

Kostas Roumeliotis: Band 2022-2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|---|---|---|--|
| 8:00 - 8:40 | Dorothy Lynas Beginning (8:10 to 8:50 am) | Seymour Heights Beginning | Cove Cliff Beginning | Sherwood Park Beginning (8:10 to 8:50 am) | Lynnmour Beginning (8:10 to 8:50 am) |
| 8:50 - 9:20 | Dorothy Lynas Continuing (8:50 to 9:30 am) | Seymour Heights Continuing | Cove Cliff Continuing | Sherwood Park Continuing (8:50 to 9:30 am) | Lynnmour Continuing (8:50 to 9:30 am) |
| Recess | Break | Break | Break | Break | Break |
| 10:40-11:20 | Blueridge Beginning | Sherwood Park Beginning (10:45 to 11:25 am) | Lynnmour Beginning | Seymour Heights Beginning | Cove Cliff Beginning |
| 11:20-12:00 | Blueridge Continuing | Sherwood Park Continuing (11:25 to 12:05 pm) | Lynnmour Continuing | Seymour Heights Continuing | Cove Cliff Continuing |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 1:00-1:40 | | | Blueridge Beginning (1:20 to 2:00 pm) | Dorothy Lynas Beginning | |
| 1:40-2:20 | | | Blueridge Continuing (2:00 to 2:40 pm) | Dorothy Lynas Continuing | |

Alexei Solomakha: Band 2022-2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|----------------------|-----------------------|----------------------|----------------------|
| 8:00 - 8:40 | Brooksbank Beginning | Eastview beginning | Braemar Beginning | Capilano Continuing | Braemar Continuing |
| 8:40 - 9:20 | Brooksbank Continuing | Eastview Continuing | Braemar Continuing | Capilano Beginning | Braemar Beginning |
| Recess | Break | Break | Break | Break | Break |
| 10:45-11:25 | Ross Road Continuing. (9:50 - 10:30) | Capilano Beginning | | Eastview Continuing | Cleveland Beginning |
| 11:25-12:05 | Ross Road Beginning. (10:50-11:30) | Capilano Continuing | | Eastview Beginning | Cleveland Continuing |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 1:00-1:40 | | Cleveland Continuing | Brooksbank Continuing | Ross Road Continuing | |
| 1:40-2:20 | | Cleveland Beginning | Brooksbank Beginning | Ross Road Beginning | |

Sab Kabok: Strings 2022-2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|----------------------|--|----------------------|----------------------|---------------------------------------|
| 8:00-8:40 | Cleveland Beginning | Highlands Continuing (7:55-8:35 am) | Cleveland Continuing | Montroyal Continuing | Highlands Beginning (7:55-8:35 am) |
| 8:40 - 9:20 | Cleveland Continuing | Highlands Beginning (8:35-9:15 am) | Cleveland Beginning | Montroyal Beginning | Highland Continuing (8:35-9:15 am) |
| Recess | Break | Break | Break | Break | Break |
| 9:55-10:35 | | Montroyal Beginning | | | |
| 10:35-11:15 | | Montroyal Continuing | | | |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |

Clarice Scop: Strings 2022-2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|----------------------|--------------------------|--|--------------------------|---------------------------|
| 8:00-8:40 | Ross Road Continuing | Dorothy Lynas Continuing | Ross Road Beginning | Larson Beginning | Canyon Height Beginning |
| 8:40-9:20 | Ross Road Beginning | Dorothy Lynas Beginning | Ross Road Continuing | Larson Continuing | Canyon Heights Continuing |
| Recess | Break | Break | Break | Break | Break |
| 10:45-11:25 | Larson Continuing | | Canyon Heights Continuing (10:50 to 11:30 a.m.) | Dorothy Lynas Continuing | |
| 11:25-12:05 | Larson Beginning | | Canyon Heights Beginning (11:30 to 12:10 p.m.) | Dorothy Lynas Beginning | |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 1:00-1:40 | | Braemar Beginning | | Braemar Continuing | |
| 1:40-2:20 | | Braemar Continuing | | Braemar Beginning | |

Joshua Capri: Band 2022-2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|--------|---------------------|-----------|---------------------|--------|
| 8:10-8:50 | | Westview Continuing | | Westview Beginning | |
| 8:55-9:35 | | Westview Beginning | | Westview Continuing | |
| Recess | Break | Break | Break | Break | Break |
| 10:45-11:25 | | | | | |
| 11:25-12:05 | | | | | |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 1:00-1:40 | | | | | |
| 1:40-2:20 | | | | | |

Andrew Voth: Band 2022-2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--------------------|---------------------|--------------------|---------------------|--------|
| 8:00-8:40 | Ridgeway Beginning | Ridgeway Continuing | Ridgeway Beginning | Ridgeway Continuing | |

Colin Madill: Band 2022-2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|------------------------|--|-----------------------|---------------------------|-----------------------|
| 8:00-8:40 | Lynn Valley Beginning | Carisbrooke Continuing | Highlands beginning | Canyon Heights Beginning | Queensbury Beginning |
| 8:40-9:20 | Lynn Valley Continuing | Carisbrooke Beginning | Highlands Continuing | Canyon Heights Continuing | Queensbury Continuing |
| Recess | Break | Break | Break | Break | Break |
| 10:45-11:25 | | Canyon Heights Continuing (10:50 to 11:30 am) | | Carisbrooke Beginning | |
| 11:25-12:05 | | Canyon Heights Beginning (11:30 to 12:10 pm) | | Carisbrooke Continuing | |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| 1:00-1:40 | Highlands Continuing | | Queensbury Continuing | Lynn Valley Beginning | |
| 1:40 -2:20 | Highlands beginning | | Queensbury Beginning | Lynn Valley Continuing | |

Bill Piggott: Band 2022-2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|--------|----------------------------|-----------|----------------------------|--------|
| 8:00 -8:40 | | Upper Lynn Continuing Band | | Upper Lynn Beginning Band | |
| 8:50 - 9:30 | | Upper Lynn Beginning Band | | Upper Lynn Continuing Band | |

Sab Kabok: Strings 2022-2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 8:00-8:40 | Cleveland Beginning | Highlands Continuing | Cleveland Continuing | Montroyal Continuing | Highlands Beginning |
| 8:40-9:20 | Cleveland Continuing | Highlands Beginning | Cleveland Beginning | Montroyal Beginning | Highlands Continuing |
| Recess | Break | Break | Break | Break | Break |
| 9:55- 1035 am | | Montroyal Beginning | | | |
| 10:35-11:15 am | | Montroyal Continuing | | | |

Patrick Metzger: Band 2022 - 2023

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|--------|---|-----------|--|--------|
| 8:00 - 8:40 | | Queen Mary Continuing | | Boundary Continuing | |
| 8:40 - 9:20 | | Queen Mary Beginning | | Boundary Beginning | |
| Recess | Break | Break | Break | Break | Break |
| 10:45-11:25 | | | | Queen Mary Continuing (10:50 to 11:30 a.m.) | |
| 11:25-12:05 | | | | Queen Mary Beginning (11:30 to 12:10 p.m.) | |
| Lunch | Lunch | Boundary Continuing (12:20 to 1:00 p.m.) | Lunch | Lunch | Lunch |
| 1:00-1:40 | | Boundary Beginning (1:00 to 1:40 p.m.) | | | |
| 1:40-2:20 | | | | | |