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# The Sabre Magazine

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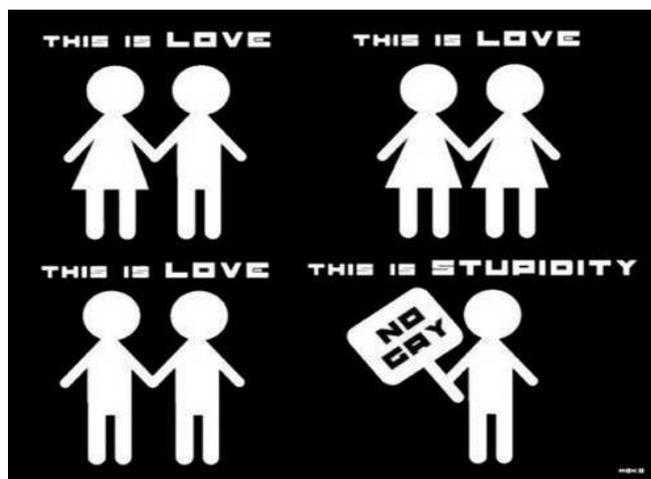
## Standing up for love by Taryn Audet

There are people in this world. There are blonde people, brunette people, red-haired people and even some pink-haired people. There are black people, white people, brown people and every colour in between. There are shy people, happy people, artistic people, romantic people, and intelligent people too. But I'm sure you already know that.

Everyone is a person. Everyone is equal. And yet, some people can't seem to accept that.

When a teen commits suicide, an outcry can be heard from the town or the city or even the nation. And every few weeks, a story about a severely bullied openly-gay student who took his or her own life grabs headlines and front pages worldwide.

In my research for this article I found so many heartbreaking stories that I'm struggling to



The sign says it all..

convey them to you. In Ottawa, Jamie Hubble, an openly gay figure-skater, had batteries stuffed down his throat on the Grade 7 school bus because of the enjoyment he took in skating. Not every form of sexual orientation bullying is so extreme, but often instances are even worse, and it leads to young teens taking their lives.

So why does it keep happening over and over again? Regardless of how many rallies the LGBT community holds or how many signatures they have on their petitions homophobia runs rampant through the streets of the world and especially through the hallways of high schools. And I, along with many others, struggle to understand why. Continued on p. 2

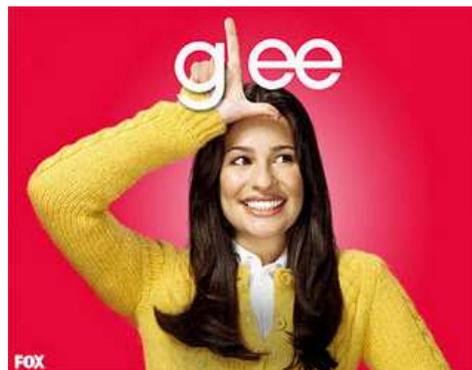
## Gleek-ed Out by Derrick Gravener

*Glee*, it used to be the show we would skip our homework to watch because it was smart, funny, timely and original but somewhere its yellow brick road faded to the pavement black that encompasses what are TV's saddest shows.

Season 1 was fresh, bright and original. It was something that became part of your routine, like

your morning orange juice. The characters all had interesting subplots and the songs made sense with what was happening to them. Neil Patrick Harris added a particular high for the season and oh, I forgot to mention,

- Continued on page 2



Someone needs to ship Lea Michele away pronto-Toronto!

## Standing Up for Love - Continued

My question is, why is someone's sexual orientation, or their want to get married, cause for such hatred? It doesn't affect anyone besides the parties involved. A third World War will not break out. Terrorists will not win. Zombies won't rise out of the ground. The plagues will not erupt. Gay men and women are still people: that is what some don't seem to grasp. They breathe, eat, love and sleep just like us. They simply love the same gender. It's not a choice, but even if it was, would that matter? Why can't they be free to love and marry whomever they want without harassment?

While this article is not a What Grinds My Gears piece, it may as well be. I can't stand any sort of prejudice; whether it's based on one's skin colour, gender, sexual orientation, or religion is irrelevant. But homophobia hits me especially hard, as I've had friends whom this has been severely affected by this.

To those who say homosexuality is "against nature" and therefore disgusting and unnatural: Homosexuality is well documented in more than 1,500 species - everything from lions to penguins have exhibited homosexual behaviour. Petter Bockman, a scientific advisor, has been noted as saying that "no species has been found in which homosexual behaviour has not been shown to exist, with the exception of species that never have sex at all." Homosexuality is natural.

To those who say children adopted by gay couples will have a horrible life or be raised incorrectly: Children of homosexual parents are proven to be more accepting of others, less likely to get into fights at school, and all in all end up being much better behaved.

To those who say gay couples cannot reproduce and therefore homosexuality is "wrong": Millions of couples around the world - heterosexual couples - cannot reproduce due to multiple factors (low sperm count,



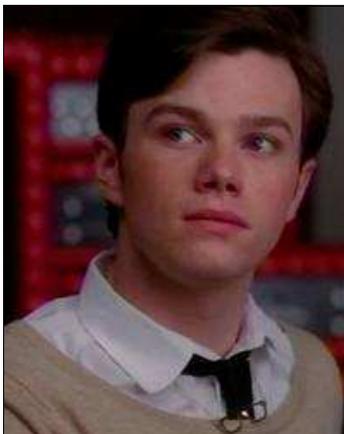
Backwards thinkers, think again.

lazy ovaries, etc). Should they not be allowed to marry on that basis? Not be allowed to be together? Of course not.

All this said, Sutherland Secondary has often surprised me with its high level of acceptance and credit has to be given where it's due. In fact, when I asked an anonymous, gay student what the worst instance of bullying they had been subject to was, they had this to say:

"Well, that's the thing I like about Sutherland, compared to other schools we are a very accepting and tolerant. I have never been harassed by someone about my sexuality. In my point of view, we don't have physical bullying at our school. I have to say we do have many circumstances of verbal bullying, luckily I haven't had to experience it myself."

## Gleek-ed Out - Continued



Chris Colfer is never dull in Glee.

Season 1 was laugh out loud funny! Jane Lynch's Sue had purpose in the first season, she was a source of conflict and her punch lines were absolute knockouts. Sadly, sometime after it went on a sort of "mid-season break" its quality kind of dipped and it was then that I should've started running. When Season 2 returned I was Gleek-ing out hard! The season premiere was a welcome return with singing sensation Charice guest starring. If

Charice wasn't enough, they got Britney Spears for the next episode and it was then that we saw the revelation that was Britney (played by Heather Morris). It was then we also figured out Lea Michele (who plays Rachel) can't dance to save her life. The Britney Spears episode was pretty dance heavy and it became pretty obvious that she couldn't dance when they didn't film her legs at all during the "dance" scenes. Glee's cracks were starting to

show. Its writing was seriously going south (they dropped almost all plot in one episode for their *Rocky Horror* show) and it was running out of timely songs. Season two's peak was in "The Substitute"; it featured an Emmy-winning guest star performance from ...

- Continued on the Next Page

## Standing Up for Love - Continued

The goal of this article is to extinguish all remaining forms of bullying, or just to make one person stop their bullying or stand up for anyone being physically or verbally harassed. As a whole our student body is so impressive I know this message might seem moot - but it's not. There are always bullies that need to be stood up to.

A quick note on marriage: Gay marriage is a topic very dear to me; or, as I like to call it, marriage. Because when a lesbian eats lunch, it's called lunch. Not gay lunch.

I'm a heterosexual female. I want to get married someday. Hopefully to a nice, funny guy. We'll fight from time to time, we'll worry about money and have long-winded arguments

over whose going takes the kids to soccer practice on Wednesdays. To get married and settle down with a partner is a human instinct; it's something people just do. Now, where is the crime if a man wants to marry a nice, funny guy, fight from time to time with him, worry about money with him, and discuss who will take the kids to soccer practice? Marriage is a constitution between two capable, consenting adult human beings - whether those two people are male or female, female and female, or male and male, it shouldn't matter. A corpse, a toaster, or a child, are not beings capable of consent or proper decision-making. But a gay person is just as capable of doing everything a straight person is - including getting

married.

Not allowing these people to marry will not make homosexuality go away, so why fight it? It doesn't do anyone any harm. Just let people be free to love. It is, besides eating, breathing, and sleeping, the most basic human instinct - why should it be denied to anyone?

The journalism class of 2011/12 does not and will not condone homophobia. If you ever see any form of harassment or bullying due to sexual orientation, please stick up for the victim(s). We all know it isn't right. Don't let it go unchecked and unpunished.

I'll let the wonderful author J.M. Barrie sum it up: "Let no one who loves be unhappy."

***"Because when a lesbian eats lunch, it's called lunch. Not gay lunch."***

\*Pictures courtesy of Tumblr\*

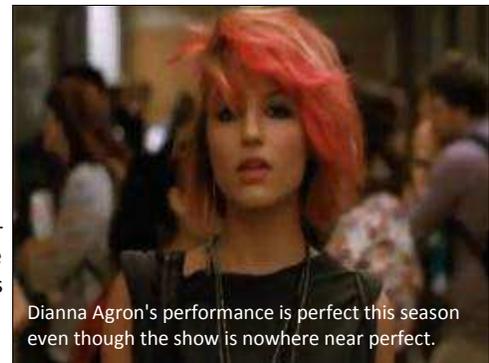
## Gleek-ed Out - Continued

... a shining Gwyneth Paltrow as a Spanish-teaching, Cee Lo singing substitute, and it was hilarious too! To try to bring back this magic they brought her back for more episodes, which were either arm gnawingly boring and super awkward during the romance scenes.

