

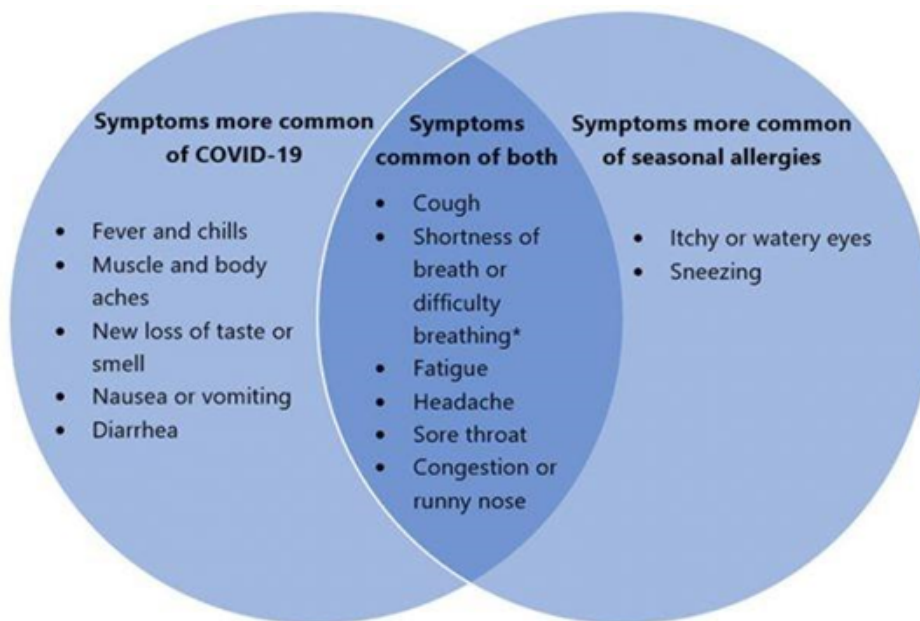
SEASONAL ALLERGIES AND COVID-19

How can I tell the difference between seasonal allergies and Covid-19?

Seasonal allergies (also known as hay fever) are allergy symptoms that occur during certain times of the year, when the immune system overreacts to allergens in the air such as airborne pollen.

COVID-19 and seasonal allergies have some distinctive symptoms. For example, COVID-19 can cause fever, which is not a common symptom of seasonal allergies. However, there are many other symptoms which may be common to both COVID-19 and seasonal allergies. You can also have COVID-19 and seasonal allergies at the same time.

Since many symptoms of COVID-19 and seasonal allergies may be similar, you may need to get tested to confirm your diagnosis. All students and staff should use the K-12 Health Check app to check for symptoms daily, and the BC Self-Assessment Tool to determine if testing is required.



Infographic source: US Centres of Disease Control and Prevention
 Venn diagram of the overlap of Covid-19 symptoms with seasonal allergy symptoms

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