

December 22, 2023

Principal's Message REFLECTIONS ON 2023

Dear Seycove Community,

As we approach the end of another remarkable year, I find myself reflecting on the many achievements and positive experiences that have shaped our school community. I would like to take this opportunity to congratulate our entire school community on the successes and mile-stones achieved in 2023. Together, we have fostered a positive and thriving environment that encourages growth, learning, and collaboration. Your dedication to excellence and commitment to our shared values have undoubtedly contributed to the continued success of Seycove.

The holiday season is a time to unwind, rejuvenate, and cherish moments spent with loved ones. May this break provide you with the much-needed relaxation and an abundance of joy as you connect with friends and family. I hope you find time to create lasting memories and embrace the warmth of the season.

As we embark on the journey into 2024, I am filled with optimism and excitement for what the future holds. May the coming year bring even greater accomplishments, boundless opportunities, and positive relationships. Let us nurture meaningful connections with ourselves, each other, the evolving world of technology, and our precious environment.

May 2024 be a year of joy, fulfillment, and prosperity for each member of our Seycove Community. Together, let us continue to inspire, learn, and create a supportive community that thrives on positivity, understanding, and respect.

Wishing you a restful and relaxing holiday season and a Happy New Year filled with happiness and success!



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SEYCOVE CALENDAR

Dec 22	Last day of school before winter break
Dec 23 -Jan 7	Winter Break—School closed
Dec 25	Christmas
Dec 26	Boxing Day Start of Kwanzac
Jan 1	New Year's Day
Jan 8	School Reopens
Jan 11	Well Fed Pre-Order Lunch
Jan 16	DR Humanitarian Trip Info Nigh
Jan 26	End of Semester 1



Updates & Reminders

Secondary Enhanced Programs and Academies Night

Students in Grades 7 to 11 and families across the North Shore are invited to learn about North Vancouver School District programs and academies.

> Thursday, January 18 6pm—8pm Carson Graham Secondary

Programs:

- IB Diploma Programme
- North Vancouver Online Learning
- Summer Learning
- YELL—Young Entrepreneurship & Leadership Launchpad

Academies:

AFK Studio Art, Basketball, Business of Gaming and Entrepreneurship, Dance, Digital Media, Digital Media Lite, Field Hockey Hockey Skills, Robotics, Rowing, Soccer, and Volleyball

2025 Dominican Republic Humanitarian Trip Info Night

Mark Your Calendar!

Students & parents are invited to an information night on **Tuesday**, **January 16 at 6:30pm** in the Seycove library. Come learn about the humanitarian trip planned for spring 2025.



New Reporting Policy—Communicating Student Learning

On November 21, Seycove held an information session outlining the new changes to communicating student learning. If you were unable to attend, you can view the session <u>linked here</u>. Along with the video presentation you will find links to the NVSD policies and the BC Ministry of Education.









Celebrations of Learning

Weaving Our Way Through Reconciliation—Project Update

About 400 students have been learning to weave and the remaining 150 are scheduled to participate in January. Weaving Club takes place on Wednesdays at lunch in the library with Seycove Indigenous Support Worker, Laura Lewis. Students who are interested in weaving on the large loom can message Ms. Yeo.





BODEGA

Spanish 11 students had the opportunity to participate in a field trip to the Bodega on Main Restaurant. They were welcomed and served by native Spanish speakers. Students tasted a good selection of Spanish tapas such as paella (saffron rice and veggies), patatas bravas (fried potatoes & zesty dressing), calamares fritos (deep fried squid), pollo frito (fried chicken), albóndigas (meatballs) and churros.



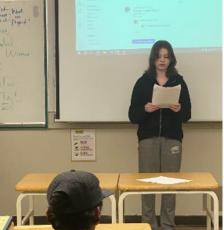
Celebrations of Learning

Social Studies 8

The SS8 class is currently immersed in an exciting journey of inquiry-based research projects. Focusing on the consequences of empires and the Crusades, these diligent students are delving deep into historical evidence to uncover different perspectives. Their projects and research are nothing short of amazing, showcasing their dedication, critical thinking, and analytical skills. We are proved

proud of their the fascinating insights these young historians continue to unveil!





