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Valentine's Hangover Edition

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All love no Hayt

With every school, obviously, comes a group of teachers. With a group of teachers, come students' opinions of the teachers. In most cases, there is always that one teacher who is memorable and means a lot to the school. I guarantee you if your fellow students were to be asked who their favorite teacher is, their answers would be very alike. I am talking about Ms. Jaquie Hayter. As a grade 12 student, it's safe to say that I have had a preview of a handful of teachers in this school. Not one class has been more memorable to me than Socials Studies 9 and Socials Studies 10. No, it wasn't Louis Riel that made it memorable, it was the wonderful, the quirky, Ms. Hayter. No matter how bad of a day I was having, the minute I stepped into her classroom, she never failed to put a smile on my face. Nothing even had to be said, just the fact that she was always smiling, made me smile. Ms. Hayter is by far the most patient and loving teacher that has ever taught me. I mean, not once did this woman lose her cool. Well actually, maybe once. But

if anyone is as big as a disturber as me, it's acceptable. It's almost as if she treated each and everyone of her students as her children. Ms. Hayter is very caring, and always tried to help everyone get the best mark possible. Whether it was after school tutorial times, or a few extra homework packages to bump your mark up from a fail to a pass, she always tried.

Something else I loved about this woman is the fact that she could never be out-quirked. I mean, no matter how smart-alec of a comment you would make, she would always out-do you, replying with a something more witty, consequently making the whole class burst out in laughter. Although those "Canada: A Peoples History" videos were extremely painful to watch, it was worth hearing all the funny things the "little old lady" had to say. I remember thinking to myself several times, "Man, what I would give to have this woman as my second mom". Along with my



She always makes us smile...

opinion, I asked students to describe Ms. Hayter in one word. Sean Gregson, a fellow grade 12, replied with "old". Atta be Sean. Vishstasp Kanga, grade 10, used the word "superb". Narek Bobloyan and Alex Watson of grade 10 both chimed in that she is "awesome". These are just a few examples to give you an idea of how loved this lady is amongst students.

Cont'd pg. 2

Girlmance over romance

With Valentine's day just having departed, are you left with the gooey sensation of the love bug, or the jealousy that comes with having to watch all of your coupled off friends go on that oh so perfect date. All the

while you're stuck sitting at home eating popcorn, and watching the same old rerun of your favourite Friends episode. If your lonesome and need some good reliable comfort, or even if you just want a

good time with your Bestie, try out these fun, and slightly affordable dates that are good for any sort of "relationship."

Cont'd pg. 2

All love no Hayt cont'd...



Sean Gregson. Gr.12. " she was awesome, man. SUPER slack if you did not do your homework"



James Hummel. Grade 8. " I loved that woman with all my heart!"



Carla Kadi, Grade 11. "ahhh she was the cutest old lady ever, just thinking about her puts a smile on my face!"

Are you starting to understand me now when I say this woman was not disliked by one person? She added something to a class no other teacher could. She just glowed. It is truly sad to see such a sincere, affectionate person leave our school. But everyone has to retire one day. Everyone at

Sutherland Secondary wishes her the best of times in the years to come. I now leave you Sabres with a fantastic limerick to sum up Ms Hayter. Cheers!

"She added something to a class no other teacher could. She just glowed."

*There once was a wise Mrs. Hayter,
Many thought no teacher could be greater,
She didn't seem a day over twenty-four
And when class ended we were wanting more
But now that she's gone, we bid her farewell
Now what will I do in Socials? How will I excel?*

- Giampaolo Posteraro



Girlmance over romance cont'd...

Movie Theatres:

All though this is a very typical thing for youths such as ourselves to do, we hardly do so unless we are in a big group, or with our significant other. Now it's time to go back to our elementary days and go with our BFF for some good chatting and TLC. If this doesn't seem exciting enough for you, go on a little adventure to the theatres of central Vancouver. Whether that takes you to the

Scotiabank Theatre on Robson, or the Rio on Commercial and Broadway, you'll definitely enjoy yourself more. With Scotiabank being as big and deluxe as it is, it will give you a real feel of treating yourself out. Whereas the Rio, with its alternative movies and wondrous atmosphere, will really have you knowing you've gotten yourself out of the suburbia we call home.

A "Fancy" Dinner out:

Whether this be a trip to East Side Mario's down by the Quay, or a little picnic of McDonald's, it'll give you two a glorious opportunity to talk, as well as just to relax with one another. Again, if you are one of those adventurous types work your way over to Cafe Crepe on Granville street and enjoy the peaceful ambiance right next to the hustle and bustle of the downtown centre.

Cont'd pg. 3

Girlmance over romance cont'd...

Go Exploring:

Whether that be hopping on a random bus and seeing where that takes you, going gallivanting through the city, or even going on hike. Maybe even hop on the Skytrain and check out "The Drive." Whatever brings you to new place where you can make great memories together.

Shopping:

This normally isn't considered a date by any means; but if you want it to become one, add a little flair to it. Play a game; go to a store and choose five or so items of clothing for your friend to try on, and they do the same for you. See the silliest outfits you can

make one another wear, and maybe even take a picture or two for your Facebook page. Then afterwards go to the food court, and people watch, see the most elaborate stories you can make up for the old couple next to you; maybe they are coming from Africa on a recent Safari adventure and by accident took the wrong plane, and ended up in Vancouver; or maybe even they are long lost siblings finally being reunited.

So whether you have a significant other or not; try these out, so you



Two attractive ladies enjoying a night out without their men.

can either strengthen your "relationship" or even just to make some kick-keister memories. Never dread a Valentine's day again!

- Brittany Mrcic

By Samir Bhimji



Samir



"Even Cupid gets a little lovesick around this time of the year..."

Banquet madness

Contrary to popular belief Grad Banquet does not need to cost as much as your first semester of university. No matter what your means and what you want to wear a perfect dress (or suite) is out there for you. I am under the impression that banquet should be one last celebration, not the climax of grade twelve stress.

Spending within your means

For those of you ladies who want to spend under \$150 for a dress here is my advice. Consider the short dress. Simply put you will purchase a better made dress that you will wear again. There is more selection for short dresses and the selection is of better quality. Also what everyone seems to forget is tailoring. Shorter dress= less tailoring. And who says that you cant wear a short dress to prom? In *Seventeen* all of there top ten trends were short dresses. Look to the red carpet as well! Stars wear short or asymmetrical dresses all the time now. A ball gown is not a mandate anymore.

If you are dead set on wearing a long dress I'm not by any means denouncing it. However, you are going to have to be prepared to look harder and perhaps settle for something that is not exactly what you want. If your dead set for long then a beautiful sheath or A-line is your best bet. Just remember, whatever you buy, you will look gorgeous.

