

# Handsworth Secondary

Course Programming  
2024/2025

Students entering Grade 11

# LAND ACKNOWLEDGEMENT

*I would like to thank the Coast Salish people, specifically the Skwxwú7mesh Nation and Tsleil-Waututh Nation, on whose unceded traditional territory the North Vancouver School District resides. I value the opportunity to learn, share, and grow on this traditional territory.*

“

*The Handsworth community develops  
empowered, innovative, and compassionate  
learners who serve and lead with curiosity and  
integrity.*

# CONTACTS

**Trina Infanta**

Counsellor

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**Meghan Downie**

Vice Principal

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# THE WORLD OF THE **GRADE 11** STUDENT

- Individualized graduation program
- Growing independence and self-advocacy
- Juggling responsibilities
- Increased academic expectations



# BC GRADUATION PROGRAM



- The Graduation Program begins in Grade 10
- Students require a minimum of **80 credits** in grades 10, 11, and 12 to graduate
- 30 hours of volunteer or work experience between grades 10-12
- **52 credits** are required
- **28 elective** course credits
- A minimum of **16 credits** (4 courses) must be at the Grade 12 level
- **4 credits** must be an Indigenous-focused course
- Required Assessments:
  - Numeracy 10
  - Literacy 10 and 12
  - French Literacy 12 (for French Immersion students only)

# BC GRADUATION PROGRAM



## Required Courses

**52 credits**

Lang Arts 10, 11, <i>and</i> 12	12 credits
Social Studies 10	4 credits
Any Socials 11 <i>or</i> 12	4 credits
Science 10	4 credits
Science 11 <i>or</i> 12	4 credits
Math 10	4 credits
Math 11 <i>or</i> 12	4 credits
PHE 10	4 credits
Art Ed. or ADST 10, 11, <i>or</i> 12	4 credits
Career Life Education 10	4 credits
Career Life Connections 12	4 credits
Indigenous Content	Credits embedded in English First Peoples 11, 12 or BC First Peoples 12

## Elective Credits\*

**28 credits**

## Total

**80 credits minimum**

\*A minimum of 16 credits (4 courses) must be at the Grade 12 level

# BC GRADUATION PROGRAM



## Provincial Graduation Assessments (required to graduate)

- Literacy 10
- Numeracy 10
- Literacy 12
- French Literacy 12\*  
\*for French Immersion students only

## 30 Hours Work Experience

- Paid or volunteer experience over Grades 10 – 12
- Submitted to the CLC 12 teacher
- Documented through “Community Connections” assignment
- See Handsworth website under forms for document
- See [North Shore Youth Volunteer Directory](#) for options

## Capstone Project

- Completed through CLC 12



# BC GRADUATION PROGRAM



## Provincial Graduation Assessments

- Graded on a 4-point proficiency scale
  - Emerging; Developing; Proficient; Extending
- Reported separately on transcript; *not* blended with any course
- Post-secondary institutions are not interested in the Numeracy 10 & Literacy 10 Assessments at this time
- More information on these assessments on the BC Ministry of Education website \*
- Only UBC has made a statement about using the Literacy 12 assessment\*

\* BC High School students graduating in June 2022 are required to complete the Grade 12 Literacy Assessment to demonstrate high school graduation.

\* UBC requires you to achieve “Proficient” on the Grade 12 Literacy Assessment to maintain your offer of admission. BC high school applicants who do not meet this level of proficiency will have their admission offers reviewed on a case-by-case basis.

NEW

# INDIGENOUS-FOCUSED GRADUATION REQUIREMENT

- As part of the Province of British Columbia's commitment to Truth, Reconciliation, and Anti-Racism, the Ministry of Education and Child Care has updated the BC Graduation Program requirements.
- Moving forward, the Ministry is implementing an Indigenous-focused graduation requirement for all students in British Columbia.
- The change requires that all students complete at least one 4-credit course with an Indigenous focus prior to graduation. It does not change the number of credits required for graduation which remains at 80.

NEW

# INDIGENOUS-FOCUSED GRADUATION REQUIREMENT

- The three course options that will be offered at Handsworth are:
  - English First Peoples (also satisfies English 11 requirement)
  - English First Peoples 12 (also satisfies English 12 requirement)
  - BC First Peoples (also satisfies Social Studies 11 or 12 requirement)

# 3-YEAR OVERVIEW ENGLISH PROGRAM

GRADE 10	GRADE 11	GRADE 12
English 10 (Lit Studies + Composition <i>or</i> Creative Writing)	English 11	English 12
Social Studies 10	Socials 11 <i>or</i> 12	Career Life Connections 12
Science 10	Science 11 <i>or</i> 12	Elective
Math 10 (Workplace <i>or</i> Foundations & Pre-Calculus)	Math 11 <i>or</i> 12	Elective
Physical & Health Education 10	Elective	Elective
Career Life Education 10	Elective	Elective
Elective	Elective	Elective
Elective	Elective	Elective

# 3-YEAR OVERVIEW FRENCH PROGRAM

GRADE 10	GRADE 11	GRADE 12
English 10 (Lit Studies + Composition <i>or</i> Creative Writing)	English 11	English 12
<b>Sciences Humaines 10</b>	<b>Histoire 12</b>	Career Life Connections 12
<b>Science 10 or Sciences Naturelles 10</b>	Science 11 <i>or</i> 12	<b>Français Langue 12</b>
Math 10 (Workplace <i>or</i> Foundations & Pre-Calculus)	Math 11 <i>or</i> 12	Elective
Physical & Health Education 10	<b>Français Langue 11 option</b>	Elective
Career Life Education 10 <i>or</i> <b>Carrières 10</b>	Elective	Elective
<b>Français Langue 10</b>	Elective	Elective
Elective	Elective	Elective



# COURSE OPTIONS

# COURSE OPTIONS – LANGUAGE ARTS

## Grade 11

- Composition 11
- Literary Studies 11
- English First Peoples 11

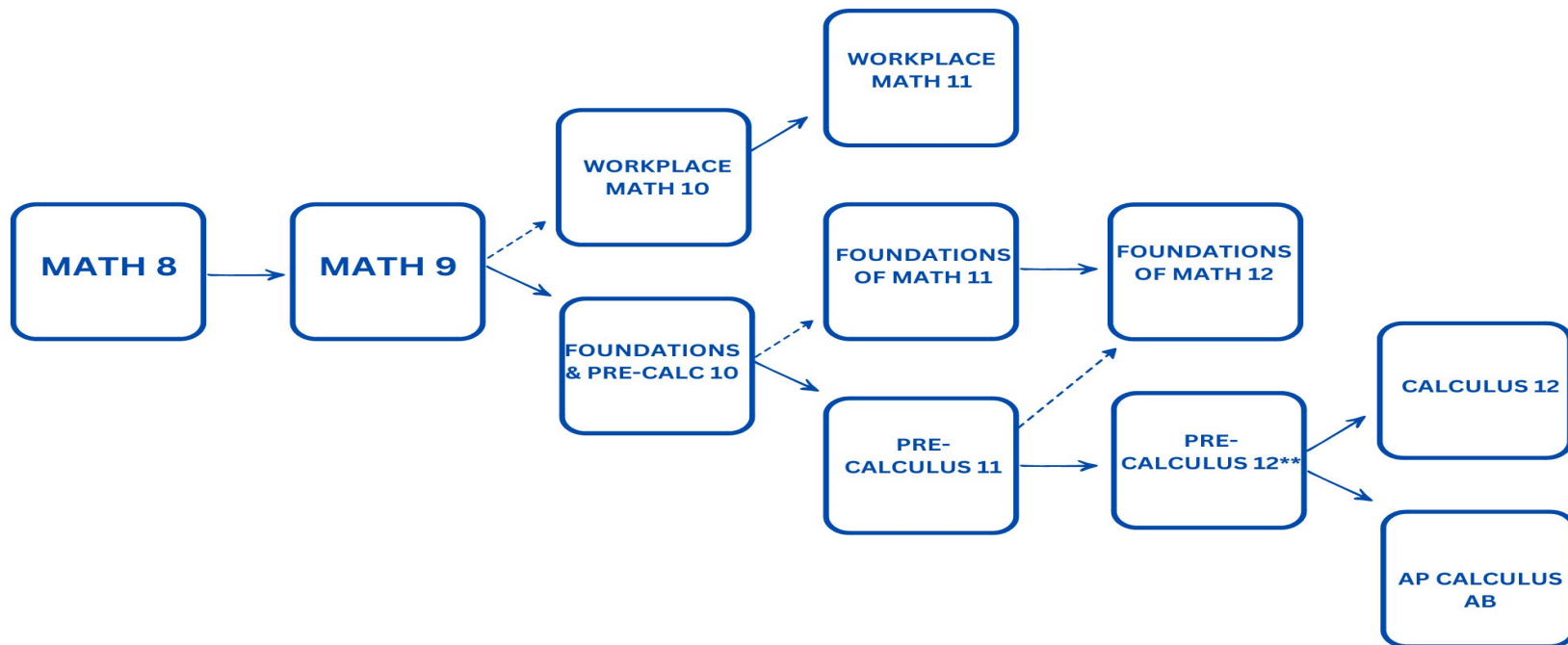
## Grade 12

- English Studies 12 *or* English First Peoples 12 (required)
- Literary Studies 12 (elective)
- Creative Writing 12 (elective)





# COURSE OPTIONS – MATH PATHWAYS



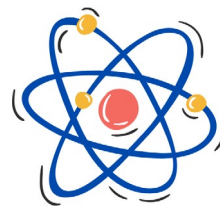
# COURSE OPTIONS – SOCIAL STUDIES

**Students must take a minimum of one Social Studies course at the Grade 11 or 12 level to meet the graduation requirement**

- Explorations in Social Studies 11
- 20<sup>th</sup> Century World History 12
- BC First Peoples 12 (also satisfies Indigenous-focused graduation requirement)
- Physical Geography
- Social Justice 12
- Comparative Cultures 12
- Genocide Studies 12
- Law Studies 12

\*Please note: Psychology 12 will be offered, but it does not meet the Social Studies graduation requirement and often it does not count as an academic for university admissions

# COURSE OPTIONS – SCIENCE



**Students must take a minimum of one Science course at the Grade 11 or 12 level to meet the graduation requirement**

- Chemistry 11/12 – foundational skills needed to move to next grade level
- Physics 11/12 – foundational skills needed to move to next grade level
- Life Sciences 11
- Anatomy and Physiology 12
- Environmental Science 12

# COURSE OPTIONS – LANGUAGES

## Grade 11

- French 11
- French 11 Enriched
- Beginner Spanish 11
- Spanish 11

## Grade 12

- French 12
- French 12 Enriched
- Spanish 12



# LANGUAGE REQUIREMENT– EXIT VS. ENTRANCE

## EXIT – High School Graduation

- A second language is **not** required for graduation

## ENTRANCE – Post-Secondary

- *Most* Canadian post-secondary institutions **do not** require a second language
- Exceptions:
  - SFU requires a Language 11 (will accept a Beginner Language 11)
  - UBC requires a Language 11

# COURSE OPTIONS – ELECTIVES

- Home economics – Textiles & Foods
- Business Education – Accounting & Marketing
- Physical Education
- Info Tech – Computer Programing, Digital Media, & Media Design
- Theatre
- Dance
- Engineering, Woodworking, & Drafting
- Music – Choir, Band, & Strings
- Visual Arts – 2D, 3D, Photography, & Graphic Design
- Work Experience



Please see Handsworth Course Guide for complete list & course descriptions

# ADVANCED PLACEMENT – COURSES

- Offered in some subject areas & dependent on requests - see Handsworth Course Guide
- Successful completion of an AP course earns credit toward graduation
- Successful completion of an AP exam may provide opportunity for first year university course credit in that specific subject (depending on university)
- Course results appear on student transcripts; **AP exam results *do not* appear on student transcripts**
- Exams are set by the AP college board; **students are responsible for sharing exam results** with post-secondary institutions
- Internationally recognized AP exams written in May. Deadline to register is Nov. 1st
- Students can also self-study & register for exams – [www.apcentral.collegeboard.com](http://www.apcentral.collegeboard.com)

# FLEXIBLE OPTIONS through NVSD

- **North Vancouver Online Learning** (NVOL)
- **North Vancouver Summer Learning** (Summer School)
- **Peak Performance Program** – no credits towards graduation

More information available on the North Vancouver School District website



## OTHER FLEXIBLE OPTIONS

- **External Credits** – many organizations provide the opportunity to obtain external credits (ie. membership on a provincial or national sports team, dance exams, voice lessons, driving lessons, lifeguarding certificates). Original documentation must be provided.
- **Delta Language Challenge Exam** is available for French, Mandarin, Farsi, Korean, Punjabi, Japanese, & Spanish. Students must submit registration packages in October; exams in January.
- **Skilled Trades BC** – Grades 10, 11, & 12 (Work Experience Coordinator)

# NVSD ACADEMIES

- Basketball
- Digital Media Academy
- Volleyball
- Field Hockey
- Hockey
- Soccer
- Rowing
- Robotics, Mechanics, & Digital Fabrication
- Dance
- Artists for Kids
- Business & Gaming Entrepreneurship Lab
- Students may be required to travel to a different school site, and it is up to the family to organize it.
- Students in grades 10-12 will receive course credit towards graduation.