As for its "stars" Lea Michele and Matthew Morrison, well they are just plain annoying. Matthew Morrison raps in an episode which is about as awkward as your Grandpa busting out in full out Kanye and in real life he seems like a total egotistical maniac. For me I hated him when he was in *Details* blabbing about how he ate sweet potatoes for three days for the magazine's photo shoot to make his abs look better (insert serious face palm here).

Lea Michele on the other hand is just awkward and stuck up. She really can't act, when she cries she totally makes her face like a napkin which kind of makes me want to laugh really hard. In her audition she was exactly the same when reading and not reading...*(face palm part two)*. Plus she's a total diva on set and she ignored *True Grit's* Hailee Steinfeld when she asked for an autograph on set. SERIOUSLY? You're not a Grammy award winning pregnant singer...*(hint, hint)*. Currently airing its third season (which reeks as much as cat pee), it certainly has little gas left in the tank. They're pulling student-teacher relationships out of the hat and this season (barf!) and they somehow managed to make Sue seem annoyingly mean, repetitive and unnecessary; that really is a whole new

brand of sadness. Dianna Agron (playing Quinn) brings some seriously needed fire this season as she tries to get her daughter back at any cost. Also a star is Chris Colfer (who plays Kurt) whose relationship with Blaine has taken some interesting turns this season. What makes them interesting is that they still know their characters inside-out and we need that fire back from the cast if there's any hope of a good episode coming soon, that and better writing, stat! One can blame a lot of things for *Glee's* fall; the cast's lack of long term passion, the writers, but I think who's mostly at fault here are the



Dianna Agron's performance is perfect this season even though the show is nowhere near perfect.

Sure, they still write a few episodes but their hearts so aren't in this show choir any more, they're somewhere in their new series *American Horror Story* or in one of their upcoming movies. I can't blame them, there were only so many places this show could go, but they still abandoned it. *Glee* has officially overstayed its welcome.

## Guns N' Roses Review by Connor Hanley

On December 17th, 2011, Guns N' Roses, or if you're one of THOSE people, Axl Rose and his travelling band of posers made their very long awaited return to Vancouver since 2002, and played their first show here since 1993 as the '02 show was cancelled. GNR played at the Pacific Coliseum with former GNR bassist Duff McKagen's band "Loaded".

It said on the ticket that the show was to begin at 8:00 but with Axl Rose being involved, you knew it was not going to start then. With the doors opening at 7, we decided to arrive at the Coliseum around 7:15 but to our "surprise" the doors were still closed with a huge crowd of people gathered around the entrance with lines going as far back as Triumph Street, and that was just for people WITH tickets. For the next 15-20 minutes there was a nervous fear of a potential no-

show that was felt throughout the entire crowd and the big wall of security. However, suddenly at around 7:30 the doors finally opened and out came a unified sigh of relief which was followed by loud cheers from the growing mob outside. Unfortunately though, right then the rain just came pouring down, soaking the impatient crowd. It took just over an hour waiting in the heavy rain until we finally got in the building at 8:15 and of course another hour of waiting for the crew to finish setting up the stage and for the opening act to come on.

After about 2 ½ hours of delays later the opening act "Loaded" finally came on stage. Loaded is a Seattle punk rock band that features the already mentioned former Guns N' Roses bassist Duff McKagen as well as three other members named Mike Squires, Issac Carpenter and Jeff Rouse who were apart of multiple bands based in the

Seattle area. They kicked off the show with the title track from their second album "Sick." Loaded was on stage for just over an hour playing 11 original songs and four covers, two of which (Dust N' Bones, and So Fine) were GNR covers and finished off their set with a cover (Attitude) from "The Misfits." Loaded fully exceeded my expectations for an opening act, they're a great mix of hard rock and punk, and I fully recommend listening to their material.

After Loaded finished their set, another half hour break went on until GNR came out with a bang starting off their set with "Chinese Democracy" and "Welcome To The Jungle." It was clear after the first few songs that Axl Rose was still on top of his game and his fellow band mates were no joke. During Rocket Queen (8th song of the night)



25 years later and Axl Rose still has it

a woman was called on stage holding a large banner that said "I'll Be Your Rocket Queen William Axl Rose!" and posed for a few pictures with him during the guitar solo.

- Continued on next page

## In the presence of kings by Chandler McCorkindale



In the presence of kings

December is a month when we remember three kings who traveled to bring a certain baby presents and gifts. Fast forward 2000 and such years to December 17th and 18th of 2011 when two kings who go by the name Jay-Z and Kanye traveled

very far to bring the people of Vancouver the gift of rap and the present of their presence.

The doors of Rogers Arena opened at 7:00pm, but the concert didn't start till almost 10:00pm that night! With no opening act the people at the stadium where getting very restless and every time the background music lulled for a second people would erupt into cheers, thinking of course that the main act was about to take the stage. Now I have always heard people say good things come to those who wait, and let me tell you ladies and gentleman that this prolonged start was well worth the wait.

The clock struck 10:00pm, the lights dimmed; this odd carnival music began to play, fans were screaming, and out came the kings of rap. They arrived each on a separate platform, facing each other, they started with their first single from Watch the Throne (H.A.M) and the sold-out crowd erupted. The rappers had us eating out of their hands all night and they knew it. They began rolling out the hits from their collaborative album such as, Who Gon Stop Me, Otis, Welcome to the Jungle, Gotta Have It, and many more. Songs like Welcome to the Jungle, and another one called

## In the Presence of Kings - Continued

Made it in America had videos on the main screen that matched the message of each song. Otis and other hits were accompanied by some very cool pyrotechnics and some of Kanye's solo stuff had a futuristic laser show.

While the great duo rapped to each other everything flowed perfectly, everything they did seem effortless and they did a great job of looking like the kings they have proclaimed themselves to be. They did a very good job of making the audience feel like a part of the concert by making us whip out cell phones, raise our hands in the classic Jay-Z diamond shape and by making us help out with lyrics.

Part of the 2hr and 30 min concert involved a lot of the rappers collaborative work but, Kanye and Jay each took turns doing some stuff from their solo albums. Kanye (who I was most excited to see) got the ball rolling with classics like "Can't Tell Me Nothing", "Jesus Walks", "Monster," and "Power" as he performed these he seemed so upbeat and full of energy. He also paused one time to

give us a speech about going out and achieving your dreams. Later in the evening during Kanye's set of "Runaway", "Heartless", "Stronger", "Good Life", "Touch the Sky", "All of the Lights" and "Gold Digger", he seemed to get weary and irritated. He began a speech during Heartless about how much of a jerk he is, the audience was not sure how to react to him being so self deprecating. During "All of the Lights" Kanye restarted the song five times because he was not pleased with how many lighters and cell phones fans whipped out, and he restarted the song again because the crowd did not want to sing along with one of his lyrics due to a profanity. All in all, I would say Kanye was very good but, he just seemed to be there only because he had to be. Jay-Z was the definition of amazing that night. He did everything right, he picked the right set list, did a great job of interacting with the audience. It was clear from the crowd's reaction to his hits that they were there more to see Hova than Yeezy. Jay preformed "Jigga," "What", "Jigga Who", "Public Service Announcement", "Run This Town", "Hard Knock Life", "Izzo", "Empire State of Mind", "On to The Next One", "Dirt off Your Shoulder", "Big Pimpin'", and the song tha

blew the roof of the place, '99 Problems". I think the reason I enjoyed Jay more than Kanye was because he seemed so genuinely happy to perform and because of that we as an audience were happy with him. I have seen many concerts but I doubt I will ever see a person as happy to perform as Jay-Z again, unlike Mr. West.

One interesting thing that happened at our concert was a repetition of songs. For an encore the kings came out with their latest single "N\*\*\*\*s in Paris", preformed and left and then came out again with the same song. That night they played "N\*\*\*\*s in Paris" a total of five times, and at the following concert they played it ten times. That is unusual for artists but when you are the king's of rap I guess you can do whatever you want.

I had a great time watching the throne, it was a once in a lifetime experience and I am sure that the people who went to see the concerts would agree with me. The concert was one of the best concerts I have ever seen in my many years and I recommend that if either one of these kings ever hold court in Vancouver again that you should surely go buy tickets as you are in for a royal treat.

\*Images taken from Google\*

## Guns N' Roses Review - Continued

Afterwards, Richard Fortus, GNR's "new" rhythm guitarist began his guitar solo with the theme to James Bond while Axl Rose left to take a much needed break as he noticeably began showing his age as the quality of his singing was quickly deteriorating. One thing to note is that Axl must have realized that the band isn't all about him as there were 4 solos done by different members of the band. Also during the show, Duff McKagen appeared with Guns N' Roses on stage for "Civil War" and "You Could Be Mine" for the first time (with the exception of the previous night in Seattle) in 18 years. During the ending of the 24th song of the night (cover of AC/DC's

"Whole Lotta Rosie") Axl was "shockingly" upset with a certain fan's actions, saying "You wanna fight? You can go fight with your d\*\*\* outside!" and ordered the security to escort the rowdy fan out of the building. After this incident Axl's voice began to clear up and it wasn't long until he was singing like he was back in live era (1987-93) of Guns N' Roses. GNR finished off their 28 song setlist with "Nightrain" (my personal favorite GNR song) and came right back in what had to be the shortest time between finishing a set and the encore I have ever witnessed. They started their 6 song encore with an instrumental jam featuring one of the lead guitarists DJ Ashba playing the theme to The Pink Panther. Guns N' Roses finally ended their 3 1/2 hour long marathon setlist with a big rock ending to "Paradise

City" while confetti rained on the floor crowd which I was a part of (I was at the front row barricade!) and shortly afterwards Axl came as close to an apology as he could regarding the 2002 no-show saying "If I had known you crazy motherf\*\*\*\*\*s were gonna tear that place apart, I would have been there a week early!" All in all, Axl was being the typical, arrogant diva that he normally is by showing up 3 hours later than it said on the ticket, kicking someone out, putting on one hell of a show and playing until 2:20 in the morning which, by Axl Rose time is probably around 10:00pm. Say what you want about the man but he put on an amazing show, Slash or no Slash THAT was how it's done. I have been to over 50 concerts in my lifetime and that was easily in my top 3. Well done GNR, it was VERY worth the \$75 floor ticket.