For those wanting to spend over \$150 but still not blow the bank here is my advice. Bring the person who is paying the bill with you. If you've ever seen an episode of "Say Yes to the Dress", then you know how the price of the dress, in the end, is the deciding factor. So bring the bill payer and know your means, shop within them and DON'T try on a dress you cannot afford. You'll probably fall in love with that one overpriced dress and

you will compare all dresses you can afford with that one. You don't shop for your first car at a Porsh dealership with five grand in your pocket, don't ruin your mood with fruitless comparisons.

If your buying anything off of a sale rack understand that it is there for a reason, and it is not always that it is out of style. Check seams, hems and jewels because often dresses go on sale when there is something wrong with them. If it's a loose thread or simply going out of season, then be ecstatic that you got a great deal. If its discounted because of dropped hems, missing jewels or (heaven forbid) stains, then realize that while you love it now when it is new and you're in the flattering glow of the store that after you buy it, you may just notice that jewel missing and it will drive you nuts. End story: be prepared and know what you're buying.

Some good stores to look at are David's Bridal, Isabelle's Bridal, and The Rack in Oakridge Mall. Gojane.com and prom girl.com also have some great deals. Other dress stores are BCBG max ariza, Le Femme, and After Five. Also the website renttherunway.com has gorgeous designer dresses at ridiculously low prices that you can rent in your size and a size up or down for your event. It was named by Newsweek as one of the best new ways to shop in 2011. For the boys Le Chateau, Moors, and H&M are good starting places. If you've got more to spend look around Pacific Center because there are a lot of great stores that carry suits depending on what you are looking for.

Fit is Key

Fit is *key*. I don't know if there is anything else that can make or break a dress more than fit. Know that when you buy a dress the way it fits trumps all. Dancing, eating

and sitting in that dress is a lot different that trying it on in the fitting room. If it feels a little off in the store you're going to be going bonkers at banquet. Enter, my favourite person: the tailor. A good tailor can make any dress mould to your body and show it off exactly how you want it to be shown off. Also understand this, that sale dress that you love that is six inches to long and two sizes to wide? It can be fixed. Buy it cheap and tailor it into a one of a kind master piece.

Gentlemen this goes for you too. If you buy the suit get it tailored! No matter if you buy or rent make sure that the back of the jacket falls nicely. Do the buttons up and make sure that the side of the jacket don't pull. Styles are cut differently but make sure the shoulders fit and that the arms are long enough.

The Do's and Don'ts of Banquet style

Ladies

- Do wear something that highlights you! Love your legs? Go short. Great bust line? V-necks and sweetheart hearts will make you swoon. Curvier? Hello Grecian Goddess.
- Do embrace colour! Ruby reds, soft lilacs, cobalt blues and lemony yellows are very in this season.
- Do consider different shapes. There is more to the world than sheaths. Mermaids are flattering to tall, athletic types while and A-line never fails and a ball gown is gorgeous on all who wish to be princesses for a night!
- Don't if the dress has a deep v, cut out back, slit up the side and side cut outs look out the window, see the Bellagio or a giant black pyramid? Nope, consider a different dress.
- Don't let the dress wear you! Think about how Audrey Hepburn always entered the room before her clothes did, even the beautiful

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Banquet madness cont'd...

ball gown.

-Don't dress like any one but you. Your mom and your friends have their own style. They will tell you if it looks wrong but their definitions of wrong and yours might be different.

Gentlemen

-Do suck it up and wear the suit. No sneakers, with a tie. Just Do It.

-Do consider ways to make yourself stand out in a sea of black. Colourful ties, shirts or either a deep gray suit look great.

-Do have fun with it! Think Robert Downey Jr. If you need inspiration.

-Don't wear inappropriate shoes. It's not cool; you'll just look colour blind or completely lazy.

-Don't miss-match colours if need

be bring your mother.

Baubles and Gems

Now, to accessories, shoes and the limo. The fun stuff that no one really needs but everyone wants. For jewelery, go cheap. This is not the Oscars, no one is going to put a price tag on your jewels and if they do feel sorry for them. Find fun pieces that cost less for your night out and wear them with ease. If they break when you dance, get lost or ruined on your fun night out. Who really cares?

Bags are tricky because honestly there is no cute clutch that perfectly matches a dress that is dirt cheap. Your best bet is to try the

Bay downtown or your mom's closet. Buy something metallic or black because then it will last forever and you can wear it with everything.

Shoes are the only place where I insist that you spend some money. Your dress can be gorgeous and cost more than my driving lessons. You can flaunt the pale blue box your jewelery came in but if your feet hurt none of it will matter to you. Buy good quality, classic shoes that you will be able to dance in all night. Spend the money so that you don't end the night miserable; and save elsewhere.

- Matisse Emanuele



You can't go wrong with sparkle and shine!



Halter + Azure + Sparkle=Perfection

*****NOTE*****

Bring this article in to receive \$50 off at Isabelle's Bridal! Any questions? See Matisse Emanuele for details!

Consider different textures in your dress as well. This hot pink number has pleats and ruffles galore! However, consider wisely exactly how many textures you choose!



Slaughtering the stereotype

As grade twelve student Emily Solomon put it, “Everybody is super busy. Everybody has extracurriculars” and that’s exceptionally true. Some of us run to the court after the 3:10 bell, others to the field, some to work, but that’s not where Emily heads. Her extracurricular activity is not one that the majority of us students have; it’s also her full time job. Emily is the mother of a beautiful eight month old girl, Milly. Hollywood portrays teenage mothers to be promiscuous, who end up dropping out of school the moment they start to show; that is the complete opposite of Emily. She attended Windsor during her pregnancy and transferred to Sutherland to be a part of the *Learning Together* program that so many young mothers partake in. Her workload is insane. She’s taking three courses this semester to graduate on time, has a work experience job at a local Credit Union and she manages to stay on top of her daily homework, which is something that even the students with nothing to do after school can’t quite accomplish. She can still do all of this while executing her motherly duties. She doesn’t fit Hollywood or even our own stereotypes at all; she is truly inspirational.

Emily has made many of us take a second look and re-evaluate how we look at people. Sure, Emily is a young mother, but that’s precisely it. She’s a *young* mother. “A teacher once told me that it doesn’t matter if you’re sixty or six. Being a mother is challenging at any age,” and Emily is absolutely right. Young mothers shouldn’t be ostracized for merely having a child at an earlier age. There are many pros and cons to every situation, and when it comes to motherhood, the pros outweigh the cons for this dynamic teen.

Sabre Truth (ST): You’ve definitely beaten the stereotype by staying and finishing school and getting a job, how does that make you feel?

Emily Solomon (ES): It’s all about the

culture; it’s just a stereotype for us. When you look at other cultures, women are expected to have kids after their first menstruation cycle. I don’t know how I feel about it. I’d like to think people won’t be so critical when they see a young mom or dad pushing a stroller. If you’re going to be a good mom when you’re a young mom, you’re going to be a good mom at any age. The same goes vice versa. You’re not going to wake up one day and say, “I’m gonna be a good mom now. I’m gonna [have] babies now.” It comes naturally to you or it doesn’t.

ST: You’re really no different than an older, working mom.

