



SEPTEMBER 30

NATIONAL DAY FOR TRUTH & RECONCILIATION

Pillars of Truth and Reconciliation in Education

Colonization

Recognizing the colonizing that has been done and the perverse effects it has had on those that have been colonized.

Decolonization

To work to remove or reverse the colonial values that have been placed on education. An act that Indigenous and non-Indigenous Canadians can participate in.

Indigenization

To intentionally make space for other valuable knowledge systems and consider the restructuring of frameworks.

Renewal and Reconciliation

Regular reviewing of mandates, policies, and frameworks to see what is working and what is not to honour Reconciliation.



The Survivors' Flag is an expression of remembrance, meant to honour residential school Survivors and all the lives and communities impacted by the residential school system in

[Video link](#) CBC | We Know

The Truth: Stories to Inspire Reconciliation

Calendar of Significant Dates and Events

The *Calendar of Significant Dates and Events*, with dates highlighted in green text boxes, includes dates that reflect, honour and celebrate the diversity of the North Vancouver School District community.

Each calendar entry includes a brief description of the date, with links to resources for more information. As new information becomes available (e.g., dates and/or links), this calendar will be updated. The school district community is invited to share feedback, suggestions and educational resources regarding the dates included in the Calendar of Significant Dates and Events.

For more information and a link to the feedback form, please visit the [Calendar of Significant Dates and Events](#) web page

Seycove Calendar

Sept 25-29	Truth & Reconciliation Activities (school-wide & classroom based)
Sept 30	National Day for Truth & Reconciliation
Oct 2	STAT Holiday—Truth & Reconciliation Day <i>School Closed</i>
Oct 5	World Teacher's Day
Oct 6	Grade 9 Immunizations
Oct 9	STAT Holiday—Thanksgiving <i>School Closed</i>
Oct 10	World Mental Health Day
Oct 10	PAC Meeting—Library @7pm
Oct 12	Well-Fed Lunch (preorders) —Mexican



What's Happening @Seycove

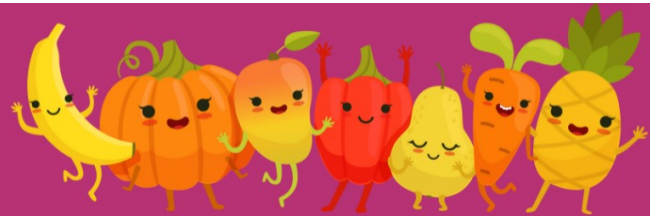


GET INVOLVED!

Seycove Students are encouraged to learn more about all the ways to get involved at Seycove. Remind your student(s) to come to the fair at lunch **next Wednesday** to learn more about these clubs and more!

- CHESS CLUB | SEWING FOR CHANGE
- POETRY | SEYSA (GREEN CLUB)
- TABLE TOP GAMES | GSA
- STUDENT COUNCIL | MATH

....and more!



Seycove is pleased to announce our participation in the School Fruit and Vegetable Nutritional Program again this year. Students will have the opportunity to try new foods and make connections to where their food comes from. Learn more at bcaitc.ca





Updates & Reminders

Attendance Procedures

Call the Absence Line: 604.903.3673

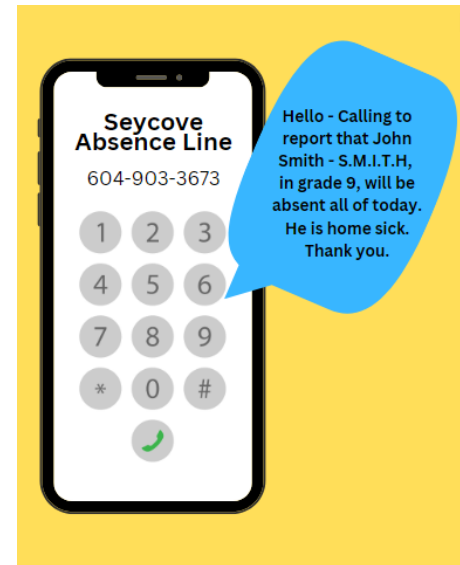
Please keep it simple-

- First Name, **spell the Last Name**,
- Grade
- Date of absence
- Length of absence (whole day, portion of the day)
- Reason for absence (ie. Sick, appointment, vacation...)

