

## Transition Planning 12 – 2018/2019 COURSE OUTLINE - PERIOD 6 and 7

Transition Planning 12 is a 2-credit course designed to ensure Grade 12's complete the mandatory 4-credit Graduation Transitions program **REQUIRED** for graduation.

**This class will meet once a week in room 210 on the following days:**

Period 6, Tuesday (Week 1) and Wednesday (Week 2)

Period 7, Thursday (Week 1) and Friday (Week 2)

**Instructor:** Mrs. White  
**Email:** swhite@sd44.ca  
**Tutorial Hours:** By appointment only – Student Services

### **So what is Graduation Transitions?!**

Graduation Transitions is a mandatory 4-credit program required to graduate and is intended to prepare students for a successful transition to life after secondary school.

### **More about Transition Planning 12!**

Transition Planning 12 is a 2-credit course required by Grade 12 students at Argyle. Students will meet once a week from September until the course is finished. In Transition Planning 12, students are expected to reflect on their knowledge and abilities and plan for life after graduation by collecting evidence of their achievements in the following areas:

- **Personal Health** – Documentation of 150 minutes (2 ½ hours) per week of moderate/vigorous exercise. Students should ensure that they are participating in the amount of exercise required. They will have to hand in a Daily Physical Activity form signed by their parent/guardian. Completion of a personal health assignment.
- **Community Connections** – 30 hours of documented work experience and/or community service.
- **Career and Life** – Explore personal and career goals and complete a post-secondary plan. Attend two post-secondary presentations.

### Course Breakdown

Course work in Transition Planning 12 will focus on graduation requirements, transition to post secondary life and preparation of your graduation capstone presentation. Upon successful completion of this course you will receive 2 credits for Transition Planning 12 and 4 credits for Graduation Transitions.

Assignments: 80%

Capstone presentation: 20%

### Course Expectations

It is expected that you attend all scheduled classes and activities and complete all assignments on time. Absences must be excused by a parent/guardian or prearranged with your instructor (field trips, sporting events, etc.).