ES: Exactly and it would be comforting if people knew that. The stereotype is that young moms have it really hard, but all moms have it hard. The “young” shouldn’t be there when you make that statement. I’m lucky because I have a lot of help and support

ST: How did you first react when you found out that you were pregnant?

ES: I couldn’t really react because my boyfriend was in the car with his dad because his dad drove us to the clinic, but he didn’t know why we were going. We were supposed to go to KFC after so I couldn’t really cry so I had to hold it until we got home. Then Liam and I went into the back room and Liam was like, “So....” and I just burst into tears.

ST: Happy tears? Scared tears? Nervous tears?

ES: Very very confused tears. I’ve known all my life that abortion would never be for me, but when I realized “Oh \$#!%, I’m pregnant!” It was just, like, you know when you need to cry? It was very emotional.

ST: Was your boyfriend supportive?

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ES: Yeah, he’s still with me. He was there through the whole pregnancy

and everything. He would rub my back while I was having morning sickness and he would give me the side of the bed that was closest to the bathroom. He came to my ultrasounds and stayed for the whole labour. He’s very supportive. He gave me a keychain that says, “99% married”.

ST: Do you guys think you’ll get married one day?

ES: We’ve decided that we’re not gonna talk about it until we’re not hormonal teenagers. Every girl wants to get married but you never know what’s gonna happen, even if you have a baby with someone.

ST: Did you tell your parents right off the bat?

ES: Pretty much. I told my mom first because she thought I was acting weird. When I told her she’s like, “Oh %*^#, really? Ok well, this is how we’ll deal with it.” My dad had a bad reaction to it; I guess he thought I was throwing my potential away. But my parents were young parents as well so they kinda understood.

ST: What does a daily routine look like for you? How do you balance having a baby, going to work, and school?

ES: I wake up before her so I get up ready and wake her up just as we’re about to leave. My mother-in-law drives us to school on her way to work. I go to my classes but keep my phone on me because the daycare will phone me if she needs to be fed. After school I either walk home, which Milly likes, or I go and do some book-keeping for this guy. Then I go home and we have a nap

“It doesn’t matter if you’re sixty or six. Being a mother is difficult at any age.”

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Slaughtering the stereotype cont'd...



Like mother, like daughter

together and I'll help make dinner afterwards. She goes to bed from 7:00-9pm and then I'll do homework and then I'll go to bed.

ST: It sounds pretty hard.

ES: It's not hard, it's busy; you do what you have to do and I think that's true for any circumstance. I don't consider myself busier than any other teen could be, I just have other commitments.

ST: How come you named her Milly?

ES: Liam wanted something to do with my name and I said no to Emma so he suggested Milly and I said, "sure."

ST: Did you two know you were having a girl all along?

ES: No, we left it a surprise. We tried to think of names for both. At first we decided on a boy name and then at the end of the pregnancy we decided we didn't like the boy name so we picked a girl's name and it just worked out.

ST: What other names did you think of?

ES: For a boy I really liked Mark Gerald Gibbens because Liam's name is Liam Mark Gerald Gibbens. I also really liked Griffon but Liam didn't like the double "g". For a girl, I really liked Dorothy because it was my great grandmother's name and we would have called her Dora. But we already started calling her Milly and we couldn't change it after.

ST: What have you gained from this experience?

ES: Motivation for sure; a sense of optimism and it's really given my life more of a purpose and more direction. Before, I didn't know what I wanted to do for a career but when I had Milly, I decided I had to figure out what I wanted to do. She gave me the motivation and the inspiration to go into accounting because it will give me money to give her everything she needs. I never want her to hear arguments about money.

ST: Did you find that you're friends stuck with you?

ES: It's funny with the friends. The people with whom I thought I was closest to lost touch. With people whom I thought were acquaintances,

they really showed their support and they're my closest friends now. The whole friend spectrum completely changed. A lot of people wanted to be friends with my situation so I had to be careful of that. Some people I knew, who didn't even like kids were like, "Oh my God, I'm so excited! Can I have your baby?!" and I was like, "Uh *shifty eyes* no...."

ST: If Milly came up to you in sixteen years and told you that she was pregnant, how would you react?

ES: I'd probably say the same thing as my mom. I would support her in any choice she made. Adoption and abortion weren't options for me, but I know that sometimes it's the right thing for somebody else. I would support her in any of the three options.

ST: What are you planning to do next year?

ES: I am going to Cap University to do an accounting program there. I'll do the two-year one and then I'll be an Accounting Assistant and go to work as that and make more money. Then I'll go to school to be a Chartered Accountant.

ST: Anything else you want to add about being a teen mom?

ES: No matter if you're a teen mom or not, put them in swimming lessons! And the best advice I ever heard was, "you're gonna get a lot of advice, Emily, but don't listen to any of it." Emily's humble, hard-working, and a true inspiration to everybody. They say a mother's love is unconditional, and after this interview with Emily and Milly, that statement is definitely true. Age may be a factor in a lot of things, but for Emily, motherhood isn't one of them.

- Kaylee Szakacs

Undercover as a United Nations delegate



The entire Sutherland representation, placards, business attire, and all.

For about three months, I was super stoked to go to the Vancouver Model UN conference, though every time I said, "I'm going to Model UN!" Someone would respond with, "What's that?!" As I'm sure you probably just did in your head. (Or maybe even out loud.) To answer that question, Model UN is a mock United Nations conference, for students, so we can get a taste of debating and trying to solve world issues. This year it was held downtown, at the Hyatt, from January 28th through to the 30th. I represented Sutherland (as well as the country of Grenada, which I grew quite attached to within the three days!) with seven other Sabres. Let me tell you-- it was quite the experience.

On the Friday (which should have been a day for me to sleep in, I

should add), I was up at 4:30 in the morning (which is an ungodly hour to be up at) so that I could finish packing, and get myself fed, dressed, and downtown to check in at 7:00am. (Although, they were running a bit late, so we had to wait for over an hour, but I can't really bring myself to complain, since the entire conference was student led – by a grade twelve student named Andy Lee, I might add.)

The day started out with an opening ceremony where an actual representative from the United Nations came to talk to us. Now, let me give you a little picture here, we were in one of the Hyatt's ballrooms (which, by the way, are outrageously humongous!) and it was STILL crowded! There were over five-hundred delegates that came out to participate. The opening ceremony, to be quite honest, would have

been a whole lot better if I hadn't been running on three hours of sleep. Anyways, right after the opening ceremony, we went right into our first (of seven!) committee sessions. I'm sure I've lost you, so let me explain myself a little more. Because of the complete and utter chaos that would have ensued if we had five-hundred plus delegates all vying for attention, all of the delegates were split up into different committees. For example, there was the WHO – which is the World Health Organization (which was the beginning committee) or the UNSC – which is the United Nations Security Council (which was the most advanced committee). I just so happened to be a part of SPECPOL – the Special Political and Decolonization Committee, which, coincidentally, was for intermediate delegates...

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Undercover as a United Nations delegate cont'd...

