

Boundary Buddy Bench



The 2016 Boundary Graduating Class, with the help of Shakespeare Homes, is excited to introduce our school community to our new **Buddy Bench** – a tool to help kids feel less lonely at recess and lunch on the school playground.

In September the school installed a brightly coloured bench near the playgrounds behind the school to help kids be part of play. A child might use this bench for a variety of reasons. Maybe their friends aren't at school today, maybe they want to make new friends, maybe they want to play something different or maybe they are having a problem with their friends and need to try something new. Whatever the reason, the **Buddy Bench** is a simple signal that this child needs a friend wants other kids to reach out and invite them to join.

For many students, recess is often the best part of the school day, but for others, it can be a lonely time. We hope that our amazing group of kids at Boundary will embrace the spirit of our **Buddy Bench** and that it will become a fun and useful part of the playground.

For more information about Buddy Benches go to: <http://buddybench.org/>

Here are a few simple rules for using the **Buddy Bench to help us get started:**

- Before you sit on the **Buddy Bench**, think of something you would like to do. Do your best to ask someone else to play with you.
- When you see someone on the bench, ask that person to play with you.
- The bench isn't for chatting with friends. Only sit there if you can't find anyone to play with.
- While you're sitting on the bench, look around for a game you can join.
- If you see something you want to do or a friend you want to talk to, join them!
- If you're sitting on the bench, play with the first schoolmate who invites you.
- Keep playing with your new friends and when you see someone else on the **Buddy Bench**, make sure to invite them to play with you!

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Bench generously built and donated by: