

## **Hello Grade 4-7 families.**

The Cove Cliff Track and Field program has started and the participating students are having fun practicing for various events. Please talk to your child to find out if they are participating and what events they are in. Sports are divided into TRACK (running events including sprints, distance and relay teams) and FIELD events including High Jump, Long/Triple Jump and Shotput. Students can participate in more than one event.

The school website has a [Track & Field page](#), which has all the details including the Cove Cliff practice schedule and upcoming Track and Field meets which are held at other schools. This page will be updated regularly with any schedule changes and final details of the events. Family members are welcome and encouraged to attend the events and cheer on the teams!

### **Summary of Track & Field Meets**

- May 1, 2024 - 12:45pm to approx 3:00pm- **Fun Track Meet** at Windsor Secondary (Running races only)
- May 7, 2024 - 3:30pm to approx. 5pm- **Fun Field Meet**. All field students welcome. Grade 6 & 7's at Dorothy Lynas / Grade 4 & 5's at Sherwood Park.
- May 15, 2024 - 3:30pm to approx 5pm - **Field Qualification Meet**. Grade 6 & 7's at Dorothy Lynas / Grade 4 & 5's at Sherwood Park. Only qualified students attend.
- May 21, 2024 - 8:30am - 12noon - **Track Qualification Meet at Sutherland Secondary**. Only qualified students attend.
- June 4 - 8:00am to 3:00pm. **Final Track AND Field Meet at Swangard Stadium, Central Park, Burnaby. Only qualified students attend.**

### **Transportation Details**

Students/Parents/Guardians are responsible for transportation to and from all track and field meets. Families are welcome to arrange their own carpools with other families.

**EXCEPTION:** Due mid-day timing of the May 1st [Track Meet](#) at Windsor Secondary School, Cove Cliff has [arranged transportation to this event](#). Please note this event is for running events only. The bus will depart Cove Cliff at 12noon, and is ONE WAY transportation only. [Students must arrange to be picked up](#) after the event (approx. 3pm) from Windsor Secondary.

The bus space is limited to the first 50 students, and you will need to sign up to secure a spot. Starting at 9:00am on April 24 you can [CLICK HERE](#) to request a space on the bus. The bus booking form will be open until 3:00pm on April 26, and will reopen at 9am on April 20 if there are still spaces available. If the link does not work, please check back later as it may be temporarily turned off to confirm the bookings.

### **Sports Jersey**

Students who participate in Track & Field meets are asked to wear a team jersey. The school charges a refundable \$75 deposit per jersey. Deposits will be refunded once the jersey is cleaned, returned and passed inspection at the end of the season.

Jerseys will be handed out to students on Friday April 26. Please log onto your [School Cashonline](#) account to remit payment ASAP if your child is planning to participate in a Track or Field meet.

Please contact the school office if you have any questions.

~The Cove Cliff Track & Field Team~