The intermediate part probably makes you think that I have reasonable debating skills. Or that maybe I'm really up to date with politics, and world issues. Well, I'll let you in on a little secret. I most certainly am not. And to top it all off, I hadn't prepared any position papers (which we were supposed to do), and I had barely researched the topics that we were discussing. Needless to say, I wasn't exactly prepared, and I was also more than a little bit nervous. Getting organized was really difficult. The chairs of our committee were three High School students (in grades eleven and twelve), and so it took us a while (over an hour) to get started. Once we finally did get into it, though, it wasn't that bad! I thought we would all have to go up and speak, but I was completely contented with hiding in the back, scribbling notes furiously, and hissing to my neighbor about whether I agreed with the point being made or not. Then, finally, it was time for lunch!

When we finally got our lunch break, I thought that my stomach was going to literally eat itself. It probably was. I hadn't eaten anything since 6:00 earlier that morning, and by the time we ate it was nearing 2:00pm. We had to go scouring downtown for edible food, as the Hotel didn't provide any meals for us (which is a near impossible feat, considering over five-hundred other people were trying to do the same thing.)

The next day and a half went by in a

blur – debating, debating, and more debating, with minimal sleep, and more Starbucks than I think I've ever had in my life! Then, finally, Saturday night rolled around. Two major things happen on Saturday night. One: There was a social for delegates, and two: we had a midnight crisis.

The social was...awkward. It was in the tiniest room that the hotel could offer, I'm sure. (Now, I will give credit to the organizers, they obviously didn't think that such a number of delegates would show up.) However, picture this. Clubbing music, with flashy, different coloured, seizure inducing lights flickering on and off, and five-hundred socially awkward kids all packed into a teeny little room, trying to dance and have a good time. I got punched, hit, and shoved numerous times. Needless to say – I didn't last very long.

The midnight crisis, on the other hand was...kind of fun! Our crisis was really interesting (Europe decided to ban the Muslim hijabs, and all the Muslim communities were in uproar, and we needed to try to settle the problem.) There were a few delegates that made the night worth it. First of all, little Italy, who was in grade nine, but one of the tiniest people I've ever met! (This is saying something, as I'm pushing 5"1.) But he was feisty, and fiery, and a whole lot of fun. The other, was the delegate representing India, as he had colourful analogies for everything, and one of the most theatrical voices ever. The resolution that we came to – I couldn't tell you,

as we finished the debate at 3:15 in the morning (and had another committee session at 9:00 that same morning.)

However, it was an interesting experience.

Our last two committee sessions were a blur, although our final resolution to try to stop Neo-Colonialism was memorable. We passed that Optimus Prime was to become the King and Dictator of the world, with Bumble Bee as Vice-King, and Megan Fox the executive secretary.

Then we had the closing ceremonies, where awards were presented, and then we were done. Free to go home! I was seriously sleep-deprived, and a tad little bit cranky, but if I had the chance to do it all over again, I would! It was an amazing experience, and even though I was napping half of the time, I did learn a lot!

I came out of it a little bit more politically sound, with the phrases "That will be ruled dilatory at this time", "Point of personal privilege!" and, "If you are in favour, please raise your placards." Bouncing around in my head for weeks, but it was honestly an amazing experience; I'd seriously recommend doing it to future Sabres.

- Jessica Horsnell

**“Well I’ll let
you in on a
little secret.
I most
certainly am
not”**

Quote of the Issue

“You’d have to be an idiot to let her go a second time.”

- Quoted from the movie *“The Notebook”*

What is your “Indie” viduality?



It has always been about the music, Not about them...

We are all familiar with the unusual song names that come up on YouTube when you least expect them to, those irrelevant search results that sometimes bring surprises your way. You know them from their distinct musicality and really bad homemade music videos that have somehow managed to get more hits than what you were searching for originally (what was that again?) It seems that the only way to exceed the restrictions of obscurity, for them, is to be as unusual as possible. We have heard enough typical chord progressions to exhaust pop culture, although you could argue that mainstream hits have given up on any musical progression at all and resorted to the primal elements of rhythm and heavy backbeat to appeal to a “modern” public. We could do with a bit of change in the music scene.

Does it all start with what we listen to? It may be possible to go so far as

to suggest that we are defined by what appeals to us most, whether it be that hand-held digital Pokéball, an old Terry Pratchett novel or some radio hit from I-can’t-remember-when. It can take only a misguided internet search to remind us of what we’re forgetting in the everyday bustle of our lives. Then we reach under the bed or at the back of our closets for those things we had never been able to give away. We

find them amidst

numerous socks without matches, birthday cards and dollar-store valentines from friends that we had forgotten about. We were told to grow up, but we were not told to reinvent ourselves.

It is so difficult to recognize our own individuality when we are all striving to define ourselves according to where we fit amongst our peers. It has also become a trend to be unconventional and thus defeats the purpose. Those who consider themselves “Indie” because they are better informed on the underground music scene and know bands that you don’t (but supposedly should) are just being elitists and are not worth your attention. Trust me; there are bands that remain obscure for a good reason. It’s about knowing what you like, not just liking what you know. And if you genuinely like useless crap, then good on you. So do I.

“Indie” began as a term for bands recording with independent record companies, because they were rejected or couldn’t afford a contract with a renowned label. You will recognize the sounds of idle strumming, unusual instrumentation (a nail on a piano string?) and compelling lyrics which define their own “alternative” music style. These are the musical groups which have earned their recognition after years of busking for change, playing in coffee shops or volunteering as fillers for local music festivals. They’ve kept the “Indie” term even after they’ve become popular – not as a label, but as a reminder that they were just doing it for kicks. It has always been about the music, not about them.

We use this musical badge of honour to generalize a group of people who are striving to retain their individuality, despite the oppressive demands of commerce in the music business. It is an undeniable human inclination to seek and define that which we do not understand, but in doing so we are denying them the chance to enliven our “mainstream” ideas about what we should or should not be into. And we do not always wear glasses that are too big for our features, knee socks or leg warmers when they are conveniently out of fashion, suspenders in bright colours, retro high-tops or concert t-shirts. You cannot limit Indie culture with a stereotype. There is so much more to it than that; and you will find that there is so much more to you, if you give yourself a chance.

“And if you generally like useless crap, then good on you. So do I.”

- Kathryn Ney

Political Egypt for Dummies

We've all heard something or another about the intense situation in Egypt. It's been all over the news and is mentioned in pretty much any paper you can find these days. So you're probably thinking to yourself, must be a pretty big deal then? Yes, my friend, it is. This still may leave you with the dilemma of not actually knowing what is really going on. Lucky for you, I am here to lend my political knowledge and understanding of what's going on in what I like to call, "Political Egypt for Dummies." After you read this, you will for sure be able to impress that weird guy on the bus who decides to talk to random kids about politics, and yes there's always one.