## Fight Club Review by Soroush

For those of us who have watched it, I'm sorry I broke the first rule. Originally a book, *Fight Club* is a comical twisted drama, which explores love, pain, and anger in the most complicated and deepest levels; mashed up into one of greatest stories of our generation. The story starts with the unnamed narrator (Edward Norton) who plays the role of an everyday American. The insomniac narrator finds himself completely isolated from the world. The narrator's life dramatically changes when he wakes up to a passenger named Tyler Durden (played by Brad Pitt). Tyler's character is a complete contrast of the narrator. His existentialistic view on life shocks the narrator; however Tyler and the narrator be-

come friends and roommates. Tyler tells the narrator to hit him as hard as he can; starting a short fight. The narrator finds a sense of ease despite getting in a brutal fight with a stranger. The men in the fight club use the fighting as a new form of therapy, funneling primal male aggression. On the theatrical stage, *Fight Club* was considered a bust. The movie was highly anticipated because of the tremendous directing skills of David Fincher and the popularity of the novel. The complexity behind the film may leave the simple minded viewer disappointed, but for those who like the unexpected will love *Fight Club*. The cast behind the film is nothing short of perfect! Brad Pitt's glamorous yet dirty role

fits fantastically. Edward Norton is a superb match, putting the performance of a lifetime with a very complex character.

David

Fincher captures audience with a brilliant storyline; the atmosphere the film captures moves from comical to very dark and twisted. Critic reviews are generally very positive, but some critics feel that the film glorifies violence and has a misogynistic element. Sutherland student Tiam Kasraei loved the film; he claimed "'it's a sick movie, made me want to kick some a@#! CHEAAA!" I would rate the movie 9 punches out of 10, it's truly a classic, a definite must watch!



## 5 Scary Movies for the New Year by Curtis Gunn

The sound of waking up for school again is dreadful, it's annoying to have to hear that loud noise of the alarm clock going off, or your mother yelling at you to get up. The jolt of being jarringly woken up might be similar to the jolt you get when a loud or scary noise rings out while you're watching a spooky movie. This aforementioned loud or scary noise can make you jump, scream, cry or even cuddle with someone. Horror movies have been around of a while, and they give you a thrill, maybe some Goosebumps. I personally have been scared by a movie or two and I am sure most of you out there have been as well. I have picked five movies to try for a night in with friends or family, and here they are, in no particular order of scariness.

### 5) Dawn of the Dead

Spoiler alert: zombies! This

movie is based on the same theory that a lot of other movies and TV shows have, and that's that zombies have taken over the world and it's up to a group of survivors to stay alive and save the world. However, this one is a little different; the group of survivors (a nurse, a cop, three security guards, and others) is trapped inside of a mall and must find a way to get out. Their solution is that they must take some parking shuttles, drive to the docks, hop on one of the survivor's boats, and sail away to an island. I'll warn you: this movie has some pop ups. If you're down for zombies, cool effects, and clever ideas, this is a movie for you.

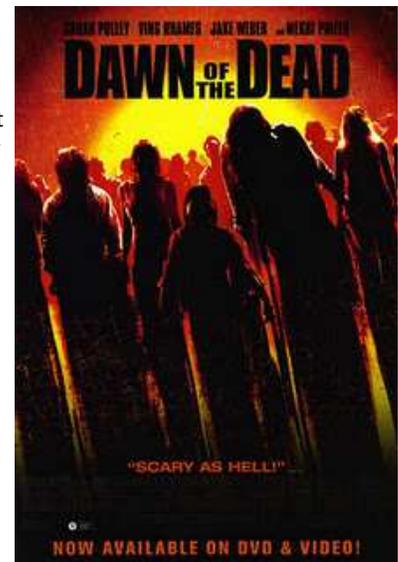
### 4) 28 Weeks Later

Another zombie movie for you! This one is more brutal and violent. This time, Great Britain

is infected with this virus called Rage and it has decimated the city of London. The US Army has restored order and is repopulating the quarantined city, when a carrier of the Rage Virus enters London and unknowingly re-ignites the spread of the deadly infection and the nightmare begins... again. This movie has epic music and the actors play their roles very well. This movie is good all-around and I recommend it.

### 3) Case 39

I watched this on Netflix with John Topham, and we were literally scared into a manbrace! This movie has so many twists and turns that you have to follow it, you must pay attention because if you miss one part it will cause you to not understand half of the movie. A social worker works with a little



Why don't YOU try surviving a zombie apocalypse

## 5 Scary Movies for the New Year - Continued

girl who claims that she is being physically abused. The social worker fights to save this kid, but the little girl who looks so innocent is really a little brat; she puts on an innocent, routine to make the social worker think that the parents are really evil. However, it's not what you think.

### 2) Paranormal Activity 1 and 2

Every movie needs a sequel right? Now, I'm sure we understood it the first time, they didn't need to go and make a second Paranormal Activity, and it was scary enough the first time. Now I hear there is a third and possibly a fourth, like the world needs four movies based on the same idea. Most movies, have sequels and some

may have more, but to have four movies on one topic is truly unbelievable and unnecessary. All the movies are pretty much based on the same thing; a spirit is haunting them in their sleep and when they try to fight the spirit off it doesn't go too well, and someone usually ends up getting hurt. A good date movie, but it's not the most original topic anymore.

### 1) The Human Centipede (First Sequence)

The best movie of all time, The Human Centipede, takes sick minds to a new level. Now, I am not too sure if you would consider this movie a horror movie. This is the most gross and messed up idea ever, but it

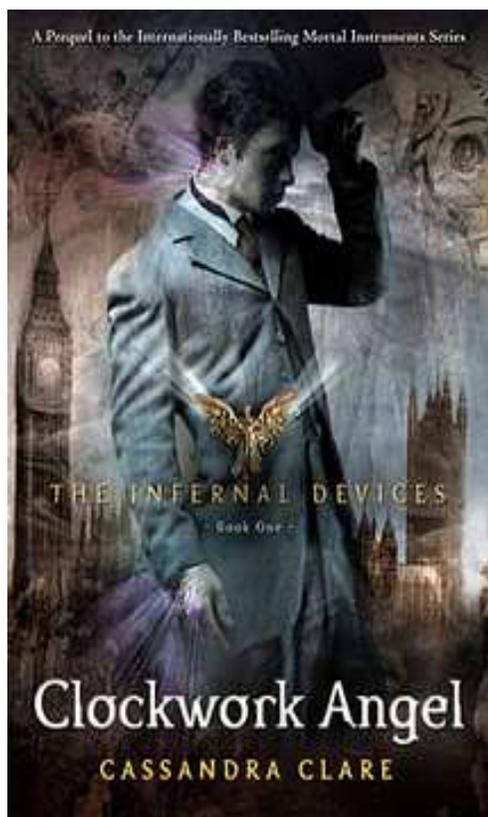
wasn't as bad as everyone intended it would be. The Human Centipede (First Sequence) is a movie about a crazy German scientist, who is an expert at separating conjoined twins. Using two girls and one boy, he makes it his "pet". This movie is not recommended if you have a sensitive stomach. If you want to be grossed out and have nightmares, this movie is right for you.



Not every little girl is innocent

So, these are some horror movies you might enjoy to watch with your family, friends and dates. The movies I picked are all approved by me, so if you get grossed out, it's your fault. Enjoy the list, and number one is a good choice in my eyes, but that's just my preference.

## Book Face - Clockwork Angel by Sadie Burgess



Set back in the 1800s, *Clockwork Angel* follows the story of Tessa a girl who, until recently, lead a normal life. Her life is turned upside down after going to London to meet her brother. She falls into a world full of demons, shadow hunters, warlocks, vampires, and other mysterious beings. Tessa befriends shadow hunters, who proceed to tell her that she's not quite human. She works with the shadow hunters to stop a sinister plan in exchange for their help to find her brother, but when she finds him she learns a whole new secret. Tessa needs help to find out who or what she is.

I like this book because it's full of fantasy and unlike *Twilight*, the vampires don't sparkle. The characters are all diverse and different and yet you can't help but love them all! This book has the right amount of adventure and just a little bit of a love interest starting to show through, but not the overwhelming amount that some stories can have.

After reading this book I can't wait to continue on with the series. *Clockwork Angel* is the first book in *The Infernal Devices* series and is a story full of adventure, fantasy and mystery. Pick up a copy and dive into the world of shadows.

## Start the Year off with Style by Marina Khem

Not everyone is a big fan of waking up in the morning and spending more than thirty minutes getting ready! However, that could be one of your new year's resolutions. It's a new year, and everyone wants to start fresh. The most stressful things in the world are trying to catch up with fashion trends, and for us girls, we always want to look good and comfortable in what we are wearing. By "comfortable", I am

referring to sweat pants and hoodies. Those are never going to go out of style as long as you're living in your teenage years. This winter, play around with new outfits and styles, and you'll be surprised to see how your "magic" hands can make perfect outfits! Here are some pointers to start you off:

### 1. Retro sweaters

They are back to keep you warm this winter! Some of us might call these sweaters the "ugly" sweaters, well guess what? They are in style again! Those wicked designs are probably the first thing that catches your eyes the most. This is a great combination with jeggings, leggings or jeans and boots. Instead of wearing so many layers of tank tops and t-shirts, try to find a really comfy sweater to put on, that way, you'd be more comfortable and not have to go crazy in the morning going through your laundry basket for more layers. It's time for us to go through our parent's old clothes because those retro styles are back in the fashion trends.