# NVSD ENHANCED PROGRAMS

- **Young Entrepreneurship and Leadership Launch Pad** – learn keys to success in business; earn credits, off timetable, Grades 11-12
- **IB Diploma Programme** –Carson Graham by application Grades 11-12
- **Outdoor Education Counsellor Leadership Program** - grades 10-12 students can become outdoor school counsellors at Cheakamus. Hours can be used towards 30 hour volunteer graduation requirement

# NVSD ACADEMIES

- Registration Jan. 19<sup>th</sup> – Feb. 29<sup>th</sup> for initial offers.
- Ongoing registration & waitlisting after February 29<sup>th</sup> .
- Limited financial bursaries are available.
- For further information or to apply go to [NVSD Academies](#)
- For questions, contact academies directly at [academies@sd44.ca](mailto:academies@sd44.ca) or Justin Wong  
- [jwong@sd44.ca](mailto:jwong@sd44.ca)

# NORTH VANCOUVER SUMMER LEARNING

## Who is it for?

- Students enhancing their skills
- Students needing to earn credit towards graduation

## Registration

- May 1<sup>st</sup> – June 21<sup>st</sup>
- Courses fill up quickly; register early to avoid disappointment
- Register through School Cash Online or the Summer Learning website

## Good to Know:

- Summer Learning courses are intensive: 80+ hours in 4 weeks
- Daily attendance is mandatory
- Academic integrity expectations are high
- All classes will run at Argyle Secondary
- Foundations courses run from July 3<sup>rd</sup> to July 19<sup>th</sup>, from 8:30am – 11:45am
- Full credit courses run from July 3<sup>rd</sup> to July 31<sup>st</sup>, from 8:30am – 12:30pm

\*\*For more information go to [NVSD Summer Learning](#) or email [summer@sd44.ca](mailto:summer@sd44.ca)

# SUMMER LEARNING COURSE OPTIONS

Grade 10	Grade 11	Grade 12
English Composition & Spoken Word	Chemistry	Anatomy & Physiology
Foundations of Math & Pre-Calculus	Foundations of Math	BC First Peoples 12
Physical & Health Education	Life Sciences	Chemistry
Science	Literary Studies	English Studies
Social Studies	Physics	English First Peoples 12
	Pre-Calculus	Physics
		Pre-Calculus



# NORTH VANCOUVER ONLINE LEARNING



## What is NVOL?

- Online courses with instruction & resources delivered online
- NVSD teacher available
- Self-paced & flexible
- Continuous-entry - Start any time during school year & complete within 1 calendar year
- Engage with teachers virtually
- Anywhere, anytime learning

## Course Offerings

- Grade 8-12 courses
- Academic and elective courses
- New French Immersion courses available
- Full list available on the NVOL website

## Registration

- Students register online via the NVOL website

[www.sd44.ca/school/onlinelearning](http://www.sd44.ca/school/onlinelearning)

# POST-SECONDARY – ENTRANCE



- Entrance requirements change over the years
- It is imperative for students and families to check (and recheck!) specific post-secondary institution admission requirements
- Virtual information sessions and open houses from universities coming up in Grade 11 and 12
- For specific questions, reach out to the university directly.



# FUTURE EXPLORATION OPPORTUNITIES

- **Career Pathways:** This website houses most career exploration opportunities for students in our district (and should be added to everyone's "favorites":) <https://www.sd44.ca/sites/careerpathways/Pages/default.aspx#/>
- **Trade Program Parent Information Night:** For students and their families to explore various trades opportunities available in Grade 10-12. On **February 1st**, learn from local businesses, SkilledTrades BC (Formerly the ITA), post-secondary representatives and NVSD career program educators. **Registration open until January 30th, 2024**
- **Career Fair – The Arts:** For students and their families to explore career opportunities and post-secondary options in visual, music, dance and theatre arts. **February 7th, 2024!**
- **Education Planner BC:** A resource for BC post-secondary programs & entrance requirements - [www.educationplannerbc.ca](http://www.educationplannerbc.ca)
- **Work BC:** A great resource for career exploration - <https://www.workbc.ca>