Basically, the whole issue starts with the president of Egypt, President Hosni Mubarak. He has been president of Egypt for the last thirty years, a very long time to be President right? So you may be wondering why people dislike this guy so much, he has been in office for thirty years. Although Egypt takes in a huge amount of money, the people are still living in welfare. 40% of the population actually earns less than two US dollars a day, while the rich are still acquiring more wealth. Logically, this made people a

**"Your
crash
test
through
Egypt"**



little less than pleased.

On January 25th, demonstrators peacefully gathered in Central Cairo to demand the end of President Mubarak time in office. The protests turned violent and the streets were then filled with tear gas, swinging batons, and blasting water cannons. These protests still currently continue to fill the streets with cries of "Down with Mubarak."

To this day, approximately 100 people have died due to this situation according to internet sources*. Over 2000 people have been injured as well, and these numbers are still growing. It's costing the Egyptian economy 310 million dollars a day while these protests continue.

Mubarak has decided to step down from power but has not surrendered his title and has opted to wait for the re-election in September to officially step down. He refused for personal reasons. It could be an attempt to keep a fraction of his pride, but in reality it does not make much sense. These protests will still continue until he has officially stepped down, so all

this stalling is doing is wasting time and money.

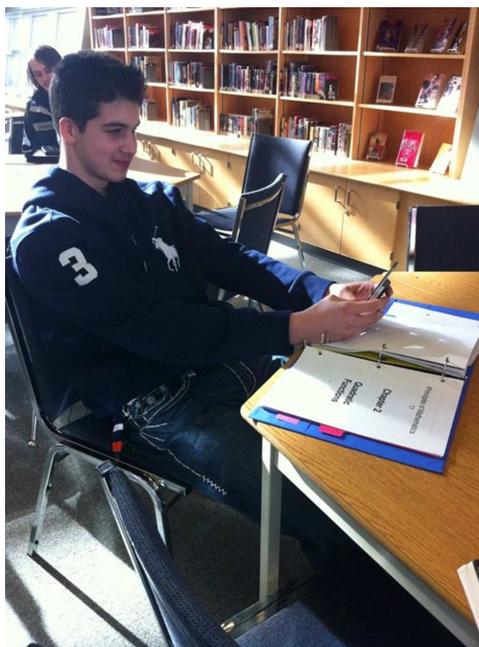
While these dire and terrible things are happening to the people, we can't forget about our good ol' friends, the journalists. While covering a demonstration *CNN's* anchor Anderson Cooper was punched in the face by Egyptian protestors. No one was seriously hurt in the incident (other than Cooper's pride...) *Google* executive and activist Wael Ghonim was captured while in Egypt. He was detained for two weeks then released by the government.

While this revolution still unfolds, it can be covered by many sources of news out there. Now that you know your basics, it might make you want to actually catch the news this week instead of immersing yourself in the rich culture of "Jersey Shore", but hey it's your call. At the very least now when the topic of Egypt comes up you can say a little more than just that "They have nice pyramids."

- Justin Pow

Sources:
<http://www.bbc.co.uk/news/>, <http://www.cbc.ca/>,
and <http://www.theglobeandmail.com/>

Pros and cons of an X block



Caught in the act of wasting a spare? Not me...

X-blocks could be the greatest invention ever and the worst at the same time. In case some of you don't know, an x-block is a course that is outside of the regular timetable. They are in the first semester timetable and you attend them three days a week, getting a spare the other two. If that's the case, they normally carry out to second semester where you have class three times a week again, but at irregular times. For example, our Journalism class this semester is on Mondays at lunch, Tuesday mornings at 7:30am, and

Thursdays after school until 4:10pm. Last semester, it was block four on Mondays, Wednesdays, and Thursdays.

Pros:

One of the pros of having an x-block is that you get a spare in the first semester. Depending on the time of your spare, you can go home early, sleep in, go somewhere for lunch, have extra homework time, or you can just wander the halls looking to disturb your friends.

Another pro about having a class all year long is that you get to know the people in your class better than in your other classes since you see them almost every day for a year.

Many classes that are an x-block like Journalism or Year-book are a combination of

many grades. Therefore, you meet people who are older and younger than you; you expand your circle of friends and people that you know around the school. You also develop a relationship with your teacher, like you did in elementary school since you see them almost every day over the whole year. During the second semester, you go to your x-block in your own time. The classes go by fast; you just finish what you have to do and leave - since both you and the teacher have many things to do.

A pro of having a spare is that you

get extra time at school to finish your homework, so if you use it wisely you could have no homework when you get home.

Cons:

Like the pros there are many cons of having an x-block. The most obvious one is that you need to go the class in your own time and that means missing a lunch, waking up earlier or going home later. Another con would be the fact that it may be a 5th class in your second semester. If you have a hard semester like I do (Physics, Math Honours, Accounting, Law), it means that you have to be very focused all semester long knowing the amount of homework that have. A con of having a spare when you don't sleep in or go home early is that you're always tempted to not do work and play games on the computer or to distract your friends in other classes. Another con of having a spare is that if you decide to wander the halls during your spare, you will be walking alone most likely; all of your friends will be in class.

Having an x block allows you more freedom in that you get a spare at certain times during the year, and it can make sure you are able to fill your schedule with necessary courses and even more electives if you like.

- Andrej Tomasevic

Two minutes with...

Name: Chandler Christopher McCorkindale

Grade: 10

Do you play any sports?

I play soccer and track and field and I dabble in rugby.

Do you play any instruments?

I play the tenor saxophone and my vocal chords.

What's your favourite subject?

English

What's your secret talent?

This paper is pretty PG so I can't tell you.

Tell us a PG secret talent.

I'm super fast and I can do my hair without gel or water.

Favourite fast food?

THE DOUBLE DOWN!

Favourite colour?

Rouge

Favourite musical artist?

John Mayer

Least favourite musical artist?

Ke\$ha

Two mintues with cont'd...

What are your thoughts on Bieber?

Well I'd like him more if he hit puberty. It's kinda weird thinking that he doesn't have hair anywhere on his body.

Celebrity crush?

Megan Fox, Angelina Jolie, and Jennifer Aniston.

I can't live without my...

Right hand.

- Kaylee Szakacs



**“Chan Chan
the Monkey
Man!”**

Opportunity Knocks



As the temperature begins to climb and we move into the new spring, one thing is not going to go away so soon: Volunteer hours. If you find yourself strapped for these pesky hours, or you just want to check out some opportunities in the area, we can help you out. When you've been looking for some real work experience, look no further than the school's counselling office. Ms. Giraud is more than willing to help you out with any and all opportunities you may come across.

Do you love sports and helping others? If so, the Special Olympics are holding a

Basketball Invitational and they require volunteers. Everything from referees to concession sales is required, and they would be greatly appreciated. The game is on March 19th, please apply immediately if you want to lend a hand.

Have you ever been interested in studying theft and murder scenes and solving crimes? Well, as summer comes around BCIT's department of Forensics & Security Technology is hosting a CSI

Summer camp. If you're in grades 10-12 and think you want to be a real forensics investigator, the camp runs from July 4-8. Applications are now being accepted, be sure to check it out.

