











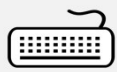















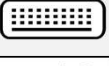


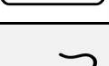





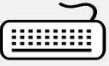
















The North Shore Population Health Team is working with the North Shore Emergency Operations Centre Food Security Section to update this listing of grocery resources available during the Covid19 response. See the information online at: <https://nsem.info/resources> or see the details in a google map at <http://www.tablematters.ca/>. Email Margaret.Broughton@vch.ca with updates or additions.

Name	Delivery and Pick Up Options	Services Available				Website	Phone Number	Store Hours/Seniors Hours	Address
		Online shopping	Home Delivery	Pick-Up Order	Seniors Shop-by-Phone				
BCLocalRoot.ca	Shop online for BC ONLY brands and products. Free grocery pickup (\$50 minimum) or delivery (\$75 minimum) available.				-	BCLocalRoot.ca	-	Weekly order cut-off is Wednesday at midnight.	105 – 828 Harbourside Drive
producetoyourdoor.ca	Grocery delivery. No minimum order. No delivery fee.			-	-	https://producetoyourdoor.ca/	-	Order cut off is 5pm for next day delivery (Mon-Fri)	producetoyourdoor@gmail.com
SPUD.CA	Grocery delivery			-	-	https://www.spud.ca	(604) 215-7783	Monday - Friday: 8am-8 pm Weekends: 10am-7pm	1660 E Hastings St, Vancouver
Choices Market	Order online for curb-side pickup. Seniors can shop by phone 604-770-2868.		-			https://shop.choicesmarkets.com/	(604) 770-2868	Monday - Sunday 8am-10pm Seniors hours daily 8am-9am	500-801 Marine Dr, North Vancouver
Safeway	Delivery may be available after purchase made in store	-		-	-	http://safeway.ca	(604) 926-2550 (604) 988-6645 (604) 924-1302 (604) 980-3316	Monday - Saturday: 7am-9pm Sunday: 7am-7pm Seniors hours daily 7-8am <i>Store hours vary slightly by location</i>	5385 Headland Drive, West Vancouver 780-2601 Westview Drive, North Vancouver 1175 Mount Seymour Road, North Vancouver 1170 27 Street E, North Vancouver
Nesters Market	Curbside pickup available. Email orders to bill_love@nestersmarket.com	-	-		-	http://nestersmarket.com	(604) 929-0241	Monday - Sunday: 8am-8pm Seniors hours daily 8am-9am	415 Dollarton Hwy N, North Vancouver
Whole Foods Market	Online order at https://www.wholefoodsmarket.com/shop/PRV for curbside pickup (limited items). Order by phone at 604-678-0500 for seniors not able to leave their homes.		-			http://wholefoodsmarket.com	(604) 678-0500	Monday - Sunday: 8am-9pm Seniors hours Weds & Fri 7-8am	925 Main Street, West Vancouver
Whole Foods Market	Grocery pickup and delivery are not offered at this location.	-	-	-	-	http://wholefoodsmarket.com	(604) 973-1014	Monday - Sunday: 8am-9pm Seniors hours daily 8-9am	120 E 13th Street, North Vancouver
Osaka Supermarket	Shop online. In store pickup or delivery of non-perishable food items. See website for more details.				-	https://www.tntsupermarket.com/	(778) 279-8000	Monday-Sunday 10am-9pm (opens at 9:30am on Saturdays) Seniors hours daily 10-11am	2200 Park Royal Mall S, West Vancouver
IGA Market	Shop online. Grocery pickup only. Seniors can shop by phone - 604-498-2813.		-			https://www.iga.net/en/online_grocery	(604) 913-3056	Monday - Sunday: 8am-7pm Seniors hours daily 8-9am	2491 Marine Drive, West Vancouver

Name	Delivery and Pick Up Options	Services Available				Website	Phone Number	Store Hours/Seniors Hours	Address
		Online shopping	Home Delivery	Pick-Up Order	Seniors Shop-by-Phone				
IGA Market	Shop online. Pickup only. Seniors unable to leave home can shop by phone at 604-985-4431 (Tuesdays only, call before 10am) with delivery on Wednesday.					https://www.iga.net/en/online_grocery	(604) 985-4431	Monday - Sunday: 8am-9pm Seniors hours daily 7-8am	130-150 Esplanade W, North Vancouver
Fresh St. Market	Shop online. Order pickup or delivery available.				-	http://freshstmarket.com	(604) 913-7757	Monday - Saturday 7am-9pm Sunday 7am-7pm Seniors hours Wed & Thurs 7am-8am	1650 Marine Drive, West Vancouver
Loblaws City Market	Shop online. Grocery pickup or delivery available.				-	http://loblaws.ca	(604) 984-2226	Monday - Sunday: 7am-10pm Seniors hours daily 7-8am	1650 Lonsdale Avenue, North Vancouver
Loblaws City Market	Shop online. Grocery pickup or delivery available.				-	http://loblaws.ca	(604) 922-1902	Monday - Sunday: 7am-9pm Seniors hours daily 7-8am	861-845 Park Royal N, West Vancouver
Save On Foods	Shop online. Grocery pickup or delivery available.				-	http://saveonfoods.com	(604) 980-4857 (604) 983-3033 (604) 985-3069 (604) 983-2227	Monday - Sunday: 8am-10pm Seniors hours daily 7-8am	221-1199 Lynn Valley Road, North Vancouver 600-333 Brooksbank Avenue, North Vancouver 1250 Marine Drive, North Vancouver 140-879 Marine Drive, North Vancouver
Stong's Market	Shop online or by phone 604-973-0700 (choose Express Delivery option) . Pickup and delivery options available.					https://express.stongs.com/	(604) 973-0700	Monday - Sunday: 7am-9pm	2150 Dollarton Highway, North Vancouver
Superstore	Shop online. Grocery pickup or delivery available.				-	http://realcanadiansuperstore.ca	(604) 904-5537	Monday - Sunday: 7am-11pm Seniors hours daily 7-8am	333 Seymour Boulevard, North Vancouver
Wal-Mart	Shop online. Grocery pickup or delivery available.				-	http://walmart.ca	(604) 984-6830	Monday - Sunday: 7am-11pm	925 Marine Drive, North Vancouver
Queensdale Market	Order by phone 604-987-6644 Tues/Weds between 8am-12pm. Delivery and pickup options available.	-				http://queensdalemarket.ca	(604) 987-6644	Monday - Friday: 8am-8pm Saturday - Sunday: 8am-7pm Seniors hours daily 7-8am	3030 Lonsdale Avenue, North Vancouver
Thrifty Foods	Shop online. Grocery pickup only.		-		-	http://thriftyfoods.com	(604) 929-2299	Monday - Sunday: 8am-9pm Seniors hours daily 7-8am	845 Marine Drive, North Vancouver
Loulet Farm Market	In-person.	-	-	-	-	www.ediblegardenproject.com	604 987 8138 ex 231	Saturdays from 10am-2pm, Wednesdays from 2pm-4pm	1400 Rufus Ave, North Vancouver
Ambleside Atisan Farmer's Market	In-person.	-	-	-	-	https://www.artisanmarkets.ca/our-markets/ambleside-market/	-	Sundays from 10am-3pm	1000 Argyle Ave, West Vancouver
Lonsdale Farmer's Market	In-person.	-	-	-	-	https://www.artisanmarkets.ca/our-markets/lonsdale-quay-farmers-market/	-	Saturdays from 10am-2pm	123 Carrie Cates Ct, North Vancouver