### 2. Colourful pants/jeans/jeggings

New collections of colourful



Solaleh Kazemi and Daria Dimchuck rockin' out in the cold weather!

jeans are now back again. If you look around the mall windows, you'll see most stores have their mannequins dressed in colourful jeggings or jeans. These pants would go with anything; you could wear them with your hoodie, sweater, blouse or a T-shirt. It's all depending on how

you want to look. If you want to look "different", try tucking your shirt into your pants with a belt on the jeans, you would look fresh and fabulous! With the rebirth of colorful jeans, it seems like everyone is starting to love the vintage look again. If you are one of those people, I suggest to start saving your money because more of those items will be available in the market soon.

### 3. Striped and Lace

Anything striped is back in the fashion again! Especially striped shirts or dresses are hot in the fashion trends this year. Designers are bringing more varieties into this; you will start to see striped purses, handbags and even shoes! If you think that might be too many stripes, I suggest you just stick to one striped item with your outfit. Personally, I love striped shirts, sweater or sweat shirt, they are easy to put into an outfit. They totally look rocking with Jeggings, Jeans or any other type or pants. They also look great with cardigans!

Lace is definitely bringing back the vintage look, at least I think so. Lace is everywhere if you look

around you. Lace items totally add the glam into your look.

### 4. Sweat pants/Yoga pants and hoodies.

Can't go wrong with this comfy attire, everyone loves them. They're comfortable and take us 5 minutes or less to put them on--perfect for those whom may not have as much time as others in the morning to get ready. It goes with UGG boots. It's not surprising that yoga pants like

TNA or Lululemon are not going out of style, they're super-comfortable, and of course people will want to wear them all the time. If you want to feel like sitting home watching TV while in school, then this is perfect for you.

### 5. Wear whatever makes you feel comfortable!

Some of us may find it difficult to look fabulous and comfortable at the same time. We're in high school; this is not a fashion show! Wear whatever makes you feel comfortable and good about yourself. If you feel super comfortable in of your old

blue jeans, then go ahead and rock them! It's all up to you, to create your own styles. You should be wearing what makes you feel great and comfortable. There's no need to dress to impress anyone. Be smart on how you spend your money on clothing. If you don't absolutely love the item or could only see yourself wearing it once, I suggest you rethink about it before you decide to purchase. The other way to stay cozy without having to spend too much money on clothes and bus fare to get to the mall, try borrowing your friends clothes! So there you have it, Sabres. Try to stay cozy yet stylish this winter and don't let the weather beat you at looking beautiful every day!



Julia Garnt and Danie McLaughlin posing in their comfy TNA sweaters

## Astrology Jones



**Capricorn, December 22 – January 19:** It is past that happy holiday atmosphere and times are rolling on so fast that you may find yourself becoming a little depressed. Don't be afraid to open up to your parents or friends because they are a much better solution than resorting to destructive behaviour. Bottling it up will do nothing but hurt you in the end. The darkness of the lunar eclipse really took a toll on you but you are back on your way up.



**Aquarius, January 20 – February 18:** Use your holiday gift money and treat yourself to something nice because after this whole year of hard work, you deserve to be praised. This will be a lucky and joyful month for you and you will start to receive back all that you have given. If it is a new piece of clothing you wanted or even a video game, don't think twice about buying it for yourself.



**Pisces, February 19 – March 20:** It seems you are doing very well with your grades this semester, but that is no reason to start coasting through the upcoming exams. Your diligent and restless personality takes after the radiating stars in the constellations. You will be able to succeed in the tests but only if you put in the hours of studying it takes.



**Aries, March 21 – April 19:** The New Year will most likely give you a huge boost of self-confidence and boldness. Use it to your advantage and take on new projects or try new and exciting things! The strength of the galaxies is on your side this month and you will not be let down.



**Taurus, April 20 – May 20:** The romance of Venus will contribute to your relationships this month whether it is with a friend, loved one, or even a family member. Whatever you do, keep them close and don't push them away. Put aside your anger, rage, or disappointment because after all, you're not trying to act like your father are you?



**Gemini, May 21 – June 20:** This is a special time of the month because an old forgotten friend will come in contact with you and it is extremely important for you to continue your friendship with them. It is very common for people to lose friendships over a period of time without seeing each other. So, maybe you can talk to them on Facebook, text them, and set a date to hangout.



**Cancer June 21st-July 22nd:** You've been living in your comfort zone for too long. You need change in your life, go somewhere new. Stop at a McDonalds you've never been to before or maybe stop at one of those over-priced clothing stores that sell clothes at prices more than triple what they're worth. Think of the possibilities! You can flaunt that super cool looking logo around town and everyone will want to be your friend! Chyeaaaaah dude.



**Leo July 23rd-August 22nd:** Silly Leo, you need to learn how to contain your anger. Don't just let it out on your siblings or parents (like your father), learn to contain it! Perhaps you could take a yoga class to cool off or maybe listen to classical music for a change. Your fiery personality is a result of the sun's position in space at this time of the year.



**Virgo August 23rd-September 22nd:** Take caution this month, several new satellites launched by Shaw to provide 4g connection speeds are now orbiting the earth and are interrupting your space connection with the stars. This severe interruption will cause negative changes in your personality, and you will feel frustrated. Keep you cool so that you can concentrate on the important matters at hand like upcoming exams and important sports events.



**Libra September 23rd- October 22nd:** This month the mysterious person you secretly like will confront you. Stay calm and have a casual conversation with the person and maybe it might turn into something special. Don't push things too quickly however, or you might lose him or her.



**Scorpio October 23rd – November 21st:** Life right now is great for you, keep up the good work! Don't take any chances or be pessimistic this month. If something isn't broken, don't fix it. Stay on course and you will continue to prosper this month. Don't expect this happiness to last forever though, and don't be surprised when it ends.



**Sagittarius November 22nd – December 21st:** This month someone in your family will test you as you will need to care for him or her as he or she recovers. Once he or she recovers; however, things will start to improve in your life. Don't get too enthralled over this progress as it is likely to make a turn. Remember to allow your own self some quality time too, so that you have energy for the start of the new semester.

## Sabre FM: Ingrid Michaelson by Derrick Gravener

For those days when nothing seems to be going your way, there's Ingrid Michaelson. For those other days where it's easy breezy and everything's right, there's also Ingrid Michaelson. She's what we crave in an artist, she's unique and well-rounded but also relatable. Born in Staten Island, NY, Ingrid originally went into theatre in college but after touring with a production she found it "very hard and [not] very rewarding," it was on that tour she started writing music. She found writing and performing music made her feel at home and so began her indie-spiritual career. If I were to describe her sound, I would call it like Ingrid herself says "indie, folk, pop". It's quiet, calm, acoustic and as refreshing as sea water. I would group her in the same category as artists like Sia, Feist or Tegan and Sara. Her music's like a security blanket that you'll never outgrow. It's comforting and you feel at ease with it, you feel understood.



**An indie-mazing singer/songwriter.**

With 4 albums out, she's pretty much a pro. Her songs have been on everything from *Grey's Anatomy* to *Ugly Betty*, from an '07 Old Navy commercial to the new Ritz commercial. Her brilliance is most radiant on her '06 album "Boys and Girls" and her '09 album "Everybody", they both don't have a bad song to contribute. January 24<sup>th</sup> will see the release of her fifth album, "Human Again", needless to say it's on pre-order already.

If you're in a sort of breezy mood try: "Mountain and the Sea", "Everybody", "You and I", "Be OK" and "The Way I Am" on for size. If you're feeling the opposite try: "Soldier", "Sort Of", "Keep Breathing", "So Long", "Starting Now" and "Corner of Your Heart" to find solstice or just buy a copy of "Boys and Girls" and "Everybody".

Ingrid is a success not because of her image, marketing team, big record label or public stunts, but for her music. She is the definition of a true musician because she sings from the heart, not about clubbing or dance floors.

## A Cheesy Delight by Nicole Wallace



**Mmm.. Cheesy goodness.**

These biscuits are both simple and delicious. They are an easy choice when it's your turn to make dinner or if you just feel like making something good to eat. Both cheesy and buttery, these biscuits are a good choice for quick baked goods. They are amazing with soup, chili and even for steak night. They add a comfort food spin to every meal Warning! These biscuits are extremely addictive. Ingredients:

- 3 cups flour
- 1/2 teaspoon salt
- 1/4 butter
- 1/2 cup grated cheddar cheese
- 6 teaspoons baking powder
- milk to make the dough stick together
- (optional) 1/3 chopped pepperoni or shredded smoked tofu

The first step to these delectable biscuits is to preheat the oven to 425 degrees Fahrenheit. Next mix the dry ingredients (flour, salt, and baking powder) together. Make sure all the ingredients are mixed in properly. Next cut the butter into small pieces and put them in the same bowl as the dry ingredients. Then, using your

hands, rub the butter into the flour until it looks like bread crumbs. After this is done add the cheese. If you want either pepperoni or tofu add it in as well. Now for the messy part, add a bit of milk in and mix it in with your hands. Keep doing this until the dough sticks in a ball. Next take golf ball sized balls of dough and flatten them so they're about 1 inch in width. Then place them on a lightly greased cookie sheet. Bake them for about 12 minutes and if they're not quite done then keep them in until they're a light brown colour. When the buttery aroma fills the kitchen you know it's time take them out of the oven and let cool. Then don't hesitate to start munching on the flaky yummy creation you have made, but hurry! They'll be gone fast.

## A Greek's Guide to Good Grub in the city: Symposio by Katarina Tsamis



Avgolemono soup

A few weeks ago, a few of my friends and I decided to venture down to Lonsdale to see the quality of Greek cuisine within North Vancouver.

I have visited many the Greek restaurant throughout my life, and the family favorite was always Mythos. Visiting there recently, I discovered that it is no longer run by the original owners; meaning the quality and taste has drastically changed. The dishes aren't the same, and don't have the classic flavors.