Examples of what NOT to say:

"Hopefully in by...", "may be there by..."

There is no need to leave your phone number or contact info as we have your information.



What To Do When you Receive A Call About An Absence

The automated call system refers to "PERIODS OF THE DAY" (1 thru 4) so you must look at your student's timetable to determine which missed class ("BLOCK") the call is for.

IF you receive a phone call regarding any period other than 1 thru 4, it is referring to a class that is outside of the regular timetable (ie, lunch or before/after school).

If your student says they were in class, they must **speak with the teacher** who marked them away. **Do not call the callback line to change an absence for a particular class.** Only that teacher can verify and change the attendance. Please e-mail the teacher.



Hot Lunch Pre-order

Seycove's Parent Advisory Council (PAC) is organizing pre-order lunches again this

year. Help support PAC and give your student(s) a healthy meal (and a break from packing lunch).

Money raised from the lunch program helps PAC purchase things like classroom needs, uniforms, sports equipment and more!

NEW parents need to register here:

<https://munchalunch.com/schools/seycove>

RETURNING parents go directly to login:

<https://munchalunch.com/login>

Semester 1 Schedule:

Sept 28: **Pasta Day**

Oct 12: **Mexican Food Day**

Nov 9: **Salad, Wrap & Sandwich Day**

Nov 23: **International Food Day**

Dec 8: **Pasta Day**

Jan 12: **Mexican Food Day**

Jan 26: **Salad, Wrap & Sandwich Day**



\$1500
RBC COMMUNITIES
TOGETHER GRANT



A huge thank you to Lindsay Witham from the Dollarton RBC branch for helping facilitate a \$1500 grant from RBC to help the Seycove PAC support our community.

Lindsay, a former Seycove parent and PAC President, worked with PAC to plan a clean up day around the school last weekend.

Volunteers from Seycove PAC, SEYSA, Student Council and RBC picked up trash and cleaned up the school grounds.

Thank you to all the volunteers and organizers!



RBC's Monika, Peter and Lindsay



PAC Treasurer Carla



Peter, Carla, Julia, Taryn, Gwentyth, Izzy, Nya, Ryder, Monika, Lindsay & Aqil - thank you!



THANK YOU!

We had a great day last Thursday remembering Terry Fox and running in his honour and in support of cancer research. Thank you to everyone who donated in school and to those who donated online. Help us reach our goal! **The donation link is still open. [DONATE HERE.](#)** Thank you for your support!

#DEAR TERRY



Post Secondary & Careers

Upcoming Post Secondary Events

- Tues, Oct. 3 UVic recruitment advisor, Library, 12:50 (lunch)
- Tues, Oct. 3 Canadian Universities Event, Burnaby [INFO HERE](#)
- Wed, Oct. 25 BC Post Secondary Institutions, Seycove evening



CLICK HERE 

career education OPPORTUNITIES

seycove.ca

are you looking for

VOLUNTEER OPPORTUNITIES?

CLICK HERE 

for the North Shore Youth Volunteer Directory for students 12 - 19
<https://volunteer.nscr.ca/youth-volunteering/>

Career Fair Canada—October 3 10-2pm - [MORE INFO](#)
Anvil Centre - 777 Columbia Street New Westminster,
 Get in front of hiring managers! Network and apply with Employer Exhibitors. Build meaningful rapport you need to advance your career in the direction that you want. Learn about exciting new career options and obtain valuable information about how to earn the credentials and diplomas you need to get the job you want with our Training Exhibitors. 10am-2pm

Women in Finance—Job Shadow Day—October 23—
[Message Mrs. Knapp](#)
 Free day-long, interactive event that allows students to see the impact and rewarding careers in finance.

Gairdner High School Symposium—October 23—
[Register Here](#)
 Grade 10-12 students, teachers, and the academic community have the opportunity to hear from two Gairdner award-winning scientists and learn about the BC Children's Hospital's research facilities.