Who didn't dream of being a firefighter as a kid? Alright kiddies, now is your chance. There is still a few spots open for the Firefighter for a Day program; running on April 14th. Any eager grade 11 or 12 student who wants to attend this event should contact Ms. Giraud ASAP. Spots are very limited, if you've ever wanted to see what it is like to be a firefighter make sure you apply soon.

Do you have an interest in medicine or health sciences? The Child & Family Research Institute is holding an open house on March 7th, to celebrate researchers in the field of women and children's health. Grade 11 and 12 students who plan on going into medicine, might consider registering because registration ends on February 28th. This is a big opportunity to meet world-class researchers, and see some state-of-the-art research equipment first-hand. The event is free, but they are running a first come, first serve registrations, so hurry if you're interested.

As a student at Sutherland Secondary, you have the wonderful resource of Ms. Giraud and the counselling office. You can see her at break or lunch, or whenever you need to. Make sure to check out the bulletin board posted outside the counselling office for new opportunities. You can get updates on Ms. Giraud's blog at <http://pgiraud.blogspot.com/> or send her an e-mail at pgiraud@nvsd44.bc.ca. Remember; opportunity's knocking, so open the door!

- Christopher Pervan

“Thriving versus surviving”

Most of you at Sutherland saw these two charismatic students, Peter Wilton and Chris Vanderkooy, not too long ago promoting their table of tantalizing tie dye t-shirts. Little did you know of the whole story, or their tremendous efforts to rise above the expectations of what you would call an "average volunteer."

ST: I understand you two have taken part in an influential program, along with that, you have started a trend of tie-dye t-shirts at our school and beyond, which I might add, carry a very creative name. Which one of you gets recognition for coming up with such an inventive brand name, 'make a difference or dye tieing'?

Chris: That would be me. It actually came to me when I was painting after twelve hours. I was just really out of it because of the fumes; you could even say I was a bit delusional. In this state, I was thinking to myself that we should make tie-dye shirts for Rwanda or something and then I got to thinking of names. The first one I came up with was like fly dies. Then I was like no, that would be so lame. But then I thought of make a difference or dye tieing.

ST: So you came up with the concept of making tie die t-shirts when you were "intoxicated"?

CHRIS: Exactly.

ST: Thinking back to that day, did you think your t-shirts would become such a success?

Peter: We hoped so; I was definitely surprised with how much we sold.

Chris: Yeah, especially at Sutherland with how many people we sold to. Our goal was a thousand at first and we've gotten to that. Now it's just to get the other thirty-eight thousand nine hundred and fifty. I hope it gets a lot bigger; I want to go to other

schools and expand it. I'd even be willing to try some stuff after high school because it is really fun to do and it's going to a worthy cause.

ST: How much exactly did you raise at Sutherland?

Peter: Sutherland alone, we made five hundred.

ST: Where exactly does the money go, and how much of it is distributed?

Peter: All proceeds are distributed to the feeding program at Kigali Christian School (Rwanda, Africa).

Chris: There are six hundred students at the school, about four hundred of them are wealthy kids and the remaining two hundred children are sponsored by people across North America. For the two hundred that cannot afford the meal program, which is a meal everyday at lunch, they are sponsored with ten dollars a month to provide them with a meal everyday for a month. Right now, the school is four thousand dollars in debt, caused by running a deficit. So far, we've raised them one thousand and fifty dollars. Our goal is to raise the remaining thirty-eight thousand nine hundred and fifty dollars and to banish their debt.

ST: Are you interested in taking a broader approach to get your idea out and achieve your goal?

Chris: Yeah for sure. I think right now, it's just about us going into other schools, maybe summer camps to explain what we're doing, and even getting some of the UBC campus stores interested. Also, you look at Tom's Shoes and other organizations like that which give back a little from what they've sold. I'd want to do something like that.

ST: What are some of the latest ideas you have come up with?

Peter: We had a recent idea to donate a shirt to every kid in Rwanda for every shirt that we sell. Not only are they getting their food, but they are also getting to see what we're doing for them. It's also a little more personal in a way that they can see.

Chris: They don't necessarily need clothes, but the t-shirts we give them can fill them with dignity. They can feel like someone especially did this for them. We base this off of a story in 2008 when Volleyball BC went over. With only two hundred shirts to give away and five hundred kids that all wanted a shirt. To solve this, they had a volleyball tournament to play for the t-shirts. These kids were getting so into it. The ones that lost were just devastated, and the ones that won, it was like they had won a new car! By coming up with this idea, we too hope we can give them that same excitement.

ST: How does it feel to be a team when developing your idea?

Peter: It gets very intense actually. [Author's note: This was said in a sarcastic tone].

Chris: A lot of arguing and compromise comes with the relationship for sure. Naw, I'm joking. It's chill and fun.

ST: Where do you make your t-shirts?

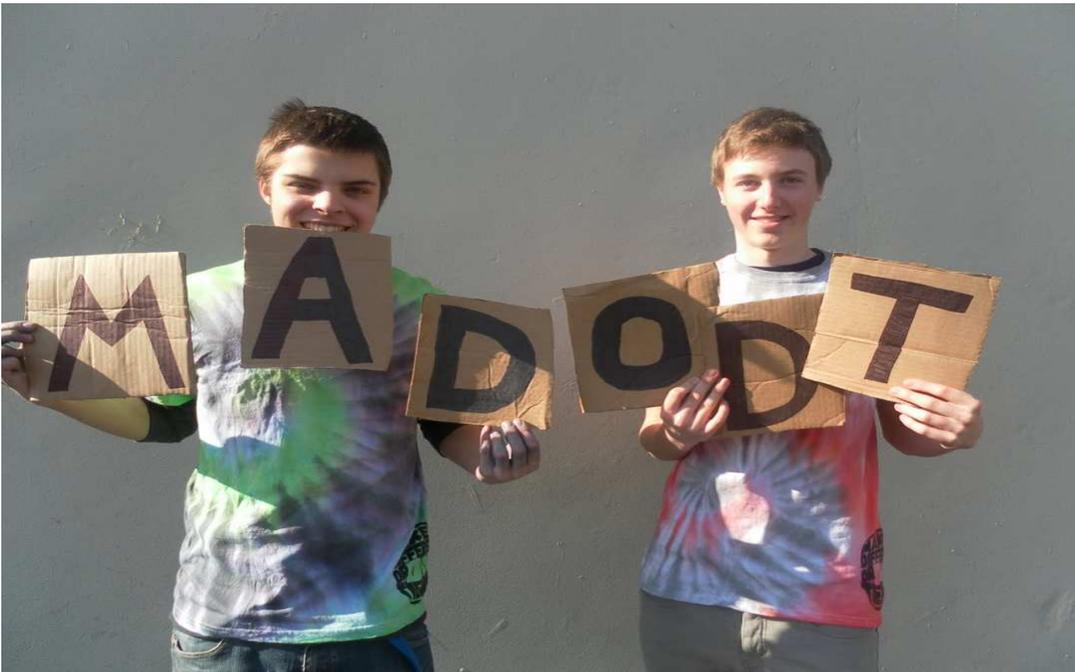
Peter: In the privacy of Chris's beautiful home. Actually, the kitchen.

