

Wednesday, March 4, 2026

- Attention all Ultimate Athletes! Tryouts continue this week. Senior Ultimate tryouts will be held tomorrow. Junior Ultimate tryouts will be held on today and tomorrow. All tryouts will take place on Lynn Valley Field from 3-5pm. Be sure to dress for the weather and bring a snack to keep your energy, spirit and discs soaring!
- Attention Grads. The Grads Most Likely Survey for the Yearbook has been sent to the Grad MS Team. Each grad can ONLY submit one online form, so be careful to submit it only when you are done. Grad Most Likely Survey's must be submitted before Friday, March 6.
- All Indigenous students are invited to a pizza lunch today in room 150.
- A reminder that Friday is Homeroom. Your Period 3 classes will start at 8:30AM
- Attention all grade 10, 11 and 12 students. Please make sure to bring a personal device - cell phone, tablet or laptop - to your homeroom classes Friday! You will need a device for the homeroom lesson!