CLE10 With Ms. Rajan

In Career Life Education 10 classes, students are recognizing the significance of Emotional Intelligence (EQ) and Growth Mindset. EQ refers to the ability to understand and manage emotions effectively, while Growth Mindset is the belief that intelligence and abilities can be developed through dedication and effort. These classes aim to enhance students' skills in both areas through daily exercises and by exploring the field of neuroscience. By actively learning and practicing EQ and Growth Mindset, students are better equipped to navigate their careers and personal lives with resilience, adaptability, and a deeper understanding of themselves and others. **PHOTO LEFT: Ms Rajan and the Class Manager teams**



GRAD 2024



SAVE THE DATES

Graduation Ceremony

7pm | June 18, 2024

Location TBD*
north vancouver

Graduation Banquet

5:30pm | June 25, 2024

Pinnacle Hotel at the Pier
north vancouver

SEYCOVE GRAD
2024

Grad information will be shared via e-mails to families and posted on seycove.ca

Check the website for up to date information and meeting times.



Book Your Grad Photos! Individual & Group Sessions



SEYCOVE SECONDARY
GRADUATION

INDIVIDUAL PHOTO SESSION

December 10-11, 2023

Book This Sitting

WHAT'S THE SESSION LIKE?

- Personalized 30 Minute Professional Studio Session
- 4 Studio Rooms and 16 different looks
- Traditional Cap & Gown

GRADUATION

Individual

Group

Artona Graduation Portraits

Reserve your session now by clicking [HERE](#)

Group Portraits: November 24
@Seycove

Individual Portraits: Dec. 10 & 11
@Artona Studios
353 West 7th Ave, Vancouver

CLC12 with MRS. YEO—Upcoming Workshops

- **October 6th** – BCFED Workplace Safety workshop on knowing your rights and safety on the job. - [BCFED Health & Safety Centre \(healthandsafetybc.ca\)](http://BCFED Health & Safety Centre (healthandsafetybc.ca))
- **October 13th** – Pathways Mental Wellness/Early Intervention Workshop – [School presentations - Pathways Serious Mental Illness Society \(pathwaysmi.org\)](http://School presentations - Pathways Serious Mental Illness Society (pathwaysmi.org))

All grade 12 students welcome. [Contact Ms. Yeo](#) for more info



PATHWAYS FAMILIES HELPING FAMILIES
Serious Mental Illness Society



In the Community

PARENT WORKSHOP

Save the Date! Register Today

Unpacking Youth Culture: LET'S TALK SHOP



FREE WORKSHOP

Please join us for the opportunity to hear North Shore youth speak about their experiences with peer pressure, mental health, drugs, & more!

**BUILDING
CAPACITY
IN PARENTS
AND YOUTH**

Wednesday, Nov 22, 2023
Windsor Secondary
5:45-8:30pm

SNACKS PROVIDED

Workshop starts at
6 pm sharp

**REGISTER
HERE:**



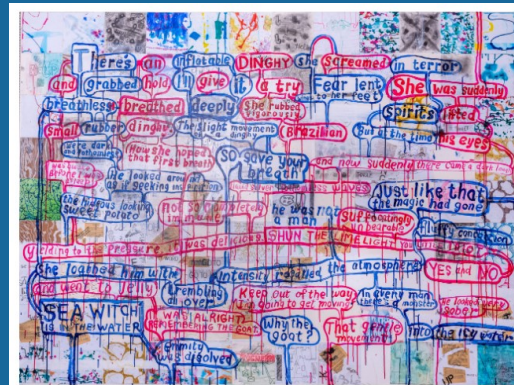
<https://windsor-LTS-2023.eventbrite.com>

EXPERIENCE THE ARTS

The Art of Conversation—Sept 23—Feb 29

Gordon Smith Gallery of Canadian Art

Sharing language is the foundation of society, whether this be visual, written or spoken. This exhibition provides a space for conversations to occur through educational workshops, community programs and ongoing exchanges. Learn More



Graham Gilmore, Harlequin, 2003, mixed media

North Shore Art Crawl Oct 13-15

This is a free, annual weekend event hosted by North Van Arts celebrating local arts. Visit galleries, studios, and other venues, from Horseshoe Bay to Deep Cove. Learn More



The Deep Cove Winter Market showcases local makers and artisans who are thoughtfully curated to complement each other. We want our vendors to provide high quality offerings and we limit the number of vendors in specific categories to reduce saturation at the venue, while striving to provide variety.

Saturday, November 18
10am to 3pm
Seycove Secondary