

Custodians

Administration

Education Assistants

Supervision Aides

RCMP School Liaison

Youth Workers

www.argylesecondary.ca

Alumni

Career and Volunteer Centre

Clubs

Community Youth Services

Course Programming

Course Request Sheets

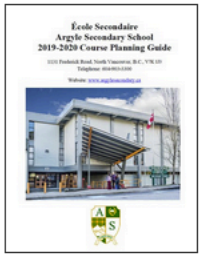
Daily Physical Activity (DPA)

Enrichment Opportunities

Exam Information

Expect Respect and a Safe Education (ERASE)

Key Links for Course Programming



2019 - 2020 Course Programming Guide

Programming Information

NV Distributed Learning Program (North Van On-line Course Options)
Enhanced Programs Guide (District of North Van Academies and Enhanced Programs)
Course Request Sheets - will be given to students by Counsellor
Grade 9/10 Course Programming Presentation (For current grade 8 & 9's)
Grade 11/12 Course Programming Presentation (For current grade 10 & 11's)
Application and Information for Peak Performance (Grade 8 - 12)
Peak Performance Letter for Argyle (Staple Letter and application together and hand to Ms. Hall)
Application for Study block Grade 11-12 (Grade 11 - 12)
Supplemental Information for Leadership 11
Supplemental Information for PHE 11/12 Outdoor Education
Ministry Information on New and Draft Curriculum

Grade 7 into 8 Transition and Programming

Grade 7 - 8 Transition Letter to Parents
Parent Meeting, February 13, 2019 (2018 Tour Presentation)

Year at a Glance

Term One	Term Two	Term Three
Sept – Dec	Dec - March	March – June

- Informal communication
  - Teacher emails available on our website
  - Parent – Teacher conferences – Nov. & Feb.
    - Sign up is online - ensure your email is correct
- Report cards – at end of each term

Argyle's Timetable

Day One: 4 courses

Period 1 2 3 4

Day Two: 4 courses

Period 5 6 7 8

80 minute classes

Daily Schedule

Start: 8:35am

2 classes (5min break between)

Break: 11:20-11:35am

1 class

Lunch: 12:55-1:40pm

1 class

Dismissal: 3:00pm

The Timetable

	Week 1					Week 2				
	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
7:20-8:25 AM Early Morning Classes										
8:35-9:55 AM	1	5	2	6	3	7	1	5	2	6
10:00-11:20 AM	2	6	3	7	1	5	2	6	3	7
11:20-11:35 AM	Break					Break				
11:35-12:55 PM	3	7	1	5	2	6	3	7	1	5
12:55-1:40 PM	LUNCH					LUNCH				
1:40-3:00 PM	4	8	4	8	4	8	4	8	4	8

Grade 8 courses

ENGLISH	FRENCH IMMERSION
English 8	English 8
Math 8	Math 8
Science 8	Sciences Naturelles 8
Social Studies 8	Sciences Humaines 8
Physical Education 8	Éducation Physique 8
French 8	Français Langue 8
Explore 8A: Art/Woodwork/Digital Media	Explore 8A: Art/Woodwork/Digital Media
Explore 8B Drama/Metal/Textiles Or Choir/Band	Explore 8B: Drama/Metal/Textiles Or Choir/Band

Sample Timetable

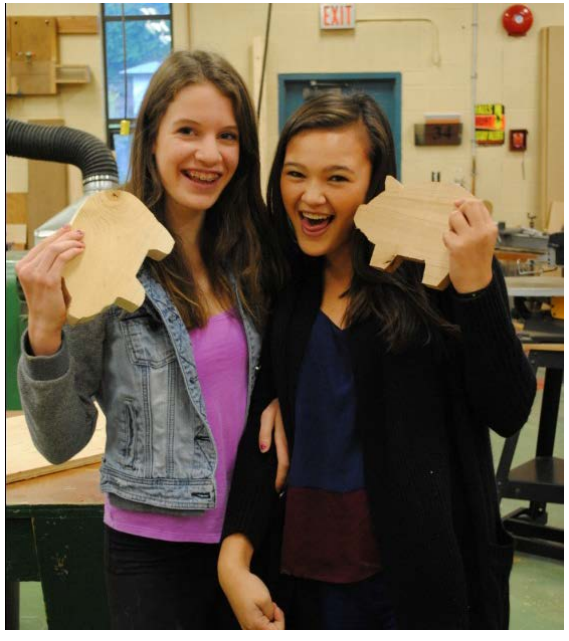
Day 1	Day 2
1 – Social Studies 8	5 – Math 8
2 – French 8	6 – English 8
3 – PE 8	7 – Explore 8B
4 – Explore 8A	8 – Science 8

Explore 8A

Art: Projects in drawing, painting, ceramic sculpture and printmaking.

