## Solving Problems at Canyon Heights: 3 Steps to Success

What do you do.....when someone is "bugging" you at school?

**Step 1: STOP** If someone is bugging you, you tell them to STOP! Use an "I" message like, "I don't like how you are playing this game."



.....if the person does not stop

**Step 2: STOP** Tell them to STOP and let them know that if they do it again you will have to report them to an adult.



.....if the person continues to bug you for a 3rd time, find the nearest adult (Playground Aide, Teacher) and...

**Step 3: REPORT** Report to an adult that you have told the person to stop 2 times



## The Virtues The Gifts of Character

assertiveness	forgiveness	orderliness
caring	friendliness	patience
cleanliness	generosity	peacefulness
commitment	gentleness	perseverance
compassion	helpfulness	purposefulness
confidence	honesty	reliability
consideration	honour	respect
cooperation	humility	responsibility
courage	idealism	self-discipline
courtesy	integrity	service
creativity	joyfulness	tact
detachment	justice	thankfulness
determination	kindness	tolerance
diligence	love	trust
enthusiasm	loyalty	trustworthiness
excellence	moderation	truthfulness
flexibility	modesty	understanding
-	•	unity