ST: Sounds like a mess, how bad does it get?

Chris: Really messy, I had to spend about half an hour cleaning the other day!

ST: If people at Sutherland still wanted to get t-shirts how would they get them now?

Thriving versus surviving cont'd...



happened to come across a four star resort where we had lunch one day and stayed on the beach. We called that our

Chris: Visit www.madodt.com

ST: Last summer I learned you two had the privilege to experience Rwanda, how did you find out about the experience?

Peter: Through youth group

Chris: Three of the leaders in youth group work for Youth for Christ and they had a team of twenty-five Canadians going over one summer. We learned about it and it seemed really cool. Before we went we had to fundraise three hundred dollars. Then the others got to head over. Most of them that came were youth and people in their early twenties.

ST: What was your main motivation to travel?

Chris: I felt like there was a lot more outside of North America. A culture that I hadn't experienced before, and I wanted to help a place that gets ignored a lot. One of the reasons I wanted to do this was after hearing a story about a girl named Filette that hit me hard emotionally. She had been beaten against a wall to death at

only two years old. That's injustice. Our country stood by and watched this happen. While we can't change the past, we can improve the future and give hope to a new generation. Even by giving the simplest things like food. It's not even that much, but it is a way to help. We're hoping to achieve thriving versus surviving.

They can survive right now, but for them to succeed, be in school, get an education, and be citizens in life, we can help them get to reach that thriving point.

ST: What was the reaction from your family when you told them you were thinking of traveling to Rwanda for this volunteering experience?

Chris: My family was stoked. There are a lot of stereotypes about Rwanda. There had been some grenade attacks before we went, during the election. But, I never felt unsafe or in danger. For even a vacation spot, Rwanda would be my number one choice. Just cause it's fun. They've got really nice beaches too.

Peter: They are rebuilding a generation right now that is safe. We even

'recreation day'.

ST: How long did you stay there?

Peter: Three weeks.

ST: What kinds of things did you do in your stay?

Peter: The main thing we [did] when we got there was building a playground for the school. Their playground before was quite lame. There was a swing set before, and that's pretty much it. We also spent a couple of days in the villages helping to extend and repair homes.

Chris: Another thing we were doing there was running summer camps. They ran for a number of days, and involved playing sports and whatnot.

ST: Were there any kids you had special relationships with in the camps that you can remember?

Chris: Oh yeah, Paulo, this one kid which all the girls loved. He just had

Cont'd on pg. 16

Thriving versus surviving cont'd...

the school and we'd always play four square with him. He was about five. This one time, one of the girls asked Paulo to come sit on her lap, and he said, "No, I am not a baby" [Author's note: Chris portrays a great Rwandan accent] For the people who had laptops or cameras, Paulo would run up to them and ask them if he could use them. He just got so stoked.

ST: So you'd say the technology was rare?

Chris: Obviously since they're not developed, but most of the adults there have phones. All of the Rwandan leaders we were working with all had cell phones and used Facebook. To this day, we still talk to them on Facebook. I had my iPod one day and I just played Waving Flag through the speaker. Paulo, his family, and all the kids just started singing to it when they heard. One of the children, Kakumba, had shown me his rabbits that he was raising to sell for food. He was like "Chris you like my rabbits? I will trade you my two rabbits for your iPod". I would've given it to him but he wouldn't be able to charge it or anything.

ST: Aside from all the happiness and laughs, what is one of the hardest things you saw or experienced while you were there?

Peter: The genocide memorial. You hear about what happened there, but being there and experiencing it is so much different. You see how it affected everyone.

Chris: There was this children's room at the end of the memorial where parents have donated pictures, and share their stories. It was hard to see. There were stories of priests telling the children to come into the churches, and telling them they'd be safe there. But really, the Hutus ended up bulldozing over it to exterminate the Tutsis.

ST: At what point where you most proud to of taken this opportunity?

Peter: When they opened the playground from the ribbon and all of those kids just stormed onto the playground. It's going to be there forever, and that's huge for them.

Chris: Another thing was the goats. We gave goats to six families and their first-born goat would go to another family, so it would be a long-term benefit. There was this one woman, she was so thankful, and crying. Telling us, "let me pray over you, let me pray over you." It was just the longest prayer!

Peter: Seeing how little they had, you could tell this goat was going to be such a big deal for them.

ST: It makes you think how much we have, and how much they are lacking. What would you say a big culture difference is, aside from the difference in wealth?

Chris: That was talked about a lot on the trip. But there, it wasn't what they had that defined happiness. When I look around our school, those kids don't have nearly as much as what we do here, but they're so much happier! [Author's note: Chris is talking as if he is one of the children in Rwanda] It's not about what I have or what I need, it's about, this is what I have, and wow; this is awesome! I asked one of them if they had Thanksgiving there, and he said no, I am thankful everyday. The quality of life is so much different there.

ST: Are you planning on going back again?

Chris: Hopefully, if everything works out we have plans for 2012. There's a team going in 2012. This team that just went in 2010, we were all so on fire for it. If we end up reaching our goal or being able to bring over 600 shirts, they would most likely pick us over someone

else. I would personally love to distribute the 600 shirts to them.

ST: What would you say to those on the edge of becoming a volunteer for an organization?

Peter: Just go for it.

Chris: Don't hold back, I definitely guarantee that you're not going to regret it. Even if it's not something you want to pursue in life. Just to have the experience of knowing what's out there, and being in a place like Africa. You definitely won't regret it.

Peter Wilton and Chris Vanderkooy are very determined individuals; passionate about making a difference and achieving the goals they've set for themselves. They inspire all of us to go out there and 'make a difference or dye tying'. Our attempts might not be a trip to Rwanda, or a brand of clothing, but our attempts are progress and they move us one step closer to achieving a world of "thriving versus surviving," as Chris Vanderkooy says.

- Anika Tsoulacos

"They all inspire us to 'make a difference or dye tying'"



Sabre FM



Dan Mangan: A fave of Vancouver

This issue it's my turn to write the Sabre FM (finally) and it also just so happens to be the week in which I'm

going to the concert of Vancouver native Dan Mangan. With his soulful and funny lyrics you will fall in love with him instantly. If any of you out there listen to 100.5 *The Peak* you may be familiar with his works like: "Robots" and

"Road Regrets". With two albums already under his belt, the first being "Postcards and Day Dreaming" and

the second "Nice, Nice, Very Nice" he's very familiar with the music scene all around the world. When he first stepped into the scene he wasn't very well known here, so he traveled all around the world by himself seeing as he couldn't afford to bring along a band to promote himself and his first album. Now that he is a little more known his concerts sell out in less than a week.

If you haven't already listened to him, go onto YouTube and give him a shot - you won't be disappointed, I promise, and if you have, take out your iPod, scroll down to his name and press play.