Digital Media:

Gain knowledge, skills with varied software platforms.



Woodwork: An exciting introduction to the world of designing and building with wood.

Explore 8B

Drama: Learn about warm-up activities, theatre sports, and short scenes.

Metalwork: Several projects teach you to safely use files, punches, scribes, shears, snips, hammers, hacksaws and the drill press.

Home Economics: Introducing students to both machine sewing as well as Foods and Nutrition

Music electives

Elective (in place of an Explore rotation)

Band 8

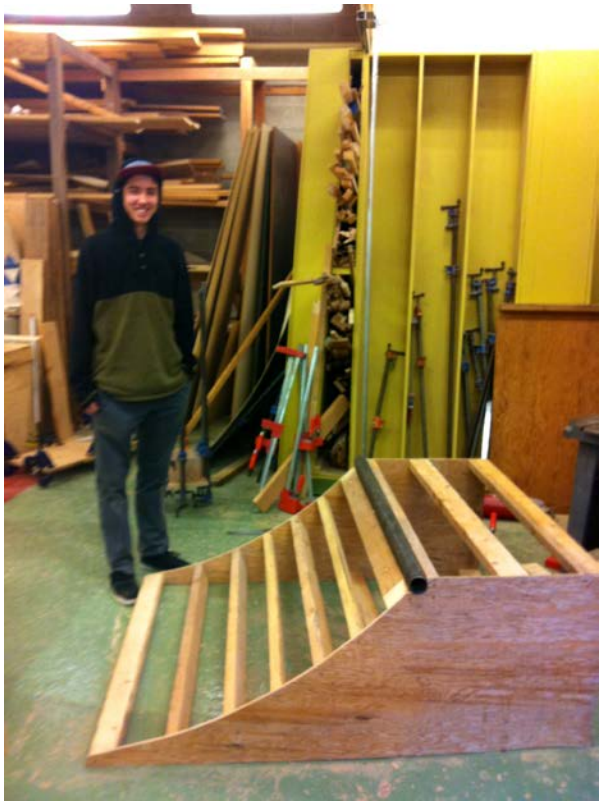
OR

Choir 8

Strings 8:

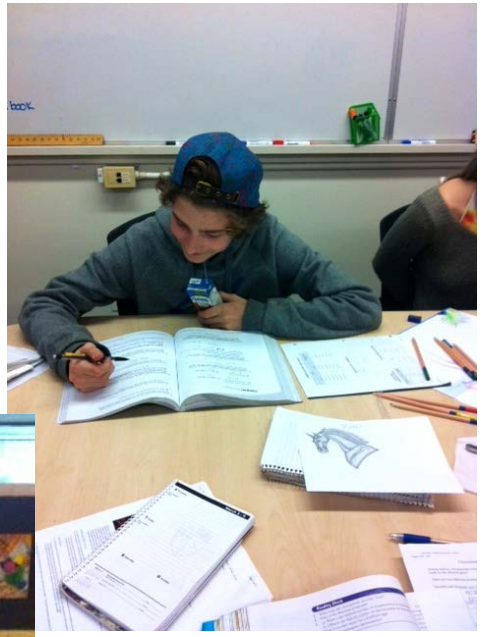
9th course after school

Ecole Harwood H.E.A.T.
'Respect Oneself'
HEALTHY ENCOURAGING ACADEMIC TEAM
Home



Learning Services

- LAC (Learning Assistance Centre)
- LSC (Learning Support Centre)
- Lifeskills
- Choices



École Secondaire Argyle Secondary School
1131 Frederick Road, North Vancouver, V7K 1J3
Phone: 604-903-3300 Fax: 604-903-3301
www.argylesecondary.ca

Current Elementary School

Parent's E-mail Address

GRADE 8 – ENGLISH PROGRAM

Last Name

First Name

REQUIRED COURSE LIST

☐ English 8

☐ Social Studies 8

☐ French 8

☐ Mathematics 8

☐ Science 8

☐ Physical & Health Education 8

OR

☐ I have applied for the following District Academy: _____

Career Education 8 is embedded into courses

ELECTIVES COURSE LIST

Choose 2 of the following 3 courses:

