



# **WESTVIEW AFTER SCHOOL PROGRAMS**

\*\*Please note that a **Parent Emergency Consent Form** will be emailed to parents before the program starts. Please have this form filled out and handed in to the instructor on the first day of programs.

#### Soccer with Sam Gr. 3-5

**Gymnasium** 

Work on your soccer skills, play games and have FUN with soccer coach Sam.

416599 Th April 25-June 13 3:05-4:15pm \$35

#### Red Fox Active Play Gr. 4-7

**Gymnasium** 

Red Fox Active Play is a free program that promotes physical literacy and social development through fun and active activities. Children will learn new skills, gain confidence and physical fitness through games, circus arts and sports.

416598 F May 3-June 14

2:55-4:30pm

FREE

\*\*Offered by the North Shore Neighbourhood House. For Red Fox Consent Forms and more information please contact Lily Foster at 604-290-2384.

Students are responsible for making their own way to the programs.

Instructors will be meeting them in the designated room.

Please remind your child when programs begin.

# Registration begins on Wed. April 17 at 8:30am

#### **WAYS TO REGISTER:**

**In Person:** Drop by any of our Recreation Centres during office hours

Customer Call Centre: 604.987.PLAY (7529). M-F 8:30am-6:30pm

Online registration: www.nvrc.ca

## PROGRAMS AT JOHN BRAITHWAITE COMMUNITY CENTRE

145 W 1st St, North Vancouver, BC, V7M 3N8 | 604-983-6471

# Family Open Gym Drop-In 1-12yrs

**Gymnasium** 

A fun and affordable way for families to be active together. There is lots of space for parents and children, 12yrs and under, to play in our gym with a gymnastics circuit, trikes, balls, and open courts for basketball.

Su Apr. 7-June 16

1:30-3:00pm

\$2

#### Pre-Teen Drop-In Grades 5-7

**Youth Lounge** 

Table tennis, arts and crafts, pool and video games. Contact Kyle for more information at 604.983.6492.

FRFF

Tu 3:00-5:00pm

# For more information about programs or financial assistance:

Lily Foster, NSNH Community Program Coordinator - Queen Mary, Westview, and Ridgeway Schools

604-290-2384

OR

John Braithwaite Community Centre

604-983-6471

## "Building our community one relationship at a time"

Programs offered by the North Shore Neighbourhood House in partnership with the North Vancouver Recreation & Culture Commission

