



Good morning Argyle Families,

Tomorrow Argyle students and staff will participate in the annual Terry Fox Run during period 4 (afternoon class). Argyle has participated in the Terry Fox Run since the early 1990's. Our goal is to have every member of our school community bring a "Toonie for Terry" tomorrow. Money will be collected by period 4 teachers and all money raised will go to the [Terry Fox Foundation](#) which raises funds for cancer research. Students are welcome to bring more than a toonie.

Donations can also be made online at Argyle's Terry Fox fundraising webpage: <https://secure.terryfox.ca/registant/donate.aspx?eventid=353471&langpref=en-CA&teamID=948827&Referrer=https%3a%2f%2fsecure.terryfox.ca%2fregistant%2fTeamFundraisingPage.aspx%3fTeamID%3d948827>

This event will take place rain or shine. The forecast is for heavy rain tomorrow. Students planning on running the 2.2km route should bring a dry change of clothes for after the run. Students planning on walking the 2.2km route should bring a good rain jacket and/or umbrella, or a change of clothes.

In a normal school year the entire school would participate in the run at the same time. This year to reduce congestion teachers have signed up for a time slot in period 4 where several classes will depart at a time. Staff and Leadership students will guide our school community through the route.

About the Terry Fox Run (from the Terry Fox Foundation [website](#)):

When Terry Fox was diagnosed with osteosarcoma at 18, the experience ignited in him a fierce determination to bring an end to the suffering cancer causes. His personal experience and research led him to the conclusion that more money was needed for cancer research. And so, on April 12, 1980, Terry dipped his artificial leg in the Atlantic Ocean and proceeded to change the world. Terry proceeded to unite Canadians in a way never before seen. The only thing that could have stopped Terry from reaching the Pacific Ocean did. Cancer returned in his lungs and he was forced to stop on September 1st, 1980 after having run 5,373 kilometres. Before his death on June 28, 1981, Terry had achieved his once unimaginable goal of \$1 from every Canadian. More importantly, he had set in motion the framework for an event, The Terry Fox Run, that would ignite cancer research in Canada, raising more than \$850 million since 1980, and bring hope and health to millions of Canadians.

To learn more about Terry Fox and the Terry Fox Foundation please visit the website: <https://terryfox.org/>

Thank-you,

Kim Jonat
Principal