(Can only take one of Band or Choir)

☐ Explorer 8A
- -Art
- -Digital Media Literacy
- -Wood Design

☐ Explore 8B
- -Drama
- -Metal Work
- -Home Economics

☐ Band 8 OR ☐ Beginning Band 8 OR ☐ Choir 8

District Enhanced Programs

- French Immersion (rolls over from Gr. 7 program)
- Peak Performers Program (altered timetable)
- **Academies** (apply prior to March 1, 2019)
  - Open to Grade 8's: **Basketball**, Dance, Field Hockey, Lacrosse, Soccer, Volleyball

Getting involved: Clubs

SCHOOL CLUBS

- Best Buddies
- Cancer Awareness Club
- Caring Club
- Duke Of Edinburgh Award
- Environmental Club
- GSA (Gender Sexuality Alliance) Club
- Model UN Club
- Anti-bullying Club
- Schools for Africa Club
- Student Council

www.argylesecondary.ca
"Students→School clubs"

Getting involved: Athletics

- One of the largest athletic programs on the North Shore
- 19 different sports each year
- **Bantam** = grade 8
- Juvenile = grade 9
- Junior = grade 10

Argyle Athletics

Fall	Winter	Spring
Rugby – gr. 8	Basketball	Track & Field
Volleyball (girls)	Gymnastics	Badminton
Field Hockey (girls)	Skiing/Snowboarding	Golf
Cross-country	Cheer & Dance	Tennis
Swimming	Wrestling	Ultimate
Rowing		Girls Soccer
Boys Soccer		Mountain Biking
Football		Volleyball (boys)
		Rugby - senior

FAST
LANE

BC SCHOOL SPORTS
PROVINCIAL
CHAMPIONS
Girls AAAA
Volleyball

Differences from Elementary

- More personal responsibility
- More personal accountability
- 8 teachers, 8 courses, 8 classrooms
- People! Peers and staff
- Bigger physical space
- Grade counsellor as point of connection
- More extra-curricular activities
- Individual lockers
- Cafeteria

Adolescence & High School

- Increasing independence
- New experiences
- Peer influence
  - Acceptance
  - Experimentation
- Problem solving / conflict resolution
- Increasing accountability

Keys to Success

- Attendance
- Work Ethic
- Self advocacy
- Agency: belief they can make changes happen for themselves
- Independence
- Time management / organization
- Getting involved

What are the skills needed to be successful?

- Discipline
- Resilience
- Positivity
- Confidence
- Commitment
- Accountability
- Focus
- Determination
- Time management
- ATTEND – show up!

What does your child need to work on NOW to be successful in grade 8?

- ✓ Make GOOD decisions
- ✓ Take on more responsibility
- ✓ Learn how to engage in learning
- ✓ Get involved in the Argyle community
- ✓ Organize, complete, and review assignments
- ✓ Work on organizational skills & strategies
- ✓ Attend regularly and be on time
- ✓ **Ask questions**

Grade 7 to 8 Transition Course

- NVSD 44 Summer School
- Topics includes:
  - Curriculum preview (Math, English, Science, Socials)
  - Time management
  - Organizational skills
  - Note-taking skills
  - Stress management
  - Study habits

Parents' changing role…
Some thoughts

How to stay involved as a parent

Join the PAC

Email/meet teachers with your child

Attend school events

Volunteer

www.argylesecondary.ca

“Parents” tab

Helping your child succeed

- ✓ Helping with time management
  - Setting up a regular home study / homework time
  - Setting up a place to study & review
- ✓ Helping with organization
  - Keeping tabs on your child's agenda book
  - Binder organization
- ✓ Listening & asking questions
- ✓ Insisting on daily attendance
- ✓ Establishing routines
  - Afterschool, evening, morning

