

# Field Hockey Academy



In partnership with the SEAtoSKY Field Hockey Club, the Field Hockey Academy welcomes students of all skill levels, whether they are new to the sport or aspiring to compete at higher levels.

This program is designed to help every athlete improve their field hockey skills, fitness, and game knowledge in a supportive and challenging environment.

The Academy features a **holistic athlete development** curriculum, which includes:

- **Technical and Tactical Skills Training:** Learn and refine fundamental and advanced field hockey techniques with expert coaching tailored to individual needs.
- **Strength and Conditioning:** Build strength, speed, and endurance through a comprehensive fitness program that enhances on-field performance.
- **Mental Wellness Education:** Develop the mental skills required for focus, resilience, and stress management, crucial for success both on and off the field.
- **Performance Education:** Gain a deeper understanding of game strategies, teamwork, and decision-making to elevate your play to the next level.

The Academy also aligns with the Physical and Health Education curriculum established by the B.C. Ministry of Education and Child Care, ensuring students earn their grade-level P.H.E. credit upon successful completion.

Whether you aim to master the basics, refine your techniques, or prepare for competitive play, the Field Hockey Academy will provide the tools and training to help you succeed.

## Location and Schedule

Classes are held at Rutledge Field in Ambleside and Argyle Secondary School.

Schedule to be determined.

Transportation to and from the Academy site is the sole responsibility of the student and/or parent/guardians.

## Who can participate?

The Field Hockey Academy is open to all students in Grades 8-12. Participation in the Field Hockey Academy will not affect a student's eligibility to play for their home school's field hockey team.



TO LEARN MORE: [www.sd44.ca](http://www.sd44.ca)

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# Program Information

## Fees

The total cost for the Field Hockey Academy is **\$2,700** for the 2026-2027 school year.

**Payment:** To confirm a student's registration and secure placement in the Academy for the 2026-27 school year, payment may be made in full or monthly instalments may be set up by the deadline stated in the acceptance letter.

**Please note:** Failure to pay the Academy Fee in full or set up monthly instalments by the deadline stated in the acceptance letter will result in automatic withdrawal from the Academy.

A limited number of bursaries are available for this Academy.

## Questions?

If you have any questions about the Field Hockey Academy, please contact [academies@sd44.ca](mailto:academies@sd44.ca).

## Selection

- Priority 1: Returning students
- Priority 2: Wait-listed students from the previous year
- Priority 3: Lottery for remaining students per *Board Policy 605: Admission of Students to Schools*

The total number of spots available will be dependent upon the number of returning students, the number of applications received, and the ability of schools to organize the school timetable to meet enrolment and programming requirements.

## Ready to Apply?

New and returning Academy students must complete the online application. Application link can be found on the NVSD Academy website. Applications will be accepted from January 15, 2026 to February 28, 2026.



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