## Trades Programs - Information Night

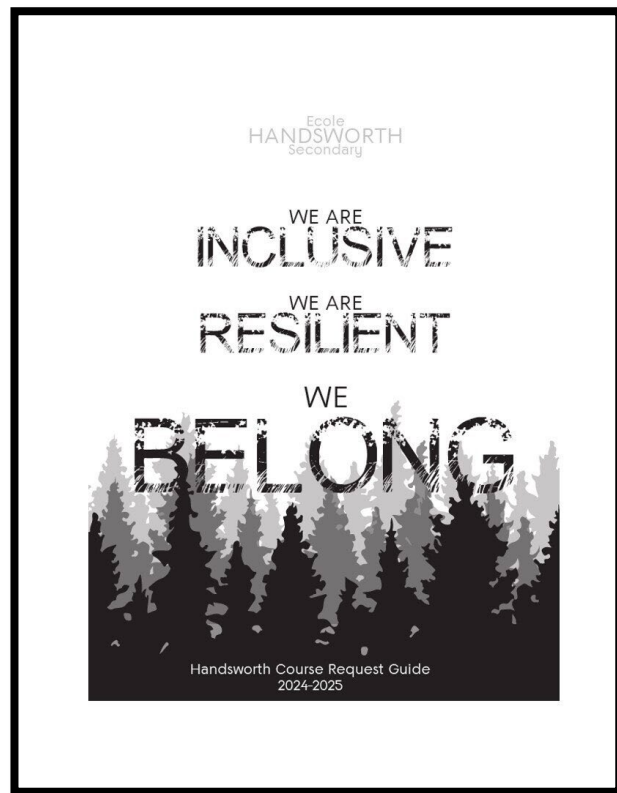


## Careers in the Arts!

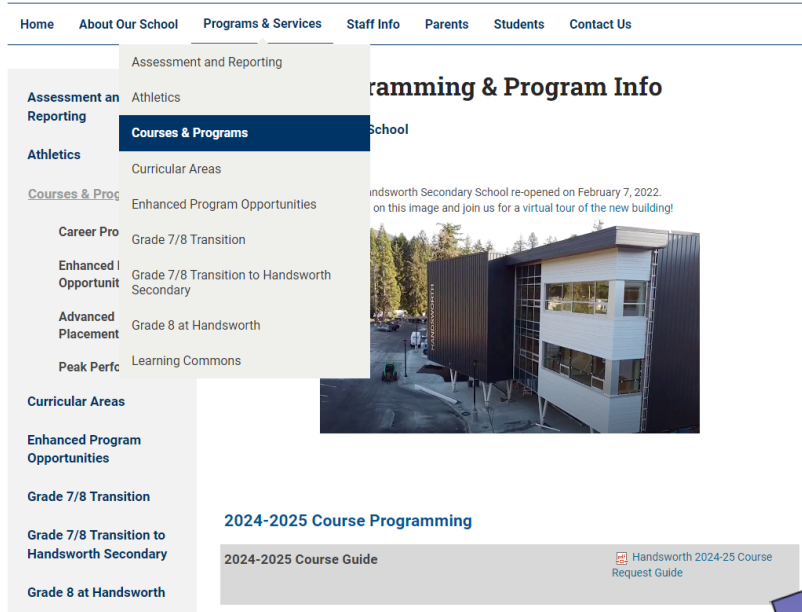


# COURSE DESCRIPTIONS

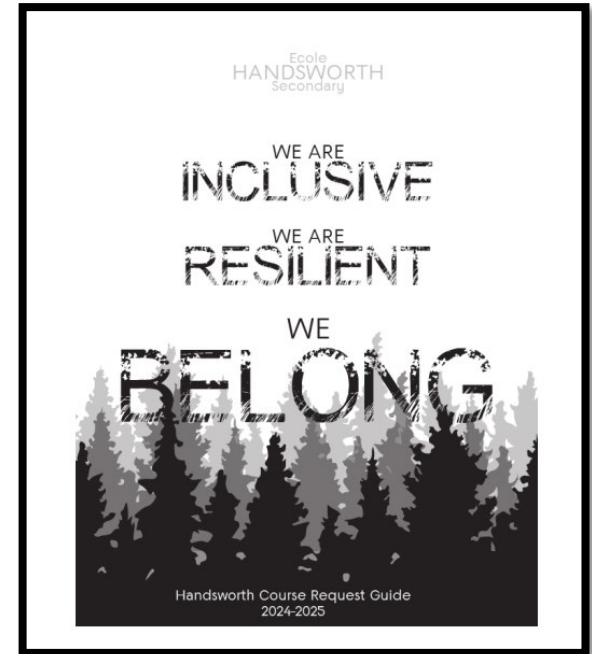
- For detailed course descriptions, please refer to the [Handsworth Course Request Guide](#), available on the Handsworth website: [Course Programming & Program Info](#)



# Course Programming Information Page



## Course Programming Guide



# WHAT COURSES SHOULD I TAKE?

## CONSIDER:

- What post-secondary programs interest me and what are the program pre-requisites?
- What electives do I enjoy?
- What career directions interest me?
- Do I want to take any District Programs?



# IMPORTANT REMINDERS




- We build the timetable based on the courses students request
- Take time to carefully consider the options
- Request courses based on current and future interests
- Course changes may not be possible after schedules are created

# COURSE PROGRAMMING **TIMELINE**

<p><b>JANUARY 30<sup>TH</sup></b></p> <p><b>7-8PM</b></p> <p><b>PARENT INFORMATION</b></p> <p><b>EVENING</b></p> <p><b>GRAND COMMONS</b></p>	<p><b>FEBRUARY 8<sup>TH</sup></b></p> <p><b>8:30AM sharp</b></p> <p><b>STUDENT INFORMATION</b></p> <p><b>PRESENTATION</b></p> <p><b>THEATRE</b></p>	<p><b>FEBRUARY 12<sup>TH</sup> – 20<sup>TH</sup></b></p> <p><b>PRESENTATION FOLLOW UP</b></p> <p><b>CLASSROOM VISITS</b></p> <p><b>TUTORIAL TIME</b></p> <p><b>TEACHERS TALK COURSES</b></p>