Anyways, my new fave is now Symposio. I always used to walk by the little place and not notice it, now I can't help but notice it. Symposio is very easy miss, but once you go inside,

you'll immediately feel like you've been transported back into old Greece. I personally feel like I'm at my grandma's house, because the friendly staff immediately makes you feel at home, and you can hear the owners yelling at each other in Greek.

Greek music (or Bouzouki) is played in the background non-stop (which I could do without), there are antique items placed all around the Taverna, along with pretty pictures of beaches and towns in Greece.

The menu is full of classic options, and tons of vegetarian spin-offs. It tends to be a little pricey, but once you taste your meal you'll realize that it's totally worth it!

Darby Spence and Frances Miltimore, gr. 11 ordered the hummus and pita. "It was dank-a-lank, very zesty and Greek!" said my fellow journalist

Frances.

(You get complimentary Hummus and Pita, but the actual order is obviously way more).

Marina White ordered the Chicken Souvlaki, which comes with greek salad, potatoes, and tzatziki. "The chicken was yummy, but the greek salad hit the spot! So fab!"

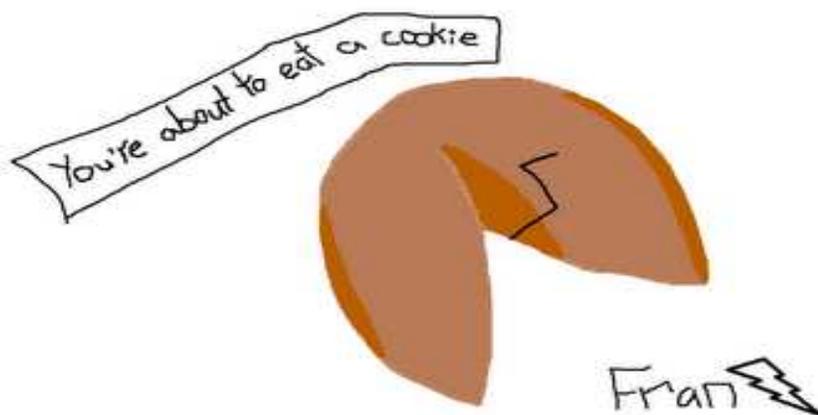
I myself ordered the Avgolemono soup, which is basically chicken soup with rice (but better), thickened with an egg and lemon juice; an old family classic. My grandma makes this whenever we go over, so this has always been a tough order to match... Symposio got it right! It was almost just like hers, but if you're taking the time to go out, I would recommend getting something more classic Greek.

Now nothing will ever compare to my Yai Yai's cooking, but I must say Symposio on Lonsdale is definitely a close second.

It gets my top vote out of all the local Greek places at a solid 4.5/5



## I'm Clever by Frances Miltimore



## Sabre Poll: What's your New Year's resolution? By Anita Afshinkia



Happy New Year Sabres!!

Happy 2012! Another year has come and gone, and it's time for us to start making some New Year resolutions. New Years' has always been a time to start fresh and if we feel the need to, make some changes. There is a burst of motivation that comes in as we promise ourselves that this will be the year! We at the Sabre Trooth are always interested to hear about different people's resolutions, and you Sabres didn't disappoint. I came across a range of promises, some that even warmed my heart. The most common resolution among most of us was to do better in school. That includes getting higher marks, working to improve studying habits, getting enough

sleep, staying organized, reading more often and becoming more engaged in different school events and clubs. One example is Cameron, in grade 9, who wants to actually practice his trumpet for band so Mrs. Workman doesn't get mad. The grade 12s especially wanted to finish the year off strong in order to graduate by the end of the year and get

into a good university or college. Two students' goals were to stop judging others and become a bit more humble, which I found to be considerably uplifting. There were some fun and interesting ones as well among the few number of polls that were not at all school-related. Zackery Sale, also in grade 9, wanted to play more paintball while another wanted to go bungee jumping. One student wanted to learn how to do a back flip on skis, and another wanted to learn how to ski black diamond runs with ease. Some wanted to learn how to play a new instrument, and the list goes on and on.

A number of resolutions that I came across though were somewhat unrealistic and not really resolutions at all. Such as holding

hands with Jesus, surviving 2012, becoming immortal, getting accepted to Hogwarts, and so forth. A few of my favourites included: saving money, not letting the pressure of others influence who you are, to volunteer more and give back to the community, and being generally more thankful for all the things that you do have. Shiori, in grade 12, wanted to learn what "effort" is. While Jirina Sandall, in grade 9, wanted to "Carpe Diem" more often. Denise So, also in grade 9, wanted to stop and (hopefully) end her procrastination. A grade 12 student's resolution was to build houses for malnourished African children. So far, it looks like 2012 is going to be a great year. Now it's not always easy to stick to a new year's resolution as they are often short-lived if not completely forgotten before the first month is even over. If you decide to create a plan, try your best to commit to it. And if you fall short, don't be afraid to get up and try again! All you really need is to just have the right mindset. Until next year, Happy New Year Sabres!

## A look on another culture: Persian New Year by Zahra

Another year passed by a few days ago and another will on March 21<sup>st</sup>, but in another culture. For Iranians New Year begins on first day of spring, when the cold winter is gone and nature begins to wake up. Norooz started thousands years ago in Persian Empire (current Middle East) when the biggest philosophers of empire set up traditions related to nature based on Zoroastrian beliefs to celebrate the New Year. Now Norooz is one of the traditions that had survived many invasions and changes in culture, and people still cele-

brate it. Like Christmas, Norooz has many traditions that people follow every year and that last for 13 days.

### Khaneh takooni:

Before Norooz comes it's a tradition to clean the entire house and try to replace old and rusty things with new things. Known as "khaneh takooni," it is a fresh start and renewal of life, at the same time as nature begins to change and refresh. In ancient Persian Empire cleaning was also done to keep evil away from the kingdom of Good. This is also the time when most



A table setup for Norooz

## A look on another culture: Persian New Year - Continued

Norooz celebrators go shopping, as stressful as Christmas shopping is; people try to buy new clothes, haft seen, food for New Year's Eve, and also to get cash from bank as "eidi" which means New Year's gift that older people give to people who are younger than them.

### Charshanbeh soori:

The last Wednesday of the year is the most popular event of year for youth, called charshanbeh soori, which takes place in a fashion similar to Halloween. Charshanbeh soori takes place in Vancouver at Ambleside every year. Why so popular? It's the time when you get to play with fire and go trick or treating which I'm sure most of us enjoy doing. The main thing that people do at charshanbeh soori is they set up a small fire and jump over it asking the fire to take away illness and sadness from them and give them health and happiness. When the fire dies out, the ash symbolizes bad luck that is later buried in the fields. Why do they ask fire to give them health and happiness? It's because the main religion of the Persian Empire was Zoroaster, in which fire meant a source of life and growth and was also one of the main holy things present in every ritual. At the charshanbeh soori end, children cover their face and hold a metal bowl while banging a metal spoon to it and go to neighbours doors asking for treats.

### Haft seen and the New Year's Eve:

If people who celebrate Norooz miss some of the traditions and events, they try their best not to miss setting up a "haft seen" which is much similar to a Christmas tree and has special

meanings. Haft seen is when they set up a table which should include 7 meaningful things that start with "s" in Farsi. The 7 things are:

1. Seeb (apple: represents natural beauty)
2. Sabzeh (wheat sprouts: represent re-birth of nature)
3. Samanu (a pudding that represents the reward of patience)
4. Somaq (a spice representing colour of sunrise meaning good conquers evil)
5. Senjed ( sweet dried fruit of lotus tree representing love, which is believed when lotus tree is in full blossom, it's fruit and appearance makes people fall in love)
6. Seer (garlic representing health)
7. Serkeh (vinegar represents age).

Then the table is decorated with "Sonbol (Hyacinth Spring flowers with the scent of heaven), Sekkeh (coins representing prosperity and wealth.), a basket of painted eggs (representing fertility), a Seville orange floating in a bowl of water represents the earth floating in space, a goldfish in a bowl represents life, a flask of rose water known for its magical cleansing power, a mirror and candles representing reflection and enlightenment, and finally, incenses (mounted in sprouts) whose fumes ward off evil spirits. At the moment of New Year the entire family sits around the table and



wishes to have a happy and successful new year, and then celebrate by eating sweets, fruit, fish and rice as dinner. Finally the eidi's which is money as gift is given to each other and depending on how many people you see in 13 days of Norooz, you can collect a good amount of money!

### Amoo Norooz and Hajji Firooz:

Amoo norooz and Santa are similar respectful, wise guys with long and white beards, who bring happiness to people, but in different ways. Amoo Norooz dresses in white and he is a mythical person who is believed that he's the one that brings Norooz. Hajji Firooz is the joyful person who covers his face with a black powder to remain unknown, and walks in streets on first day of New Year announcing the start of a New Year by playing a tambourine, singing and making people laugh, all while delivering the gift of happiness.

### Sizdah bedar:

On the last day of Norooz which is the 13<sup>th</sup> day of Norooz, people go out of city or towns and have a picnic out in nature. Then the sabzeh that had been displayed, and all the sins, worries, and concerns of the past are thrown into running water. This day also is same as April Fool's day, which people come up with a lie and trick others and later that day or the next day they confess that it was a lie.

No matter what culture and where in the world, all cultures are based on same ideas. The main point is to spend time with our family and people around us, and to celebrate and be nice to each other. "Norooz mu-barak" (for all of you who wish to say Happy New Year to your friends in Farsi ).