- Sarah Reid

Bookface: Tangled Web

Tangled Web is published by Orca Publishers whose books take place in our very own city, Vancouver. That's because the authors who write these books are born and raised in Vancouver, such as Shelly Hrditschka who wrote the book Tangled Web, which I'm recommending to you in this issue of The Sabre Trooth.

Tangled Web is about two twin boys, Tanner and Alex who are separated at birth because their very young mother could not take care of them. She put the twins up for adoption and they were adopted by two different families. At about fourteen years of age Tanner and Alex reunited for the very first time. Tanner had lived in Edmonton after the separation and Alex lived in Vancouver where they had both been born. The first time they reunited Tanner was kid/napped by a man under Lions Gate Bridge who thought Tanner was Alex. The twins soon found out that they were telepathic. They are able to send photos and signals to each other where ever they are, which helps when one of them is in danger. That's

how Tanner was found the first time. The second time Tanner came down to Vancouver to visit Alex, he visited for two weeks to spend time with Alex and to go to a Hockey Camp. Two weeks became the whole two months of Summer Vacation. Tanner wanted to do some research on someone in his life that he has never met before but Alex thought that it wasn't a good idea. When going to meet this "special" person a couple weeks later, something terrible goes wrong. What happened to Tanner and where did he go? Is he going to be alive or dead when found? Find the book in the Sutherland Library and pick it out and read it to find out what happens to Tanner.

This book is a good read because the language is appropriate and the author uses words we all are able to understand. It's also located in the city where we live today: Vancouver, so we all know some of the main places mentioned in the book, such as Grouse Mountain or even the Second Narrows. When reading the book and these places come up, you

can picture the places giving you a better understanding of the book. It would also be a great one to read during B.O.B. I highly recommend this book for all grades and ages at this school or any school.

- Janelle Hoy



Doctores de amor

Dear Dr. De Amor

My girlfriend of a year and a half and I broke up two weeks ago. I'm still devastated and probably will be for quite a while. Over the weekend, I saw her at the mall being coupley with my best friend. How come she got over me so fast? Did she ever really love me? Did she just use me to get closer to him?

- Broken Heart

Dear Broken Heart,

Break ups, no matter how mutual they are, are hard. You're losing a person you were extremely close with for so long and that's not easy for anybody. To confirm or refute your questions is impossible for me to do; I can only guide you to take the path that seems the best right now.

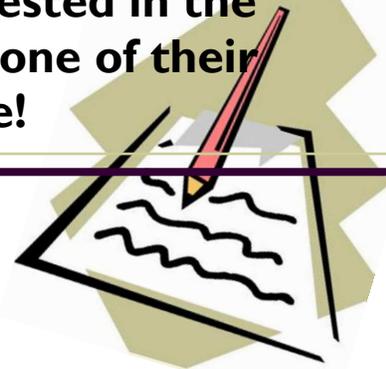
Everybody deals with heartaches in different ways; what works for one person may not for another. To say that she "got over [you] so fast" is a mere assumption of what she's feeling. She very well may be torn apart from her recent loss of a boyfriend and friend, but she is handling it differently than you are. You are grieving, while she is rebounding. I will put all my money on the fact that she and your best friend will not be together in a couple months. Depending on how you two ended things, she could be either trying to hurt you, trying to stay close to you, or really not know at all what she's doing. She may also not know that it's hurting you. To be frank, you really shouldn't care what she is doing, but what your so called "best friend" is doing. If he is truly your best friend, he couldn't have gone after your ex at all, let alone two weeks after your break up

To ask whether or not she loved you is a silly question. I understand that you are hurt and questioning the entire relationship now, but you have to remember the good memories along with the bad. Remember the first time you told her you loved her? Remember the look in her eyes? You can't fake something like that. I'm going to say yes, she did love you, but for some tragic reason, you two grew apart, which is totally natural! Keep in mind that you are in high school and people change their minds about everything about as often as you change your socks. I'm sure that what you two had was love, or the high school equivalent of love, but as the cliché says, "all good things must come to an end."

The best way to get over somebody is to keep busy. I know you can't erase what you saw in the mall and I'm definitely not saying erase the last eighteen months of your life, but trying to forget about the bad is the best course of action for the time being. By staying busy, you'll have less time to think about what you saw and the effects it has on you. Show them both that you are stronger than you make yourself out to be. Join the Sun-Run team; running is great therapy for an over-active mind, make plans to do something you wouldn't normally choose to. I'm not going to lie to you, Broken Heart, you will probably hurt for a while. Memories like that don't disappear over-night, but if she's moved on, it's time to start thinking about the same thing.



We at The Sabre Trooth are dedicated to providing you with informative and entertaining articles pertaining to whatever subjects we feel fit to print, whether they be school events, pop culture or just plain bizarre. We have gone from being a simple club to a full fledged course, complete with credits and a fair marking system! Of course, being a school funded course the continued existence of the paper is entirely dependant on whether or not new members/students can be attached to it. Therefore, we urge anyone interested in the newspaper to select 'Journalism I I' as one of their courses for next year. All are welcome!



Grade 12's! Come and join in the Scavenger Hunt!

When: Saturday March 5th at 8am-8pm

Price: \$10 per grad; teams of 2 or more people

Sign up at lunch in front of the theatre from Feb. 14-18th and 21-24th

Take pictures of your team completing tasks from a list that the grad council will provide on the day of. Points will be awarded for each task and the team with the highest number of points wins 50% of the winnings.

SIGN UP AND MAKE SOME MEMORIES!!!

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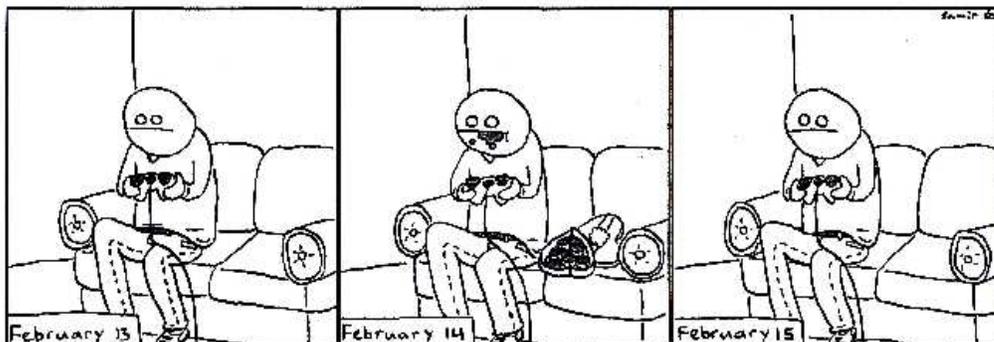
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“Hope you had an unforgettable Valentine’s day!”
- by Samir Bhimji



Check us out online at <http://www.nvst44.bc.ca/schoolsites.sutherland/>



Questions?
Comments?
Concerns?
Article?
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