CLE 10

Dear school community, I am thrilled to share some exciting news from our amazing Career Life Education 10 class!

Our students are diving into the world of conflict resolution with incredible energy and enthusiasm. They have created impressive communication videos, showcasing their skills in solving conflicts using a 9-step method. Additionally, they have been actively learning about active listening by exploring TED talks, conducting research, and reflecting on ways to improve conversations.

I am incredibly proud of their dedication, innovation, and growth throughout this journey. Stay tuned for more updates as our inspiring students continue to shine bright!



- Ms. Rajan



Celebrations of Learning

PLP Winter Exhibition

On December 21st, Performance Learning Program (PLP) learners welcomed the community to the school for a showcase of learning at the PLP Winter Exhibition 2023. Learners grades 8-12 spent weeks leading up to the event thinking, creating, and practicing. On Thursday evening, they shared their learning in dynamic presentations throughout the school.

PLP 8 staged live tableaux, bringing to life the history of our Canadian Western worldview. PLP 9 built Metaphor Machines, devices that demonstrated the causes and consequences of historical rev-



olutions. PLP 10 offered models for proposed memorials to

keep the memories of past wrongs alive so history will not be repeated. PLP 11 showcased their rhetorical talents in the intellectually charged showdown "The Great Debaters". Finally, PLP 12 embraced their creative sides to offer thought-provoking dystopic feminist conceptual art.

All learners create engaging,

thoughtful, and beautiful work—and were proud to share it with an eager audience. PLP thanks the Seycove community for coming out—we look forward to seeing your in June for the Spring Exhibition!



To learn more about what each PLP grade team presented, please visit the <u>online exhibition guide</u>.





Student Spotlight - Junior Makers

Keira Houlihan - Chaos Crochet Creations



Racking her brain for the perfect birthday gift for her mom, Keira embarked on her first crochet project and it wasn't long before she was hooked - literally.

It was back in grade eight when Keira, now in grade ten, was trying to decide on what to get for her mom. Always a creative kid, Keira turned to YouTube and watched a tutorial on how to make a crochet bee. The project was a



how to make a crochet bee. The project was a challenge for the crochet newbie, but the bee turned out and thus began Keira's journey to Chaos Crochet Creations.

The initial project was fine, but Keira could see there was room for improvement. Rather than get discouraged, Keira chose to start a new creation, a jellyfish. The jellyfish were a hit with friends and family and there were even a few sales. The feeling of accomplishment was enough to get Keira hooked and her love for crochet blossomed.

"Crocheting is very calming," says Keira, "it helps me focus, even

in class." Keira is known for pulling out her yarn and working on her crochet projects during class, but even with the busyness of her hands, she manages to multitask and even claims she can concentrate better.

If Keira's collection of yarn is any indication, her passion for her craft is significant. After visiting the Deep Cove Spring Market last May, Keira was inspired by other young makers who were having success selling their creations. Encouraged by her mom and the prospect of making some money, Keira set her sights on selling at the Deep Cove Winter Market in November.

Keira crocheted all summer to build up enough inventory to sell at the market. The customer response at the market was beyond her expectations and Keira had fun talking and selling to customers. She took note of what creations were popular and what kinds of shapes or animals people were looking for. Overall, the experience was super positive and it ignited a new desire to create more and sell more; she has her sights set on getting ready for the upcoming spring market season.



Ever the mentor, Keira encourages others to embark on their own crochet journey. She has shared her talents by teaching friends to crochet; her biggest advice is to start small, and be aware "it takes time and patience to get better at it!"



For Keira, it has been a remarkable journey of growth and improvement, a testament to the fulfilling nature of perseverance in creativity, one stitch at a time.



Post Secondary & Careers



Career Pathways 44

North Vancouver School District

Feb 1—Parent & Student Night—Careers in Trades

Parents and Students! Join us for an information session on career pathways in trades. Learn about the opportunities from local businesses, SkilledTrades BC, post-secondary options and programs available within the North Vancouver School District. <u>MORE INFO & SIGN UP HERE</u>

Thursday, February 1 6pm-8pm Handsworth Secondary School

Feb 12/13 2024—Day in the Life of an RCMP Two Day Interactive Workshop

This fun, interactive & informative event is designed to demonstrate what a day in the life of a general duty RCMP officer might look like. Students will spend two days helping solve a crime and go through all the steps from initial report to judgment.