## How annoying are you? By Frances Miltimore

- Your friend leaves their face-book on. You:
  - Make an evil status and change their account password
  - Switch their profile picture to some butch girl
  - Log out...
- You find some stray fire-works on the ground. You:
  - Start shooting them at a cluster of people from a few feet away
  - Stash them in your backpack for later
  - Ask around to see who's they are then give them back
- At a party you see your friend's juice on the table. You:
  - CHUUG
  - Take a few quick sips
  - Leave it on the table; you have your own drink
- Your parents go to a chocolate festival for the night. You:
  - Throw a rager yeeee
  - Stay out as late as possible
  - Tell them to bring you back some chocolate and stay home
- Your friend got food poisoning and is chundering everywhere. You:
  - Leave him/her to puke alone
- Call over another friend to deal with it
  - Properly hold their head over the toilet and pull out your first aid book to see the next step
- Your buddy leaves his phone while he or she leaves the class for a bathroom break. You:
  - Pretend to be him or her and text his/her friends stupid messages
  - Lock the phone and change the password.
  - Put the phone back into his/her bag so it's not stolen.
- You're going to a movie and your friend sneaks in for free. You:
  - Rat 'em out
  - Give him a lecture about his sins
  - Sneak in with him
- You get a bad mark on a test. You:
  - Whine and complain to the teacher
  - Yell at your friend for out-doing you
  - Tell yourself you'll do better next time though you probably won't



Some dogs (like Baxter) are the essence of annoying

- Your friend buys some really dweeby shoes. You:
  - Rip them up
  - Hide them
  - Tell your friend they don't quite suit her/him
- Your dog pees on your friend's floor. You:
  - Get up and pee on the floor too
  - Try to cover it with a pillow
  - Clean it up and swat your pup for being so naughty

Mostly A's- Yikes you sure are annoying. I would suggest becoming a slightly better person.

Mostly B's- You're fairly annoying but not uncontrollably. You play it safe when it comes to decision making but your choices can still deal you small amounts of trouble.

Mostly C's- You're very self-disciplined to make the least nuisanceful choices possible. Good on ya!

## History is Made, The New 52 - Nathan Mayes

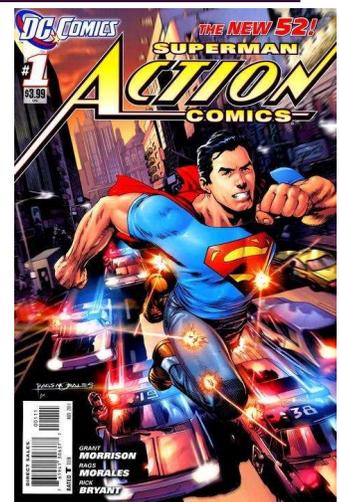
Attention superhero fans, oblivious comic book geeks, unknowing DC fan boys (and girls) and everyone else in between! If you don't already know comic book history was made this past August with the launch of *DC Comics' The New 52* series.

The *New 52* is a "soft reboot" of the *DC* universe continuity, to attract new readers who have never even picked up a comic book before and to give the fans something new. So

this included cancelling all the series *DC* had running at the time and closing it out with a mini-series called *Flashpoint*, in where the Flash changes history... twice! Thus bridging and throwing out the *DC Comics* we've known and loved for the past 72 years and heralding in the new one on August 31<sup>st</sup> at midnight with the release of *Justice League #1* written by all star creative team writer Geoff Johns and artist Jim Lee.

Then for the month of Septem-

ber, *DC* released #1's to 51 other series, revamping and renewing some of *DC's* most iconic and obscure characters. *DC's* name sake comic *Detective Comics* received its first #1 reboot in its history. All the big players got a sleek new look and a few got a rebooted back story, like the big guy in red and blue with a big 'S' on his chest has been given a whole new back story with jeans and a t-shirt by one of my personal favourite writers Grant Morrison in *Action Comics*.



Even Superman's jeans deflect bullets.

## History is Made, The New 52 - Continued

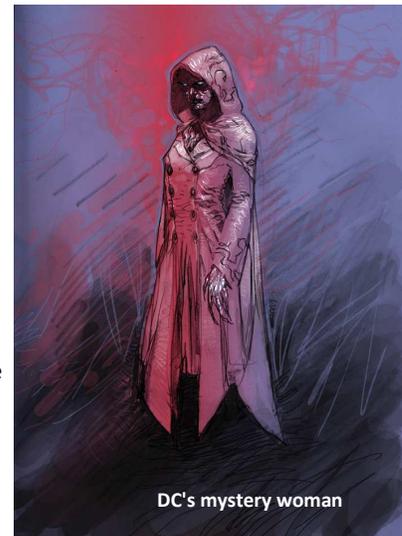
The announcement of *The New 52* was met with much excitement; *Justice League #1* had more than 20,000 preorders, has shipped 361,138 copies and has been reprinted five times, making it the top selling comic book of 2011. DC's other top selling books are *Action Comics* selling 250,898 copies in three printings and *Batman* with 262,379 copies sold in two printings (these numbers are accurate as of December 13<sup>th</sup>). In September, eight of the top ten comics were titles belonging to The New 52; squashing *Marvel Comics* even with their big *Ultimate Spiderman* re-release. Admittedly though, DC has gotten some negative press from their launch: accusations of sexism about their drop in female creators from 12% to 1% as well as the portrayal of many of their female characters. Characters like Catwoman and Starfire (the orange alien chick from the *Teen Titans* cartoon, if you were wondering) being over sexualized, as well as the cancelation of titles with a strong female lead like *Power Girl*, with her being down-graded from protagonist

to just being a hero's girlfriend. Oh yeah, and Wonder Woman is naked in the first issue of her series too, for no plot relative reason at all. But on the equal rights side of things, DC decided to give Wonder Woman pants (even though after reading *Justice League* and *Wonder Woman*, I have not seen these supposed pants.)

Now with it being January, *The New 52* will be releasing the fifth issues of the series, but don't worry, interested readers. If you are now tempted to explore the new DCU, you can still find plenty of second, third and fourth issues, as well as a decent amount of #1's (good luck finding first prints though). And if you unfortunately can't find the issues of the series you're looking for, you can just look up the general plot on the handy dandy internet. But if you just can't go without actually reading the comic, you can purchase digital copies of every issue of every series thus far and new ones the same day they come out in stores. But in this journalist's opinion buying

these early issues digitally completely devalues the books and loses any future money you could gain from holding onto them for the next few decades. If you find an interest in reading a comic or two, I highly recommend checking out any of the titles I've mentioned in this article and any other Batman related titles like *Nightwing* or *Batman and Robin*; *The Flash*, *Captain Atom*, *Green Lantern New Guardians* and *Superman*. And if you're someone who knows nothing of DC except who Batman and Superman are, series that are origin stories, like *Blue Beetle*, *Teen Titans* and *Action Comics* are right for you.

**New 52 Fan Fact:** A mysterious hooded woman dressed in and glowing red can be found in the background of every #1 issue of *The New 52*. She is also seen at the end of *Flashpoint* giving the Flash an ominous message in the background as he changes history for the second time.



DC's mystery woman

## Mother's Basement Video Game Anti-Awards by Samir Bhijmi

Happy New Year to all you gamers and to all readers who have run out of sports articles to enjoy and have no choice but to read about video games for the rest of BOB! At the end of each year the gaming world takes the time to look back on the year in video games and shower the cream of the crop with awards and titles: shiniest graphics, neatest characters, most illustrious writing, most convincing trailer and so on. And it has been a good year for basement dwellers everywhere. But it's time that we

took a gander at what the big hotshots with their fancy award shows and expositions don't dare touch on: the worst games of 2011. Which had graphics that made our eyes implode? Characters that made us feel not only disgusted but also insecure? A plot that would have made Shakespeare cry? And which will take home the title of Worst Game of 2011? Ladies and gentlemen - who am I kidding; just gentlemen - welcome to the 1st Mother's Basement Video

Game Anti-Awards!

### Biggest Disappointment:

Much like stars, some video games generate too much hype, causing them to combust in a horrific explosion that wipes out entire solar systems. 2011 was no exception for disappointment. We saw *Dead Island* promise emotion in the godless genre of the zombie apocalypse and instead gave us a cast of useless morons running around on repetitive hack and shoot missions.

- Continued on the Next Page



Line up developers. The Anti-Awards are here.



## Mother's Basement Video Game Anti-Awards - Continued

All topped off with the guttural voice of a chain smoking sasquatch. Lame attempts to give him a personality and backing him up with a crew of equally steroid-infused apes make Marcus the most hated collection of pixels for 2011.

**Winner: Marcus Fenix (*Gears of War 3*)**

### Worst Indie Game:

When it comes to indie games, there really are no boundaries. Whether you're a square of meat on a mission to defeat an evil fetus and save your bandage girlfriend or a cubic character in a world of blocks and creepers, the sky's the limit. Of course, you and your tiny band of developers need to know when a creation will hit the mainstream big time or flop into non-existence. One of the worst things we've found comes from Xbox Live, a hub for indie developers that hasn't done too bad for its reputation. *No Luca No* changes that. This is the game: your cat, Luca, is trying to get your cereal. You move a joystick in one direction to push away the feline when it comes on screen. That's it. The background and cat could very well be stock photos found online and the voicing is of a heinous tone. It may not be the worst thing to come from gaming yet, but *No Luca No* has earned the right to at least be mentioned.