<p><b>FEBRUARY 14<sup>TH</sup> – 29<sup>TH</sup></b></p> <p><b>COURSE REQUEST</b></p> <p><b>ENTRY AT HOME</b></p> <p><b>Student MyEd Login</b></p> <p><b>Labels on Request Sheet</b></p>	<p><b>MARCH 1<sup>ST</sup></b></p> <p><b>COURSE REQUEST</b></p> <p><b>FORMS DUE TO THE MAIN</b></p> <p><b>OFFICE</b></p>	<p><b>MARCH 13<sup>TH</sup></b></p> <p><b>STUDENT SUPPORT FOR</b></p> <p><b>COURSE</b></p> <p><b>REQUEST ENTRY AT</b></p> <p><b>SCHOOL – if needed</b></p>

# Course Request Sheets – Due back by March 1st

PICK UP YOUR  
BLUE FORM  
TODAY

**ÉCOLE SECONDAIRE HANDSWORTH SECONDARY SCHOOL**  
 Telephone (604) 903-3600 Fax (604) 903-3601  
<http://www.s444.ca/school/handsworth/Pages/default.aspx>


**2024/2025 Grade 11 Course Programming - English Program**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Student #: \_\_\_\_\_ Student Email: \_\_\_\_\_

Parent/Guardian Email \_\_\_\_\_ Parent/Guardian Phone # \_\_\_\_\_

Will you be attending an Academy/Enhanced Program? \_\_\_\_\_ If so, which one? \_\_\_\_\_

Are you applying for Peak Performance? \_\_\_\_\_ (Applications due May 1, 2024 to the main office)

Are you currently accessing LAC? \_\_\_\_\_ or ELL? \_\_\_\_\_ Are you an International Student? \_\_\_\_\_

Will you be enrolling in an OL Course? \_\_\_\_\_ If so, which one? \_\_\_\_\_

Are you planning to complete a Summer Learning Course? \_\_\_\_\_ If so, which one? \_\_\_\_\_