The event is intended for students interested in a career in policing, criminology, law or forensics.

Please have your student contact Mrs. Knapp or they can register here.

April 4/24—BCIT: Jill of All Trades Opportunity



Jill of All Trades is a free, day-long event hosted at BCIT and led by female mentors to inspire young women or those who identify as female in Grades 9 through 12 to pursue careers in the Skilled Trades. Participants will experience a fun-filled day of practical, in-the-shop sessions.



To register or get more information, please contact Work Experi-

The <u>Career Pathways 44</u> website is designed to support students as they explore the future of work and career opportunities. Students will learn about programs, events and initiatives that provide information and insights to various careers and career paths. Students will also learn how they can gain practical experience while still in school through programs such as WEX (Work Experience) or Youth Train in Trades. Visit <u>Career Pathways</u> <u>44</u> for more information.





SEYCOVE SECONDARY at sáyamatan

Seycove Local Scholarship Applications: Due January 16, 2024

All graduating Seycove Students should complete the Seycove Local Scholarship Application Form by January 16, 2024.

The application is required for students to be considered for many of our local scholarships and bursaries.

Students can receive these scholarships based on financial need, academic achievement, community involvement, leadership, post secondary career or educational pathways, hobbies and more.

Students can access the forms through their Grade 12 MS Team or the links below:

PART A https://forms.office.com/r/i4ugtgeKtb

GRAD 2024

PART B https://forms.office.com/r/dv54KKu2hd

Message <u>Ms. McLean</u> if you need more information.

CLC12 with Ms. Yeo: Speaker Series— Guest Speaker from Toastmasters

On Friday, January 12, Seycove Grade 12s will have the opportunity to learn from Toastmasters International Toastmaster, Andrea Gilmour. Gilmour will share about the importance of public speaking in preparation for upcoming Grade 12 Capstone Presentations in May 2024. Gilmour is a Vancouver-based coach, speaker, facilitator, and executive trainer with over 18 years experience. She takes a timid speaker and helps them transform their delivery style to become impactful and engaging presenters.

PARENT REQUEST—Photos of Grads Needed

 We are looking for group photos of Seycove Grads over the years. We will be adding these to a slide show at the grad ceremony. If you have photos of 2



or more grads, please send them to us <u>HERE</u> 2. We need a **baby photo** of each grad

for the ceremony. Please send your photo <u>HERE</u>. If you would like this photo published in the yearbook, please write: "Dedication Included"

in the subject. Write up to 100 words for the dedication. Please note: there is a \$20 fee to publish the photo and dedication (fee covers the extra pages in the book). *These dedications are optional.





TOASTMASTER





NEWSLETTER



Seycove Snapshots



Seycove Choirs Winter Concert: Nightfall



"NIGHTFALL" was this year's winter choir concert—a warm, magical night full of brave voices and eclectic soundshosted on December 18, at Highlands United Church. This concert wouldn't have happened without the passionate support of our administrators— Sarah Best and Kimberly Jung—, the constant musicianship spearheaded by Chris Barnes, the collaborative piano (and ORGAN!) played by Kelly Nobles, and our loving parent volunteers. What a wonderful way to kick off our performance season!! - Mr. Najjar, Choir Teacher

AED & CPR Training with DNVFRS



Firefighters from the District of North Vancouver Fire & Rescue Services came to Seycove to teach CPR and AED procedures to several PE classes last week. Students learned how to use an Automated External Defibrillator on a practice dummy. AEDs are the best option during cardiac events and double the chance of victim survival when used alongside CPR.



Hot Lunch

Seycove PAC "Hot Lunch" days happen twice monthly on Thursdays. Volunteers from Student Council, with the help of staff, set up the pick-up station on the cafeteria where students collect their preordered lunches. The lunches are a big hit with students and the funds raised go towards PAC supported programs and purchases. A new sign up for semester two will be posted in January.