**Winner: *No Luca No***

### Worst New IP:

Launching a new IP can be tough, we'll give that much to the games that chose 2011 to go swimming in sequel-infested waters. Titles like *Bastion* and *L.A. Noire* dog-paddled to the big time, but others were pulled under. The top IP's that failed expectations were *RAGE*, *Brink* and *Dead Island*. All were expected to do well and all promised to bring something special to the gaming community. *RAGE* showed off its otherworldly graphics and intelligent AI but ended up with a world shaded in

many browns and poor graphics and gameplay that was derivative and predictable. *Brink* aimed to give us the next generation of class-based multiplayer with a smart parkour system and flowing gameplay. We got bugs and glitches, muddy maps, repetitive games and a weak plot. While *RAGE* and *Brink* crashed and burned, *Dead Island* scraped by and took the title of Worst New IP. Where *RAGE* and *Brink* have room for improvement and the chance for a sequel that fixes previous complaints, *Dead Island* does not. *Dead Island's* hype began with a trailer depicting a family of three in the midst of a horrific battle with the undead during a tropical vacation. What? Emotion in the gory, merciless zombie genre? A gorgeous tropical island plagued with walking corpses where anything could happen while you play alongside three friends? A game where you used wits and self-crafted weapons to stave off the undead? This is too good to be true. And it was. *Dead Island* removed that emotion and gave us four (fairly d-baggy) protagonists in an equally emotionless plot where you ran from one glitchy mission to the next, each one the same as the next. We foresee no sequel for *Dead Island*. Our hopes for emotion and zombies rest with another game, another day.

**Winner: *Dead Island***

### Worst Game:

It takes a lot of meddle to win the trophy and bragging rights that come with Worst Game of 2011. The year saw a lot of failure, disappointment and overall horrific insults to our fine gaming tastes. However, the winner had the right combination of horrendous writing, capitalistic and greedy scheming, a nauseating fanbase, terrible theme, boring gameplay, a touch of racism, obvious propaganda and popularity at a height that sickens us. *Modern Warfare 3* swiped the award away from other contenders because, as the internet puts it, "*Call of Duty*" was so popular they released it eight times." Let's break this down. *MW3* is

set in World War III and has players going up against Russia. Basically, it's yet another war-themed game bent on setting the youth of America (and Canada, though they'll never put us in any war themed movie or game) against foreign countries, one installment at a time. The plot is predictable and pointless to follow, the characters all paired with a universal personality and the dialogue merely guttural shouts, commands and acronyms. Gameplay consists of a Rambo movie: you run, gun and move on to another foreign-enemy filled area. The only challenge remaining is avoiding being pegged a camper, noob or other obscenity by the anonymous online community. Was the *Call of Duty* franchise supposed to turn out this way? Maybe not, but massive popularity gain has led to a community of jerks, blockheads and twelve year olds who constantly suggest that your mother is not the classy lady you once thought her to be as they fire rocket-shotguns at you in the brown-coloured maps. *MW3* has seen the addition of money-grabs like *Call of Duty Elite* (for an extra fifty bucks per year) and bonus experience points (with the purchase of name-brand junk food). And to give the whole mess the boot, the game hasn't changed from its predecessor. Have you already made the purchase? Congratulations, you just spent sixty bucks on a map pack.

**Winner: *Modern Warfare 3***

And there you have it: the scourge of gaming for 2011.

Note that the MBVGAA's, for the most part, targets AAA games; much like real video game awards. This is done partially because we expect much, much more from video games of their caliber. This does not mean that there aren't worse games out there, everywhere from street cleaner simulators to movie-based games. Remember that this is just one cynical basement dweller's opinion. You're entitled to one too (implying that it's better than mine.)

Formatter's Note: There is no tldr for this article. You just have to read the whole thing.

## Athlete of the Month- Devan Woolley by Vish Kanga

Welcome back Sabres! I hope everyone had a relaxing two weeks off! During the winter break I had the great pleasure of speaking to Sutherland's very own Devan Woolley. Devan has been involved in sports at Sutherland since grade 8 and he is one of the most interesting players to watch and play with. Yet behind the intense athlete is a pretty down to earth guy who let the Sabre Trooth share his personality with you.

**ST: For those who don't know which grade are you in?**

DW: I am in grade 12.

**ST: How many sports do you play and do you have a favourite?**

DW: I play Soccer, Basketball, Hockey and Golf. I don't have a favourite because I love playing them all.

**ST: Currently, You're playing for Sutherland's Senior Boys Basketball team, why do you enjoy playing basketball for your school?**

DW: I like how fast pace it is and

how the game can change so quickly. I also like basketball because I like playing competitive sports and enjoy all the laughs the guys on the team have together.

**ST: Do you plan on pursuing a professional career in sports?**

DW: Yes, I would like to.

**ST: What is your favourite part about Basketball?**

DW: When our team wins a really close, exciting home game in front of lots of Sabre fans and the legendary Sabre mascot!

**ST: This being your last year here at Sutherland, Do you have any plans made for after High School?**

DW: I haven't decided what I am going to do as far as a career, but I'm planning to go to Cap, and figure out where I want to go from there.

**ST: Other than yourself, who are some of the leaders on the Senior Basketball team this year?**

DW: All the senior guys, Gregg Eschelmuller, John Dickie, and Ben Nesbit.

**ST: Do you have a favourite course at**

**School?**

DW: Other than P.E., I would have to say English.

**ST: What's your favourite food?**

DW: Yorkshire puddings, they're a bit too good.

**ST: If you had the chance to have any super power which one would you choose?**

DW: Super hops so that I would be able to dunk.

**ST: What advice would you give to someone who wants to play High School sports?**

DW: To give 100% all the time and enjoy it because it is over before you know it.

Devan Woolley is overall an amazing athlete and great person. Earlier this year he was a vital player in Sutherland's Senior Boy's Soccer team. He and Jared Swant showed great leadership as captains on the team and always motivated the players before each and every game. Devan always puts in a stellar performance while playing in any sport. He also has the ability to make others around him perform very well. The Sabre Trooth wishes Devan and all of the talented players on the Senior Boy's Basketball team good luck and hope that they continue to have a great season.



The leaders of the Sabres!

## Feelin' The Pump Once Again! Part II: The Chest & The Shoulders by Amit Dhuga

Welcome back Sabres, and a Happy New Year from the Big Dhuga! A New Year to me is like a new pump that leaves you even more sore than ever before! New year means new future, new pump means JACKED body. That's right Sabres, it's here...."Feelin' The Pump Once Again! Part II: The Chest & The Shoulders." First off, we're gonna look at my favorite exercises that target the chest.

**Barbell Bench Press:** the infamous chest exercise that also targets your shoulders and triceps. Lie on your back on the bench and position your feet flat on the floor, hold the bar slightly wider than shoulder width apart (HINT: your pinky finger should be around the thick circular line that is located around the bar). Keeping your elbows slightly bent, lift the bar over the middle of your chest, but your shoulders should not lift off the bench. Slowly lower the bar until it touches the middle of your chest, and then slowly raise the bar back to the starting position. Be sure not to arch your back, or it could lead to severe injury. My brother once said to me, "It's easier with a spotter, but puts more pressure on yourself when performed alone.... the more pressure the better," but personally, I strongly recommend spotters for the beginners.

**Dumbbell Bench Press:** the original bench press gets a bold new form in this exercise that targets your chest, triceps, and front shoulders. The exact same concept as the barbell bench press follows in this exercise, except it's easier to lower the dumbbells until your elbows are at a right angle, but if you want to lower them down and touch your chest.... go for it!



The cable crossover

**Cable Crossover:** this exercise targets your chest and front shoulders. Attach a cable at the highest setting of the towers and grasp the handles with your palms facing down. With your feet flat on the floor and knees slightly bent, slowly pull the handles down until your hands are in front of you and one wrist is in front of the other wrist (be sure NOT to bend your wrists!!!!). Slowly raise your arms back to the starting position. I wanted to

know how other "dedicated lifters" work their chests, so I caught up with Kevin Frisk, Grade 12, and he explained, "I do pushups and the classic bench press, and I end my workouts with a protein shake." Kevin's exercises are good because the bench press is one of the best exercises for the chest, and the pushup targets the pecs, as well as the delts, and triceps. I walk by the weight room sometimes during my spare when a fitness class is in session, and I see some



The barbell bench press

new beginners getting a great start for a jacked body. So I decided to ask for routines from 2 of my good friends who are beginners to bodybuilding. Jordan Ladhar, Grade 11, states, "I mainly do the dumbbell bench press, that's probably my favorite one." I agree with Jordan because the dumbbell bench press is a lot easier than the barbell bench press, but leaves you with the same intense feeling. This is because with the dumbbell bench press, it works your chest more and it also develops strength equally in your arms because each arm is lifting a weight separately. Alex Watson, also Grade 11, explains with humour, "I do the military press, but I don't really know

the names of the other exercises I do!" Not only do I find this statement hilarious, but I also agree with it because the military press is a great exercise if you wanna blast your shoulders, upper back, and triceps! Now let's move over to the shoulder exercises.

**Dumbbell Shoulder Press:** this is an intense exercise for your shoulders that also targets your upper back and triceps. Keep your feet roughly shoulder width apart and flat on the floor, and make sure that you don't arch your back when performing this exercise. With your elbows pointing down and your palms facing forward, position the dumbbells above your shoulders. Raise the dumbbells above your head until they touch, but be sure to keep your arms as straight as possible and don't lock your elbows! Slowly lower the dumbbells back to the starting position.

**Lateral Raise:** this is an amazing exercise that targets your middle shoulders and upper back. Holding a dumbbell in each hand, with your arms at your sides and palms facing your thighs, slowly raise the dumbbells out to your sides while keeping your palms facing down, arms straight, and elbows slightly bent. Then slowly return to the starting position.

That's all for now Sabres, stay tuned for part III of my pumpful franchise! For those of you who have questions, you know whom to ask!

## Twist, Twirl, and Tumble (Summary on the sport of gymnastics) by Julia Gaunt

As the days have grown shorter, and the climate becomes colder, one main indoor activity crosses my mind...Gymnastics! Gymnastics is an individual sport that requires; hand-eye-coordination, physical strength of the lower and upper body, patience, agility, balance, creativity and flexibility. Gymnastics takes place in the winter and it doesn't end until early spring.

### Who's in it?

Gymnastics is an individual sport and anybody can participate, as long as you are capable of moving around a lot, and willing to try new things. With supportive coaches such as Mr. Mitruck and Kristina Lange, the gymnastics team always has fun and never gets bored. Although mostly females have joined in the past, it is exciting and interesting to know that more males have joined the gymnastics team.