Course Request		Planning for Graduation		
Required courses	Credits	Required Courses	Credits	Status
1. Select one of the following: <input type="checkbox"/> Composition 11 <input type="checkbox"/> Literary Studies 11 <input type="checkbox"/> English First Peoples 11	4	an Applied Skills or Fine Arts course 10, 11, 12	4	
		a Language Arts 10	4	
		a Language Arts 11	4	
		a Language Arts 12	4	
<b>Electives (Please place in priority order, ** = outside of the timetable courses)</b>				
2. (Math)		a Mathematics 10	4	
3. (Science)		a Mathematics 11 or 12	4	
4. (Social Studies)		Electives	28	
5.		Careers/Life Connections 12	4	
6.		Physical Education 10	4	
7.		Careers/Life Education 10	4	
8.		Science 10	4	
9**		a Science 11 or 12	4	
10**		Social Studies 10	4	
<b>Alternatives (Please place in priority order)</b>		at least one grade 11 or grade 12 Social Studies course	4	
1				
2				

**FOR YOUR INFORMATION**

1. Students need a minimum of 80 credits of course work at the Grade 10, 11 and 12 levels.

- 52 credits of Required Courses
- 28 credits of Elective Courses (must have a minimum of 16 Grade 12 credits, including EN 12) which must include 4 credits (1 course) of a Fine Arts/Applied Skills course in Grade 10, 11, or 12.

\*\*\*Students are required to have a Grade 11 or 12 Indigenous Focused Course to graduate

2. For information about courses please see the Course Guide found <http://www.s444.ca/school/handsworth/Pages/default.aspx>

STUDENT \_\_\_\_\_ PARENT \_\_\_\_\_  

(Signature)
(Signature)

Please return to the Main Office by March 1st, 2024

# Course Request Sheets – Due back by March 1st

**PICK UP YOUR  
PURPLE FORM  
TODAY**

**ÉCOLE SECONDAIRE HANDSWORTH SECONDARY SCHOOL**  
Telephone (604) 903-3600 Fax (604) 903-3601  
<http://www.sd44.ca/school/handsworth/Pages/default.aspx>

**2024/2025 Grade 11 Course Programming - French Program**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Student #: \_\_\_\_\_ Student Email: \_\_\_\_\_  
Parent/Guardian Email: \_\_\_\_\_ Parent/Guardian Phone #: \_\_\_\_\_  
Will you be attending an Academy/Enhanced Program? \_\_\_\_ If so, which one? \_\_\_\_\_  
Are you applying for Peak Performance? \_\_\_\_ (Applications due May 1, 2024 to the main office)  
Are you currently accessing LAC? \_\_\_\_ or ELL? \_\_\_\_ Are you an International Student? \_\_\_\_  
Will you be enrolling in an OL Course? \_\_\_\_ If so, which one? \_\_\_\_\_  
Are you planning to complete a Summer Learning Course? \_\_\_\_ If so, which one? \_\_\_\_\_

Course Request		Planning for Graduation		
Required courses	Credits	Required Courses	Credits	Status
1. Select one of the following: <input type="checkbox"/> Composition 11 <input type="checkbox"/> Literary Studies 11 <input type="checkbox"/> English First Peoples 11	4	an Applied Skills or Fine Arts course 10, 11, 12	4	
2. Histoire 12 ("can take in Grade 12 - talk to counsellor")	4	A Language Arts 10	4	
3. Select one OR both of the following: <input type="checkbox"/> Etudes du cinéma et de la littérature francophones 11 <input type="checkbox"/> Communication Orale 11	4 or 8	a Language Arts 11	4	
		a Language Arts 12	4	
		a Mathematics 10	4	
		a Mathematics 11 or 12	4	
<b>Electives (Please place in priority order, "" = outside of the timetable courses)</b>		Electives	28	
4. (Math)		Career-Life Connections 12	4	
5. (Science)		Physical Education 10	4	
6.		Career-Life Education 10	4	
7.		Science 10	4	
8.		a Science 11 or 12	4	
9**		Social Studies 10	4	
10**		at least one grade 11 or grade 12 Social Studies course	4	
<b>Alternatives (Please place in priority order)</b>		*** French Immersion students must complete 13 Immersion Courses between grade 8 - 12 to earn a French Immersion Diploma ***		
1				
2				

**FOR YOUR INFORMATION**  
1. Students need a minimum of 80 credits of course work at the Grade 10, 11 and 12 levels.  
• 52 credits of Required Courses  
• 28 credits of Elective Courses (must have a minimum of 16 Grade 12 credits, including EN 12) which must include 4 credits (1 course) of a Fine Arts/Applied Skills course in Grade 10, 11, or 12.  
• Students are required to have a Grade 11 or 12 Indigenous Focused Course to graduate.  
2. For information about courses please see the Course Guide found <http://www.sd44.ca/school/handsworth/Pages/default.aspx>