Seycove Snapshots



Ugly Sweater Day & Dress Up Week





Gingerbread House Competition

The Foods 9/10 and the Foods 11/12 class competed in a gingerbread house making competition on Wednesday. Students were encouraged to create original designs out of gingerbread. Students and staff voted for their favourite ones at lunch. The

design process took place over the past two weeks. The winners from the Foods 9/10 classes were Gabby Fraser-Klein, Austin Barnes, Inge Ehehalt and Nya Calaminus. The winners from the Foods 11/12 classes were Carter Chong and Faith Scheewe. The winner in the overall category, the best from both classes, were Gabe Bermel, Seb Froysaa and Patrick Jelstad.













Seycove Snapshots



Hawks Nest Pizza Party!

Seycove students celebrated another successful year with one of their favourite things, pizza, of course!

Congratulations on a well-deserved celebration lunch.





Seycove Bands Winter Showcase

The Seycove Band Winter Showcase was a huge success and highlighted all the different bands at the school. The students performed wonderfully to a sold out audience at Mount Seymour United Church, and each group did a fantastic job. A highlight was the confident and exciting performance by the Junior Band, assisted by our wonderful Grade 11 TA's as well as the professional and poised performances by the Grade 10 Band and the Senior Concert Band. Thanks for a great performance band students! - *Mr. Barnes, Band Director*



Junior Jazz

Grade 8 Concert Band



Seycove Seyhawks



Senior Girls Basketball : Hoops & Pups

The Seycove senior girls basketball team partook in their annual Victoria basketball tournament. The team played high energy basketball and came away with a 6th place finish. Team bonding was at a premium and everybody had a great time. A highlight of the trip (other than basketball) was meeting several puppies at our hotel. As usual, the team conducted itself in the highest manner and did Seycove proud!







Alumni vs Senior Basketball Game

It was a full house on Thursday for the annual Seycove Alumni vs. Seycove Senior Boys Basketball game. It was fun to see all the familiar faces return to Seycove for the game and the boys did not disappoint. The game was action packed with Seyhawks ,past and present, showcasing their talents. Thank you to everyone for coming out and cheering on the teams; thanks to Seycove Senior Jazz Band for adding to the event with their I lively music; and thank you to all the organizers for putting the game together.





SEYCOVE SECONDARY at sáyamatan

NEWSLETTER

Seycove Snapshots



Breakfast with Santa

We had such a great time this morning at Santa's Breakfast! Our amazing staff volunteered in the kitchen and cooked up over 600 pancakes and 800 sausages! Student Council volunteers came early to help set up and our incredible Jazz in the Box set the mood with festive carolling. We were thrilled to have the band 'The MOTHS' share their talents helping get everyone in the spirit. A big thank you to Santa (Connor E), Mrs. Claus (Holly) and friendly elves (Keaton & Chloe) for being game for photos with everyone. Overall it was a very fun morning and we were so glad to have so many students come and join in the festivities.





Seycove Snapshots



Breakfast with Santa





Seycove PAC

Gifts that Give Back—Seycove PAC Fundraisers



Get your holiday shopping done. Buy your groceries and gas. Send a gift across Canada. Get cards for staff and or clients, to meet your business needs. Order plastic gift cards / E Gift Cards / Reloadable gift cards. Pay and receive full value of gift card and Seycove will make up to 10% back!

Place your order as soon as possible to ensure your gift cards arrive in time for the holiday season. You may also wish to send out our Invitation link to friends and family. Then, they can also get some contactless holiday shopping done, while donating back to Seycove. CLICK HERE

Here is our Invitation: https://www.fundscrip.com/support-a-group/KMW3EK









Support Seycove and get your gift giving ready to go. Tru Earth is perfect for housewarming gifts and shower gifts, teacher gifts, stocking stuffers and gift exchanges. Each laundry strip packs ultraconcentrated, hypoallergenic, cleaning power into a tiny, pre-measured strip of liquidless laundry detergent that you just toss in the wash. Its low sudsing formula works in all types of washing machines, including high-efficiency (HE).

Tru Earth®, based in Vancouver, is a leading eco-friendly household product company committed to eliminating plastic from landfills and oceans.

Seycove will get 20% of TruEarth sales through our link:

