Physical LITERACT

WEDS, APRIL 26 7:30PM HELP YOUR CHILD THRIVE

EDUCATION SERVICES CENTRE, 5th Floor, Mountainview Room 2121 Lonsdale Avenue, North Vancouver

Learn the importance of teaching your child to use their body well.







We experience the world through our bodies. Learning to move well is essential to our physical, cognitive and emotional well-being. Physical education is not just about learning sports, it is about acquiring Physical Literacy. Learn about the concept of Physical Literacy and why your child's lifelong health depends on it. A panel of speakers from sport, education, health and recreation with present, moderated by Samantha Morrison from the North Vancouver Recreation & Culture Commission.

There will be opportunity to share ideas and ask questions!

More information and speaker bios:

http://northvanpac.weebly.com/nvpac-meetings--minutes/april-general-meeting-panel

- ❖ Pedestrian Access: Main entrance at 2121 Lonsdale Avenue (west side), proceed by elevator to 5th Floor
- ❖ Vehicle Access: Parkade entrance off West 21st Street and Lonsdale Avenue, park on level 1 and proceed by elevator to 5th Floor



Physical Literacy for You is an alliance of health, education, sport, recreation and community groups advancing physical literacy and activity in North Vancouver. PL4U gratefully acknowledges the RBC Learn To Play project and partners from Health Canada, ParticipAction and Canadian Sport For Life for funding the alliance.

Speakers:

Scott Morgan, Olympian

Drew Mitchell, Physical Literacy Director for Cdn Sport 4 Life

Stephen McGinley, UBC Faculty of Ed, Curriculum



Brought to you through collaboration with PL4U (Physical Literacy for You)

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