### What to Wear

Normally while doing any type of sport big, baggy sweats would be worn... But NO! Not gymnastics. Shiny, glittery spandex and full on body leotards are required to be worn. The uniforms are tight and are made to be moved around in. At times the uniform is itchy and uncomfortable, but they are still fun to wear and quite flashy.

### The Competitions

While competing in gymnastics there are four different types of events that happen on different days. For females, the events are, The Vault, The Balance Beam, the Uneven Bars, and of course, The Floor. The Vault is an event based on speed, strength, and balance. The main focus of the Vault is that the competitor runs along a walk



way and leaps onto a spring board, both hands on to what looks like a levitated bench without a back support. While leaping in the air, you land onto the ground hopefully without toppling over. The Balance beam is a

long, high board, in which the competitor uses her balance in order to stay on without falling. The Uneven Bars are basically two bars that are uneven and the competitor uses her

upper body strength in order to move from one bar to the other, while also using flips and twirls. The Floor is the last, and certainly, (in my own opinion) one of the longest events ever. It is always the last event to complete because the floor is a short dance routine only with flips, handstands, and cartwheels,. It is usually danced with fun creative music. The male events are different than the females. They include; the rings, the Pommel horse, the floor, and the vault. I'm not a sex-

ist girl, but when it comes to explaining the male events I'm not exactly the girl who knows all about men's events.

### The Practices

Like most sports, gymnastics practices are mostly about conditioning. But they are, however, a lot of fun. They are mostly held after school and are only run for a couple hours. But they are filled with high emerged gymnasts and loud, fun music (most of

which is Lady Gaga). Thursday evenings; however, are at "Flicka", which is a gym that is completely focused on gymnastics. A grade 8 boy from the gymnastics team, Daniel Sad, said that "his most favourite part of gymnastics and

the practices are the tumbling and jamming out to "Lady Gaga."

Though the competitions are fierce, uniforms are too



Sutherland's Gymnastics team of 2011!

tight, and practices are rough, Gymnastics is an amazing sport to get into. For me, personally, being small had its ups and downs when it came to sports, but Gymnastics is the one sport that I can out shine in. Gymnastics has helped notice that I could do things I never knew I could do, and also helped my self-esteem and confidence. If you're the type of person who didn't know what gymnastics was, then now you do!

## Skiing for dummies by Kate Pearsall

As we trudge through the puddles on our way back to school after our fantastic winter holidays, we get to hear the thrilling stories from our friends about their trips to foreign countries, parties, and their presents. We listen intently about the fun skiing and snowboarding trips up



Louis Boyd ripping down the hill.

the local mountains or mountains out of town. Hearing all of your friends' enthralling stories might be tempting you to head up the hill and give this sport a try. But for all of you new skiers out there, here are a few tips to help you along the way.

The first step would be to get ski gear and equipment. Wearing a snow jacket and snow pants is very beneficial as they keep you dry and warm as you probably know. You can get a range of suits from thin shells that allow you to layer clothing under it or a jacket that has some thickness to it to keep you warm. Your jacket preference is up to you, even if you decide that you want to be a human marshmallow.

When obtaining a pair of skis I recommend using proper skis and not two planks of wood, because it will be easier to learn and you won't get a bunch of funny looks. Lots of ski shops rent out skis or you can usually rent a pair at the mountain that you are visiting. Two really good ski and board shops are Destination on Marine Drive and North Shore Ski and Board on Lonsdale. After obtaining your skis make sure that you get a pair of ski boots too. You can usually rent a pair with your skis or purchase a new or used pair. Buying a helmet, goggles, poles and gloves will also help add to your winter experience.

The next step is about getting on the hill. First you need to find snow, in the winter the best place is usually on a mountain, so check your local mountain weather report and then head up. Some of the local mountains are Grouse, Cypress and Seymour. If you are looking for a mountain out of town try Whistler, Apex or Big White. Being a new skier you will probably be nervous and will want extra help when starting your skiing career, you can take group or private lessons that are provided at most of the mountain resorts.

When you are up the mountain, have your ski boots locked into your bindings and are ready to go then head to a green run to start your adventure. Runs that are marked with a green square are the easiest runs, blue squares are next followed by black diamonds and double black diamonds for those experts out there. Make sure that you never duck under any ropes or go past the out of bound signs. They have been marked off for a reason because there could be a danger such as an avalanche or a cliff.

It is important that you go downhill and not uphill. Start by pointing your skis down the run and then try to make

big turns down the run, while avoiding all of the other mountain users. If you are extremely unstable it is best to start with the snow plow, which involves making a piece of pizza with your skis by putting the tips together in a point. While making the snow plow take slow turns across the hill until you feel more comfortable. After you become more experienced you will be able to ease up on the snow plow and gradually begin to make smoother and smaller turns. Keep practicing and when you fall don't feel embarrassed just get right back up and make more turns.

The key when you are skiing is to maintain your balance which can be done in a number of ways. Make sure that you keep your knees bent and your balance forward by keeping your hands in front of you. When you keep your hands in front of your body it helps prevent you from falling and it helps you make smoother turns. If you are becoming confident and you're making strong turns with your skis parallel to each other, try pole planting and turning around your pole. This will benefit you when you are on steep bumpier runs.

Once you are down the hill the next step is getting back up of course. Get in the lift line up and make your way forward to the red line that designates where the chair will pick you up. The chair will swing through and all you need to do is simply sit down. When reaching the top make sure that you keep your ski tips up and that you get off the chair. After that you are free to head off and hit the slopes again.

So get out there, Sabres, and open your life up to a whole new world of adventures with family and friends, but remember be safe and wear your helmet.

### Sutherland Junior Boys' Basketball by Mitchell Merilees

Welcome back Sabres! Right before we went off to enjoy our holidays, the junior boys basketball team played a highly anticipated game with a top ranked team in British Columbia, the West Vancouver Highlanders. The boys were extremely excited to play against the strong opposition, which is exactly what West Vancouver is, winning the North Shore championships the last 2 years in a row.

The Sabres showed how ready they were to play, coming out with high energy and a strong tempo right from the tip off. Sutherland played great defense against the high powered offense of West Van, the Sabres used their quick maneuvers and speed to their advantage against the tall, slow forwards of the opposition.

Sutherland led at the half with a score of 24-21, after a clutch 3 pointer by Adrian Vicente right before the buzzer sounded, giving them momentum going into the second half.

The defense throughout the game was very good, from both

teams, which kept the game a low scoring affair. The strong, intense play kept up through the third quarter, and the Sabres rebounded with extreme aggression and heart, with the height disadvantage the team used their agility to beat down the Highlanders in the key.

The Sabres used a quick counter attack led by point guard Cole Keffer. Great games were also played by Graddy Zubaidi and Chris Harvey, who dominated all game on the boards.

All of the West Van players could shoot the ball, which all but nullified the fantastic Sutherland defense, and with Sabres getting in early foul trouble, the options were very thin for coach Brad Thornhill, who shared his opinion after a hard fought game,

"West Van is a deep, talented team that has won the North Shore championship in grade 8 and 9 and lead the league again this year. We were even with them all game until a couple defensive mistakes gave them two wide open three point shots and that was the differ-

ence. Against strong teams like that, those little mistakes are huge. We will learn from them and be ready for them next time."

Coach Thornhill was impressed with the compete level from the boys, but in the end, the West Van team was too much to handle, who won the game by a slim margin. It was a tough loss for Sutherland, who showed resiliency all game against their rival West Vancouver. This is just the start of the junior boys season, come out and support them! Well done Sabres!!



"Must dribble ball.."

*"The Sabres used a quick counter attack led by point guard Cole Keffer. Great games were also played by Graddy Zubaidi and Chris Harvey, who dominated all game on the boards."*



## Santa's Breakfast by Brayden Newbery

Close your eyes and imagine a scenario for me: it's the last day of school before winter break. Naturally, the thing that every single Sutherland student is going to want to do is wake up at 6am and make their way to school in the freezing cold because, guess what? It's the last time they're ever going to do anything remotely productive for the next two weeks!

Once they arrive at the school, however, I can almost guarantee that they were pleasantly delighted with the warm (well, it's winter so, take what you can get) welcome they received. Christmas decorations galore! The smell of a hot breakfast being lovingly prepared! The choir class caressing the cafeteria with carols! (Alliteration.)

Personally, I got there far too early and had to sit alone, (fearlessly) battling fatigue,

when I should have been at home warming up for the immense amount of sleep that I would surely be getting over the break. After fifteen minutes or so of solitude, people FINALLY started to slowly trickle in, wearing pajama pants and tired expressions.

Now, this is not an advertisement, due to the fact that this wonderful event has already come and gone, but to all you grade-eleven-and-under students who have the luxury to return to the school next year, I highly recommend you attend.

It's a great opportunity to get together with your school friends ('cause we all know you have cooler ones outside of school that you'll be chilling with over the holidays), share some breakfast, and say goodbye before embarking on your epic winter adventures.



## A Letter from the Journalism Team of 2011/2012

As we start the new year we want to thank our readers for sticking with us through thick and thin, and reading this paper every month and not missing an issue. We do realize that sometimes the paper has flaws that even our eyes can't catch, and so it is published with the error and we wanted to apologize. We ask you BOB readers that if you do catch something that was not intended, please let any one of us know. That way we can keep our paper superb. Or if you have suggestions for how we could upgrade our paper to way you

think might be best or logical (logical being the keyword here) let the Journalism team know and we will try our best to include your suggestion in the following paper.

Email us at [sabretrooth@hotmail.com](mailto:sabretrooth@hotmail.com)

We won't bite, we promise!



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**Santa's Breakfast Pictures Courtesy of Mr. Benoy**