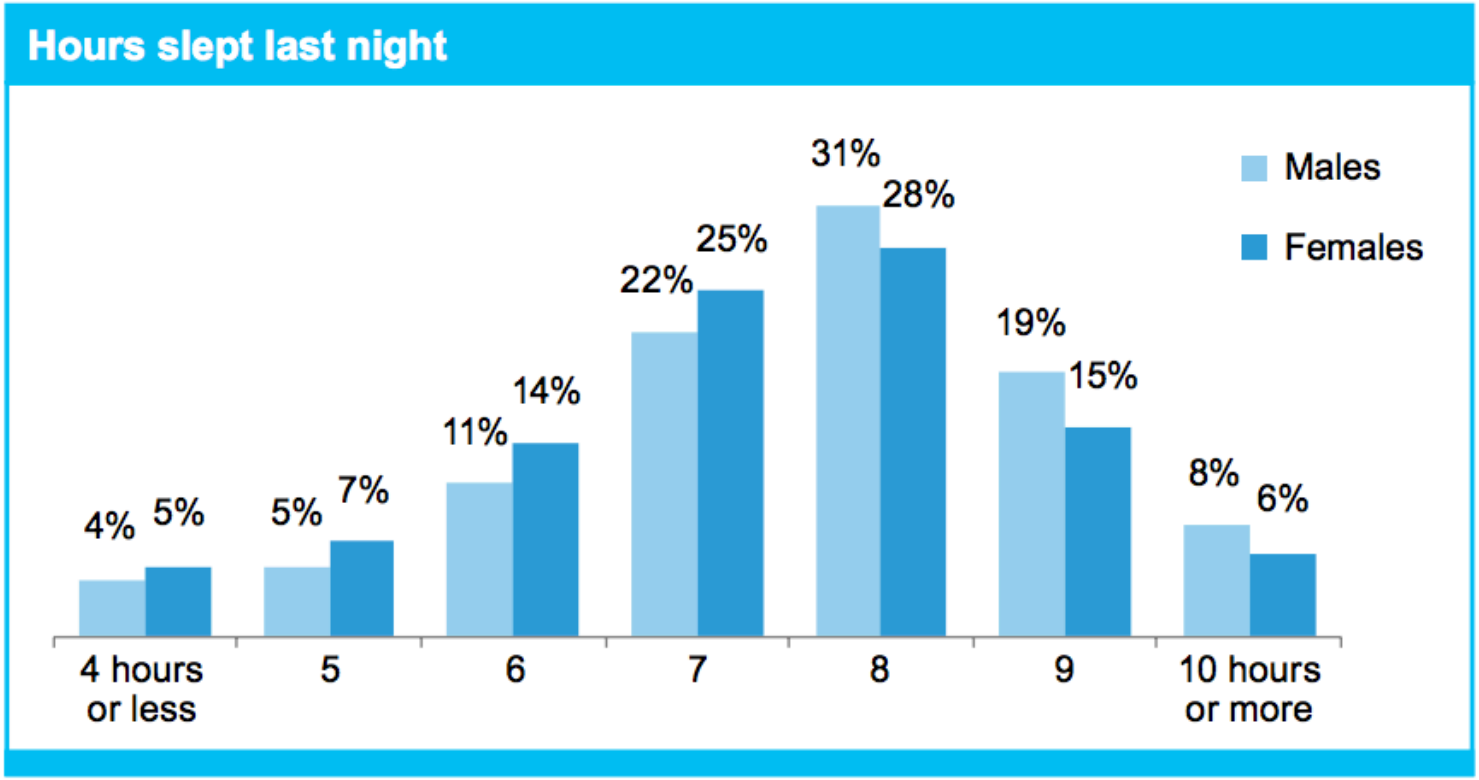
Helping your child succeed

- ✓ Checking the school website & calendar
- ✓ Keeping in contact with teachers
- ✓ Setting timelines, curfews, & boundaries
- ✓ Turning off ‘multi-tasking’
- ✓ Encouraging positive relationships & a healthy lifestyle – awareness of friends & activities
- ✓ Expect and encourage responsibility
- ✓ Encourage your child to accept responsibility for their actions – both successes and challenges
- ✓ Staying positive
- ✓ Continue to be a good role model (they do listen to you!)