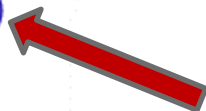
STUDENT \_\_\_\_\_ PARENT \_\_\_\_\_  
(Signature) (Signature)  
Please return to the Main Office by March 1st, 2024



# MyEd Student Course Request Entry

- Step 1 – Login to STUDENT MyEd account and reset Password (prior to February 14th)
  - o Student MyEd login username information on labelled Course Request Sheets. Instructions will be sent home to families.
- Step 2 – From February 14th – February 29th, MyEd Student Course Request Entry window is OPEN. Students enter course request at home.
- Step 3 – Hand in Course Request Sheet (completed AND signed to Main Office by March 1st, 2024.

(Students unable to do course request entry at home  
can get support at school March 12th or 13th)



# Course Request Entry in MyEd

1. Login to MyEd [www.myeducation.gov.bc.ca/aspen](http://www.myeducation.gov.bc.ca/aspen)
2. Enter your user ID (pupil number followed by nv ie. '123564nv') and password - your user ID and password are on the white sticker on your course sheet!
  - a. You will immediately get a "Password has Expired" pop-up; click OK
  - b. Re-enter your temporary password and then your own password
    - i. Passwords must have 8 characters, 1 upper case letter, 1 numeral and a symbol
  - c. You may be prompted to enter an 'Email' for password recovery
  - d. You may be prompted to choose a security question and enter a response (choose something you will remember)
  - e. If you don't have a password and can't log in, come to the library for support.

Now you are in and can do the following...

- A. Click on the "My Info" tab along the top of the screen
- B. Click on the "Requests" side tab; check you are in **Entry Mode**
- C. Read the general instructions then click on the first "Select" button
- D. Use your sheet to choose the correct courses
- E. When you are done selecting courses
  - o Enter any comments for your counsellor as needed
  - o Click on "Post"
- F. Do **NOT** include alternate courses in MyEd entry (only primary)
- G. Log out!
- H. Return Signed/Completed Course Request Sheet to Office by March 1<sup>st</sup>



NOTE: if you can't seem to see a course, but it should be there to choose, **CLICK THE 'NEXT' ARROW** to see more items on the list of courses.

1:30 JMMU-09BCB					
Select	CourseNumber	CourseDescription	Academic level	Credit	Pi
<input type="checkbox"/>	MMU-09BCB	MUSIC 9 BEGINNERS CONCERT BAND	Regular	0.0	
<input type="checkbox"/>	MMU-09-CB	MUSIC 9 CONCERT BAND	Regular	0.0	
<input type="checkbox"/>	MMU-09-CC	MUSIC 9 CONCERT CHOIR	Regular	0.0	

\*Put courses in priority order on Course Request Sheet – but in MyEd, courses will appear in alphabetical order.

# COMMUNICATION

## HANDSWORTH WEBSITE

- Course programming guide
- Staff contact information
- School activities
- Newsletter
- Important information from the PAC



**@handsworthHSS**



**@handsworthhss**

# COMMUNITY & ONLINE RESOURCES

- **Hollyburn Family Services** – professional counselling services to individuals, couples and families, including families of children with neurodiversity
- **Family Services of the North Shore** – counselling, support, education, and volunteer engagement opportunities
- **Foundry North Shore** - offering young people 12-24 access to mental health and substance use support, primary care, peer support and social services
- **Child & Youth Mental Health – 604-904-4300** - free and voluntary community-based mental health supports and services for children and youth
- **Peer Assisted Care Team** – a mobile community-led team that responds to crisis calls related to mental health and/or substance use across the North Shore.
- **Youth Urgent Response Team (YURT) – 604-230-0389** - provides short-term crisis, bridging and case management support to youth who are in crisis and/or not connected to other longer-term programs.
- **Impact North Shore** - organization creating opportunities for success for immigrants and newcomers
- **Kids Help Phone – 1-800-668-6868 or text 686868**
- **BC Suicide Prevention & Intervention Line – 1-800-784-2433**
- **Anxiety Canada** - provides self-help resources, programs and services for children, youth, adults and educators on anxiety.

# THANK YOU

Questions?