Helping your child succeed: Sleep

- 8.5 to 9.25 hours per night is recommended
- #1 distraction and interference with sleep is electronic devices (2013 BC Adolescent Health Survey http://www.mcs.bc.ca/ahs)

Sleep

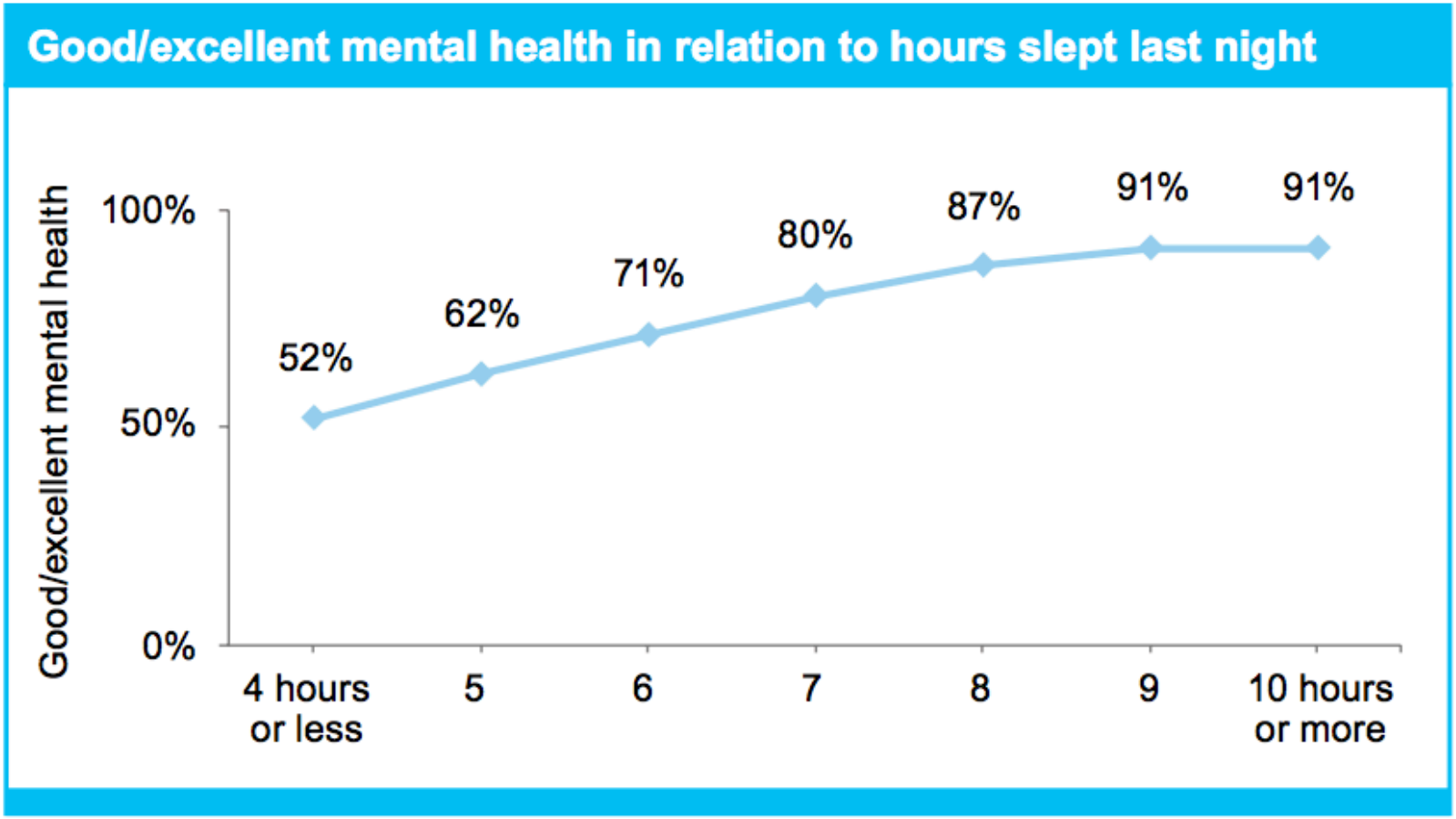


Note: The difference between males and females who slept four hours or less was not statistically significant.

(2013 BC Adolescent Health Survey http://www.mcs.bc.ca/ahs)

82% of youth were online or on their phone after they were supposed to be asleep.

Sleep



(2013 BC Adolescent Health Survey http://www.mcs.bc.ca/ahs)

What's Next?

- **Course programming Feb. 25th – 27th at elementary schools (Ms. White & Ms. Hall)**
- **Return programming sheets by March 8th to grade 7 teacher**
- Gr. 7 & 8s – Motivational assembly – April 2019
- 2nd Argyle Tour / Skill building in May 2019
- Argyle Newsletter mailed home in late August
- First day of school: Tuesday, September 3rd